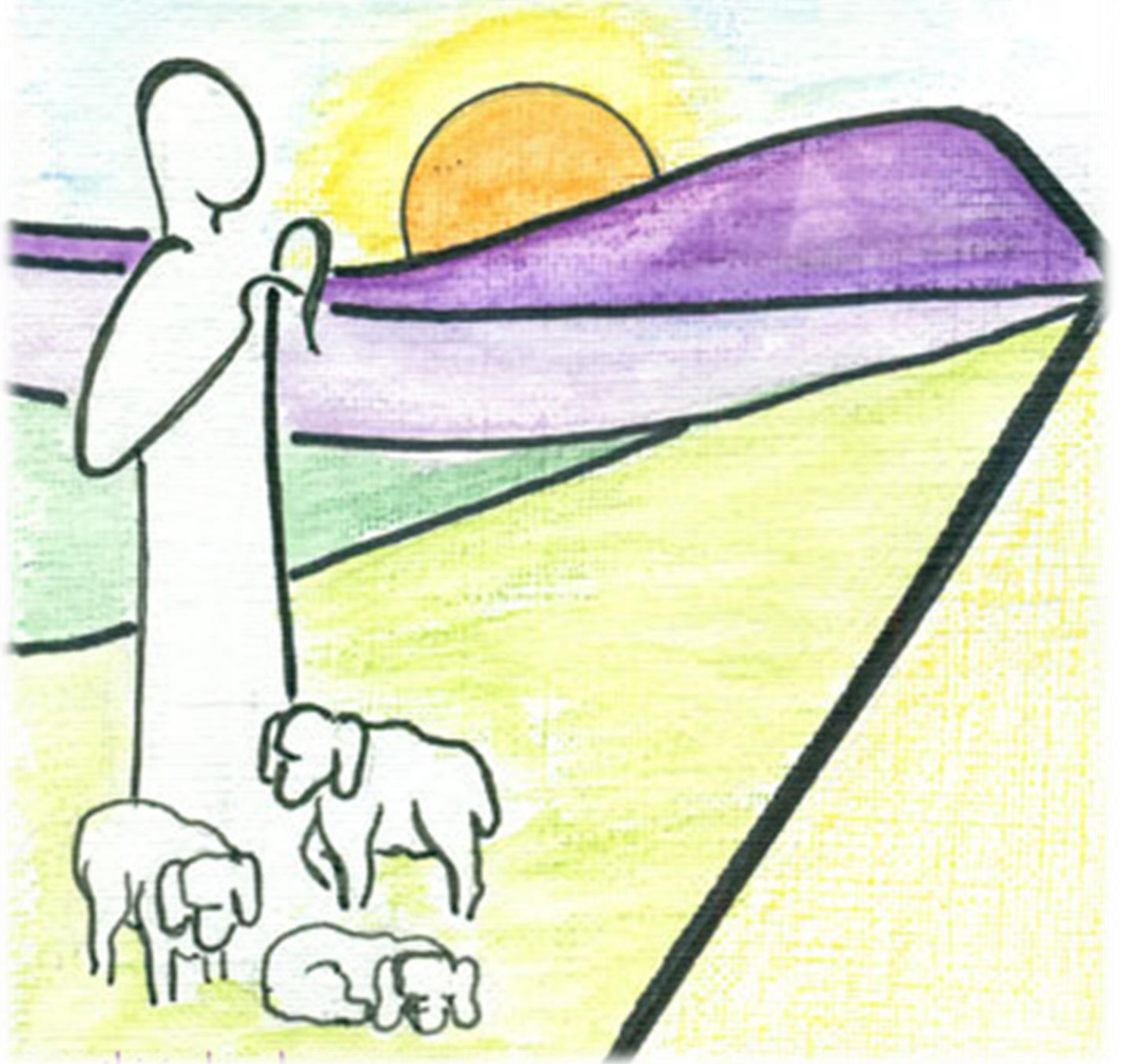




NAAS, SALLINS &  
TWO MILE HOUSE  
PARISHES

I am the gate for the sheep



*Pastoral Pack for the Fourth Week of Easter*

*Sunday 3<sup>rd</sup> – Saturday 9<sup>th</sup> May 2020*



## *A Word from Fr. Liam*

In the Holy Land, one still sees the shepherd leading the flock from the front. They know his call. Jesus is our true shepherd. He does not drive us from behind. He does not threaten. He leads us by his teaching, his ideals and example. When we have an important decision to make, the question we should ask ourselves is-what would Jesus do? What did he say? How did he act? We come to recognise his voice by becoming familiar with his Word. The Good Shepherd guides us along the right path. He is true to his name. And near restful waters he leads me to revive my drooping spirit. The resources offered here this week by Deacon Fergal and the Pledge of Prayer initiative for young people proposed by Fr Sean, also on this website, offer an invitation. An invitation to go deeper, to come to the stream of quiet time. This stream or pool offers a moment to revive the drooping spirit of the heart and soul! I hope you enjoy and can make use of these worthwhile aids to prayer and reflection. Every blessing, Fr Liam.



Often in the past, people made a pledge of a pilgrimage during times of plague in order to join their prayers with the prayers of the saints and Our Lady to ask protection for themselves and their loved ones. Also many of our young people have asked to help in this moment of crisis. We propose a Young People's Pledge of Prayer and Pilgrimage, in our three parishes for this time, particularly for the month of May. This would be a means for young people to associate themselves with the prayers of the parish community for this time of pandemic. You may choose to offer your pledge for a particular person, e.g. a family member who is vulnerable, or for a member of the front-line services, or simply in general for alleviation of this time of difficulty, protection for their families and friends and comfort for those who suffer. As a conclusion to our spiritual exercise we plan to pilgrimage together, probably from Duiske Abbey to St Mullins and back, by the banks of the Barrow. If you are aged between 18 - 30 years and are willing to offer a pledge of prayer and pilgrimage for a family member,

front line worker or for anyone else you feel called to pray for, please fill out the form below before May 8th 2020. The pledges received will be placed at the foot of the statue of Our Lady in the Church of Our Lady and St. David for the duration of the pledge.

## *The Regina Caeli*

From Holy Saturday to Pentecost we sing or recite one of the Church's most joyful anthems, the Regina Caeli (O, Queen of Heaven), customarily said in place of the Angelus at twelve noon.

According to The Golden Legend, a thirteenth century work on the lives of the Saints, Pope Saint Gregory the Great in the 6th century was leading a procession asking for relief from a pestilence afflicting the population of Rome. Being carried in the procession was an icon of the Blessed Virgin reputedly painted by Saint Luke. Suddenly, the air was filled with a heavenly perfume dispelling the pestilence. Looking up, Saint Gregory beheld angels singing: "O, Queen of Heaven rejoice, Alleluia! For He whom you deserved to bear, Alleluia! Has risen as He said, Alleluia!" To which the holy Pope added: "O, pray to God for us, Alleluia!" At the same time, the holy pontiff saw the angel of death sheathing his sword atop the Hill of Hadrian, today the Castle of Sant'Angelo. Since then this story has been associated with the origins of the Regina Caeli.

The idea is to rejoice with Our Blessed Lady that her Son, after a gruelling passion and frightful death, is alive again. While the prayer of the Angelus celebrates Jesus' Incarnation, the Regina Caeli celebrates His Resurrection and "congratulates" the Mother on her Son's victory over sin and death.

### THE REGINA CAELI

- V. Queen of Heaven, rejoice, alleluia.  
R. For He whom thou didst merit to bear, alleluia.  
V. Has risen, as He said, alleluia.  
R. Pray for us to God, alleluia.  
V. Rejoice and be glad, O Virgin Mary, alleluia.  
R. For the Lord is truly risen, alleluia.

Let us pray:

O God, Who gave joy to the world through the Resurrection of Thy Son, Our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ Our Lord. Amen.



# *Letter from Pope Francis on the Regina Caeli*



Dear Brothers and Sisters, good morning!

Today, Monday of the Angel, the joyful proclamation resounds of Christ's Resurrection. The evangelical page (Cf. Matthew 28:8-15) recounts that the women, scared, left Jesus' sepulchre in haste, which they had found empty. However, Jesus Himself appeared to them on the way, saying: "Do not be afraid; go and tell my brethren to

go to Galilee, and there they will see Me" (verse 10). With these words, the Risen One entrusts to the women a missionary mandate to the Apostles. In fact, they gave an admirable example of fidelity, of dedication and of love of Christ in the time of His public life as well as during His Passion. Now He rewards them with this gesture of attention and predilection. The women are always at the beginning: Mary, at the beginning; the women, at the beginning.

First the women, then the disciples and, in particular, Peter ascertain the reality of the Resurrection. Many times, Jesus had preannounced to them that, after the Passion and Cross, He would resurrect, but the disciples hadn't understood, because they weren't yet ready. Their faith had to make a quality leap, which only the Holy Spirit, gift of the Risen One, could elicit.

At the beginning of the Book of the Acts of the Apostles, we hear Peter state frankly, with courage, with frankness: "This Jesus God raised up, and of that we all are witnesses" (Acts 2:32). As if to say: "I show my face for Him. I give my life for Him." And then he would give his life for Him. From that moment, the proclamation that Christ has risen has spread everywhere and reached every corner of the earth, becoming the message of hope for all. Jesus' Resurrection says to us that life, not death, has the last word. By resurrecting His Only-Begotten Son, God the Father manifested fully His love and His mercy for humanity of all times.

If Christ is resurrected, it's possible to look at every event of our existence with trust, even the most difficult and full of anguish and uncertainty. Here is the Easter message that we are called to proclaim, with words and, especially, with the witness of our life. May this news be able to resonate in our homes and in our hearts: "Christ, my hope, is risen!" (Easter Sequence). May this certainty reinforce the faith of every baptized person and encourage especially all those facing great sufferings and difficulties.

May the Virgin Mary, silent witness of the Death and Resurrection of her Son Jesus, help us to believe firmly in this mystery of salvation <that>, received with faith, can change our life. This is the Easter greeting I renew to all. I entrust it to Her, our Mother, whom we now invoke with the Regina Caeli prayer.



# VIA LUCIS

## STATIONS OF THE RESURRECTION

### IN TIME OF

# PANDEMIC



## *History and Explanation of the Devotion*

<https://www.catholicnewsagency.com>

The Way of the Cross (Via Crucis) follows the course of Jesus' passion, death, and burial; it is observed by the devotion to the Stations of the Cross, a collection of 14 images which are to be found in virtually all Catholic churches. The Way of Light (Via Lucis) celebrates the most joyful time in the Christian liturgical year, the fifty days from Easter (the resurrection) to Pentecost (descent of the Holy Spirit). The idea for depicting the Way of Light was inspired by an ancient inscription found on a wall of the San Callisto Catacombs on the Appian Way in Rome. This cemetery is named for Saint Callistus, a slave who eventually became the 16th pope (217-222). The inscription found at Saint Callistus comes from the first letter St. Paul wrote to the church at Corinth (around 56 A.D.), in response to the report that some members were denying the Resurrection. The full statement in the letter is (1 Corinthians 15:3-8):

I delivered to you as of first importance what I had been taught myself, namely that Christ died for our sins in accordance with the scriptures, that he was buried, that he was raised to life on the third day, in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers at one time, most of whom are still alive, though some have died. Then he appeared to James, and then to all the apostles. Last of all, he appeared to me, too, as though I was born when no one expected it.

In the 1990s, Father Sabino Palumbieri, a Salesian priest in Rome, helped develop the idea to combine the events mentioned in the Saint Callistus inscription with other post-Resurrection events to create a new set of stations, the Stations of the Resurrection. These new stations emphasize the positive, hopeful aspect of the Christian story that is not absent from the Way

of the Cross, but is not as evident because of its tortuous side. This Way of Light, as it was called, thus serves as a complement to the Way of the Cross, and was fashioned of fourteen stations paralleling the fourteen Stations of the Cross.

This devotion has received formal recognition by the Vatican's Congregation for Divine Worship and the Discipline of the Sacraments. The Via Lucis was listed (#153) in its Directory on Popular Piety and the Liturgy (December 2001):

A pious exercise called the Via Lucis has developed and spread to many regions in recent years. Following the model of the Via Crucis, the faithful process while meditating on the various appearances of Jesus-from his Resurrection to his Ascension-in which he showed his glory to the disciples who awaited the coming of the Holy Spirit (cf. John 14, 26; 16, 13-15; Luke: 24, 49), strengthened their faith, brought to completion his teaching on the Kingdom and more closely defined the sacramental and hierarchical structure of the Church.

Through the Via Lucis, the faithful recall the central event of the faith-the resurrection of Christ-and their discipleship in virtue of Baptism, the paschal sacrament by which they have passed from the darkness of sin to the bright radiance of the light of grace (cf. Colossians 1, 13; Ephesians 5, 8).

For centuries the Via Crucis involved the faithful in the first moment of the Easter event, namely the Passion, and helped to fix its most important aspects in their consciousness. Analogously, the Via Lucis, when celebrated in fidelity to the Gospel text, can effectively convey a living understanding to the faithful of the second moment of the Pascal event, namely the Lord's Resurrection.

The Via Lucis is potentially an excellent pedagogy of the faith, since "per crucem ad lucem." Using the metaphor of a journey, the Via Lucis moves from the experience of suffering, which in God's plan is part of life, to the hope of arriving at man's true end: liberation, joy, and peace, which are essentially paschal values.

The Via Lucis is a potential stimulus for the restoration of a "culture of life" which is open to the hope and certitude offered by faith, in a society often characterized by a "culture of death", despair, and nihilism.



## Introduction

Alleluia, alleluia, alleluia.

O sons and daughters, let us sing!

The King of heaven the glorious King,

Over death today rose triumphing, Alleluia!

Sign of the Cross: In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Reading:

'For we have grown into union with Christ through a death like His, we shall also be united with Him in the resurrection....If, then, we have died with Christ, we believe that we shall live with Him....Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus: (Romans 6: 5, 7, 11).

Reflection:

Let us walk this pilgrimage of faith, the Via Lucis, as daughters and sons of the light and as witnesses of the Risen Lord. Let us meditate upon the resurrection of Christ and discover the pathway of light that Christ blazes through our lives.

## FIRST STATION

### Jesus Rises from the Dead

All:

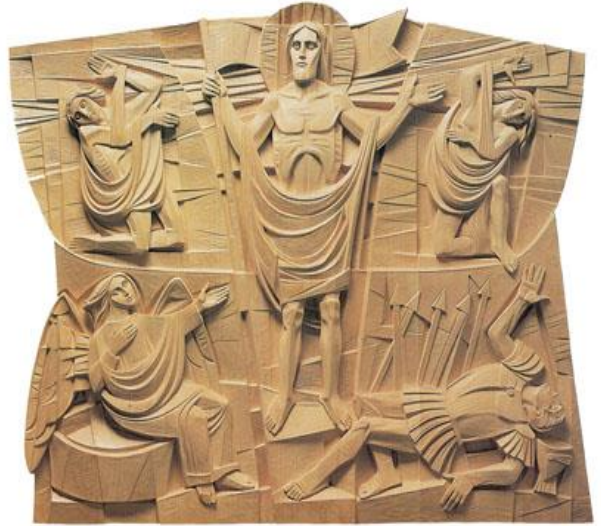
We adore You, O Christ

and we praise You!

Because by the Wood of the Cross and

the Light of the Resurrection,

You have redeemed the world!



Reading:

"The angel of the Lord said to the women: 'Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said.'" (Matthew 28: 5b-6a).

Reflection:

On the first day of the week, at the dawning of the new creation, Jesus arose from the dead. No one saw the event, yet like the apostles, we are called to be witnesses of this central faith event. The light and power of Christ's death and resurrection has become the pattern for our living. May we recognize Christ's dying and rising in our midst.

Silence

Prayer:

This is the day, Lord God, that You have made! Raising Christ from the dead, and raising us with Christ, You have fashioned for Yourself a new people. As we hear the word that brings salvation, make our hearts burn within us. Through the presence of every friend and stranger, reveal to us the face of the One who had first to suffer, but who has entered now into glory, Jesus Christ, our Passover and our Peace, living and reigning with You, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.

That Easter morn, at break of day,

The faithful women went their way

To seek the tomb where Jesus lay, Alleluia!



## SECOND STATION

### The Disciples Discover the Empty Tomb

All:

We adore You, O Christ

and we praise You!

Because by the Wood of the Cross and

the Light of the Resurrection,

You have redeemed the world!



Reading: "Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed"

(John 20: 8).

Reflection:

The empty tomb was not a proof of the resurrection, but rather a silent witness of the greatest event of our faith. Seeing the empty tomb, the disciples were motivated to seek the Risen Lord at work in their midst. They saw and believed in the continuing presence of the Lord of love. All the empty and lonely places of human life are precisely where the Lord wishes to work and be revealed.

Silence

Prayer:

God our Father, creator of all, today is the day of overwhelming joy. The Lord appeared to those who had begun to lose hope and opened their eyes to what the Scriptures foretold: that first He must die and then rise. May the Risen Lord breathe on our minds and open our eyes that we may know Him in the breaking of bread, and follow Him in His risen life. Grant this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

The dear belov'd apostle John

Could faster than St. Peter run,

Arriving first before the tomb. Alleluia.

### THIRD STATION

The Risen Lord Appears to Mary Magdalen,  
and to the Apostles

All:

We adore You, O Christ

and we praise You!

Because by the Wood of the Cross and

the Light of the Resurrection,

You have redeemed the world!



Reading:

"She turned around and saw Jesus there, but did not know it was Jesus. Jesus said to her, 'Woman, why are you weeping? Whom are you looking for?' She thought He was the gardener and said to Him, 'Sir, if you carried Him away, tell me where you laid Him, and I will take Him.' Jesus said to her, 'Mary!'" She turned and said to Him in Hebrew, 'Rabbouni,' which means Teacher. Jesus said to her, 'Stop holding on to Me, for I have not yet ascended to the Father. But go to My brothers and tell them, 'I am going to My Father and your Father, to My God and your God.' Mary of Magdala went and announced to the disciples, 'I have seen the Lord,' and what He told her" (John 20: 14b-18).

Reflection:

In the fourth gospel, Mary Magdalen is given the mission to carry the good news of the resurrection to the apostles and the disciples. Mary had been in the company of Jesus and His followers, and is given the privilege to announce the hope of new life. She is known over the centuries as "the apostle to the Apostles." Jesus called her by name, gave her the eyes of faith, and called her to give a unique personal witness to her friends in the faith community.

Silence

Prayer:

God our Father, You will that all people to be saved and come to the knowledge of Your truth. Send workers into Your great harvest that the Gospel may be preached to every creature. May Your people, gathered together by the word of life and strengthened by the power of the sacraments, advance in the way of salvation. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

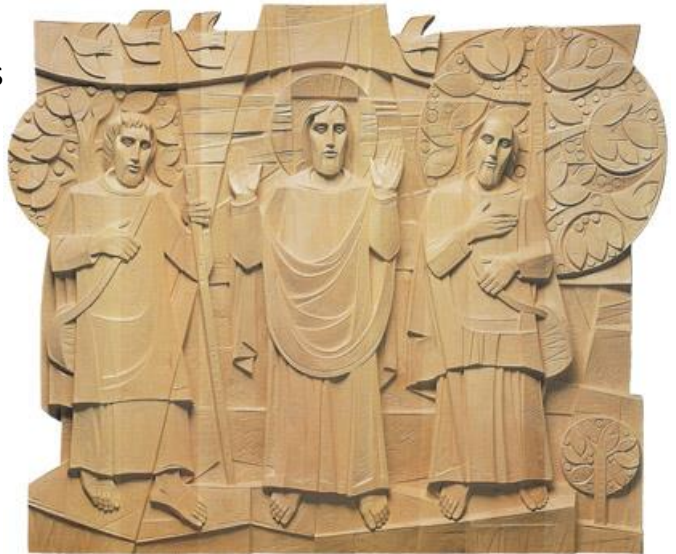
Not Magdalen, not Salome,  
Nor James' own mother then delay  
Embalming Jesus' corpse that day. Alleluia.

#### **FOURTH STATION**

The Risen Lord Appears on the Road to Emmaus

All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



Reading:

"...It happened that while they were conversing and debating, Jesus Himself drew near and walked with them, but their eyes were prevented from recognizing Him.... And He said to them, 'Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into His glory?' Then beginning with Moses and all the prophets, He interpreted to them what referred to Him in all the scriptures" (Luke 24: 15, 25-27).

Reflection:

The Emmaus road is the story of the Christian life. These disciples were walking away from Jerusalem and the apostolic faith community in defeat and dejection. They had lost hope. We too, have moments of despair and desolation. The Risen Lord Jesus accompanies us along the road, even when we are moving in the wrong direction. Only the Lord can "break open" the Word in order to help us understand the stories of our lives, especially suffering, and read them in harmony with the pattern of the Scriptures. Only the Lord can rekindle our energy and our resolve to devote ourselves to what is most important in life.

Silence

Prayer:

Lord God, as disciples on our pilgrimage, we implore Jesus Christ: stay with us, Lord. Open our hearts to true conversion and, as we have known the Lord in the breaking of the bread, so make us witnesses of a new humanity, renewed, reconciled and at peace in Your love.



Send us as heralds of the repentance and forgiveness You offer to all in the name of Jesus, who lives and reigns with You, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.

That night the apostles met in fear;  
Amidst them came the Lord most dear,  
And said My peace be on all here. Alleluia.

### **FIFTH STATION**

The Risen Lord is Recognized in the Breaking of the Bread

All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



Reading:

" ...They urged Him, 'Stay with us, for it is nearly evening and the day is almost over.' So He went in to stay with them. And it happened that while He was with them at table, He took bread, said the blessing, broke it, and gave it to them. With that, their eyes were opened and they recognized Him, but He vanished from their sight. Then they said to each other, 'Were not our hearts burning within us while He spoke to us on the way and opened the scriptures to us'" (Luke 24: 29-32).

Reflection:

The encounter on the road leads to the table, the breaking of the bread and the total gift of self. Recognition of the Risen Lord is always linked with the Eucharist. At the heart of our Christian life is this meal of Word and Eucharist which we celebrate every Sunday. The Risen Lord presides over all our journeys, wishing to set our hearts on fire in generous service to all people in need, near and far. The gift we have received is the gift we share. Humbly, we set out on the various roads of our lives to respond to all the hungers of the human family.

Silence

Prayer:

You are truly blessed, O God of holiness: You accompany us with love as we journey through life. Blessed too, is Your Son, Jesus Christ, who is present among us, and whose love gathers us together. As once He did for His disciples, Christ now opens the Scriptures for us and breaks the bread. May the Eucharist we celebrate guide us to the fullness of Christ's life. We pray in the power of Christ's Spirit, forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.

When Thomas, first the tidings heard,  
How they had seen the Risen Lord,  
He doubted the disciples' word. Alleluia.

### SIXTH STATION

The Risen Lord Appears to the Community of Disciples

All:

We adore You, O Christ  
and we praise You!

Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



Reading:

"'Why are you troubled? And why do questions arise in your hearts? Look at My hands and My feet, that it is I Myself. Touch Me and see, because a ghost does not have flesh and bones as you can see I have,' And as He said this, He showed them His hands and His feet" (Luke 24: 38-40).

Reflection:

The disciples on the road to Emmaus quickly returned to the other disciples in Jerusalem with "burning hearts." Their despair had been reversed and they were eager to convince the others that Jesus was alive. Jesus the Christ is always eager to gather the community of disciples at the table of faith and to show them that He has risen with His wounds glorified. All our wounds will one day be glorified. We seek to understand how the Risen Lord invites us to be "wounded healers," recognizing now that the Lord desires us to be ambassadors of reconciliation, while we ourselves are being forgiven and healed.

Silence

Prayer:

God of unchanging power and light, look with favor and mercy on the entire community of Your Church. Bring lasting salvation to the human family, so that the world may see the fallen lifted up, the old made new, and all things brought to perfection, through Him who is our origin, our Lord Jesus Christ who lives and reigns forever and ever. Amen.

All:

Alleluia, alleluia, alleluia.

My wounded side, O Thomas see;  
Behold My hands, My feet, said He  
Not faithless, but believing be. Alleluia.

### **SEVENTH STATION**

The Risen Lord Breathes Peace and  
Gives the Power to Forgive

All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



Reading:

Jesus came and stood in their midst and said to them, 'Peace be with you'... The disciples rejoiced when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent Me, so I send you.' And when He had said this, He breathed on them and said to them, 'Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained'" (John 20: 19b, 20b-23).

Reflection:

Even though the doors of the Upper Room were bolted shut, the Risen Lord pierced through all fear and united the hearts of the disciples with the gift of peace. Deep inner peace is the root and source of the peace and joy that the world cannot give. The Risen Lord calls us to seek peace always through a non-violent commitment to conflict resolution and thus transform the world, relationship by relationship.



Silence

Prayer:

God of perfect peace, violence and cruelty can have no part of You. May those who are at peace with one another hold fast to the good will that unites them; may those who are enemies forget their hatred and be healed. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

No longer Thomas then denied,  
He saw the feet, the hands, the side;  
You are my Lord and God, he cried, Alleluia!

### **EIGHTH STATION**

The Risen Lord Strengthens the Faith of Thomas

All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!

Reading:

"Thomas...was not with them when Jesus came.... Thomas said, 'Unless I see the mark of the nails in His hands and put my finger into the nail marks and put my hand into His side, I will not believe'...Jesus came...and stood in their midst and said, 'Peace be with you.' Then He said to Thomas, 'Put your finger here and see My hands, and bring your hand and put it into My side, and do not be unbelieving, but believe'...Blessed are those who do not see and yet believe." (John 20: 24-29).

Reflection:

The story of Thomas is important because it is through Thomas' example that we realize that doubt can be a part of faith. Too easily we call him "Doubting Thomas," and forgetting that after examining the nail marks, he fully embraced the Risen One as his Lord and Savior. Thomas' doubt was transformed into a lively faith. We too, are called to believe, knowing full well that our faith may be tested by doubt and fear. As disciples who desire an ever-deeper



faith, we are patient and understanding with those who are struggling, searching and seeking like Thomas.

Silence

Prayer:

Heavenly Father and God of mercy, we no longer look for Jesus among the dead, for He is alive and has become the Lord of life. From the waters of death You raise us up with Him and renew Your gift of life within us. Increase in our minds and hearts the risen life we share with Christ and help us to grow as Your people toward the fullness of eternal life with You. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

How blest are they who have not seen,  
And yet whose faith has constant been  
For they eternal life shall win. Alleluia!

## **NINTH STATION**

The Risen Lord Eats with the Disciples  
on the Shore of Tiberias

All:

We adore You, O Christ  
and we praise You!

Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!

Reading:

"Jesus said to them, 'Bring some of the fish you just caught.' So Simon Peter went over and dragged the net ashore full of one hundred fifty-three large fish. Even though there were so many, the net was not torn. Jesus said to them, 'Come, have breakfast.' And none of His disciples dared to ask Him, 'Who are You?' because they realized it was the Lord" (John 21: 10-12).

Reflection:



After the crucifixion, the apostles returned to their former way of life. Out on the familiar Sea of Galilee, these expert fishers find themselves ineffective and baffled because not even a single fish was caught. From the shore, the Risen Lord guides them and directs their nets until they are filled to overflowing. As He prepares breakfast for them, He nourishes their hearts and promises them that they can also be fed by making disciples in His name. He calls them to an entirely new way of fishing—fishing for people.

Silence

Prayer:

Father in heaven, author of all truth, a people once in darkness has listened to Your Word and followed Your Son as He rose from the tomb. Hear the prayer of this newborn people and strengthen Your Church to answer Your call. May we rise and come forth into the light of day to stand in Your presence until eternity dawns. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

On Sunday morn at break of day  
The sad disciples went their way  
To see the tomb where Jesus lay. Alleluia.

### **TENTH STATION**

The Risen Lord Forgives Peter and  
Entrusts Him to Feed His Sheep

All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!

Reading:

"When they had finished breakfast, Jesus said to Simon Peter, 'Simon, son of John, do you love Me more than these?'... Peter was distressed that Jesus had said to him a third time, 'Do you love Me?' and he said to Him, 'Lord, You know everything, You know that I love You.' Jesus said to him, 'Feed my sheep.... Follow Me' " (John 21: 15, 17b, 19b).





### Reflection:

The Risen Lord directs His attention to Peter whose embarrassing three-fold denial was still ringing in his heart. The questions posed by Jesus help Peter to find reconciliation and to embrace his new mission to tend and feed the sheep. Their encounter reminds us that forgiveness is always available, even for the most serious of mistakes we can make. This warm embrace of forgiveness strengthens our resolve to be reconcilers and healers in the Spirit of Jesus. Only love can overcome guilt and deception. Only love and forgiveness can make us whole.

### Silence

### Prayer:

Father, fill our hearts with the fire of Your love and the desire to ensure justice for our brothers and sisters. By sharing the good things You give us, may we secure justice and equality for every human being, an end to all division, and a human society built on love and peace. Grant this through Christ our Lord.

### All:

Alleluia, alleluia, alleluia.

An angel clad in white they see,  
Who sat and spoke unto the three,  
Your Lord has gone to Galilee, Alleluia!

### ELEVENTH STATION

The Risen Lord Sends the Disciples  
into the World

### All:

We adore You, O Christ  
and we praise You!  
Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



### Reading:

"Go therefore, and make disciples of all the nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have

commanded you. And behold, I am with you always, until the end of the age'" (Matthew 28: 19-20).

Reflection:

From the mountaintop, the Risen Lord gives the "Great Commission" to the disciples to reach out to the ends of the earth. We realize that we are the recipients of this faith-filled mission: our ancestors embraced the faith of the apostles, who were the original witnesses of the resurrection. The greatest response we can give to such a legacy is our dedication to a new evangelization of our contemporary culture. We must allow the Risen Lord to reinvigorate our whole way of living, helping us to re-evaluate every aspect of our lives with the values of the Kingdom of God.

Silence

Prayer:

God of all creation, whose mighty power raised Jesus from the dead, be present to this community of disciples whom You have called to the hope of a glorious inheritance among the saints. Strengthen us in the power of the Spirit to go and make disciples of all nations, to obey everything that Jesus Christ has commanded us, and to know that He is with us always until the end of the age, interceding on our behalf, living and reigning with You in the power of the Holy Spirit, now and forevermore. Amen.

All:

Alleluia, alleluia, alleluia.

And we with Holy Church unite,

As evermore is just and right,

in glory to the King of light. Alleluia.

**TWELFTH STATION**

The Risen Lord Ascends into Heaven

All:

We adore You, O Christ  
and we praise You!

Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!



Reading:

"So then the Lord Jesus, after He spoke to them, was taken up into heaven and took His seat at the right hand of God. But they went forth and preached everywhere, while the Lord worked with them and confirmed the word through accompanying signs" (Mark 16: 19-20).

Reflection:

The Scriptures do not portray the Ascension as a day of sadness. While still looking up at the skies, the disciples were consoled by the continuing presence of the Lord. They return to the familiar surroundings of the Upper Room, with Mary, the mother of the Lord, to pray in anticipation of their mission. In this "original novena," we continue to implore the Risen Lord to be the center of our lives and to keep us focused as a jubilant pilgrim people.

Silence

Prayer:

Eternal God, clothe us now with Your power. With the eyes of our hearts enlightened, may we come to understand the immeasurable greatness of Your power at work in us who believe. In that strength, may we boldly pronounce the Good News of our salvation to everyone. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

Our humble thanks to God let's show

And fitting praise on Him bestow

For Paschal blessings here below. Alleluia.

### **THIRTEENTH STATION**

Mary and the Disciples Keep Vigil in the Upper Room for the Spirit's Advent

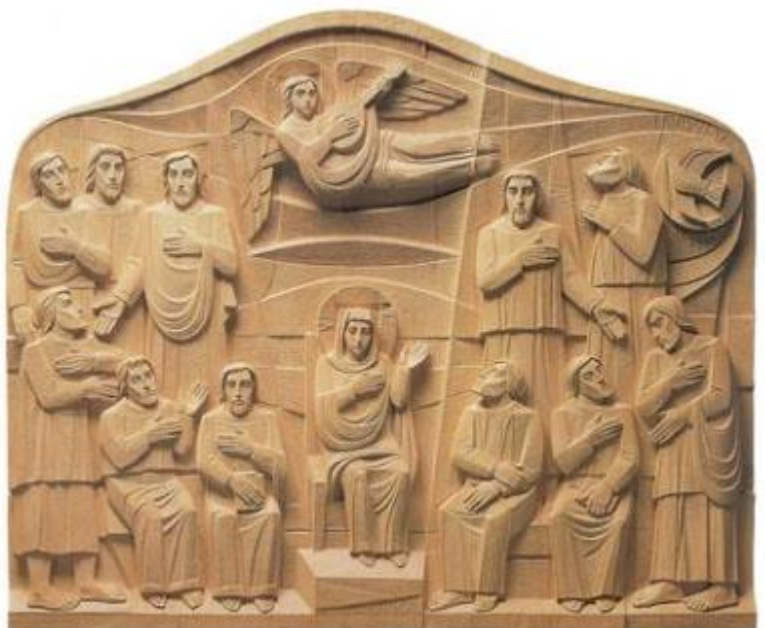
All:

We adore You, O Christ

and we praise You!

Because by the Wood of the Cross and  
the Light of the Resurrection,

You have redeemed the world!





Reading:

"When they entered the city, they went to the upper room where they were staying.... All [the apostles] devoted themselves with one accord to prayer, together with some women, and Mary, the mother of Jesus, and His brothers" (Acts 1: 13a, 14).

Reflection:

Throughout the history of the Church, there have been apostolic movements dedicated to prayerful contemplation, and others resulting in transforming action. As we have crossed the threshold into a new millennium, we look to the "Upper Room" as a symbolic place where we return over and over again, so that we can become "contemplatives in action." As persons who are both prayerful and energetic in service to the Gospel, we must always keep vigil for the advent of the Risen Lord, with the flame of faith alive in our hearts. Only the Lord can refresh our spirits and renew us in the ministries that flow from our Baptism and Confirmation.

Silence

Prayer:

Father most holy, see Your Church gathered here in prayerful worship like the first disciples and Mary in the Upper Room. Grant that we may accomplish, in the joy of the Holy Spirit, all that You give us to do in the world. May we gladly share in Christ's sufferings so as to rejoice when His glory is revealed. We ask this through Christ our Lord. Amen.

All:

Alleluia, alleluia, alleluia.

On this most holy day of days,

To God your hearts and voices raise,

In laud and jubilee and praise. Alleluia!

## FOURTEENTH STATION

The Risen Lord Sends the Holy Spirit

All:

We adore You, O Christ  
and we praise You!

Because by the Wood of the Cross and  
the Light of the Resurrection,  
You have redeemed the world!

Reading:

"... Suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim" (Acts 2: 2-4).

Reflection:

The power of the Holy Spirit drives the disciples from the Upper Room into the streets and marketplace. The Spirit compels them to take the message everywhere, in places familiar and unfamiliar, not stopping until they reach the ends of the world. We have been clothed with the same Spirit. We are called to be evangelizers and witnesses, near and far, wherever we go. The Spirit always goes before us, preparing the way and strengthening our hearts to be generous servants of the Risen Lord who ever guides us. Pentecost is an enduring and continuing event. We implore the Holy Spirit to renew the face of the earth by renewing us.

Silence

Prayer:

Father in heaven, through this spiritual journey, You have reminded us of the fullness of the mystery of Your revealed love. See Your people gathered in prayer, open to receive the Spirit's flame. May it come to rest in our hearts and disperse the divisions of word and tongue. With one voice and one song, may we praise Your name in joy and thanksgiving. Grant this through Christ our Lord, and in the power of the Spirit, both now and forevermore. Amen.

All:

Alleluia, alleluia, alleluia.

O sons and daughters of the Lord,  
The King of glory, King adored,



From death to life has been restored. Alleluia.

## CONCLUSION

Reading: " ... Jesus Himself, through them, sent forth from east to west the sacred and imperishable proclamation of eternal salvation. Amen" (Mark 16:8, the Shorter Ending).

### Reflection:

Through the Via Lucis, we have shared our pilgrim journey with the Risen Lord. As servants and witnesses of Christ, let us now pray for the intentions of the Holy Father:

1 x Our Father, 1 x Hail Mary, 1 x Glory Be...

### Prayer:

Lord, may everything we do, begin with Your inspiration, continue with Your help, and reach perfection under Your guidance. We ask this through Christ, our Risen Lord. Amen.



## *Traditional Novena Devotion to St. Joseph*



May 1<sup>st</sup> is traditionally associated with St. Joseph under the title of 'the Artisan' or the worker and is now also an international holiday in honour of labour which offers the profound experience of expressing, fully, the dignity of the human person.

St Joseph is a powerful intercessor, second only to Our Blessed Lady. This week we offer the words of a traditional novena to St. Joseph under whose cloak of protection we can place loved ones who are sick or those who are worried, anxious or afraid at the difficult time in the world's history.

### **Day One: Foster Father of Jesus**

Saint Joseph, you were privileged to share in the mystery of the Incarnation as the foster-father of Jesus. Mary alone was directly connected with the fulfilment of the mystery, in that she gave her consent to Christ's conception and allowed the Holy Spirit to form the sacred humanity of Jesus from her blood. You had a part in this mystery in an indirect manner, by fulfilling the condition necessary for the Incarnation -- the protection of Mary's virginity before and during your married life with her. You made the virginal marriage possible, and this was a part of God's plan, foreseen, willed, and decreed from all eternity.

In a more direct manner you shared in the support, upbringing, and protection of the Divine Child as His foster-father. For this purpose the Heavenly Father gave you a genuine heart of a father -- a heart full of love and self-sacrifice. With the toil of your hands you were obliged to offer protection to the Divine Child, to procure for Him food, clothing, and a home. You were truly the saint of the holy childhood of Jesus -- the living created providence which watched over the Christ-Child.

When Herod sought the Child to put Him to death, the Heavenly Father sent an angel but only as a messenger, giving orders for the flight; the rest He left entirely in your hands. It was that fatherly love which was the only refuge that received and protected the Divine Child. Your fatherly love carried Him through the desert into Egypt until all enemies were removed. Then on your arms the Child returned to Nazareth to be nourished and provided for during many years by the labour of your hands. Whatever a human son owes to a human father for all the benefits of his up-bringing and support, Jesus owed to you, because you were to Him a foster-father, teacher, and protector.

You served the Divine Child with a singular love. God gave you a heart filled with heavenly, supernatural love -- a love far deeper and more powerful than any natural father's love could be.



You served the Divine Child with great unselfishness, without any regard to self-interest, but not without sacrifices. You did not toil for yourself, but you seemed to be an instrument intended for the benefit of others, to be put aside as soon as it had done its word, for you disappeared from the scene once the childhood of Jesus had passed.

You were the shadow of the Heavenly Father not only as the earthly representative of the authority of the Father, but also by means of your fatherhood -- which only appeared to be natural -- you were to hide for a while the divinity of Jesus. What a wonderfully sublime and divine vocation was yours -- the loving Child which you carried in your arms, and loved and served so faithfully, had God in Heaven as Father and was Himself God!

Yours is a very special rank among the saints of the Kingdom of God, because you were so much a part of the very life of the Word of God made Man. In your house at Nazareth and under your care the redemption of mankind was prepared. What you accomplished, you accomplished for us. You are not only a powerful and great saint in the Kingdom of God, but a benefactor of the whole of Christendom and mankind. Your rank in the Kingdom of God, surpassing far in dignity and honour of all the angels, deserves our very special veneration, love, and gratitude.

Saint Joseph, I thank God for your privilege of having been chosen by God to be the foster-father of His Divine Son. As a token of your own gratitude to God for this your greatest privilege, obtain for me the grace of a very devoted love for Jesus Christ, my God and my Saviour. Help me to serve Him with some of the self-sacrificing love and devotion which you had while on this earth with Him. Grant that through your intercession with Jesus, your foster-Son, I may reach the degree of holiness God has destined for me, and save my soul.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

#### **Day Two: Virginal Husband of Mary**

Saint Joseph, I honour you as the true husband of Mary. Scripture says: 'Jacob begot Joseph, the husband of Mary, and of her was born Jesus who is called Christ' (Matt. 1:16). Your marriage to Mary was a sacred contract by which you and Mary gave yourselves to each other. Mary really belonged to you with all she was and had. You had a right to her love and obedience; and no other person so won her esteem, obedience, and love.

You were also the protector and witness of Mary's virginity. By your marriage you gave to each other your virginity, and also the mutual right over it -- a right to safeguard the other's virtue. This mutual virginity also belonged to the divine plan of the Incarnation, for God sent His angel to assure you that motherhood and virginity in Mary could be united.

This union of marriage not only brought you into daily familiar association with Mary, the loveliest of God's creatures, but also enabled you to share with her a mutual exchange of spiritual goods. And Mary found her edification in your calm, humble, and deep virtue, purity, and sanctity. What a great honour comes to you from this close union with her whom the Son of God calls Mother and whom He declared the Queen of heaven and earth! Whatever Mary had belonged by right to you also, and this included her Son, even though He had been given to her by God in a wonderful way. Jesus belonged to you as His legal father. Your marriage was the way which God chose to have Jesus introduced into the world, a great divine mystery from which all benefits have come to us.

God the Son confided the guardianship and the support of His Immaculate Mother to your care. Mary's life was that of the Mother of the Saviour, who did not come upon earth to enjoy

honours and pleasures, but to redeem the world by hard work, suffering, and the cross. You were the faithful companion, support, and comforter of the Mother of Sorrows. How loyal you were to her in poverty, journeying, work, and pain. Your love for Mary was based upon your esteem for her as Mother of God. After God and the Divine Child, you loved no one as much as her. Mary responded to this love. She submitted to your guidance with naturalness and easy grace and childlike confidence. The Holy Spirit Himself was the bond of the great love which united your hearts.

Saint Joseph, I thank God for your privilege of being the virginal husband of Mary. As a token of your own gratitude to God, obtain for me the grace to love Jesus with all my heart, as you did, and love Mary with some of the tenderness and loyalty with which you loved her.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day Three: Man Chosen By The Blessed Trinity**

Saint Joseph, you were the man chosen by God the Father. He selected you to be His representative on earth, hence He granted you all the graces and blessings you needed to be His worthy representative.

You were the man chosen by God the Son. Desirous of a worthy foster-father, He added His own riches and gifts, and above all, His love. The true measure of your sanctity is to be judged by your imitation of Jesus. You were entirely consecrated to Jesus, working always near Him, offering Him your virtues, your work, your sufferings, your very life. Jesus lived in you perfectly so that you were transformed into Him. In this lies your special glory, and the keynote of your sanctity. Hence, after Mary, you are the holiest of the saints.

You were chosen by the Holy Spirit. He is the mutual Love of the Father and the Son -- the heart of the Holy Trinity. In His wisdom He draws forth all creatures from nothing, guides them to their end in showing them their destiny and giving them the means to reach it. Every vocation and every fulfillment of a vocation proceeds from the Holy Spirit. As a foster-father of Jesus and head of the Holy Family, you had an exalted and most responsible vocation -- to open the way for the redemption of the world and to prepare for it by the education and guidance of the youth of the God-Man. In this work you cooperated as the instrument of the Holy Spirit. The Holy Spirit was the guide; you obeyed and carried out the works. How perfectly you obeyed the guidance of the God of Love!

The words of the Old Testament which Pharaoh spoke concerning Joseph of Egypt can well be applied to you: 'Can we find such another man, that is full of the spirit of God, or a wise man like to him?' (Gen. 41:38). No less is your share in the divine work of God than was that of Egypt. You now reign with your foster-Son and see reflected in the mirror of God's Wisdom the Divine Will and what is of benefit to our souls.

Saint Joseph, I thank God for having made you the man specially chosen by Him. As a token of your own gratitude to God, obtain for me the grace to imitate your virtues so that I too may be pleasing to the Heart of God. Help me to give myself entirely to His service and to the accomplishment of His Holy Will, that one day I may reach heaven and be eternally united to God as you are.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession.



I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

#### **Day Four: Faithful Servant**

Saint Joseph, you lived for one purpose -- to be the personal servant of Jesus Christ, the Word made flesh. Your noble birth and ancestry, the graces and gifts, so generously poured out on you by God -- all this was yours to serve our Lord better. Every thought, word, and action of yours was a homage to the love and glory of the Incarnate Word. You fulfilled most faithfully the role of a good and faithful servant who cared for the House of God.

How perfect was your obedience! Your position in the Holy Family obliged you to command, but besides being the foster-father of Jesus, you were also His disciple. For almost thirty years, you watched the God-Man display a simple and prompt obedience, and you grew to love and practice it very perfectly yourself. Without exception you submitted to God, to the civil rulers, and to the voice of your conscience.

When God sent an angel to tell you to care for Mary, you obeyed in spite of the mystery which surrounded her motherhood. When you were told to flee into Egypt under painful conditions, you obeyed without the slightest word of complaint. When God advised you in a

dream to return to Nazareth, you obeyed. In every situation your obedience was as simple as your faith, as humble as your heart, as prompt as your love. It neglected nothing; it took in every command.

You had the virtue of perfect devotedness, which marks a good servant. Every moment of your life was consecrated to the service of our Lord: sleep, rest, work, pain. Faithful to your duties, you sacrificed everything unselfishly, even cheerfully. You would have sacrificed even the happiness of being with Mary. The rest and quiet of Nazareth was sacrificed at the call of duty. Your entire life was one generous giving, even to the point of being ready to die in proof of your love for Jesus and Mary. With true unselfish devotedness you worked without praise or reward.

But God wanted you to be in a certain sense a co-operator in the Redemption of the world. He confided to you the care of nourishing and defending the Divine Child. He wanted you to be poor and to suffer because He destined you to be the foster-father of His Son, who came into the world to save men by His sufferings and death, and you were to share in His suffering. In all of these important tasks, the Heavenly Father always found you a faithful servant!

Saint Joseph, I thank God for your privilege of being God's faithful servant. As a token of your own gratitude to God, obtain for me the grace to be a faithful servant of God as you were. Help me to share, as you did, the perfect obedience of Jesus, who came not to do His Will, but the Will of His Father; to trust in the Providence of God, knowing that if I do His Will, He will provide for all my needs of soul and body; to be calm in my trials and to leave it to our Lord to free me from them when it pleases Him to do so. And help me to imitate your generosity, for there can be no greater reward here on earth than the joy and honour of being a faithful servant of God.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

#### **Day Five: Patron of the Church**

Saint Joseph, God has appointed you patron of the Catholic Church because you were the head of the Holy Family, the starting-point of the Church. You were the father, protector, guide and support of the Holy Family. For that reason you belong in a particular way to the Church, which was the purpose of the Holy Family's existence.

I believe that the Church is the family of God on earth. Its government is represented in priestly authority which consists above all in its power over the true Body of Christ, really present in the Blessed Sacrament of the Altar, thus continuing Christ's life in the Church. From this power, too, comes authority over the Mystical Body of Christ, the members of the Church -- the power to teach and govern souls, to reconcile them with God, to bless them, and to pray for them.

You have a special relationship to the priesthood because you possessed a wonderful power over our Saviour Himself. Your life and office were of a priestly function and are especially connected with the Blessed Sacrament. To some extent you were the means of bringing the Redeemer to us -- as it is the priest's function to bring Him to us in the Mass -- for you reared Jesus, supported, nourished, protected and sheltered Him. You were prefigured by the patriarch Joseph, who kept supplies of wheat for his people. But how much greater than he were you! Joseph of old gave the Egyptians mere bread for their bodies. You nourished, and with the most tender care, preserved for the Church Him who is the Bread of Heaven and who gives eternal life in Holy Communion.

God has appointed you patron of the Church because the glorious title of patriarch also falls by special right to you. The patriarchs were the heads of families of the Chosen People, and theirs was the honour to prepare for the Saviour's incarnation. You belonged to this line of patriarchs, for you were one of the last descendants of the family of David and one of the nearest forebears of Christ according to the flesh. As husband of Mary, the Mother of God, and as the foster-father of the Saviour, you were directly connected with Christ. Your vocation was especially concerned with the Person of Jesus; your entire activity centred about Him. You are, therefore, the closing of the Old Testament and the beginning of the New, which took its rise with the Holy Family of Nazareth. Because the New Testament surpasses the Old in every respect, you are the patriarch of patriarchs, the most venerable, exalted, and amiable of all the patriarchs.

Through Mary, the Church received Christ, and therefore the Church is indebted to her. But the Church owes her debt of gratitude and veneration to you also, for you were the chosen one who enabled Christ to enter into the world according to the laws of order and fitness. It was by you that the patriarchs and the prophets and the faithful reaped the fruit of God's promise. Alone among them all, you saw with your own eyes and possessed the Redeemer promised to the rest of men.

Saint Joseph, I thank God for your privilege of being the Patron of the Church. As a token of your own gratitude to God, obtain for me the grace to live always as a worthy member of this Church, so that through it I may save my soul. Bless the priests, the religious, and the laity of the Catholic Church, that they may ever grow in God's love and faithfulness in His service. Protect the Church from the evils of our day and from the persecution of her enemies. Through your powerful intercession may the church successfully accomplish its mission in this world -- the glory of God and the salvation of souls!

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.



Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

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#### **Day Six: Patron of Families**

Saint Joseph, I venerate you as the gentle head of the Holy Family. The Holy Family was the scene of your life's work in its origin, in its guidance, in its protection, in your labour for Jesus and Mary, and even in your death in their arms. You lived, moved, and acted in the loving company of Jesus and Mary. The inspired writer describes your life at Nazareth in only a few words: 'And (Jesus) went down with them and came to Nazareth, and was subject to them' (Luke, 2:51). Yet these words tell of your high vocation here on earth, and the abundance of graces which filled your soul during those years spent in Nazareth.

Your family life at Nazareth was all radiant with the light of divine charity. There was an intimate union of heart and mind among the members of your Holy Family. There could not have been a closer bond than that uniting you to Jesus, your foster-Son and to Mary, your most loving wife. Jesus chose to fulfil toward you, His foster-father, all the duties of a faithful son, showing you every mark of honour and affection due to a parent. And Mary showed you all the signs of respect and love of a devoted wife. You responded to this love and veneration from Jesus and Mary with feelings of deepest love and respect. You had for Jesus a true fatherly love, enkindled and kept aglow in your heart by the Holy Spirit. And you could not cease to admire the workings of grace in Mary's soul, and this admiration caused the holy love which you had consecrated to her on the day of your wedding grow stronger every day.

God has made you a heavenly patron of family life because you sanctified yourself as head of the Holy Family and thus by your beautiful example sanctified family life. How peacefully and happily the Holy Family rested under the care of your fatherly rule, even in the midst of

trials. You were the protector, counselor, and consolation of the Holy Family in every need. And just as you were the model of piety, so you gave us by your zeal, your earnestness and devout trust in God's providence, and especially by your love, the example of labour according to the Will of God. You cherished all the experiences common to family life and the sacred memories of the life, sufferings, and joys in the company of Jesus and Mary. Therefore the family is dear to you as the work of God, and it is of the highest importance in your eyes to promote the honour of God and the well-being of man. In your loving fatherliness and unfailing intercession you are the patron and intercessor of families, and you deserve a place in every home.

Saint Joseph, I thank God for your privilege of living in the Holy Family and being its head. As a token of your own gratitude to God, obtain God's blessing upon my own family. Make our home the kingdom of Jesus and Mary -- a kingdom of peace, of joy, and love.

I also pray for all Christian families. Your help is needed in our day when God's enemy has directed his attack against the family in order to desecrate and destroy it. In the face of these evils, as patron of families, be pleased to help; and as of old, you arose to save the Child and His Mother, so today arise to protect the sanctity of the home. Make our homes sanctuaries of prayer, of love, of patient sacrifice, and of work. May they be modelled after your own at Nazareth. Remain with us with Jesus and Mary, so that by your help we may obey the commandments of God and of the Church; receive the holy sacraments of God and of the Church; live a life of prayer; and foster religious instruction in our homes. Grant that we may be reunited in God's Kingdom and eternally live in the company of the Holy Family in heaven.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for

my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

(Mention your request).

Guardian of the Word Incarnate, I feel confident that your prayers in my behalf will be graciously heard before the throne of God. Amen.

#### MEMORARE

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

#### **Day Seven: Patron of Workers**

Saint Joseph, you devoted your time at Nazareth to the work of a carpenter. It was the Will of God that you and your foster-Son should spend your days together in manual labour. What a beautiful example you set for the working classes!

It was especially for the poor, who compose the greater part of mankind, that Jesus came upon earth, for in the synagogue of Nazareth, He read the words of Isaiah and referred them to Himself: 'The Spirit of the Lord is upon me, because He has anointed Me to bring good news to the poor...' (Luke 4:18). It was God's Will that you should be occupied with work common to poor people, that in this way Jesus Himself might ennoble it by inheriting it from you, His foster-father, and by freely embracing it. Thus our Lord teaches us that for the humbler class of workmen, He has in store His richest graces, provided they live content in the place God's Providence has assigned them, and remain poor in spirit for He said, 'Blessed are the poor in spirit, for theirs is the kingdom of heaven' (Matt. 5:3).

The kind of work to which you devoted your time in the workshop of Nazareth offered you many occasions of practicing humility. You were privileged to see each day the example of humility which Jesus practiced -- a virtue most pleasing to Him. He chose for His earthly surroundings not the courts of princes nor the halls of the learned, but a little workshop of Nazareth. Here you shared for many years the humble and hidden toiling of the God-Man. What a touching example for the worker of today!

While your hands were occupied with manual work, your mind was turned to God in prayer. From the Divine Master, who worked along with you, you learned to work in the presence of God in the spirit of prayer, for as He worked He adored His Father and recommended the

welfare of the world to Him, Jesus also instructed you in the wonderful truths of grace and virtue, for you were in close contact with Him who said of Himself, 'I am the Way and the Truth and the Life.'

As you were working at your trade, you were reminded of the greatness and majesty of God, who, as a most wise Architect, formed this vast universe with wonderful skill and limitless power.

The light of divine faith that filled your mind, did not grow dim when you saw Jesus working as a carpenter. You firmly believed that the saintly Youth working beside you was truly God's own Son.

Saint Joseph, I thank God for your privilege of being able to work side by side with Jesus in the carpenter shop of Nazareth. As a token of your own gratitude to God, obtain for me the grace to respect the dignity of labour and ever to be content with the position in life, however lowly, in which it may please Divine Providence to place me. Teach me to work for God and with God in the spirit of humility and prayer, as you did, so that I may offer my toil in union with the sacrifice of Jesus in the Mass as a reparation for my sins, and gain rich merit for heaven.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

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#### **Day Eight: Friend In Suffering**

Saint Joseph, your share of suffering was very great because of your close union with the Divine Saviour. All the mysteries of His life were more or less mysteries of suffering. Poverty pressed upon you, and the cross of labour followed you everywhere. Nor were you spared domestic crosses, owing to misunderstandings in regard to the holiest and most cherished of all beings, Jesus and Mary, who were all to you. Keen must have been the suffering caused by the uncertainty regarding Mary's virginity; by the bestowal of the name of Jesus, which pointed to future misfortune. Deeply painful must have been the prophecy of Simeon, the flight into Egypt, the disappearance of Jesus at the Paschal feast. To these sufferings were surely added interior sorrow at the sight of the sins of your own people.

You bore all this suffering in a truly Christ-like manner, and in this you are our example. No sound of complaint or impatience escaped you -- you were, indeed, the silent saint! You submitted to all in the spirit of faith, humility, confidence, and love. You cheerfully bore all in union with and for the Saviour and His Mother, knowing well that true love is a crucified love. But God never forsook you in your trials. The trials, too, disappeared and were changed at last into consolation and joy.

It seems that God had purposely intended your life to be filled with suffering as well as consolation to keep before my eyes the truth that my life on earth is but a succession of joys and sorrows, and that I must gratefully accept whatever God sends me, and during the time of consolation prepare for suffering. Teach me to bear my cross in the spirit of faith, of confidence, and of gratitude toward God. In a happy eternity, I shall thank God fervently for the sufferings which He deigned to send me during my pilgrimage on earth, and which after your example I endured with patience and heartfelt love for Jesus and Mary.

You were truly the martyr of the hidden life. This was God's Will, for the holier a person is, the more he is tried for the love and glory of God. If suffering is the flowering of God's grace in a soul and the triumph of the soul's love for God, being the greatest of saints after Mary, you suffered more than any of the martyrs.



Because you have experienced the sufferings of this valley of tears, you are most kind and sympathetic toward those in need. Down through the ages souls have turned to you in distress and have always found you a faithful friend in suffering. You have graciously heard their prayers in their needs even though it demanded a miracle. Having been so intimately united with Jesus and Mary in life, your intercession with Them is most powerful.

Saint Joseph, I thank God for your privilege of being able to suffer for Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace to bear my suffering patiently for love of Jesus and Mary. Grant that I may unite the sufferings, works and disappointments of life with the sacrifice of Jesus in the Mass, and share like you in Mary's spirit of sacrifice.

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

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## **Day Nine: Patron of a Happy Death**

Saint Joseph, how fitting it was that at the hour of your death Jesus should stand at your bedside with Mary, the sweetness and hope of all mankind. You gave your entire life to the service of Jesus and Mary; at death you enjoyed the consolation of dying in Their loving arms. You accepted death in the spirit of loving submission to the Will of God, and this acceptance crowned your hidden life of virtue. Yours was a merciful judgment, for your foster-Son, for whom you had cared so lovingly, was your Judge, and Mary was your advocate. The verdict of the Judge was a word of encouragement to wait for His coming to Limbo, where He would shower you with the choicest fruits of the Redemption, and an embrace of grateful affection before you breathed forth your soul into eternity.

You looked into eternity and to your everlasting reward with confidence. If our Savior blessed the shepherds, the Magi, Simeon, John the Baptist, and others, because they greeted His presence with devoted hearts for a brief passing hour, how much more did He bless you who have sanctified yourself for so many years in His company and that of His Mother? If Jesus regards every corporal and spiritual work of mercy, performed in behalf of our fellow men out of love for Him, as done to Himself, and promises heaven as a reward, what must have been the extent of His gratitude to you who in the truest sense of the word have received Him, given Him shelter, clothed, nourished, and consoled Him at the sacrifice of your strength and rest, and even your life, with a love which surpassed the love of all fathers.

God really and personally made Himself your debtor. Our Divine Savior paid that debt of gratitude by granting you many graces in your lifetime, especially the grace of growing in love, which is the best and most perfect of all gifts. Thus at the end of your life your heart became filled with love, the fervor and longing of which your frail body could not resist. Your soul followed the triumphant impulse of your love and winged its flight from earth to bear the prophets and patriarchs in Limbo the glad tidings of the advent of the Redeemer.

Saint Joseph, I thank God for your privilege of being able to die in the arms of Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace of a happy death. Help me to spend each day in preparation for death. May I, too, accept death in the spirit of resignation to God's Holy Will, and die, as you did, in the arms of Jesus, strengthened by Holy Viaticum, and in the arms of Mary, with her rosary in my hand and her name on my lips!

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants. Therefore I humbly invoke you and

commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

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### *Did you Set up a May Altar at Home?*

Last week we gave you some pointers on how and why we should maintain the tradition of building a May altar in your home. This week we are asking you to take a photograph of your efforts that are always so pleasing to the Blessed Virgin and send them to us at [naasparish@gmail.com](mailto:naasparish@gmail.com). We will, with your permission, publish all photos received on our parish website and in next week's parish pastoral pack. We have received some pictures already and we know that Our Lady smiles down on each and every one of these acts of devotion and love towards her. We would love to see you home may Altar so why not take a photo of it and send it into us at [naasparish@gmail.com](mailto:naasparish@gmail.com).

# *Your May Altars*





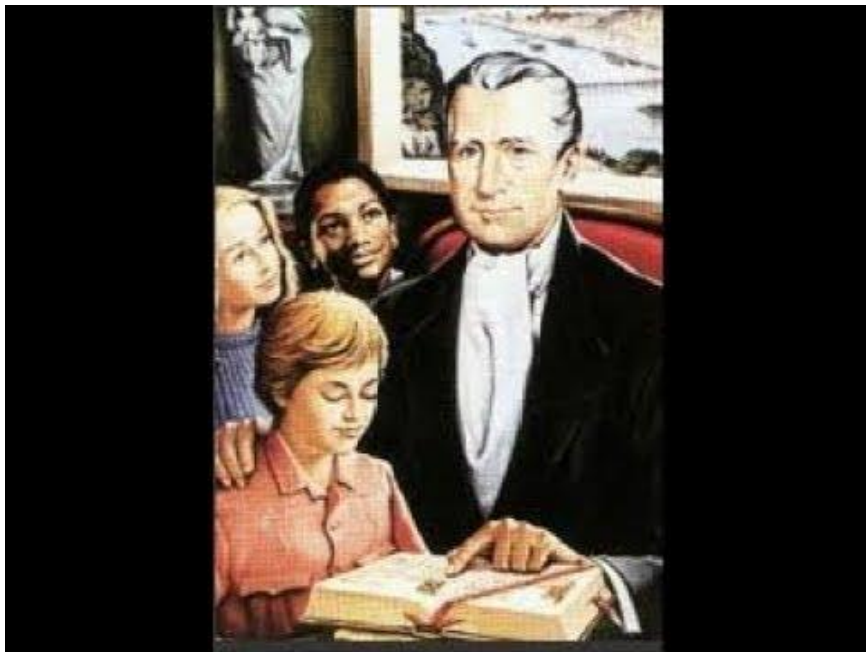
# Children's Pages

## Blessed of the Week: Blessed Edmund Rice - May 5<sup>th</sup>



A child friendly video on the life of Blessed Edmund Rice for our younger parishioners. You can view it at this address <https://youtu.be/IggD0HYNU6w>

A successful Irish businessman leading a happy married life suddenly has a traumatic experience, an accident in which his pregnant wife dies soon after delivering a fragile and handicapped child. His life was at crossroads. Following his wife's death, he began discerning a vocation to join a monastery, perhaps in France. One day, while discussing his vocation, the Bishop of Waterford, drew Edmund's attention, to the bands of ragged, youth in the streets, asking Edmund if he, too, planned to abandon them, to spend his life in a cell in Europe. In response to the Bishop's request, he sold his business, arranged for his daughter's care, and started a life of dedication for the education of youth. He is Blessed Edmund Ignatius Rice.





## **1: Place Of Birth**

Rice was born in Ireland in 1762. Do you know that it was an era where the Penal Laws restricted the Catholics? Rice was still a teenager when the reforms started in 1778.

## **2: Business**

Before he was a missionary, Rice was a successful businessman. Then he devoted his life to education after he experienced a tragic accident. His wife was killed during the accident, and his daughter was disabled. He became a national icon since he wanted to serve the poor and talked about education.

## **3: Education And Traditions**

Edmund Rice established a system of education and traditions which adopted by Christians Brothers and Presentations Brothers in the world.

## **4: Parents**

Let's find out the parents of Edmund Rice. His mother was Margaret Rice and his father was Robert Rice. There were seven sons in the family and Rice was the fourth son. In the first marriage of his mother, he had two half sisters; Jane and Joan Murphy.

## **5: Education**

The Rice sons could only earn their education at home. The teacher was Patrick Grace. He was a member of Augustinian friars in Callan.

## **6: Going to School**

Rice could attend the school for two years in the City of Kilkenny. Even though the penal laws were still applied in Ireland, the authorities found it hard to apply it in that city.

## **7: Charitable Work**

He decided to focus on the charitable works and prayer after the accident that he faced before. He wanted to serve the poor and marginalized people in Waterford. He would give education to the people without any charge.

### **8: Religious Vow**

Under the authority of Bishop Power of Waterford, Edmund Rice took the religious vows in 1808.

### **9: Leaving**

Rice left the North Richmond Street Community to relocate to Mount Sion in Waterford in February 1838.

### **10: His Death**

On 29 August 1844, Edmund Rice died at Mount Sion.

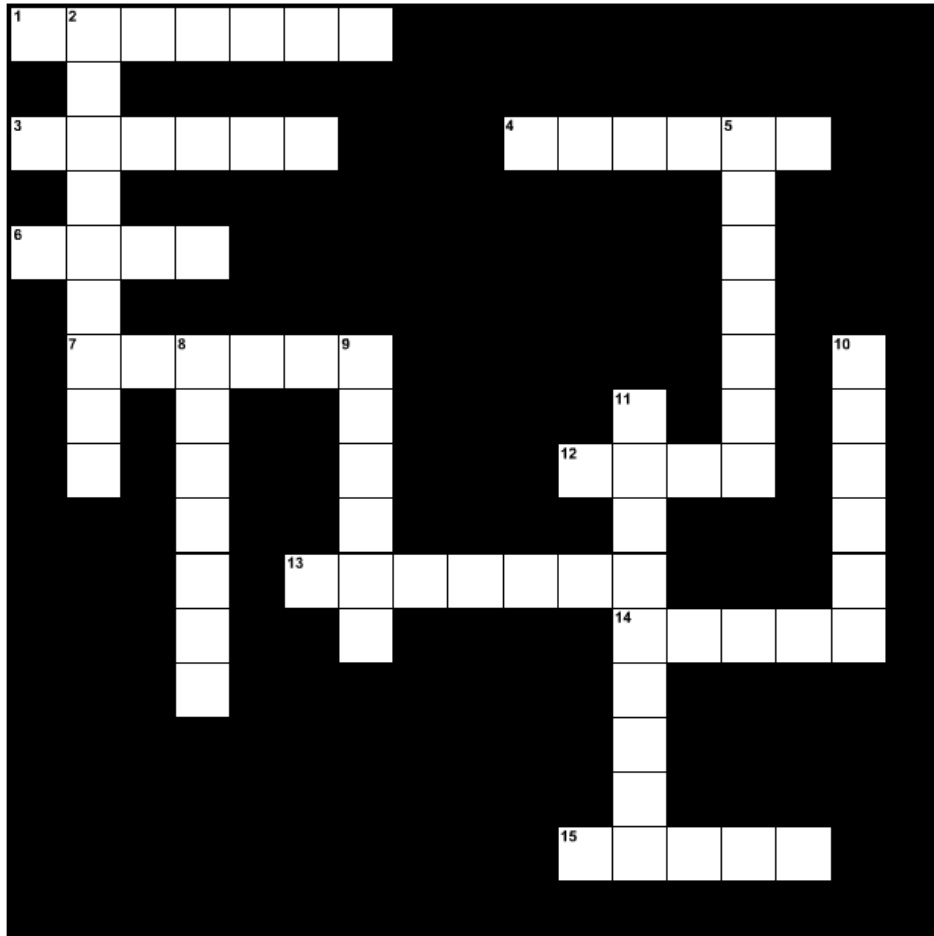
## **Quiz of the Week**

1. How many Sacraments are there?
2. The Pope is the successor of which Apostle?
3. From where do we get the teachings of our Faith?
4. What miracle did Jesus perform only because His Mother asked Him to?
5. Jesus said He would give Peter "the keys" to the Kingdom of Heaven. What did keys symbolize in the Jewish religion Peter had faithfully practiced?
6. Who was given authority to decide which Books belong in the Bible?
7. What is the Communion of Saints?
8. Why were we created by God?
9. What saves us?
10. Which church was founded by Jesus Christ?
11. Which sacrament is known as the gateway to all sacraments?

# Puzzle of the Week

You may need to grab you bible this week and get your family to help you! If you successfully finish the crossword, why not take a photo of it and send it to us at [naasparish@gmail.com](mailto:naasparish@gmail.com) with your name and address. We will draw out one winner and send you on a prize!

## WOMEN OF THE BIBLE



### ACROSS

1. Mother of Esau and Jacob
3. Saved her brother Moses
4. Poured out soul to God
6. Mother of Jesus
7. Holy queen of Persia
12. Defeated Sisera
13. Judged Israel
14. Mother of a great nation
15. Came to Israel from Moab

### DOWN

2. Praised Mary
5. Prudent wife of David
8. Holy and raised by Peter
9. Met Jacob at a well
10. Saved town of Bethulia
11. Queen mother of Solomon

## Prayer of the Week

Loving God, through Jesus you showed us the way and offered life in all its fullness. You sent us a good shepherd, to lead us into light and hope for the future. We pray for all those who are lonely and isolated, separated from support, who feel lost and do not know where to turn, whose lives feel limited and worthless, and who feel trapped and unloved.

We ask that, you would bring hope where there is fear, and fullness of life where there is emptiness, changing lives for good, and showing a better way. We ask this through Christ our Lord. Amen.

# *Naas Parish Media*

Our parish now has several platforms on which you can keep up with all parish and many town events along with the daily parish liturgies.



Morning Prayer, Daily Mass, Evening Prayer and Night Prayer along with all other parish liturgies can be viewed live on our parish webcam stream:

<https://www.naasparish.ie/our-parish/naas-webcam/>



Parish News and items of Catholic interest are frequently added to our parish Twitter stream:

<https://twitter.com/naasparish> or simply [@naasparish](https://twitter.com/naasparish)



Our parish Facebook site offers a wider view of the activities of many of parish based and other Naas based groups:

<https://www.facebook.com/naasparish/>



If you wish to revisit any of the Easter or regular Sunday Parish Masses that were live streamed, you can view them on our YouTube channel:

<https://www.youtube.com/channel/UCJ-MEFmcFzOsvSPm137Rjpw>

The following section of this pastoral pack contains Morning Prayer, Mass Readings, Evening Prayer, Night Prayer and a Lectio Divina exercise for each day of the coming week.

It is hoped that it will bring you into a deeper participation of our daily prayer life here at Naas Parish during the time that we are separated out of care for one another.

Our daily prayers are offered for all our parishioners and their loved ones. We think of those who are sick and those who are caring for them. We pray for those worried anxious or afraid at this time that the peace of the Risen Lord will be theirs in abundance.

In our hearts and minds also are all those who are working on the front lines of care and defence to keep us safe and protected. We pray the Lord's care and protection over them all.



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## **Sunday 3 May 2020**

**4th Sunday of Easter**

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## Sunday 3 May 2020

4th Sunday of Easter

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 94 (95)**

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

*The Lord has truly risen, alleluia.*

Come, ring out our joy to the Lord;

hail the God who saves us.

Let us come before him, giving thanks,

with songs let us hail the Lord.

A mighty God is the Lord,

a great king above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his.

To him belongs the sea, for he made it

and the dry land shaped by his hands.

Come in; let us bow and bend low;

let us kneel before the God who made us:

for he is our God and we

the people who belong to his pasture,

the flock that is led by his hand.

O that today you would listen to his voice!

‘Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.

For forty years I was wearied of these people  
and I said: “Their hearts are astray,  
these people do not know my ways.”  
Then I took an oath in my anger:  
“Never shall they enter my rest.””

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord has truly risen, alleluia.*

---

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## Sunday 3 May 2020

4th Sunday of Easter

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 117 (118)**  
**A cry of rejoicing and triumph**

“This is the stone which was rejected by you builders, but which has  
become the cornerstone” (Acts 4:11).

*I shall not die, I shall live and recount the deeds of the Lord. Alleluia.*

Give thanks to the Lord for he is good,  
for his love endures for ever.

Let the sons of Israel say:  
'His love endures for ever.'

Let the sons of Aaron say:  
'His love endures for ever.'

Let those who fear the Lord say:  
'His love endures for ever.'

I called to the Lord in my distress;  
he answered and freed me.  
The Lord is at my side; I do not fear.



What can man do against me?  
The Lord is at my side as my helper;  
I shall look down on my foes.

It is better to take refuge in the Lord  
than to trust in men;  
it is better to take refuge in the Lord  
than to trust in princes.

The nations all encompassed me;  
in the Lord's name I crushed them.

They compassed me, compassed me about;  
in the Lord's name I crushed them.

They compassed me about like bees;  
they blazed like a fire among thorns.  
In the Lord's name I crushed them.

I was hard-pressed and was falling,  
but the Lord came to help me.  
The Lord is my strength and my song;  
he is my saviour.  
There are shouts of joy and victory  
in the tents of the just.

The Lord's right hand has triumphed;  
his right hand raised me.  
The Lord's right hand has triumphed;  
I shall not die, I shall live  
and recount his deeds.  
I was punished, I was punished by the Lord,  
but not doomed to die.

Open to me the gates of holiness:  
I will enter and give thanks.  
This is the Lord's own gate  
where the just may enter.  
I will thank you for you have answered

and you are my saviour.

The stone which the builders rejected  
has become the corner stone.

This is the work of the Lord,  
a marvel in our eyes.

This day was made by the Lord;  
we rejoice and are glad.

O Lord, grant us salvation;  
O Lord, grant success.

Blessed in the name of the Lord  
is he who comes.

We bless you from the house of the Lord;  
the Lord God is our light.

Go forward in procession with branches  
even to the altar.

You are my God, I thank you.  
My God, I praise you.

Give thanks to the Lord for he is good;  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I shall not die, I shall live and recount the deeds of the Lord. Alleluia.*

### **Psalm-prayer**

Lord God, you have given us the great day of rejoicing: Jesus Christ, the stone rejected by the builders, has become the cornerstone of the Church, our spiritual home. Shed upon your Church the rays of your glory, that she may be seen as the gate of salvation open to all nations. Let cries of joy and

exultation ring out from her tents, to celebrate the wonder of Christ's resurrection.

---

**Canticle**

**Daniel 3:52-57**

**Let every creature praise the Lord**

**“The Creator is blessed for ever” (Rom 1:25).**

*Blessed be your glorious and holy name. Alleluia.*

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

Blest your glorious holy name.  
To you glory and praise for evermore.

You are blest in the temple of your glory.  
To you glory and praise for evermore.

You are blest who gaze into the depths.  
To you glory and praise for evermore.

You are blest in the firmament of heaven.  
To you glory and praise for evermore.

You who walk on the wings of the wind.  
To you glory and praise for evermore.

May they bless you, the saints and the angels.  
To you glory and praise for evermore.

From the heavens, the earth and the sea.  
To you glory and praise for evermore.

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

Glory be to the Father and to the Son  
and to the Holy Spirit,

as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Blessed be your glorious and holy name. Alleluia.*

---

## **Psalm 150**

### **Praise the Lord**

“Sing praise in your spirit, sing praise with your soul, that is: give glory to God in both your soul and your body” (Hesychius).

*Tell the greatness of our God. The works of God are perfect and all his ways are right. Alleluia.*

Praise God in his holy place,  
praise him in his mighty heavens.  
Praise him for his powerful deeds,  
praise his surpassing greatness.

O praise him with sound of trumpet,  
praise him with lute and harp.  
Praise him with timbrel and dance,  
praise him with strings and pipes.

O praise him with resounding cymbals,  
praise him with clashing of cymbals.  
Let everything that lives and that breathes  
give praise to the Lord.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Tell the greatness of our God. The works of God are perfect and all his ways are right. Alleluia.*

### **Psalm-prayer**

Lord God, maker of heaven and earth and of all created things, you make your just one holy and you justify sinners who confess your name. Hear us as we humbly pray to you: give us eternal joy with your saints.

### **Or:**

Lord God, through your saving plan all things are ours, and we are Christ's and Christ is yours. Accept the praises of your Church. By these praises, through Christ, with him and in him, all your honour and glory is celebrated, all-powerful Father, in the Holy Spirit, now and for ever.

---

### **Short Reading**

**Acts 10:40-43**

God raised Jesus to life on the third day and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.

---

### **Short Responsory**

Have mercy on us, Christ, Son of the living God, alleluia, alleluia.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*  
You have risen from the dead.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*

---

### **Canticle**

**Benedictus**

**The Messiah and the one who was sent before him**



*'I am the gate. Anyone who enters through me will be safe and be sure of finding pasture,' says the Lord. Alleluia. (Year A)*

*Or: I am the shepherd of the flock; I am the way, the truth and the life; I am the good shepherd; I know my own and my own know me, alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,

is now, and ever shall be,  
world without end.

Amen.

*'I am the gate. Anyone who enters through me will be safe and be sure of finding pasture,' says the Lord. Alleluia. (Year A)*

*Or: I am the shepherd of the flock; I am the way, the truth and the life; I am the good shepherd; I know my own and my own know me, alleluia.*

---

### **Prayers and intercessions**

Let us pray to the Father, the all-powerful God, who raised up Jesus, our prince and our Saviour.

– *Glorify us, Lord, with the glory of Christ.*

Father, you brought your beloved Son from the darkness of death to the light of glory;

let us enter into the regions of your own wonderful light.

– *Glorify us, Lord, with the glory of Christ.*

You saved us through faith in Jesus Christ;

help us to live today in the grace of our baptism.

– *Glorify us, Lord, with the glory of Christ.*

You have told us to seek the things that are in heaven;

enable us to resist the attraction of sin.

– *Glorify us, Lord, with the glory of Christ.*

Reveal the riches of our hidden life in Christ

that men may see the signs of the new heaven and the new earth.

– *Glorify us, Lord, with the glory of Christ.*

---

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Almighty, ever-living God,  
bring us to the joy of your heavenly city:  
so that we, your little flock,  
may follow where Christ, our Good Shepherd,  
has gone before us by the power of his resurrection.  
Who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Sunday 3 May 2020

4th Sunday of Easter

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

The Lamb's high banquet we await,  
In snow-white robes of royal state;  
And now, the Red Sea's channel past,  
To Christ our Prince we sing at last.

Upon the altar of the Cross  
His body hath redeemed our loss;  
And tasting of his scarlet blood,  
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,  
The Lamb of God that knows no stain,  
The true oblation offered here,  
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,  
O great, O very Sacrifice,  
Thy captive people are set free,  
And endless life restored in thee.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 109 (110)**  
**The Messiah, king and priest**

*“He must be king so that he may put all his enemies under his feet” (1 Cor 15:25).*

*You must look for the things of heaven, where Christ is, sitting at God's right hand. Alleluia.*

The Lord's revelation to my Master:  
‘Sit on my right:  
your foes I will put beneath your feet.’

The Lord will wield from Sion  
your sceptre of power:  
rule in the midst of all your foes.

A prince from the day of your birth  
on the holy mountains;  
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.  
‘You are a priest for ever,  
a priest like Melchizedek of old.’

The Master standing at your right hand  
will shatter kings in the day of his wrath.



He shall drink from the stream by the wayside  
and therefore he shall lift up his head.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*You must look for the things of heaven, where Christ is, sitting at God's  
right hand. Alleluia.*

### **Psalm-prayer**

Father, we ask you to give us victory and peace. In Jesus Christ, our Lord  
and King, we are already seated at your right hand. We look forward to  
praise you in the fellowship of all your saints in our heavenly homeland.

**Or:**

Almighty God, bring the kingdom of Christ, your anointed one, to its  
fullness. May the perfect offering of your Son, eternal priest of the new  
Jerusalem, be offered in every place to your name and make all nations a  
holy people for you.

---

### **Psalm 111 (112)** **How blessed are the just**

*“Be like the children of the light; for the fruits of the light are seen in  
complete goodness and right living and truth” (Eph 5:8,9).*

*He has risen as a light in the darkness, for the upright of heart. Alleluia.*

Happy the man who fears the Lord,  
who takes delight in all his commands.  
His sons will be powerful on earth;  
the children of the upright are blessed.

Riches and wealth are in his house;  
his justice stands firm for ever.  
He is a light in the darkness for the upright:  
he is generous, merciful and just.

The good man takes pity and lends,  
he conducts his affairs with honour.  
The just man will never waver:  
he will be remembered for ever.

He has no fear of evil news;  
with a firm heart he trusts in the Lord.  
With a steadfast heart he will not fear;  
he will see the downfall of his foes.

Open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory.

The wicked man sees and is angry,  
grinds his teeth and fades away;  
the desire of the wicked leads to doom.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*He has risen as a light in the darkness, for the upright of heart. Alleluia.*

### **Psalm-prayer**

Lord God, you are the eternal light which illumines the hearts of good people. Help us to love you, to rejoice in your glory, and so to live in this world as to avoid harsh judgement in the next. May we come to see the light of your countenance.

**Or:**

Lord Jesus, you are the light rising in darkness for the just. To show your love for us you offered yourself in our place as a victim to God. Teach us to love one another as you love us, that our love may bring peace and joy to the world and enable us to find the happiness of your home.

---

**Canticle**

**(Apocalypse 19)**

**The wedding of the Lamb**

*Alleluia. Victory and glory and power to our God! Alleluia.*

Alleluia.

Salvation and glory and power belong to our God,  
his judgements are true and just.

Alleluia.

Alleluia.

Praise our God, all you his servants,  
you who fear him, small and great.

Alleluia.

Alleluia.

The Lord our God, the Almighty, reigns,  
let us rejoice and exult and give him the glory.

Alleluia.

Alleluia.

The marriage of the Lamb has come,  
and his bride has made herself ready.

Alleluia.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Victory and glory and power to our God! Alleluia.*

---

## **Short Reading**

## **Hebrews 10:12-14**

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

---

## **Short Responsory**

The Lord has truly risen, alleluia, alleluia.

– *The Lord has truly risen, alleluia, alleluia.*

He has appeared to Simon.

– *The Lord has truly risen, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The Lord has truly risen, alleluia, alleluia.*

---

## **Canticle**

## **Magnificat**

### **My soul rejoices in the Lord**

*I am the good shepherd. I have come so that they may have life and have it to the full. Alleluia. (Year A)*

*Or: The sheep that belong to me listen to my voice; and I, the Lord, know them, alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I am the good shepherd. I have come so that they may have life and have it  
to the full. Alleluia. (Year A)*

*Or: The sheep that belong to me listen to my voice; and I, the Lord, know  
them, alleliua.*

---

### **Prayers and intercessions**

Let us pray to God the Father, who raised Jesus to life and exalted him at  
his own right hand.

– *Lord, protect your people through the glory of Christ.*

Father, through the victory of the cross you have lifted up Jesus from the  
earth;

may he draw all men to himself.

– *Lord, protect your people through the glory of Christ.*

Through the exaltation of Christ send your Spirit into the Church;  
make her the sign of unity for the whole human family.

– *Lord, protect your people through the glory of Christ.*



You have become the Father of men through water and the Spirit;  
keep them faithful to their baptism until they enter eternal life.  
– *Lord, protect your people through the glory of Christ.*

Through the exaltation of your Son raise up the sorrowful, set prisoners  
free, heal the sick;  
may the whole world rejoice in your wonderful gifts.  
– *Lord, protect your people through the glory of Christ.*

You nourished the faithful departed with Christ's body and blood;  
let them share in his glory on the day of resurrection.  
– *Lord, protect your people through the glory of Christ.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Almighty, ever-living God,  
bring us to the joy of your heavenly city:  
so that we, your little flock,  
may follow where Christ, our Good Shepherd,  
has gone before us by the power of his resurrection.  
Who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Sunday 3 May 2020

4th Sunday of Easter

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 90 (91)**  
**The protection of the Most High**

“Behold, I have given you power to tread under foot both serpents and  
scorpions” (Lk 10:19).

*Alleluia. Alleluia. Alleluia.*

He who dwells in the shelter of the Most High  
and abides in the shade of the Almighty  
says to the Lord: ‘My refuge,  
my stronghold, my God in whom I trust!’

It is he who will free you from the snare  
of the fowler who seeks to destroy you;  
he will conceal you with his pinions  
and under his wings you will find refuge.

You will not fear the terror of the night  
nor the arrow that flies by day,  
nor the plague that prowls in the darkness  
nor the scourge that lays waste at noon.

A thousand may fall at your side,  
ten thousand fall at your right,  
you, it will never approach;  
his faithfulness is buckler and shield.

Your eyes have only to look  
to see how the wicked are repaid,  
you who have said: 'Lord, my refuge!'  
and have made the Most High your dwelling.

Upon you no evil shall fall,  
no plague approach where you dwell.  
For you has he commanded his angels,  
to keep you in all your ways.

They shall bear you upon their hands  
lest you strike your foot against a stone.  
On the lion and the viper you will tread  
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;  
protect him for he knows my name.  
When he calls I shall answer: 'I am with you,'  
I will save him in distress and give him glory.

With length of life I will content him;  
I shall let him see my saving power.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Alleluia. Alleluia.*

**Psalm-prayer**

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

---

### **Short Reading**

### **Apocalypse 22:4-5**

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

### **Nunc Dimittis**

### **Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

God our Father,  
as we have celebrated today the mystery of the Lord's resurrection,  
grant our humble prayer:  
free us from all harm  
that we may sleep in peace  
and rise in joy to sing your praise.

Through Christ our Lord,

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

---



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## Sunday 3 May 2020

### 4th Sunday of Easter

*Liturgical Colour: White.*

## Readings at Mass

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### Entrance Antiphon

**Cf. Ps 32: 5-6**

The merciful love of the Lord fills the earth;  
by the word of the Lord the heavens were made, alleluia.

---

### Collect

Almighty ever-living God,  
lead us to a share in the joys of heaven,  
so that the humble flock may reach  
where the brave Shepherd has gone before.  
Who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

### First reading

**Acts 2:14,36-41**

### **'God has made him both Lord and Christ'**

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: 'The whole House of Israel can be certain that God has made this Jesus whom you crucified both Lord and Christ.'

Hearing this, they were cut to the heart and said to Peter and the apostles, 'What must we do, brothers?' 'You must repent,' Peter answered 'and every one of you must be baptised in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.'

The promise that was made is for you and your children, and for all those who are far away, for all those whom the Lord our God will call to himself.' He spoke to them for a long time using many arguments, and he urged them, 'Save yourselves from this perverse generation.' They were convinced by his arguments, and they accepted what he said and were baptised. That very day about three thousand were added to their number.

---

## **Responsorial Psalm**

## **Psalm 22(23)**

*The Lord is my shepherd: there is nothing I shall want.*

**or**

*Alleluia!*

The Lord is my shepherd;  
there is nothing I shall want.  
Fresh and green are the pastures  
where he gives me repose.  
Near restful waters he leads me,  
to revive my drooping spirit.

*The Lord is my shepherd: there is nothing I shall want.*

**or**

*Alleluia!*

He guides me along the right path;  
he is true to his name.  
If I should walk in the valley of darkness  
no evil would I fear.  
You are there with your crook and your staff;  
with these you give me comfort.

*The Lord is my shepherd: there is nothing I shall want.*

**or**

*Alleluia!*

You have prepared a banquet for me  
in the sight of my foes.  
My head you have anointed with oil;  
my cup is overflowing.

*The Lord is my shepherd: there is nothing I shall want.*

**or**

*Alleluia!*

Surely goodness and kindness shall follow me  
all the days of my life.  
In the Lord's own house shall I dwell  
for ever and ever.

*The Lord is my shepherd: there is nothing I shall want.*

**or**

*Alleluia!*

---

**Second reading**

**1 Peter 2:20-25**

**You have come back to the shepherd of your souls**

The merit, in the sight of God, is in bearing punishment patiently when you are punished after doing your duty.

This, in fact, is what you were called to do, because Christ suffered for you and left an example for you to follow the way he took. He had not done anything wrong, and there had been no perjury in his mouth. He was insulted and did not retaliate with insults; when he was tortured he made no threats but he put his trust in the righteous judge. He was bearing our faults in his own body on the cross, so that we might die to our faults and live for holiness; through his wounds you have been healed. You had gone astray like sheep but now you have come back to the shepherd and guardian of your souls.

---

**Gospel Acclamation**

**Jn10:14**

Alleluia, alleluia!

I am the good shepherd, says the Lord;  
I know my own sheep and my own know me.  
Alleluia!

---

**Gospel**

**John 10:1-10**

## **I am the gate of the sheepfold**

Jesus said:

‘I tell you most solemnly, anyone who does not enter the sheepfold through the gate, but gets in some other way is a thief and a brigand. The one who enters through the gate is the shepherd of the flock; the gatekeeper lets him in, the sheep hear his voice, one by one he calls his own sheep and leads them out. When he has brought out his flock, he goes ahead of them, and the sheep follow because they know his voice. They never follow a stranger but run away from him: they do not recognise the voice of strangers.’

Jesus told them this parable but they failed to understand what he meant by telling it to them.

So Jesus spoke to them again:

‘I tell you most solemnly,  
I am the gate of the sheepfold.  
All others who have come  
are thieves and brigands;  
but the sheep took no notice of them.  
I am the gate.  
Anyone who enters through me will be safe:  
he will go freely in and out  
and be sure of finding pasture.  
The thief comes  
only to steal and kill and destroy.  
I have come  
so that they may have life and have it to the full.’

---

### **Prayer over the Offerings**

Grant, we pray, O Lord,  
that we may always find delight in these paschal mysteries,  
so that the renewal constantly at work within us  
may be the cause of our unending joy.  
Through Christ our Lord.

---

## **Communion Antiphon**

The Good Shepherd has risen,  
who laid down his life for his sheep  
and willingly died for his flock, alleluia.

---

## **Prayer after Communion**

Look upon your flock, kind Shepherd,  
and be pleased to settle in eternal pastures  
the sheep you have redeemed  
by the Precious Blood of your Son.  
Who lives and reigns for ever and ever.

---

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**

*see also* [Saint Conleth, Bishop](#)

[Invitatory Psalm](#)

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**

*see also* [Saint Conleth, Bishop](#)

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 66 (67)**

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*The Lord has truly risen, alleluia.*

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help.

Let the peoples praise you, O God;  
let all the peoples praise you.

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth.

Let the peoples praise you, O God;  
let all the peoples praise you.

The earth has yielded its fruit  
for God, our God, has blessed us.

May God still give us his blessing  
till the ends of the earth revere him.

Let the peoples praise you, O God;  
let all the peoples praise you.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord has truly risen, alleluia.*

---

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## Monday 4 May 2020

**Saint Conleth, Bishop**

*see also* [Monday of the 4th week of Eastertide](#)

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 66 (67)**

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*Christ is the chief shepherd, the leader of his flock: come, let us adore him, alleluia.*

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help.

Let the peoples praise you, O God;  
let all the peoples praise you.

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth.

Let the peoples praise you, O God;  
let all the peoples praise you.

The earth has yielded its fruit

for God, our God, has blessed us.  
May God still give us his blessing  
till the ends of the earth revere him.

Let the peoples praise you, O God;  
let all the peoples praise you.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Christ is the chief shepherd, the leader of his flock: come, let us adore him,  
alleluia.*

---

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**

*see also* [Saint Conleth, Bishop](#)

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,



Now shining in triumphant state,  
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 89 (90)**  
**Let the Lord's glory shine upon us**

*“With the Lord one day is like a thousand years, and a thousand years like a day” (2 Pet 3:8).*

*Let the splendour of the Lord, our God, be upon us. Alleluia.*

O Lord, you have been our refuge  
from one generation to the next.  
Before the mountains were born  
or the earth or the world brought forth,  
you are God, without beginning or end.

You turn men back into dust  
and say: 'Go back, sons of men.'  
To your eyes a thousand years  
are like yesterday, come and gone,  
no more than a watch in the night.

You sweep men away like a dream,  
like grass which springs up in the morning.  
In the morning it springs up and flowers:  
by evening it withers and fades.

So we are destroyed in your anger,  
struck with terror in your fury.  
Our guilt lies open before you;  
our secrets in the light of your face.

All our days pass away in your anger.  
Our life is over like a sigh.  
Our span is seventy years,  
or eighty for those who are strong.

And most of these are emptiness and pain.  
They pass swiftly and we are gone.  
Who understands the power of your anger  
and fears the strength of your fury?

Make us know the shortness of our life  
that we may gain wisdom of heart.  
Lord, relent! Is your anger for ever?  
Show pity to your servants.

In the morning, fill us with your love;  
we shall exult and rejoice all our days.  
Give us joy to balance our affliction  
for the years when we knew misfortune.

Show forth your work to your servants;  
let your glory shine on their children.  
Let the favour of the Lord be upon us:  
give success to the work of our hands,  
give success to the work of our hands.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,

is now, and ever shall be,  
world without end.

Amen.

*Let the splendour of the Lord, our God, be upon us. Alleluia.*

### **Psalm-prayer**

Eternal Father, you give us life despite our guilt and even add days and years to our lives in order to bring us wisdom. Make us love and obey you, so that the works of our hands may always display what your hands have done, until the day we gaze upon the beauty of your face.

---

### **Canticle**

**Isaiah 42**

### **God, the victor and saviour**

**“They were singing a new hymn before the throne of God” (Rev 14:5).**

*I will turn darkness into light before them. Alleluia.*

Sing to the Lord a new song,  
his praise to the end of the earth!

Let the sea roar and all that fills it,  
the coastlands and their inhabitants;  
let the desert and its cities lift up their voice,  
the villages that Kedar inhabits.

Let the inhabitants of Sela sing for joy,  
let them shout from the top of the mountains.  
Let them give glory to the Lord,  
and declare his praise in the coastlands.

The Lord goes forth like a mighty man,  
like a man of war he stirs up his fury;  
he cries out, he shouts aloud,  
he shows himself mighty against his foes.

For a long time I have held my peace,  
I have kept still and restrained myself;  
now I will cry out like a woman in travail,  
I will gasp and pant.

I will lay waste mountains and hills,  
and dry up all their herbage;  
I will turn the rivers into islands,  
and dry up the pools.

And I will lead the blind  
in a way that they know not;  
in paths that they have not known  
I will guide them.  
I will turn the darkness before them into light,  
the rough places into level ground.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I will turn darkness into light before them. Alleluia.*

---

**Psalm 134 (135)**  
**Praise the Lord, the wonder-worker**

**“You are a chosen race. Sing the praises of the one who called you out of darkness into his wonderful light” (1 Pet 2:9).**

*The Lord has power to do whatever he wills. Alleluia.*

Praise the name of the Lord,  
praise him, servants of the Lord,  
who stand in the house of the Lord  
in the courts of the house of our God.

Praise the Lord for the Lord is good.  
Sing a psalm to his name for he is loving.  
For the Lord has chosen Jacob for himself  
and Israel for his own possession.

For I know the Lord is great,  
that our Lord is high above all gods.  
The Lord does whatever he wills,  
in heaven, on earth, in the seas.

He summons clouds from the ends of the earth;  
makes lightning produce the rain;  
from his treasures he sends forth the wind.

The first-born of the Egyptians he smote,  
of man and beast alike.  
Signs and wonders he worked  
in the midst of your land, O Egypt,  
against Pharaoh and all his servants.

Nations in their greatness he struck  
and kings in their splendour he slew.  
Sihon, king of the Amorites,  
Og, the king of Bashan,  
and all the kingdoms of Canaan.  
He let Israel inherit their land;  
on his people their land he bestowed.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord has power to do whatever he wills. Alleluia.*

**Psalm-prayer**

You chose Israel and then your Church, Lord God, to be your special people. Help the Church to remember you in every generation, so that all men may be marked with the seal of Christ, the eternal Shepherd.

---

### **Short Reading**

**Romans 10:8-10**

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

---

### **Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---

### **Canticle**

**Benedictus**

#### **The Messiah and the one who was sent before him**

*'I am the good shepherd: I feed my sheep, and I lay down my life for them.'*  
*Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*'I am the good shepherd: I feed my sheep, and I lay down my life for them.'*  
*Alleluia.*

---

### **Prayers and intercessions**

Let us pray to the Father, whose glory was displayed in the death and  
resurrection of his Son.

— *Lord, enlighten our minds and hearts.*



God, Father of light, you have illumined the world with the glory of Christ;  
may the light of faith shine in our lives today.

– *Lord, enlighten our minds and hearts.*

Through the resurrection of your Son you have opened man's way to  
everlasting life;

may all our work today be filled with the hope of your kingdom.

– *Lord, enlighten our minds and hearts.*

Through your risen Son you sent the Holy Spirit into the world;  
set our hearts on fire with his divine love.

– *Lord, enlighten our minds and hearts.*

By hanging on the cross, your Son won our lasting freedom;  
may he stay with us today as our Saviour and Redeemer.

– *Lord, enlighten our minds and hearts.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

---

Lord God,

when our world lay in ruins,

you raised it up again on the foundation of your Son's Passion and  
Death.

Give us grace to rejoice in the freedom from sin which he gained for us,  
and bring us to everlasting joy.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

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## Monday 4 May 2020

**Saint Conleth, Bishop**

see also [Monday of the 4th week of Eastertide](#)

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Who are these like stars appearing,  
these, before God's throne who stand?

Each a golden crown is wearing;  
who are all this glorious band?

Alleluia! Hark, they sing,  
praising loud their heavenly King.

Who are these of dazzling brightness,  
clothed in God's own righteousness?  
These, whose robes of purest whiteness,  
shall their lustre still possess,  
still untouched by time's rude hand?

Whence came all this glorious band?

These are they who have contended  
for their Saviour's honour long,  
wrestling on till life was ended,  
following not the sinful throng;  
these who well the fight sustained,  
triumph through the Lamb have gained.

These are they whose hearts were riven,  
sore with woe and anguish tried,  
who in prayer full oft have striven  
with the God they glorified;  
now, their painful conflict o'er,  
God has bid them weep no more.

These, the Almighty contemplating,  
did as priests before him stand,  
soul and body always waiting  
day and night at his command:  
now in God's most holy place  
blest they stand before his face.

---

**Psalm 89 (90)**  
**Let the Lord's glory shine upon us**

**“With the Lord one day is like a thousand years, and a thousand years like a day” (2 Pet 3:8).**

*Let the splendour of the Lord, our God, be upon us. Alleluia.*

O Lord, you have been our refuge  
from one generation to the next.  
Before the mountains were born  
or the earth or the world brought forth,  
you are God, without beginning or end.

You turn men back into dust

and say: 'Go back, sons of men.'  
To your eyes a thousand years  
are like yesterday, come and gone,  
no more than a watch in the night.

You sweep men away like a dream,  
like grass which springs up in the morning.  
In the morning it springs up and flowers:  
by evening it withers and fades.

So we are destroyed in your anger,  
struck with terror in your fury.  
Our guilt lies open before you;  
our secrets in the light of your face.

All our days pass away in your anger.  
Our life is over like a sigh.  
Our span is seventy years,  
or eighty for those who are strong.

And most of these are emptiness and pain.  
They pass swiftly and we are gone.  
Who understands the power of your anger  
and fears the strength of your fury?

Make us know the shortness of our life  
that we may gain wisdom of heart.  
Lord, relent! Is your anger for ever?  
Show pity to your servants.

In the morning, fill us with your love;  
we shall exult and rejoice all our days.  
Give us joy to balance our affliction  
for the years when we knew misfortune.

Show forth your work to your servants;  
let your glory shine on their children.  
Let the favour of the Lord be upon us:  
give success to the work of our hands,

give success to the work of our hands.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Let the splendour of the Lord, our God, be upon us. Alleluia.*

### **Psalm-prayer**

Eternal Father, you give us life despite our guilt and even add days and years to our lives in order to bring us wisdom. Make us love and obey you, so that the works of our hands may always display what your hands have done, until the day we gaze upon the beauty of your face.

---

### **Canticle**

**Isaiah 42**

### **God, the victor and saviour**

*“They were singing a new hymn before the throne of God” (Rev 14:5).*

*I will turn darkness into light before them. Alleluia.*

Sing to the Lord a new song,  
his praise to the end of the earth!

Let the sea roar and all that fills it,  
the coastlands and their inhabitants;  
let the desert and its cities lift up their voice,  
the villages that Kedar inhabits.

Let the inhabitants of Sela sing for joy,  
let them shout from the top of the mountains.  
Let them give glory to the Lord,  
and declare his praise in the coastlands.

The Lord goes forth like a mighty man,  
like a man of war he stirs up his fury;  
he cries out, he shouts aloud,  
he shows himself mighty against his foes.

For a long time I have held my peace,  
I have kept still and restrained myself;  
now I will cry out like a woman in travail,  
I will gasp and pant.

I will lay waste mountains and hills,  
and dry up all their herbage;  
I will turn the rivers into islands,  
and dry up the pools.

And I will lead the blind  
in a way that they know not;  
in paths that they have not known  
I will guide them.  
I will turn the darkness before them into light,  
the rough places into level ground.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*I will turn darkness into light before them. Alleluia.*

---

**Psalm 134 (135)**  
**Praise the Lord, the wonder-worker**

**“You are a chosen race. Sing the praises of the one who called you out of darkness into his wonderful light” (1 Pet 2:9).**

*The Lord has power to do whatever he wills. Alleluia.*



Praise the name of the Lord,  
praise him, servants of the Lord,  
who stand in the house of the Lord  
in the courts of the house of our God.

Praise the Lord for the Lord is good.  
Sing a psalm to his name for he is loving.  
For the Lord has chosen Jacob for himself  
and Israel for his own possession.

For I know the Lord is great,  
that our Lord is high above all gods.  
The Lord does whatever he wills,  
in heaven, on earth, in the seas.

He summons clouds from the ends of the earth;  
makes lightning produce the rain;  
from his treasures he sends forth the wind.

The first-born of the Egyptians he smote,  
of man and beast alike.  
Signs and wonders he worked  
in the midst of your land, O Egypt,  
against Pharaoh and all his servants.

Nations in their greatness he struck  
and kings in their splendour he slew.  
Sihon, king of the Amorites,  
Og, the king of Bashan,  
and all the kingdoms of Canaan.  
He let Israel inherit their land;  
on his people their land he bestowed.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*The Lord has power to do whatever he wills. Alleluia.*

### **Psalm-prayer**

You chose Israel and then your Church, Lord God, to be your special people. Help the Church to remember you in every generation, so that all men may be marked with the seal of Christ, the eternal Shepherd.

---

### **Short Reading**

**Hebrews 13:7-9**

Remember your leaders, who preached the word of God to you, and as you reflect on the outcome of their lives, imitate their faith. Jesus Christ is the same today as he was yesterday and as he will be for ever. Do not let yourselves be led astray by all sorts of strange doctrines.

---

### **Short Responsory**

I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.  
– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*  
They will never cease to tell of the name of the Lord, by day and by night.  
– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*

---

### **Canticle**

**Benedictus**

#### **The Messiah and the one who was sent before him**

*It is not you who speak: the Spirit of your Father speaks in you. Alleluia.*

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour

in the house of David his servant,

as he promised by the lips of holy men,

those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*It is not you who speak: the Spirit of your Father speaks in you. Alleluia.*

---

### **Prayers and intercessions**

Christ, the good shepherd, laid down his life for his sheep. Let us praise him  
with grateful hearts, as we pray:  
– *Lord, nourish the lives of your people.*

Christ our Lord, in the holy pastors you reveal your love for us;  
may we never be deprived of the care you show through them.  
– *Lord, nourish the lives of your people.*

Through your sacred ministers you are present in our midst as the shepherd  
of our souls;  
never cease to guide us through their teaching and encouragement.  
– *Lord, nourish the lives of your people.*

In the saints who lead your people, you manifest your power of healing  
souls and bodies;  
remain always with us to renew our lives in holiness.  
– *Lord, nourish the lives of your people.*

By the example of the saints you instruct your faithful in the ways of  
wisdom and love;  
through our pastors, help us grow to the full stature of perfection.  
– *Lord, nourish the lives of your people.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Father in heaven, from whom all good gifts come,  
pour forth upon your Church today the same grace  
which enabled Saint Conleth to nurture for you a holy people  
eager in the works of justice and of love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

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The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**

*see also* [Saint Conleth, Bishop](#)

### Vespers (Evening Prayer)

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#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,  
And now new born from death's dark grave,  
O Christ, thou bidd'st us rise with thee  
From death to immortality.

Eternal Shepherd, thou art wont  
To cleanse Thy sheep within the font,  
That mystic bath, that grave of sin,  
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign  
To bear for us the cross of pain,  
And freely pay the precious price  
Of all thy blood in sacrifice.

Jesu, do thou to every heart  
Unceasing Paschal joy impart;  
From death of sin and guilty strife  
Set free the new born sons of life.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be  
And Holy Ghost eternally.

---

**Psalm 135 (136)**  
**A paschal hymn**

**“To tell of the works of the Lord is to give praise” (Cassiodorus).**

*Anyone who is in Christ is a new creature. Alleluia.*

O give thanks to the Lord for he is good,  
for his love endures for ever.  
Give thanks to the God of gods  
for his love endures for ever.  
Give thanks to the Lord of lords,  
for his love endures for ever;

who alone has wrought marvellous works,  
for his love endures for ever;  
whose wisdom it was made the skies,  
for his love endures for ever;  
who fixed the earth firmly on the seas,  
for his love endures for ever.

It was he who made the great lights,  
for his love endures for ever;  
the sun to rule in the day,  
for his love endures for ever;  
the moon and stars in the night,  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Anyone who is in Christ is a new creature. Alleluia.*

---

### **Psalm 135 (136)**

*Let us love God, then, since he loved us first. Alleluia.*

The first-born of the Egyptians he smote,  
for his love endures for ever.  
He brought Israel out from their midst,  
for his love endures for ever;  
arm outstretched, with power in his hand,  
for his love endures for ever.

He divided the Red Sea in two,  
for his love endures for ever;  
he made Israel pass through the midst,  
for his love endures for ever;



he flung Pharaoh and his force in the sea,  
for his love endures for ever.

Through the desert his people he led,  
for his love endures for ever.

Nations in their greatness he struck,  
for his love endures for ever.

Kings in their splendour he slew,  
for his love endures for ever.

Sihon, king of the Amorites,  
for his love endures for ever;  
and Og, the king of Bashan,  
for his love endures for ever.

He let Israel inherit their land,  
for his love endures for ever.  
On his servant their land he bestowed,  
for his love endures for ever.  
He remembered us in our distress,  
for his love endures for ever.

And he snatched us away from our foes,  
for his love endures for ever.  
He gives food to all living things,  
for his love endures for ever.  
To the God of heaven give thanks,  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Let us love God, then, since he loved us first. Alleluia.*

**Psalm-prayer**

Almighty God, remember our lowliness and have mercy. Once you gave our fathers a foreign land to inherit. Free us today from sin and give us a share in your inheritance.

**Or:**

God of everlasting love, in and through your Son you made all things in heaven and on earth. You have opened to us the Easter path from death to life. Listen to the song of the universe, the hymn of resurrection, sung by your Church. May we gain life from your bread and inherit a place in heaven.

---

**Canticle**

**Ephesians 1**

**God the Saviour**

*From his fullness we have all received, grace upon grace. Alleluia.*

Blessed be the God and Father  
of our Lord Jesus Christ,  
who has blessed us in Christ  
with every spiritual blessing in the heavenly places.

He chose us in him  
before the foundation of the world,  
that we should be holy  
and blameless before him.

He destined us in love  
to be his sons through Jesus Christ,  
according to the purpose of his will,  
to the praise of his glorious grace  
which he freely bestowed on us in the Beloved.

In him we have redemption through his blood,  
the forgiveness of our trespasses,  
according to the riches of his grace  
which he lavished upon us.

He has made known to us  
in all wisdom and insight  
the mystery of his will,  
according to his purpose  
which he set forth in Christ.

His purpose he set forth in Christ  
as a plan for the fullness of time,  
to unite all things in him,  
things in heaven and things on earth.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*From his fullness we have all received, grace upon grace. Alleluia.*

---

### **Short Reading**

**Hebrews 8:1-3**

Our High Priest has his place at the right of the throne of divine Majesty in the heavens, and he is the minister of the sanctuary and of the true Tent of Meeting which the Lord, and not any man, set up. It is the duty of every high priest to offer gifts and sacrifices.

---

### **Short Responsory**

The disciples rejoiced, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
They saw the Lord, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The disciples rejoiced, alleluia, alleluia.*

---

### **Canticle**

**Magnificat**

## **My soul rejoices in the Lord**

*I have other sheep that are not of this fold, and these I must also lead. They too will listen to my voice, and there will be only one flock, and one shepherd. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I have other sheep that are not of this fold, and these I must also lead. They too will listen to my voice, and there will be only one flock, and one shepherd. Alleluia.*

---

---

## Prayers and intercessions

Rejoicing, let us pray to Christ the Lord, who sheds glory on the universe  
through his resurrection.

– *Christ, our life, hear us.*

Lord Jesus, you joined your disciples on the way to Emmaus;  
accompany your Church on her journey through life.

– *Christ, our life, hear us.*

May we, your faithful, not be slow to believe;  
give us the courage to proclaim your victory over death.

– *Christ, our life, hear us.*

Look upon those who have not recognized your presence in their lives;  
let their hearts rejoice in the knowledge of their Saviour.

– *Christ, our life, hear us.*

You are the judge of the living and the dead;  
grant to the faithful departed forgiveness of their sins.

– *Christ, our life, hear us.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

---

Lord God,

when our world lay in ruins,

you raised it up again on the foundation of your Son's Passion and  
Death.

Give us grace to rejoice in the freedom from sin which he gained for us,

and bring us to everlasting joy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Monday 4 May 2020

**Saint Conleth, Bishop**

*see also* [Monday of the 4th week of Eastertide](#)

### Vespers (Evening Prayer)

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#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Who are these like stars appearing,  
these, before God's throne who stand?

Each a golden crown is wearing;

who are all this glorious band?

Alleluia! Hark, they sing,

praising loud their heavenly King.

Who are these of dazzling brightness,  
clothed in God's own righteousness?

These, whose robes of purest whiteness,

shall their lustre still possess,

still untouched by time's rude hand?

Whence came all this glorious band?

These are they who have contended  
for their Saviour's honour long,  
wrestling on till life was ended,  
following not the sinful throng;  
these who well the fight sustained,  
triumph through the Lamb have gained.

These are they whose hearts were riven,  
sore with woe and anguish tried,  
who in prayer full oft have striven  
with the God they glorified;  
now, their painful conflict o'er,  
God has bid them weep no more.

These, the Almighty contemplating,  
did as priests before him stand,  
soul and body always waiting  
day and night at his command:  
now in God's most holy place  
blest they stand before his face.

---

**Psalm 135 (136)**  
**A paschal hymn**

**“To tell of the works of the Lord is to give praise” (Cassiodorus).**

*Anyone who is in Christ is a new creature. Alleluia.*

O give thanks to the Lord for he is good,  
for his love endures for ever.  
Give thanks to the God of gods  
for his love endures for ever.  
Give thanks to the Lord of lords,  
for his love endures for ever;  
  
who alone has wrought marvellous works,  
for his love endures for ever;



whose wisdom it was made the skies,  
for his love endures for ever;  
who fixed the earth firmly on the seas,  
for his love endures for ever.

It was he who made the great lights,  
for his love endures for ever;  
the sun to rule in the day,  
for his love endures for ever;  
the moon and stars in the night,  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Anyone who is in Christ is a new creature. Alleluia.*

---

### **Psalm 135 (136)**

*Let us love God, then, since he loved us first. Alleluia.*

The first-born of the Egyptians he smote,  
for his love endures for ever.  
He brought Israel out from their midst,  
for his love endures for ever;  
arm outstretched, with power in his hand,  
for his love endures for ever.

He divided the Red Sea in two,  
for his love endures for ever;  
he made Israel pass through the midst,  
for his love endures for ever;  
he flung Pharaoh and his force in the sea,  
for his love endures for ever.

Through the desert his people he led,  
for his love endures for ever.  
Nations in their greatness he struck,  
for his love endures for ever.  
Kings in their splendour he slew,  
for his love endures for ever.

Sihon, king of the Amorites,  
for his love endures for ever;  
and Og, the king of Bashan,  
for his love endures for ever.

He let Israel inherit their land,  
for his love endures for ever.  
On his servant their land he bestowed,  
for his love endures for ever.  
He remembered us in our distress,  
for his love endures for ever.

And he snatched us away from our foes,  
for his love endures for ever.  
He gives food to all living things,  
for his love endures for ever.  
To the God of heaven give thanks,  
for his love endures for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Let us love God, then, since he loved us first. Alleluia.*

### **Psalm-prayer**

Almighty God, remember our lowliness and have mercy. Once you gave our fathers a foreign land to inherit. Free us today from sin and give us a

share in your inheritance.

**Or:**

God of everlasting love, in and through your Son you made all things in heaven and on earth. You have opened to us the Easter path from death to life. Listen to the song of the universe, the hymn of resurrection, sung by your Church. May we gain life from your bread and inherit a place in heaven.

---

**Canticle**

**Ephesians 1**

**God the Saviour**

*From his fullness we have all received, grace upon grace. Alleluia.*

Blessed be the God and Father  
of our Lord Jesus Christ,  
who has blessed us in Christ  
with every spiritual blessing in the heavenly places.

He chose us in him  
before the foundation of the world,  
that we should be holy  
and blameless before him.

He destined us in love  
to be his sons through Jesus Christ,  
according to the purpose of his will,  
to the praise of his glorious grace  
which he freely bestowed on us in the Beloved.

In him we have redemption through his blood,  
the forgiveness of our trespasses,  
according to the riches of his grace  
which he lavished upon us.

He has made known to us  
in all wisdom and insight

the mystery of his will,  
according to his purpose  
which he set forth in Christ.

His purpose he set forth in Christ  
as a plan for the fullness of time,  
to unite all things in him,  
things in heaven and things on earth.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*From his fullness we have all received, grace upon grace. Alleluia.*

---

### **Short Reading**

**1 Peter 5:1-4**

Now I have something to tell your elders: I am an elder myself, and a witness to the sufferings of Christ, and with you I have a share in the glory that is to be revealed. Be the shepherds of the flock of God that is entrusted to you: watch over it, not simply as a duty but gladly, because God wants it; not for sordid money, but because you are eager to do it. Never be a dictator over any group that is put in your charge, but be an example that the whole flock can follow. When the chief shepherd appears, you will be given the crown of unfading glory.

---

### **Short Responsory**

This is a man who loves his brothers and intercedes for the people. Alleluia, alleluia.

– *This is a man who loves his brothers and intercedes for the people.*  
*Alleluia, alleluia.*

He laid down his life for his brothers.

– *This is a man who loves his brothers and intercedes for the people.*  
*Alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.  
– *This is a man who loves his brothers and intercedes for the people.*  
*Alleluia, alleluia.*

---

**Canticle**

**Magnificat**

**My soul rejoices in the Lord**

*This is the faithful and wise steward whom the Master placed over his household to give them their measure of food at the proper time.*  
*Alleluia.*

*Or: I thank you, Christ, for honouring me by leading me to this glory. You are the good shepherd; I pray that the sheep which you have placed in my charge will share with me in your glory for ever. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*This is the faithful and wise steward whom the Master placed over his household to give them their measure of food at the proper time. Alleluia.*

*Or: I thank you, Christ, for honouring me by leading me to this glory. You are the good shepherd; I pray that the sheep which you have placed in my charge will share with me in your glory for ever. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, the high priest, who was appointed to represent men in their relations with God.

– *Lord, save your people.*

Lord Jesus, in times past you have lighted the way for your people through wise and holy leaders;  
may Christians always enjoy this sign of your loving kindness.

– *Lord, save your people.*

You forgave the sins of your people when holy pastors prayed;  
continually cleanse your Church through their powerful intercession.

– *Lord, save your people.*

In the presence of their brothers, you anointed your holy ones and poured on them your Spirit;

fill with your Holy Spirit all the leaders of your people.

– *Lord, save your people.*

Nothing could ever separate the holy pastors from your love;  
do not lose even one of those whom you redeemed by your passion.

– *Lord, save your people.*

Through the pastors of your Church you give your sheep eternal life, and no  
one can steal them from you;  
save the faithful departed, for whom you laid down your life.  
– *Lord, save your people.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Father in heaven, from whom all good gifts come,  
pour forth upon your Church today the same grace  
which enabled Saint Conleth to nurture for you a holy people  
eager in the works of justice and of love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**  
*or Saint Conleth, Bishop*

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.



We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 85 (86)**  
**A poor man's prayer in time of trouble**

“Blessed be God, who comforts us in all our sorrows” (2 Cor 1:3-4).

*Alleluia. Alleluia. Alleluia.*

Turn your ear, O Lord, and give answer  
for I am poor and needy.  
Preserve my life, for I am faithful;  
save the servant who trusts in you.

You are my God, have mercy on me, Lord,  
for I cry to you all the day long.  
Give joy to your servant, O Lord,  
for to you I lift up my soul.

O Lord, you are good and forgiving,  
full of love to all who call.  
Give heed, O Lord, to my prayer  
and attend to the sound of my voice.

In the day of distress I will call

and surely you will reply.  
Among the gods there is none like you, O Lord;  
nor work to compare with yours.

All the nations shall come to adore you  
and glorify your name, O Lord:  
for you are great and do marvellous deeds,  
you who alone are God.

Show me, Lord, your way  
so that I may walk in your truth.  
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart  
and glorify your name for ever;  
for your love to me has been great:  
you have saved me from the depths of the grave.

The proud have risen against me;  
ruthless men seek my life;  
to you they pay no heed.

But you, God of mercy and compassion,  
slow to anger, O Lord,  
abounding in love and truth,  
turn and take pity on me.

O give your strength to your servant  
and save your handmaid's son.  
Show me a sign of your favour  
that my foes may see to their shame  
that you console me and give me your help.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Alleluia. Alleluia.*

### **Psalm-prayer**

God of mercy and goodness, when Christ called out to you in torment, you heard him and gave him victory over death because of his love for you. We already know the affection you have for us; fill us with a greater love of your name and we will proclaim you more boldly before men and happily lead them to celebrate your glory.

---

### **Short Reading**

#### **1 Thessalonians 5:9-10**

God chose us to possess salvation through our Lord Jesus Christ, who died for us in order that we might live together with him, whether we are alive or dead when he comes.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

### **Nunc Dimittis**

#### **Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation

which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

Lord, give our bodies restful sleep;  
and let the work we have done today  
be sown for an eternal harvest.

Through Christ our Lord,

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

---

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## Monday 4 May 2020

**Monday of the 4th week of Eastertide**

*see also* [Saint Conleth, Bishop](#)

*Liturgical Colour: White.*

### Readings at Mass

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**Entrance Antiphon**

**Rm 6: 9**

Christ, having risen from the dead, dies now no more;  
death will no longer have dominion over him, alleluia.

---

**Collect**

O God, perfect light of the blessed,  
by whose gift we celebrate the paschal mysteries on earth,  
bring us, we pray,  
to rejoice in the full measure of your grace  
for ages unending.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

**First reading**

**Acts 11:1-18**

**God can grant even the pagans the repentance that leads to life**

The apostles and the brothers in Judaea heard that the pagans too had accepted the word of God, and when Peter came up to Jerusalem the Jews criticised him and said, ‘So you have been visiting the uncircumcised and eating with them, have you?’ Peter in reply gave them the details point by

point: ‘One day, when I was in the town of Jaffa,’ he began ‘I fell into a trance as I was praying and had a vision of something like a big sheet being let down from heaven by its four corners. This sheet reached the ground quite close to me. I watched it intently and saw all sorts of animals and wild beasts – everything possible that could walk, crawl or fly. Then I heard a voice that said to me, “Now, Peter; kill and eat!” But I answered: Certainly not, Lord; nothing profane or unclean has ever crossed my lips. And a second time the voice spoke from heaven, “What God has made clean, you have no right to call profane.” This was repeated three times, before the whole of it was drawn up to heaven again.

‘Just at that moment, three men stopped outside the house where we were staying; they had been sent from Caesarea to fetch me, and the Spirit told me to have no hesitation about going back with them. The six brothers here came with me as well, and we entered the man’s house. He told us he had seen an angel standing in his house who said, “Send to Jaffa and fetch Simon known as Peter; he has a message for you that will save you and your entire household.”

‘I had scarcely begun to speak when the Holy Spirit came down on them in the same way as it came on us at the beginning, and I remembered that the Lord had said, “John baptised with water, but you will be baptised with the Holy Spirit.” I realised then that God was giving them the identical thing he gave to us when we believed in the Lord Jesus Christ; and who was I to stand in God’s way?’

This account satisfied them, and they gave glory to God. ‘God’ they said ‘can evidently grant even the pagans the repentance that leads to life.’

---

## **Responsorial Psalm**

**Psalm 41(42):2-3,42:3-4**

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

Like the deer that yearns  
for running streams,  
so my soul is yearning  
for you, my God.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

My soul is thirsting for God,  
the God of my life;  
when can I enter and see  
the face of God?

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

O send forth your light and your truth;  
let these be my guide.  
Let them bring me to your holy mountain,  
to the place where you dwell.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

And I will come to the altar of God,  
the God of my joy.  
My redeemer, I will thank you on the harp,  
O God, my God.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Jn10:14**

Alleluia, alleluia!  
I am the good shepherd, says the Lord;  
I know my own sheep and my own know me.  
Alleluia!

---

**Gospel**

**John 10:11-18**



## **The good shepherd is one who lays down his life for his sheep**

Jesus said:

‘I am the good shepherd:  
the good shepherd is one who lays down his life for his sheep.  
The hired man, since he is not the shepherd  
and the sheep do not belong to him,  
abandons the sheep and runs away  
as soon as he sees a wolf coming,  
and then the wolf attacks and scatters the sheep;  
this is because he is only a hired man  
and has no concern for the sheep.

‘I am the good shepherd;  
I know my own  
and my own know me,  
just as the Father knows me  
and I know the Father;  
and I lay down my life for my sheep.  
And there are other sheep I have  
that are not of this fold,  
and these I have to lead as well.  
They too will listen to my voice,  
and there will be only one flock,  
and one shepherd.

‘The Father loves me,  
because I lay down my life  
in order to take it up again.  
No one takes it from me;  
I lay it down of my own free will,  
and as it is in my power to lay it down,  
so it is in my power to take it up again;  
and this is the command I have been given by my Father.’

---

**Prayer over the Offerings**

Receive, O Lord, we pray,  
these offerings of your exultant Church,  
and, as you have given her cause for such great gladness,  
grant also that the gifts we bring  
may bear fruit in perpetual happiness.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Jn 20: 19**

Jesus stood in the midst of his disciples  
and said to them: Peace be with you, alleluia.

---

### **Prayer after Communion**

Look with kindness upon your people, O Lord,  
and grant, we pray,  
that those you were pleased to renew by eternal mysteries  
may attain in their flesh  
the incorruptible glory of the resurrection.  
Through Christ our Lord.

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## Monday 4 May 2020

**Saint Conleth, Bishop**

*see also* [Monday of the 4th week of Eastertide](#)

*Liturgical Colour: White.*

### Readings at Mass

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#### Entrance Antiphon

The Lord chose him for himself as high priest,  
and, opening his treasure house,  
made him rich in all good things, alleluia.

**Or:**

**Cf. Sir 50: 1; 44: 16, 22**

Behold a great priest, who in his days pleased God;  
therefore, in accordance with his promise,  
the Lord gave him growth for the good of his people, alleluia.

---

#### Collect

Father in heaven, from whom all good gifts come,  
pour forth upon your Church today the same grace  
which enabled Saint Conleth to nurture for you a holy people  
eager in the works of justice and of love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.

[Readings for the feria](#)

[Readings for the memorial](#)

**First reading**

**Acts 11:1-18**

**God can grant even the pagans the repentance that leads to life**

The apostles and the brothers in Judaea heard that the pagans too had accepted the word of God, and when Peter came up to Jerusalem the Jews criticised him and said, ‘So you have been visiting the uncircumcised and eating with them, have you?’ Peter in reply gave them the details point by point: ‘One day, when I was in the town of Jaffa,’ he began ‘I fell into a trance as I was praying and had a vision of something like a big sheet being let down from heaven by its four corners. This sheet reached the ground quite close to me. I watched it intently and saw all sorts of animals and wild beasts – everything possible that could walk, crawl or fly. Then I heard a voice that said to me, “Now, Peter; kill and eat!” But I answered: Certainly not, Lord; nothing profane or unclean has ever crossed my lips. And a second time the voice spoke from heaven, “What God has made clean, you have no right to call profane.” This was repeated three times, before the whole of it was drawn up to heaven again.

‘Just at that moment, three men stopped outside the house where we were staying; they had been sent from Caesarea to fetch me, and the Spirit told me to have no hesitation about going back with them. The six brothers here came with me as well, and we entered the man’s house. He told us he had seen an angel standing in his house who said, “Send to Jaffa and fetch Simon known as Peter; he has a message for you that will save you and your entire household.”

‘I had scarcely begun to speak when the Holy Spirit came down on them in the same way as it came on us at the beginning, and I remembered that the Lord had said, “John baptised with water, but you will be baptised with the Holy Spirit.” I realised then that God was giving them the identical thing he gave to us when we believed in the Lord Jesus Christ; and who was I to stand in God’s way?’

This account satisfied them, and they gave glory to God. ‘God’ they said ‘can evidently grant even the pagans the repentance that leads to life.’

---

## **Responsorial Psalm**

**Psalm 41(42):2-3,42:3-4**

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

Like the deer that yearns  
for running streams,  
so my soul is yearning  
for you, my God.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

My soul is thirsting for God,  
the God of my life;  
when can I enter and see  
the face of God?

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

O send forth your light and your truth;  
let these be my guide.  
Let them bring me to your holy mountain,  
to the place where you dwell.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

And I will come to the altar of God,

the God of my joy.  
My redeemer, I will thank you on the harp,  
O God, my God.

*My soul is thirsting for God, the God of my life.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Jn10:14**

Alleluia, alleluia!

I am the good shepherd, says the Lord;  
I know my own sheep and my own know me.  
Alleluia!

---

**Gospel**

**John 10:11-18**

**The good shepherd is one who lays down his life for his sheep**

Jesus said:

‘I am the good shepherd:  
the good shepherd is one who lays down his life for his sheep.  
The hired man, since he is not the shepherd  
and the sheep do not belong to him,  
abandons the sheep and runs away  
as soon as he sees a wolf coming,  
and then the wolf attacks and scatters the sheep;  
this is because he is only a hired man  
and has no concern for the sheep.

‘I am the good shepherd;  
I know my own  
and my own know me,  
just as the Father knows me  
and I know the Father;  
and I lay down my life for my sheep.

And there are other sheep I have  
that are not of this fold,  
and these I have to lead as well.  
They too will listen to my voice,  
and there will be only one flock,  
and one shepherd.

‘The Father loves me,  
because I lay down my life  
in order to take it up again.  
No one takes it from me;  
I lay it down of my own free will,  
and as it is in my power to lay it down,  
so it is in my power to take it up again;  
and this is the command I have been given by my Father.’

[Continue](#)

*These are the readings for the memorial*

[Acts 13:46-49](#) Since you have rejected the word of God, we must turn  
to the pagans

[Acts 20:17-18,28-32,36](#) I commend you to God and to the word of his  
grace, and its power

[Acts 26:19-23](#) I have stood firm to this day, testifying to great and  
small alike

**First reading**

**Acts 13:46-49**

**Since you have rejected the word of God, we must turn to the  
pagans**

Paul and Barnabas spoke out boldly. ‘We had to proclaim the word of God to you first, but since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

*I have made you a light for the nations,  
so that my salvation may reach the ends of the earth.’*

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

[Continue](#)

### **First reading**

**Acts 20:17-18,28-32,36**

### **I commend you to God and to the word of his grace, and its power**

From Miletus Paul sent for the elders of the church of Ephesus. When they arrived he addressed these words to them:

‘Be on your guard for yourselves and for all the flock of which the Holy Spirit has made you the overseers, to feed the Church of God which he bought with his own blood. I know quite well that when I have gone fierce wolves will invade you and will have no mercy on the flock. Even from your own ranks there will be men coming forward with a travesty of the truth on their lips to induce the disciples to follow them. So be on your guard, remembering how night and day for three years I never failed to keep you right, shedding tears over each one of you. And now I commend you to God, and to the word of his grace that has power to build you up and to give you your inheritance among all the sanctified.’



When he had finished speaking he knelt down with them all and prayed.

[Continue](#)

**First reading**

**Acts 26:19-23**

**I have stood firm to this day, testifying to great and small alike**

Paul said: ‘King Agrippa, I could not disobey the heavenly vision. On the contrary I started preaching, first to the people of Damascus, then to those of Jerusalem and all the countryside of Judaea, and also to the pagans, urging them to repent and turn to God, proving their change of heart by their deeds. This was why the Jews laid hands on me in the Temple and tried to do away with me. But I was blessed with God’s help, and so I have stood firm to this day, testifying to great and small alike, saying nothing more than what the prophets and Moses himself said would happen: that the Christ was to suffer and that, as the first to rise from the dead, he was to proclaim that light now shone for our people and for the pagans too.’

[Continue](#)

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**Responsorial Psalm**

**Psalm 88(89):2-5,21-22,25,27**

*I will sing for ever of your love, O Lord.*

I will sing for ever of your love, O Lord;  
through all ages my mouth will proclaim your truth.  
Of this I am sure, that your love lasts for ever,  
that your truth is firmly established as the heavens.

*I will sing for ever of your love, O Lord.*

‘I have made a covenant with my chosen one;  
I have sworn to David my servant:  
I will establish your dynasty for ever  
and set up your throne through all ages.

*I will sing for ever of your love, O Lord.*

‘I have found David my servant  
and with my holy oil anointed him.  
My hand shall always be with him  
and my arm shall make him strong.

*I will sing for ever of your love, O Lord.*

‘My truth and my love shall be with him;  
by my name his might shall be exalted.  
He will say to me: “You are my father,  
my God, the rock who saves me.”’

*I will sing for ever of your love, O Lord.*

---

**Gospel Acclamation**

**Mt23:9,10**

Alleluia, alleluia!  
You have only one Father, and he is in heaven;  
you have only one Teacher, the Christ.  
Alleluia!

**Or:**

**Mt28:19,20**

Alleluia, alleluia!  
Go, make disciples of all the nations.  
I am with you always; yes, to the end of time.  
Alleluia!

**Or:**

**Mk1:17**

Alleluia, alleluia!

Follow me, says the Lord,  
and I will make you into fishers of men.  
Alleluia!

**Or:** **Lk4:18**

Alleluia, alleluia!  
The Lord has sent me to bring the good news to the poor,  
to proclaim liberty to captives.  
Alleluia!

**Or:** **Jn10:14**

Alleluia, alleluia!  
I am the good shepherd, says the Lord;  
I know my own sheep and my own know me.  
Alleluia!

**Or:** **Jn15:5**

Alleluia, alleluia!  
I am the vine,  
you are the branches.  
Whoever remains in me, with me in him,  
bears fruit in plenty,  
says the Lord.  
Alleluia!

**Or:** **2Co5:19**

Alleluia, alleluia!  
God in Christ was reconciling the world to himself,  
and he has entrusted to us the news that they are reconciled.  
Alleluia!

---

**Gospel** **Matthew 9:35-37**

**The harvest is rich but the labourers are few**

Jesus made a tour through all the towns and villages, teaching in their synagogues, proclaiming the Good News of the kingdom and curing all kinds of diseases and sickness.

And when he saw the crowds he felt sorry for them because they were harassed and dejected, like sheep without a shepherd. Then he said to his disciples, 'The harvest is rich but the labourers are few, so ask the Lord of the harvest to send labourers to his harvest.'

[Continue](#)

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### **Prayer over the Offerings**

Accept this sacrifice from your people, we pray, O Lord,  
and make what is offered for your glory,  
in honour of blessed **N.**,  
a means to our eternal salvation.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Cf. Jn 10: 11**

The Good Shepherd has laid down his life  
for his sheep, alleluia.

---

### **Prayer after Communion**

May the Sacrament we have received, O Lord our God,  
stir up in us that fire of charity  
with which blessed **N.** burned ardently  
as he gave himself unceasingly for your Church.  
Through Christ our Lord.

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## Tuesday 5 May 2020

**Tuesday of the 4th week of Eastertide**  
*see also* [Blessed Edmund Rice](#), [Religious](#)

[Invitatory Psalm](#)

[Morning Prayer \(Lauds\)](#)

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## Tuesday 5 May 2020

**Blessed Edmund Rice, Religious**

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**Tuesday 5 May 2020**

**Tuesday of the 4th week of Eastertide**  
*see also* [Blessed Edmund Rice](#), [Religious](#)

## Invitatory Psalm

---

Lord, open our lips.  
*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 23 (24)**

*“The gates of heaven were opened to Christ because he was lifted up  
in the flesh” (St Irenaeus).*

*The Lord has truly risen, alleluia.*

The Lord's is the earth and its fullness,  
the world and all its peoples.  
It is he who set it on the seas;  
on the waters he made it firm.

Who shall climb the mountain of the Lord?  
Who shall stand in his holy place?  
The man with clean hands and pure heart,  
who desires not worthless things,  
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord  
and reward from the God who saves him.  
Such are the men who seek him,  
seek the face of the God of Jacob.

O gates, lift high your heads;  
grow higher, ancient doors.

Let him enter, the king of glory!

Who is the king of glory?

The Lord, the mighty, the valiant,  
the Lord, the valiant in war.

O gates, lift high your heads;

grow higher, ancient doors.

Let him enter, the king of glory!

Who is he, the king of glory?

He, the Lord of armies,  
he is the king of glory.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

*The Lord has truly risen, alleluia.*

---

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## Tuesday 5 May 2020

**Blessed Edmund Rice, Religious**

*see also* [Tuesday of the 4th week of Eastertide](#)

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 23 (24)**

*“The gates of heaven were opened to Christ because he was lifted up in the flesh” (St Irenaeus).*

*How wonderful is God among his saints: come, let us adore him, alleluia.*

The Lord's is the earth and its fullness,  
the world and all its peoples.

It is he who set it on the seas;  
on the waters he made it firm.

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

The man with clean hands and pure heart,  
who desires not worthless things,  
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord  
and reward from the God who saves him.

Such are the men who seek him,  
seek the face of the God of Jacob.

O gates, lift high your heads;  
grow higher, ancient doors.

Let him enter, the king of glory!

Who is the king of glory?

The Lord, the mighty, the valiant,  
the Lord, the valiant in war.

O gates, lift high your heads;

grow higher, ancient doors.

Let him enter, the king of glory!

Who is he, the king of glory?

He, the Lord of armies,  
he is the king of glory.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,  
world without end.

Amen.

*How wonderful is God among his saints: come, let us adore him, alleluia.*

---

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## Tuesday 5 May 2020

Tuesday of the 4th week of Eastertide

see also [Blessed Edmund Rice](#), [Religious](#)

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,  
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 100 (101)**  
**The declaration of a just ruler**

**"If you love me, keep my commandments" (Jn 14:15).**

*The man who does the will of my Father will enter the kingdom of heaven.*  
*Alleluia.*

My song is of mercy and justice;  
I sing to you, O Lord.  
I will walk in the way of perfection.  
O when, Lord, will you come?

I will walk with blameless heart  
within my house;  
I will not set before my eyes  
whatever is base.

I will hate the ways of the crooked;  
they shall not be my friends.

The false-hearted must keep far away;  
the wicked I disown.

The man who slanders his neighbour in secret  
I will bring to silence.  
The man of proud looks and haughty heart  
I will never endure.

I look to the faithful in the land  
that they may dwell with me.  
He who walks in the way of perfection  
shall be my friend.

No man who practises deceit  
shall live within my house.  
No man who utters lies shall stand  
before my eyes.

Morning by morning I will silence  
all the wicked in the land,  
uprooting from the city of the Lord  
all who do evil.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The man who does the will of my Father will enter the kingdom of heaven.  
Alleluia.*

### **Psalm-prayer**

So that your people might walk in innocence, you came to us, Lord Jesus,  
and told us to be holy as your Father is holy. Help your children to love  
what is truly perfect, so that we may neither speak what is evil nor do what  
is wrong. Let us stand in your sight and celebrate with you the Father's love  
and justice.

**The prayer of Azariah in the furnace**

**“Repent and turn to God, that your sins may be wiped out” (Acts 3:19).**

*O Lord, let all the peoples see your loving mercy towards us. Alleluia.*

Blessed are you, O Lord, God of our fathers,  
and worthy of praise,  
and your name is glorified for ever.

You are just  
in all that you have done to us,  
for we have sinned  
and lawlessly departed from you,  
and have sinned in all things.

For your name's sake,  
do not give us up utterly  
and do not break your covenant.

Do not withdraw your mercy from us,  
for the sake of Abraham your beloved,  
and for the sake of Isaac your servant,  
and Israel your holy one, to whom you promised  
to make their descendants as many as the stars of heaven  
and as the sand on the shore of the sea.

For we, O Lord, have become fewer than any nation,  
and are brought low this day in all the world  
because of our sins;  
and at this time there is no prince, or prophet, or leader,  
no burnt offering, or sacrifice, or oblation, or incense,  
no place to make an offering before you  
or to find mercy.

Yet with a contrite heart and a humble spirit  
may we be accepted,  
as though it were with burnt offerings of rams and bulls  
and with tens of thousands of fat lambs.

Such may our sacrifice be in your sight this day,  
and may we wholly follow you,  
for there will be no shame  
for those who trust in you.

And now with all our heart we follow you,  
we fear you and seek your face.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*O Lord, let all the peoples see your loving mercy towards us. Alleluia.*

---

**Psalm 143 (144)**  
**For victory and peace**

**“I can do all things with the help of the One who gives me strength”  
(Phil 4:13).**

*The Lord is my refuge and my saviour. Alleluia.*

Blessed be the Lord, my rock,  
who trains my arms for battle,  
who prepares my hands for war.

He is my love, my fortress;  
he is my stronghold, my saviour  
my shield, my place of refuge.  
He brings peoples under my rule.

Lord, what is man that you care for him,  
mortal man, that you keep him in mind;  
man, who is merely a breath  
whose life fades like a shadow?

Lower your heavens and come down;  
touch the mountains; wreath them in smoke.  
Flash your lightnings; rout the foe,  
shoot your arrows and put them to flight.

Reach down from heaven and save me;  
draw me out from the mighty waters,  
from the hands of alien foes  
whose mouths are filled with lies,  
whose hands are raised in perjury.

To you, O God, will I sing a new song;  
I will play on the ten-stringed harp  
to you who give kings their victory,  
who set David your servant free.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord is my refuge and my saviour. Alleluia.*

### **Psalm-prayer**

Lord, God of strength, you gave your Son victory over death. Direct your Church's fight against evil in the world. Clothe us with the weapons of light and unite us under the one banner of love, that we may receive our eternal reward after the battle of earthly life.

---

### **Short Reading**

**Acts 13:30-33**



God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: *You are my son: today I have become your father.*

---

### **Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---

### **Canticle**

### **Benedictus**

#### **The Messiah and the one who was sent before him**

*The works I do in my Father's name are my witness. Alleluia.*

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,

we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The works I do in my Father's name are my witness. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to God the Father, whose Son became the Lamb without  
blemish to take away the sins of the world.  
– *God of life, save us.*

Father, be mindful of your Son, who died on the cross and was raised again  
to life;  
hear him interceding for us now.  
– *God of life, save us.*

Let us cast out the leaven of corruption and malice;  
let us celebrate Christ's passover in purity and truth.

– *God of life, save us.*

May we overcome today all envy and dissension;  
help us to take care of our brothers in their every need.

– *God of life, save us.*

Place deep in our hearts the spirit of the gospel;  
may it inspire us to keep your commandments today and always.

– *God of life, save us.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Grant, we pray, almighty God,  
that we who celebrate the mystery of our Lord's resurrection  
may enter upon the joy of our redemption.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Tuesday 5 May 2020

**Blessed Edmund Rice, Religious**

*see also* [Tuesday of the 4th week of Eastertide](#)

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,  
And crown him Lord of all.

Let every tribe and every tongue  
To him their hearts enthrall,  
Lift high the universal song,  
And crown him Lord of all.

---

**Psalm 100 (101)**  
**The declaration of a just ruler**

*“If you love me, keep my commandments” (Jn 14:15).*

*The man who does the will of my Father will enter the kingdom of heaven.*  
*Alleluia.*

My song is of mercy and justice;  
I sing to you, O Lord.  
I will walk in the way of perfection.  
O when, Lord, will you come?

I will walk with blameless heart  
within my house;  
I will not set before my eyes  
whatever is base.

I will hate the ways of the crooked;  
they shall not be my friends.  
The false-hearted must keep far away;  
the wicked I disown.

The man who slanders his neighbour in secret  
I will bring to silence.  
The man of proud looks and haughty heart  
I will never endure.

I look to the faithful in the land  
that they may dwell with me.

He who walks in the way of perfection  
shall be my friend.

No man who practises deceit  
shall live within my house.

No man who utters lies shall stand  
before my eyes.

Morning by morning I will silence  
all the wicked in the land,  
uprooting from the city of the Lord  
all who do evil.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The man who does the will of my Father will enter the kingdom of heaven.  
Alleluia.*

### **Psalm-prayer**

So that your people might walk in innocence, you came to us, Lord Jesus,  
and told us to be holy as your Father is holy. Help your children to love  
what is truly perfect, so that we may neither speak what is evil nor do what  
is wrong. Let us stand in your sight and celebrate with you the Father's love  
and justice.

---

**Canticle**

**Daniel 3**

### **The prayer of Azariah in the furnace**

“Repent and turn to God, that your sins may be wiped out” (Acts  
3:19).

*O Lord, let all the peoples see your loving mercy towards us. Alleluia.*

Blessed are you, O Lord, God of our fathers,  
and worthy of praise,  
and your name is glorified for ever.

You are just  
in all that you have done to us,  
for we have sinned  
and lawlessly departed from you,  
and have sinned in all things.

For your name's sake,  
do not give us up utterly  
and do not break your covenant.

Do not withdraw your mercy from us,  
for the sake of Abraham your beloved,  
and for the sake of Isaac your servant,  
and Israel your holy one, to whom you promised  
to make their descendants as many as the stars of heaven  
and as the sand on the shore of the sea.

For we, O Lord, have become fewer than any nation,  
and are brought low this day in all the world  
because of our sins;  
and at this time there is no prince, or prophet, or leader,  
no burnt offering, or sacrifice, or oblation, or incense,  
no place to make an offering before you  
or to find mercy.

Yet with a contrite heart and a humble spirit  
may we be accepted,  
as though it were with burnt offerings of rams and bulls  
and with tens of thousands of fat lambs.

Such may our sacrifice be in your sight this day,  
and may we wholly follow you,  
for there will be no shame

for those who trust in you.

And now with all our heart we follow you,  
we fear you and seek your face.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*O Lord, let all the peoples see your loving mercy towards us. Alleluia.*

---

**Psalm 143 (144)**  
**For victory and peace**

**“I can do all things with the help of the One who gives me strength”  
(Phil 4:13).**

*The Lord is my refuge and my saviour. Alleluia.*

Blessed be the Lord, my rock,  
who trains my arms for battle,  
who prepares my hands for war.

He is my love, my fortress;  
he is my stronghold, my saviour  
my shield, my place of refuge.  
He brings peoples under my rule.

Lord, what is man that you care for him,  
mortal man, that you keep him in mind;  
man, who is merely a breath  
whose life fades like a shadow?

Lower your heavens and come down;  
touch the mountains; wreath them in smoke.



Flash your lightnings; rout the foe,  
shoot your arrows and put them to flight.

Reach down from heaven and save me;  
draw me out from the mighty waters,  
from the hands of alien foes  
whose mouths are filled with lies,  
whose hands are raised in perjury.

To you, O God, will I sing a new song;  
I will play on the ten-stringed harp  
to you who give kings their victory,  
who set David your servant free.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord is my refuge and my saviour. Alleluia.*

### **Psalm-prayer**

Lord, God of strength, you gave your Son victory over death. Direct your Church's fight against evil in the world. Clothe us with the weapons of light and unite us under the one banner of love, that we may receive our eternal reward after the battle of earthly life.

---

### **Short Reading**

### **Romans 12:1-2**

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

---

## Short Responsory

The just shall rejoice in the sight of God. Alleluia, alleluia.  
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*  
They shall be filled with gladness.  
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*

---

## Canticle

## Benedictus

### The Messiah and the one who was sent before him

*Whoever does the will of my Father, says the Lord, is my brother, and sister,  
and mother. Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Whoever does the will of my Father, says the Lord, is my brother, and sister,  
and mother. Alleluia.*

---

### **Prayers and intercessions**

Let us praise Christ, the holy God, and ask that we may serve him in justice  
and holiness all the days of our life.

– *Lord, you alone are holy.*

You were tempted in every way that we are, but you did not sin;  
Lord Jesus, have mercy on us.

– *Lord, you alone are holy.*

You have called us to grow in love until there is no longer fear;  
Lord Jesus, make us holy.

– *Lord, you alone are holy.*

You have told us to be the salt of the earth and the light of the world;  
Lord Jesus, enlighten our minds and hearts.

– *Lord, you alone are holy.*

In a world of human need it was your will to serve and not to be served;

let us become like you, Lord Jesus, in the humble service of our  
brothers.

– *Lord, you alone are holy.*

You are the radiant brightness of God's glory, the perfect likeness of his  
nature;

Lord Jesus, let us see the splendour of your face.

– *Lord, you alone are holy.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

---

Heavenly Father, you inspired Edmund Rice to open his heart  
to Christ present in those oppressed by poverty and injustice.

In the power of the Holy Spirit,

grant that we may follow his example of love and service.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Tuesday 5 May 2020

Tuesday of the 4th week of Eastertide  
*see also* [Blessed Edmund Rice](#), [Religious](#)

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,  
And now new born from death's dark grave,  
O Christ, thou bidd'st us rise with thee  
From death to immortality.

Eternal Shepherd, thou art wont  
To cleanse Thy sheep within the font,  
That mystic bath, that grave of sin,  
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign  
To bear for us the cross of pain,  
And freely pay the precious price  
Of all thy blood in sacrifice.

Jesu, do thou to every heart  
Unceasing Paschal joy impart;  
From death of sin and guilty strife  
Set free the new born sons of life.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be  
And Holy Ghost eternally.

---

**Psalm 136 (137)**  
**By the rivers of Babylon**

*“This bodily captivity of the people must be understood as pointing to their spiritual captivity” (St Hilary).*

*Sing us one of the songs of Sion. Alleluia.*

By the rivers of Babylon  
there we sat and wept,  
remembering Sion;  
on the poplars that grew there  
we hung up our harps.

For it was there that they asked us,  
our captors, for songs,  
our oppressors, for joy.  
‘Sing to us,’ they said,  
‘one of Sion’s songs.’

O how could we sing  
the song of the Lord  
on alien soil?  
If I forget you, Jerusalem,  
let my right hand wither!

O let my tongue  
cleave to my mouth  
if I remember you not,  
if I prize not Jerusalem  
above all my joys!

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Sing us one of the songs of Sion. Alleluia.*

### **Psalm-prayer**

Lord, remember your pilgrim Church. We sit weeping at the streams of Babylon. Do not let us be drawn into the current of the passing world, but free us from every evil and raise our thoughts to the heavenly Jerusalem.

### **Or:**

Our Father in heaven, you willed to make us citizens of your country and singers of your kind mercy. Do not abandon us in the land of exile to weep at the streams of an earthly Babylon, but bring us to the heavenly Jerusalem chanting your songs.

---

**Psalm 137 (138)**  
**Thanksgiving**

**“The kings of the earth will bring glory and honour to the holy city”  
(cf Rev 21:24).**

*In the midst of affliction you have given me life. Alleluia.*

I thank you, Lord, with all my heart:  
you have heard the words of my mouth.  
In the presence of the angels I will bless you.  
I will adore before your holy temple.

I thank you for your faithfulness and love,  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul.

All earth's kings shall thank you  
when they hear the words of your mouth.  
They shall sing of the Lord's ways:  
'How great is the glory of the Lord!'

The Lord is high yet he looks on the lowly  
and the haughty he knows from afar.  
Though I walk in the midst of affliction  
you give me life and frustrate my foes.

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.



*In the midst of affliction you have given me life. Alleluia.*

### **Psalm-prayer**

Look down from your holy temple, Lord, and we will proclaim you with all our heart. Listen to the words of our lips and pardon the sins of your people.

**Or:**

Listen to the prayers of your Church, Lord God; in the presence of the angels we praise your name. You keep the proud at a distance and look upon the lowly with favour. Stretch out your hand to us in our suffering, perfect in us the work of your love and bring us to life.

---

**Canticle**

**Apocalypse 4,5**

### **The song of the redeemed**

*Yours, Lord, is the greatness and the power, the glory and the victory.  
Alleluia.*

Worthy are you, our Lord and God,  
to receive glory and honour and power,  
for you created all things,  
and by your will they existed and were created.

Worthy are you, O Lord,  
to take the scroll and to open its seals,  
for you were slain,  
and by your blood you ransomed men for God  
from every tribe and tongue and people and nation.

You have made us a kingdom and priests to our God,  
and we shall reign on earth.

Worthy is the Lamb who was slain  
to receive power and wealth  
and wisdom and might  
and honour and glory and blessing.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Yours, Lord, is the greatness and the power, the glory and the victory.  
Alleluia.*

---

### **Short Reading**

**1 Peter 2:4-5**

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house.

---

### **Short Responsory**

The disciples rejoiced, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
They saw the Lord, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The disciples rejoiced, alleluia, alleluia.*

---

### **Canticle**

**Magnificat**

#### **My soul rejoices in the Lord**

*I know my sheep and they follow me. I give them eternal life. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I know my sheep and they follow me. I give them eternal life. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, who by his resurrection strengthens his people in  
hope.

– *Ever-living Christ, hear us.*

Lord Jesus, from your opened side there poured out blood and water;  
cleanse the Church, your bride, from every stain of sin.

– *Ever-living Christ, hear us.*

Good shepherd, risen from the dead, you gave to the apostle Peter the care  
of your flock;

may Pope **N.**, be ever strengthened in charity and zeal.  
– *Ever-living Christ, hear us.*

Beside the lake of Galilee, you directed your disciples to a great catch of fish;  
direct the work of your disciples today, and give them your abundant blessing.  
– *Ever-living Christ, hear us.*

On the shore of the lake you prepared food for your disciples;  
help us to find your joy in caring for others.  
– *Ever-living Christ, hear us.*

Jesus, the last Adam, life-giving Spirit, conform the dead to your likeness;  
make their joy complete.  
– *Ever-living Christ, hear us.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Grant, we pray, almighty God,  
that we who celebrate the mystery of our Lord's resurrection  
may enter upon the joy of our redemption.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Tuesday 5 May 2020

**Blessed Edmund Rice, Religious**

*see also* [Tuesday of the 4th week of Eastertide](#)

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

For all the saints who from their labours rest,

Who thee by faith before the world confessed,

Thy name, O Jesu, be for ever blest.

Alleluia, Alleluia!

Thou wast their rock, their fortress and their might;

Thou, Lord, their captain in the well-fought fight;

Thou in the darkness drear their one true Light.

Alleluia, Alleluia!

O may thy soldiers, faithful, true and bold,

Fight as the saints who nobly fought of old,

And win, with them, the victor's crown of gold.

Alleluia, Alleluia!

O blest communion! fellowship divine!  
We feebly struggle, they in glory shine;  
Yet all are one in thee, for all are thine.  
Alleluia, Alleluia!

---

**Psalm 136 (137)**  
**By the rivers of Babylon**

“This bodily captivity of the people must be understood as pointing to their spiritual captivity” (St Hilary).

*Sing us one of the songs of Sion. Alleluia.*

By the rivers of Babylon  
there we sat and wept,  
remembering Sion;  
on the poplars that grew there  
we hung up our harps.

For it was there that they asked us,  
our captors, for songs,  
our oppressors, for joy.  
‘Sing to us,’ they said,  
‘one of Sion’s songs.’

O how could we sing  
the song of the Lord  
on alien soil?  
If I forget you, Jerusalem,  
let my right hand wither!

O let my tongue  
cleave to my mouth  
if I remember you not,  
if I prize not Jerusalem  
above all my joys!

Glory be to the Father and to the Son

and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Sing us one of the songs of Sion. Alleluia.*

### **Psalm-prayer**

Lord, remember your pilgrim Church. We sit weeping at the streams of Babylon. Do not let us be drawn into the current of the passing world, but free us from every evil and raise our thoughts to the heavenly Jerusalem.

**Or:**

Our Father in heaven, you willed to make us citizens of your country and singers of your kind mercy. Do not abandon us in the land of exile to weep at the streams of an earthly Babylon, but bring us to the heavenly Jerusalem chanting your songs.

---

### **Psalm 137 (138) Thanksgiving**

**“The kings of the earth will bring glory and honour to the holy city”  
(cf Rev 21:24).**

*In the midst of affliction you have given me life. Alleluia.*

I thank you, Lord, with all my heart:  
you have heard the words of my mouth.  
In the presence of the angels I will bless you.  
I will adore before your holy temple.

I thank you for your faithfulness and love,  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul.



All earth's kings shall thank you  
when they hear the words of your mouth.  
They shall sing of the Lord's ways:  
'How great is the glory of the Lord!'

The Lord is high yet he looks on the lowly  
and the haughty he knows from afar.  
Though I walk in the midst of affliction  
you give me life and frustrate my foes.

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*In the midst of affliction you have given me life. Alleluia.*

### **Psalm-prayer**

Look down from your holy temple, Lord, and we will proclaim you with all  
our heart. Listen to the words of our lips and pardon the sins of your people.

### **Or:**

Listen to the prayers of your Church, Lord God; in the presence of the  
angels we praise your name. You keep the proud at a distance and look  
upon the lowly with favour. Stretch out your hand to us in our suffering,  
perfect in us the work of your love and bring us to life.

---

### **Canticle**

**Apocalypse 4,5**

### **The song of the redeemed**

*Yours, Lord, is the greatness and the power, the glory and the victory.  
Alleluia.*

Worthy are you, our Lord and God,  
to receive glory and honour and power,  
for you created all things,  
and by your will they existed and were created.

Worthy are you, O Lord,  
to take the scroll and to open its seals,  
for you were slain,  
and by your blood you ransomed men for God  
from every tribe and tongue and people and nation.

You have made us a kingdom and priests to our God,  
and we shall reign on earth.

Worthy is the Lamb who was slain  
to receive power and wealth  
and wisdom and might  
and honour and glory and blessing.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Yours, Lord, is the greatness and the power, the glory and the victory.  
Alleluia.*

---

## **Short Reading**

## **Romans 8:28-30**

We know that by turning everything to their good, God co-operates with all those who love him, with all those he has called according to his purpose. They are the ones he chose specially long ago and intended to become true images of his Son, so that his Son might be the eldest of many brothers. He

called those he intended for this; those he called he justified, and with those he justified he shared his glory.

---

### **Short Responsory**

The Lord is good; he loves good deeds. Alleluia, alleluia.  
– *The Lord is good; he loves good deeds. Alleluia, alleluia.*  
His face is turned towards the upright man.  
– *The Lord is good; he loves good deeds. Alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord is good; he loves good deeds. Alleluia, alleluia.*

---

### **Canticle**

### **Magnificat**

#### **My soul rejoices in the Lord**

*You have left all things and have followed me; you will be repaid a hundred times over, and gain eternal life. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,

remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*You have left all things and have followed me; you will be repaid a hundred times over, and gain eternal life. Alleluia.*

---

### **Prayers and intercessions**

Let us ask the Father to lead us to holiness through the intercession and  
example of the saints.

– *Make us holy as you are holy.*

Father, it was your will that we be called your children, and that is what we  
are;

may your Church all over the world bear witness to your goodness.

– *Make us holy as you are holy.*

Father, you have called us to walk in your light and do always the things  
that please you;

may our lives be rich in every kind of good work.

– *Make us holy as you are holy.*

Father, through Christ you have reconciled us to yourself;

keep us in your name that we may all be one.

– *Make us holy as you are holy.*

Father, you have invited us to the festival of eternal life;

make us perfect in your love through the bread that comes from heaven.

– *Make us holy as you are holy.*

Father, grant all sinners peace and forgiveness;

let the dead live in the light of your presence.  
– *Make us holy as you are holy.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Heavenly Father, you inspired Edmund Rice to open his heart  
to Christ present in those oppressed by poverty and injustice.  
In the power of the Holy Spirit,  
grant that we may follow his example of love and service.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

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## Tuesday 5 May 2020

Tuesday of the 4th week of Eastertide  
or Blessed Edmund Rice, Religious

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 142 (143)**  
**A prayer in time of trouble**

“A man is made righteous not by obedience to the Law, but by faith in Jesus Christ” (Gal 2:16).

*Alleluia. Alleluia. Alleluia.*

Lord, listen to my prayer:  
    turn your ear to my appeal.  
    You are faithful, you are just; give answer.  
Do not call your servant to judgement  
    for no one is just in your sight.

The enemy pursues my soul;  
    he has crushed my life to the ground;  
he has made me dwell in darkness  
    like the dead, long forgotten.  
Therefore my spirit fails;  
    my heart is numb within me.

I remember the days that are past:  
    I ponder all your works.

I muse on what your hand has wrought  
and to you I stretch out my hands.  
Like a parched land my soul thirsts for you.

Lord, make haste and answer;  
for my spirit fails within me.  
Do not hide your face  
lest I become like those in the grave.

In the morning let me know your love  
for I put my trust in you.  
Make me know the way I should walk:  
to you I lift up my soul.

Rescue me, Lord, from my enemies;  
I have fled to you for refuge.  
Teach me to do your will  
for you, O Lord, are my God.  
Let your good spirit guide me  
in ways that are level and smooth.

For your name's sake, Lord, save my life;  
in your justice save my soul from distress.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Alleluia. Alleluia.*

### **Psalm-prayer**

Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness. Your death has opened a path for us. Do not enter into judgement with your servants; let your Holy Spirit guide us together into the land of justice.

---



## Short Reading

1 Peter 5:8-9

Be calm but vigilant, because your enemy the devil is prowling round like a roaring lion, looking for someone to eat. Stand up to him, strong in faith.

---

## Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

## Canticle

Nunc Dimittis

### Christ is the light of the nations and the glory of Israel

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

In your mercy, Lord,  
    dispel the darkness of this night.  
Let your household so sleep in peace  
    that at the dawn of a new day  
    they may, with joy, waken in your name.  
Through Christ our Lord,  
**Amen.**

---

The Lord grant us a quiet night and a perfect end.  
**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

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## Tuesday 5 May 2020

**Tuesday of the 4th week of Eastertide**

*see also* [Blessed Edmund Rice](#), [Religious](#)

*Liturgical Colour: White.*

### Readings at Mass

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#### Entrance Antiphon

**Rv 19: 7, 6**

Let us rejoice and be glad and give glory to God,  
for the Lord our God the Almighty reigns, alleluia.

---

#### Collect

Grant, we pray, almighty God,  
that, celebrating the mysteries of the Lord's Resurrection,  
we may merit to receive the joy of our redemption.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

#### First reading

**Acts 11:19-26**

**They started preaching to the Greeks, proclaiming the Lord Jesus**

Those who had escaped during the persecution that happened because of Stephen travelled as far as Phoenicia and Cyprus and Antioch, but they usually proclaimed the message only to Jews. Some of them, however, who came from Cyprus and Cyrene, went to Antioch where they started preaching to the Greeks, proclaiming the Good News of the Lord Jesus to

them as well. The Lord helped them, and a great number believed and were converted to the Lord.

The church in Jerusalem heard about this and they sent Barnabas to Antioch. There he could see for himself that God had given grace, and this pleased him, and he urged them all to remain faithful to the Lord with heartfelt devotion; for he was a good man, filled with the Holy Spirit and with faith. And a large number of people were won over to the Lord.

Barnabas then left for Tarsus to look for Saul, and when he found him he brought him to Antioch. As things turned out they were to live together in that church a whole year, instructing a large number of people. It was at Antioch that the disciples were first called ‘Christians.’

---

### **Responsorial Psalm**

### **Psalm 86(87)**

*O praise the Lord, all you nations!*

**or**

*Alleluia!*

On the holy mountain is his city  
cherished by the Lord.

The Lord prefers the gates of Zion  
to all Jacob’s dwellings.

Of you are told glorious things,  
O city of God!

*O praise the Lord, all you nations!*

**or**

*Alleluia!*

‘Babylon and Egypt I will count  
among those who know me;  
Philistia, Tyre, Ethiopia,  
these will be her children  
and Zion shall be called “Mother”  
for all shall be her children.’

*O praise the Lord, all you nations!*

**or**

*Alleluia!*

It is he, the Lord Most High,  
    who gives each his place.  
In his register of peoples he writes:  
    ‘These are her children,’  
and while they dance they will sing:  
    ‘In you all find their home.’

*O praise the Lord, all you nations!*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Jn10:27**

Alleluia, alleluia!  
The sheep that belong to me listen to my voice,  
says the Lord,  
I know them and they follow me.  
Alleluia!

---

**Gospel**

**John 10:22-30**

### **The Father and I are one**

It was the time when the feast of Dedication was being celebrated in Jerusalem. It was winter, and Jesus was in the Temple walking up and down in the Portico of Solomon. The Jews gathered round him and said, ‘How much longer are you going to keep us in suspense? If you are the Christ, tell us plainly.’ Jesus replied:

‘I have told you, but you do not believe.  
The works I do in my Father’s name are my witness;  
but you do not believe,  
because you are no sheep of mine.  
The sheep that belong to me listen to my voice;  
I know them and they follow me.

I give them eternal life;  
they will never be lost  
and no one will ever steal them from me.  
The Father who gave them to me is greater than anyone,  
and no one can steal from the Father.  
The Father and I are one.'

---

### **Prayer over the Offerings**

Grant, we pray, O Lord,  
that we may always find delight in these paschal mysteries,  
so that the renewal constantly at work within us  
may be the cause of our unending joy.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Cf. Lk 24: 46, 26**

The Christ had to suffer and rise from the dead,  
and so enter into his glory, alleluia.

---

### **Prayer after Communion**

Hear, O Lord, our prayers,  
that this most holy exchange,  
by which you have redeemed us,  
may bring your help in this present life  
and ensure for us eternal gladness.  
Through Christ our Lord.

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## Tuesday 5 May 2020

**Blessed Edmund Rice, Religious**

*see also* [Tuesday of the 4th week of Eastertide](#)

*Liturgical Colour: White.*

### Readings at Mass

---

#### Entrance Antiphon

Where brothers unite to glorify God,  
there the Lord will give blessing, alleluia.

**Or:**

**Cf Ps 70:8,23**

Let my mouth be filled with your praise, that I may sing aloud;  
my lips shall shout for joy when I sing to you, alleluia.

---

#### Collect

Heavenly Father, you inspired Edmund Rice to open his heart  
to Christ present in those oppressed by poverty and injustice.  
In the power of the Holy Spirit,  
grant that we may follow his example of love and service.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.

[Readings for the feria](#)

[Readings for the memorial](#)

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*These are the readings for the feria*

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---

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‘Babylon and Egypt I will count  
among those who know me;  
Philistia, Tyre, Ethiopia,  
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and Zion shall be called “Mother”  
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**Gospel Acclamation**

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---

**Gospel**

**John 10:22-30**

**The Father and I are one**

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'I have told you, but you do not believe.  
The works I do in my Father's name are my witness;  
but you do not believe,  
because you are no sheep of mine.  
The sheep that belong to me listen to my voice;  
I know them and they follow me.  
I give them eternal life;  
they will never be lost  
and no one will ever steal them from me.  
The Father who gave them to me is greater than anyone,  
and no one can steal from the Father.  
The Father and I are one.'

[Continue](#)

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*These are the readings for the memorial*

[Acts 4:32-35](#) The whole group of believers was united, heart and soul

[Apocalypse 3:14,20-22](#) If one of you hears me calling, I will come in to share his meal

[Apocalypse 19:1,5-9](#) Let us give praise to God, because this is the time for the marriage of the Lamb.

[Apocalypse 21:5-7](#) I will give water from the well of life to anybody who is thirsty

**First reading**

**Acts 4:32-35**

### **The whole group of believers was united, heart and soul**

The whole group of believers was united, heart and soul; no one claimed for his own use anything that he had, as everything they owned was held in common.

The apostles continued to testify to the resurrection of the Lord Jesus with great power, and they were all given great respect.

None of their members was ever in want, as all those who owned land or houses would sell them, and bring the money from them, to present it to the apostles; it was then distributed to any members who might be in need.

[Continue](#)

### **First reading**

**Apocalypse 3:14,20-22**

#### **If one of you hears me calling, I will come in to share his meal**

I, John, heard the Lord saying to me: “Write to the angel of the church in Laodicea and say, “Here is the message of the Amen, the faithful, the true witness, the ultimate source of God’s creation: Look, I am standing at the door, knocking. If one of you hears me calling and opens the door, I will come in to share his meal, side by side with him. Those who prove victorious I will allow to share my throne, just as I was victorious myself and took my place with my Father on his throne. If anyone has ears to hear, let him listen to what the Spirit is saying to the churches.””

[Continue](#)

### **First reading**

**Apocalypse 19:1,5-9**

**Let us give praise to God, because this is the time for the marriage of the Lamb.**

I, John, seemed to hear the great sound of a huge crowd in heaven, singing, ‘Alleluia! Victory and glory and power to our God!’

Then a voice came from the throne; it said, ‘Praise our God, you servants of his and all who, great or small, revere him’. And I seemed to hear the voices of a huge crowd, like the sound of the ocean or the great roar of thunder, answering, ‘Alleluia! The reign of the Lord our God Almighty has begun; let us be glad and joyful and give praise to God, because this is the time for the marriage of the Lamb. His bride is ready, and she has been able to dress herself in dazzling white linen, because her linen is made of the good deeds of the saints.’

The angel said, ‘Write this: Happy are those who are invited to the wedding feast of the Lamb.’

[Continue](#)

**First reading**

**Apocalypse 21:5-7**

**I will give water from the well of life to anybody who is thirsty**

The One sitting on the throne spoke: ‘Now I am making the whole of creation new’ he said. ‘Write this: that what I am saying is sure and will come true.’ And then he said, ‘It is already done. I am the Alpha and the Omega, the Beginning and the End. I will give water from the well of life free to anybody who is thirsty; it is the rightful inheritance of the one who proves victorious; and I will be his God and he a son to me.’

[Continue](#)

[Psalm 1:1-4,6](#) Happy indeed is the man

[Psalm 14\(15\):2-5](#) Lord, who shall dwell on your holy mountain

[Psalm 15\(16\):1-2,5,7-8,11](#) Preserve me, God, I take refuge in you

[Psalm 22\(23\)](#) The Lord is my shepherd

[Psalm 33\(34\):2-11](#) I will bless the Lord at all times

[Psalm 102\(103\):1-4,8-9,13-14,17-18](#) My soul, give thanks to the Lord

[Psalm 111\(112\):1-9](#) Happy the man who fears the Lord

[Psalm 127\(128\):1-5](#) O blessed are those who fear the Lord

[Psalm 130\(131\)](#) O Lord, my heart is not proud

**Responsorial Psalm**

**Psalm 1:1-4,6**

*His delight is the law of the Lord.*

**or**

*Happy the man who has placed his trust in the Lord.*

**or**

*The just will flourish like the palm-tree in the courts of our God.*

Happy indeed is the man  
who follows not the counsel of the wicked;  
nor lingers in the way of sinners  
nor sits in the company of scorners,  
but whose delight is the law of the Lord  
and who ponders his law day and night.

*His delight is the law of the Lord.*

**or**

*Happy the man who has placed his trust in the Lord.*

**or**

*The just will flourish like the palm-tree in the courts of our God.*

He is like a tree that is planted  
beside the flowing waters,  
that yields its fruit in due season  
and whose leaves shall never fade;  
and all that he does shall prosper.

*His delight is the law of the Lord.*

**or**

*Happy the man who has placed his trust in the Lord.*

**or**

*The just will flourish like the palm-tree in the courts of our God.*

Not so are the wicked, not so!  
For they like winnowed chaff  
shall be driven away by the wind:  
for the Lord guards the way of the just  
but the way of the wicked leads to doom.

*His delight is the law of the Lord.*

**or**

*Happy the man who has placed his trust in the Lord.*

**or**

*The just will flourish like the palm-tree in the courts of our God.*

[Continue](#)

## **Responsorial Psalm**

**Psalm 14(15):2-5**

*The just will live in the presence of the Lord.*

Lord, who shall dwell on your holy mountain?  
He who walks without fault;  
he who acts with justice  
and speaks the truth from his heart;

he who does not slander with his tongue.

*The just will live in the presence of the Lord.*

He who does no wrong to his brother,  
who casts no slur on his neighbour,  
who holds the godless in disdain,  
but honours those who fear the Lord.

*The just will live in the presence of the Lord.*

He who keeps his pledge, come what may;  
who takes no interest on a loan  
and accepts no bribes against the innocent.  
Such a man will stand firm for ever.

*The just will live in the presence of the Lord.*

[Continue](#)

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## **Responsorial Psalm**

**Psalm 15(16):1-2,5,7-8,11**

*You are my inheritance, O Lord.*

Preserve me, God, I take refuge in you.

I say to the Lord: 'You are my God.'

O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize.

*You are my inheritance, O Lord.*

I will bless the Lord who gives me counsel,  
who even at night directs my heart.

I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand firm.

*You are my inheritance, O Lord.*

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever.

*You are my inheritance, O Lord.*

[Continue](#)

### **Responsorial Psalm**

### **Psalm 22(23)**

*The Lord is my shepherd: there is nothing I shall want.*

The Lord is my shepherd;  
there is nothing I shall want.  
Fresh and green are the pastures  
where he gives me repose.  
Near restful waters he leads me,  
to revive my drooping spirit.

*The Lord is my shepherd: there is nothing I shall want.*

He guides me along the right path;  
he is true to his name.  
If I should walk in the valley of darkness  
no evil would I fear.  
You are there with your crook and your staff;  
with these you give me comfort.

*The Lord is my shepherd: there is nothing I shall want.*

You have prepared a banquet for me  
in the sight of my foes.  
My head you have anointed with oil;  
my cup is overflowing.

*The Lord is my shepherd: there is nothing I shall want.*

Surely goodness and kindness shall follow me  
all the days of my life.



In the Lord's own house shall I dwell  
for ever and ever.

*The Lord is my shepherd: there is nothing I shall want.*

[Continue](#)

## **Responsorial Psalm**

**Psalm 33(34):2-11**

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad.

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

Glorify the Lord with me.  
Together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free.

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called, the Lord heard him  
and rescued him from all his distress.

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

The angel of the Lord is encamped  
around those who revere him, to rescue them.  
Taste and see that the Lord is good.  
He is happy who seeks refuge in him.

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

Revere the Lord, you his saints.  
They lack nothing, those who revere him.  
Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing.

*I will bless the Lord at all times.*

**or**

*Taste and see that the Lord is good.*

[Continue](#)

## **Responsorial Psalm**

**Psalm 102(103):1-4,8-9,13-14,17-18**

*My soul, give thanks to the Lord.*

My soul, give thanks to the Lord  
all my being, bless his holy name.  
My soul, give thanks to the Lord  
and never forget all his blessings.

*My soul, give thanks to the Lord.*

It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,

who crowns you with love and compassion.

*My soul, give thanks to the Lord.*

The Lord is compassion and love,  
slow to anger and rich in mercy.  
His wrath will come to an end;  
he will not be angry for ever.

*My soul, give thanks to the Lord.*

As a father has compassion on his sons,  
the Lord has pity on those who fear him;  
for he knows of what we are made,  
he remembers that we are dust.

*My soul, give thanks to the Lord.*

But the love of the Lord is everlasting  
upon those who hold him in fear;  
his justice reaches out to children's children  
when they keep his covenant in truth,  
when they keep his will in their mind.

*My soul, give thanks to the Lord.*

[Continue](#)

## **Responsorial Psalm**

**Psalm 111(112):1-9**

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

Happy the man who fears the Lord,  
who takes delight in all his commands.  
His sons will be powerful on earth;

the children of the upright are blessed.

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

Riches and wealth are in his house;  
his justice stands firm for ever.  
He is a light in the darkness for the upright:  
he is generous, merciful and just.

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

The good man takes pity and lends,  
he conducts his affairs with honour.  
The just man will never waver:  
he will be remembered for ever.

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

He has no fear of evil news;  
with a firm heart he trusts in the Lord.  
With a steadfast heart he will not fear;  
he will see the downfall of his foes.

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

Open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory.

*Happy the man who fears the Lord.*

**or**

*Alleluia!*

[Continue](#)

**Responsorial Psalm**

**Psalm 127(128):1-5**

*O blessed are those who fear the Lord.*

O blessed are those who fear the Lord  
and walk in his ways!  
By the labour of your hands you shall eat.  
You will be happy and prosper.

*O blessed are those who fear the Lord.*

Your wife will be like a fruitful vine  
in the heart of your house;  
your children like shoots of the olive,  
around your table.

*O blessed are those who fear the Lord.*

Indeed thus shall be blessed  
the man who fears the Lord.  
May the Lord bless you from Zion  
all the days of your life!

*O blessed are those who fear the Lord.*

[Continue](#)

**Responsorial Psalm**

**Psalm 130(131)**

*Keep my soul in peace before you, O Lord.*

O Lord, my heart is not proud  
nor haughty my eyes.  
I have not gone after things too great

nor marvels beyond me.

*Keep my soul in peace before you, O Lord.*

Truly I have set my soul  
in silence and peace.

A weaned child on its mother's breast,  
even so is my soul.

*Keep my soul in peace before you, O Lord.*

O Israel, hope in the Lord  
both now and forever.

*Keep my soul in peace before you, O Lord.*

[Continue](#)

---

### **Gospel Acclamation**

**Mt5:3**

Alleluia, alleluia!  
How happy are the poor in spirit:  
theirs is the kingdom of heaven.  
Alleluia!

**Or:**

**Mt5:6**

Alleluia, alleluia!  
Happy those who hunger and thirst for what is right:  
they shall be satisfied.  
Alleluia!

**Or:**

**Mt5:8**

Alleluia, alleluia!  
Happy the pure in heart:  
they shall see God.  
Alleluia!

**Or:**

**Mt11:25**

Alleluia, alleluia!  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!

**Or:**

**Mt23:11,12**

Alleluia, alleluia!  
The greatest among you must be your servant, says the Lord:  
the man who humbles himself will be exalted.  
Alleluia!

**Or:**

**Mt11:28**

Alleluia, alleluia!  
Come to me, all you who labour and are overburdened  
and I will give you rest, says the Lord.  
Alleluia!

**Or:**

**Lk21:36**

Alleluia, alleluia!  
Stay awake, praying at all times  
for the strength to stand with confidence  
before the Son of Man.  
Alleluia!

**Or:**

**Jn8:12**

Alleluia, alleluia!  
I am the light of the world, says the Lord;  
anyone who follows me will have the light of life.  
Alleluia!

**Or:**

**Jn8:31-32**

Alleluia, alleluia!

If you make my word your home  
you will indeed be my disciples,  
and you will learn the truth, says the Lord.  
Alleluia!

**Or:**

**Jn13:34**

Alleluia, alleluia!  
I give you a new commandment:  
love one another just as I have loved you,  
says the Lord.  
Alleluia!

**Or:**

**Jn14:23**

Alleluia, alleluia!  
If anyone loves me he will keep my word,  
and my Father will love him,  
and we shall come to him.  
Alleluia!

**Or:**

**Jn15:4,5**

Alleluia, alleluia!  
Make your home in me, as I make mine in you,  
says the Lord;  
whoever remains in me bears fruit in plenty.  
Alleluia!

**Or:**

**Jn15:9,5**

Alleluia, alleluia!  
Remain in my love, says the Lord;  
whoever remains in me, with me in him,  
bears fruit in plenty.  
Alleluia!

---

**Gospel**

**Matthew 5:1-12a**



## How happy are the poor in spirit

Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:

‘How happy are the poor in spirit;  
theirs is the kingdom of heaven.

Happy the gentle:  
they shall have the earth for their heritage.

Happy those who mourn:  
they shall be comforted.

Happy those who hunger and thirst for what is right:  
they shall be satisfied.

Happy the merciful:  
they shall have mercy shown them.

Happy the pure in heart:  
they shall see God.

Happy the peacemakers:  
they shall be called sons of God.

Happy those who are persecuted in the cause of right:  
theirs is the kingdom of heaven.

‘Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.’

[Continue](#)

---

## Prayer over the Offerings

Receive, O Lord, we pray,  
the offerings made for the salvation of your people,  
so that through the intercession of blessed **N.**  
we may flee the enticements of sin  
and draw near to the company of heaven.

Through Christ our Lord.

---

**Communion Antiphon**

**Cf. Lk 8:15**

Those who keep God's word with a good and perfect heart  
patiently bring forth fruit, alleluia.

**Or:**

**Cf. Ps 83:5**

Blessed are they who dwell in your house,  
for ever singing your praise, alleluia.

---

**Prayer after Communion**

Grant our request, we pray, O Lord our God,  
that, defended by the protection of blessed **N.**,  
we may live by this Sacrament of your wisdom  
in serenity and moderation.  
Through Christ our Lord.

---

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## **Wednesday 6 May 2020**

**Wednesday of the 4th week of Eastertide**

[Invitatory Psalm](#)

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## Wednesday 6 May 2020

Wednesday of the 4th week of Eastertide

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 99 (100)**

*“The Lord calls all those he has redeemed to sing a hymn of victory”  
(St Athanasius).*

*The Lord has truly risen, alleluia.*

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,  
world without end.

Amen.

*The Lord has truly risen, alleluia.*

---

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## Wednesday 6 May 2020

Wednesday of the 4th week of Eastertide

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 107 (108)**  
**Praise of the Lord and a plea for help**

“Since the Son of God has been exalted above the heavens, his glory is  
preached all over the earth” (Arnobius).

*O God, arise above the heavens. Alleluia.*

My heart is ready, O God;  
I will sing, sing your praise.  
Awake, my soul;  
awake, lyre and harp,  
I will awake the dawn.

I will thank you, Lord, among the peoples,  
among the nations I will praise you,  
for your love reaches to the heavens  
and your truth to the skies.  
O God, arise above the heavens;  
may your glory shine on earth!

O come and deliver your friends;  
    help with your right hand and reply.  
From his holy place God has made this promise;  
    ‘I will triumph and divide the land of Shechem,  
    I will measure out the valley of Succoth.

Gilead is mine and Manasseh,  
    Ephraim I take for my helmet,  
Judah for my commander’s staff.  
    Moab I will use for my washbowl,  
on Edom I will plant my shoe.  
    Over the Philistines I will shout in triumph.’

But who will lead me to conquer the fortress?  
    Who will bring me face to face with Edom?  
Will you utterly reject us, O God,  
    and no longer march with our armies?

Give us help against the foe,  
    for the help of man is vain.  
With God we shall do bravely  
    and he will trample down our foes.

Glory be to the Father and to the Son  
    and to the Holy Spirit,  
as it was in the beginning,  
    is now, and ever shall be,  
    world without end.

Amen.

*O God, arise above the heavens. Alleluia.*

### **Psalm-prayer**

Accept the prayers of your servants, Lord, and prepare our hearts to praise your holy name. Come to our aid in times of trouble and make us worthy to sing you songs of thanksgiving.

**Or:**



You are exalted over heaven and earth, Lord Jesus, since with a strong right hand you struck down our enemies. Teach us to make your name known among men and to celebrate your resurrection at dawn with new songs, until the faith that overcomes the world brings us through our own resurrection to the everlasting homeland.

---

## Canticle

Isaiah 61-62

### The prophet rejoices over the new Jerusalem

“I saw the holy city, the new Jerusalem, as beautiful as a bride prepared to meet her husband” (Rev 21:2).

*The Lord will make justice and praise spring up in the sight of the nations.  
Alleluia.*

I will greatly rejoice in the Lord,  
my soul shall exult in my God;  
for he has clothed me with the garments of salvation,  
he has covered me with the robe of righteousness,  
as a bridegroom decks himself with a garland,  
and as a bride adorns herself with her jewels.

For as the earth brings forth its shoots,  
and as a garden causes what is sown in it to spring up,  
so the Lord God will cause righteousness and praise  
to spring forth before all the nations.

For Sion's sake I will not keep silent,  
and for Jerusalem's sake I will not rest  
until her vindication goes forth as brightness,  
and her salvation as a burning torch.

The nations shall see your vindication,  
and all the kings your glory;  
and you shall be called by a new name  
which the mouth of the Lord will give.

You shall be a crown of beauty  
in the hand of the Lord,  
and a royal diadem  
in the hand of your God.

You shall no more be termed Forsaken,  
and your land shall no more be termed Desolate;  
but you shall be called *My delight in her*,  
and your land *Married*;  
for the Lord delights in you,  
and your land shall be married.

For as a young man marries a virgin,  
so shall your sons marry you,  
and as the bridegroom rejoices over the bride,  
so shall your God rejoice over you.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord will make justice and praise spring up in the sight of the nations.  
Alleluia.*

---

**Psalm 145 (146)**  
**The blessedness of those who hope in the Lord**

**“Let us praise the Lord all our days: that is, in all our conduct”  
(Arnobius).**

*The Lord will reign for ever. He is your God, O Sion. Alleluia.*

My soul, give praise to the Lord;  
I will praise the Lord all my days,  
make music to my God while I live.

Put no trust in princes,  
In mortal men in whom there is no help.  
Take their breath, they return to clay  
and their plans that day come to nothing.

He is happy who is helped by Jacob's God,  
whose hope is in the Lord his God,  
who alone made heaven and earth,  
the seas and all they contain.

It is he who keeps faith for ever,  
who is just to those who are oppressed.  
It is he who gives bread to the hungry,  
the Lord, who sets prisoners free,

the Lord who gives sight to the blind,  
who raises up those who are bowed down,  
the Lord, who protects the stranger  
and upholds the widow and orphan.

It is the Lord who loves the just  
but thwarts the path of the wicked.  
The Lord will reign for ever,  
Sion's God, from age to age.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord will reign for ever. He is your God, O Sion. Alleluia.*

### **Psalm-prayer**

God of glory and power, those who have put all their trust in you are happy indeed. Shine the brightness of your light on us, that we may love you always with a pure heart.

**Or:**

God, our Father, holy and all-powerful, you have called the poor and the weak, the blind and the lame to your Son's marriage feast. Do not allow us to be driven from your table by worldly cares, but make us trust only in your goodness, and clothe us with the bright wedding garment, that we may share your generosity in heaven.

---

**Short Reading**

**Romans 6:8-11**

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

---

**Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---

**Canticle**

**Benedictus**

**The Messiah and the one who was sent before him**

*I, the Light, have come into the world, so that whoever believes in me will stay in the darkness no more. Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,

as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I, the Light, have come into the world, so that whoever believes in me will  
stay in the darkness no more. Alleluia.*

---

**Prayers and intercessions**

Let us pray to God, who manifested to the apostles the glory of the risen Christ.

– *Glorify us, Lord, with the glory of Christ.*

Father, we praise you today with grateful hearts, because you have called us into your own marvellous light;  
help us always to see your loving-kindness.

– *Glorify us, Lord, with the glory of Christ.*

Through your Holy Spirit strengthen and purify men;  
give them new heart in their struggle to improve the quality of life.

– *Glorify us, Lord, with the glory of Christ.*

May we pour out our lives in the service of men:  
bless our efforts, that the whole of humanity may become a sacrifice acceptable to you.

– *Glorify us, Lord, with the glory of Christ.*

At the start of the day fill our hearts with your love;  
let the praise of your glory be the joy of our lives.

– *Glorify us, Lord, with the glory of Christ.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Lord God, life of those who believe in you,  
glory of the humble and happiness of the saints,  
listen kindly to our prayer.

We long for what you promise;  
fill us from your abundance.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Wednesday 6 May 2020

Wednesday of the 4th week of Eastertide

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.



Once of a virgin born to save,  
And now new born from death's dark grave,  
O Christ, thou bidd'st us rise with thee  
From death to immortality.

Eternal Shepherd, thou art wont  
To cleanse Thy sheep within the font,  
That mystic bath, that grave of sin,  
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign  
To bear for us the cross of pain,  
And freely pay the precious price  
Of all thy blood in sacrifice.

Jesu, do thou to every heart  
Unceasing Paschal joy impart;  
From death of sin and guilty strife  
Set free the new born sons of life.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be  
And Holy Ghost eternally.

---

**Psalm 138 (139)**  
**The Lord knows all things**

*“Who could ever know the mind of the Lord? Who could ever be his counsellor?” (Rom 11:34).*

*Night will be as clear as the day. Alleluia.*

O Lord, you search me and you know me,  
you know my resting and my rising,  
you discern my purpose from afar.  
You mark when I walk or lie down,  
all my ways lie open to you.

Before ever a word is on my tongue  
you know it, O Lord, through and through.  
Behind and before you besiege me,  
your hand ever laid upon me.  
Too wonderful for me this knowledge,  
too high, beyond my reach.

O where can I go from your spirit,  
or where can I flee from your face?  
If I climb the heavens, you are there.  
If I lie in the grave, you are there.

If I take the wings of the dawn  
and dwell at the sea's furthest end,  
even there your hand would lead me,  
your right hand would hold me fast.

If I say: 'Let the darkness hide me  
and the light around me be night,'  
even darkness is not dark for you  
and the night is as clear as the day.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Night will be as clear as the day. Alleluia.*

---

### **Psalm 138 (139)**

*I know my sheep, and they know me. Alleluia.*

For it was you who created my being,  
knit me together in my mother's womb.  
I thank you for the wonder of my being,

for the wonders of all your creation.

Already you knew my soul,  
my body held no secret from you  
when I was being fashioned in secret  
and moulded in the depths of the earth.

Your eyes saw all my actions,  
they were all of them written in your book;  
every one of my days was decreed  
before one of them came into being.

To me, how mysterious your thoughts,  
the sum of them not to be numbered!  
If I count them, they are more than the sand;  
to finish, I must be eternal, like you.

O search me, God, and know my heart.  
O test me and know my thoughts.  
See that I follow not the wrong path  
and lead me in the path of life eternal.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I know my sheep, and they know me. Alleluia.*

### **Psalm-prayer**

You watch over heaven and earth, Lord Jesus. Your death brought light to the dead; your resurrection gave joy to the saints; your ascension made the angels rejoice. Your power exceeds all power. Lead us to life eternal, and watch over us with your love. May your friends be filled with honour and join you in heaven.

**Or:**

Lord Jesus Christ, when you descended among the dead, you brought them the light of day; when you ascended into heaven, you brought it new radiance. May you remain with us and lead us along the paths of life until we come to rest with your friends in your holy dwelling place.

---

## **Canticle**

**(Colossians 1)**

### **Christ, firstborn of all creatures and firstborn from the dead**

*His majesty covers the heavens, the earth is filled with his praise. Alleluia.*

Let us give thanks to the Father,  
    who has qualified us to share  
    in the inheritance of the saints in light.

He has delivered us from the dominion of darkness  
    and transferred us to the kingdom of his beloved Son,  
in whom we have redemption,  
    the forgiveness of sins.

He is the image of the invisible God,  
    the firstborn of all creation,  
for in him all things were created, in heaven and on earth,  
    visible and invisible.

All things were created  
    through him and for him.  
He is before all things,  
    and in him all things hold together.

He is the head of the body, the Church;  
    he is the beginning,  
the firstborn from the dead,  
    that in everything he might be pre-eminent.

For in him all the fullness of God was pleased to dwell,  
    and through him to reconcile to himself all things,  
whether on earth or in heaven,

making peace by the blood of his cross.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*His majesty covers the heavens, the earth is filled with his praise. Alleluia.*

---

### **Short Reading**

**Hebrews 7:24-27**

Jesus, because he remains *for ever*, can never lose his priesthood. It follows, then, that his power to save is utterly certain, since he is living for ever to intercede for all who come to God through him. To suit us, the ideal high priest would have to be holy, innocent and uncontaminated, beyond the influence of sinners, and raised up above the heavens; one who would not need to offer sacrifices every day, as the other high priests do for their own sins and then for those of the people, because Jesus Christ our Lord has done this once and for all by offering himself.

---

### **Short Responsory**

The disciples rejoiced, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
They saw the Lord, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The disciples rejoiced, alleluia, alleluia.*

---

### **Canticle**

**Magnificat**

### **My soul rejoices in the Lord**

*God sent his Son into the world not to condemn the world, but so that the world might be saved through him. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*God sent his Son into the world not to condemn the world, but so that the world might be saved through him. Alleluia.*

---

### **Prayers and intercessions**

Rejoicing, let us pray to Christ the Lord, who sheds glory on the universe  
through his resurrection.

– *Christ, our life, hear us.*

Lord Jesus, you joined your disciples on the way to Emmaus;  
    accompany your Church on her journey through life.  
– *Christ, our life, hear us.*

May we, your faithful, not be slow to believe;  
    give us the courage to proclaim your victory over death.  
– *Christ, our life, hear us.*

Look upon those who have not recognized your presence in their lives;  
    let their hearts rejoice in the knowledge of their Saviour.  
– *Christ, our life, hear us.*

You are the judge of the living and the dead;  
    grant to the faithful departed forgiveness of their sins.  
– *Christ, our life, hear us.*

---

Our Father, who art in heaven,  
    hallowed be thy name.  
Thy kingdom come.  
    Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
    and forgive us our trespasses,  
    as we forgive those who trespass against us,  
and lead us not into temptation,  
    but deliver us from evil.

---

Lord God, life of those who believe in you,  
    glory of the humble and happiness of the saints,  
    listen kindly to our prayer.  
We long for what you promise;  
    fill us from your abundance.  
Through our Lord Jesus Christ, your Son,  
    who lives and reigns with you in the unity of the Holy Spirit,  
    one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Wednesday 6 May 2020

Wednesday of the 4th week of Eastertide

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 30 (31)**  
**Trustful prayer in time of adversity**

“Father, into your hands I commend my spirit” (Lk 23:46).

*Alleluia. Alleluia. Alleluia.*

In you, O Lord, I take refuge.  
Let me never be put to shame.  
In your justice, set me free,  
hear me and speedily rescue me.

Be a rock of refuge for me,  
a mighty stronghold to save me,  
for you are my rock, my stronghold.  
For your name's sake, lead me and guide me.

Release me from the snares they have hidden  
for you are my refuge, Lord.  
Into your hands I commend my spirit.  
It is you who will redeem me, Lord.

Glory be to the Father and to the Son

and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

---

**Psalm 129 (130)**  
**Out of the depths**

“He will save his people from their sins” (Mt 1:21).

Out of the depths I cry to you, O Lord,  
Lord, hear my voice!  
O let your ears be attentive  
to the voice of my pleading.

If you, O Lord, should mark our guilt,  
Lord, who would survive?  
But with you is found forgiveness:  
for this we revere you.

My soul is waiting for the Lord.  
I count on his word.  
My soul is longing for the Lord  
more than watchman for daybreak.  
Let the watchman count on daybreak  
and Israel on the Lord.

Because with the Lord there is mercy  
and fullness of redemption,  
Israel indeed he will redeem  
from all its iniquity.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,

world without end.  
Amen.

*Alleluia. Alleluia. Alleluia.*

### **Psalm-prayer**

Listen with compassion to our prayers, Lord. The forgiveness of sins is yours. Do not look on the wrong we have done, but grant us your merciful kindness.

### **Or:**

God of might and compassion, you sent your Word into the world, a watchman to announce to men the dawn of salvation. Do not leave us in the depths of our sins but listen to your Church pleading with you. Respond to her trust, and pour out in her the fullness of your redeeming grace.

---

### **Short Reading**

**Ephesians 4:26-27**

Do not let resentment lead you into sin; the sunset must not find you still angry. Do not give the devil his opportunity.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

**Nunc Dimittis**

**Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

Lord Jesus Christ,  
meek and humble of heart,  
you offer to those who follow you  
a yoke that is good to bear,  
a burden that is light.

Accept, we beg you, our prayer and work of this day,  
and grant us the rest we need  
that we may be ever more willing to serve you,  
who live and reign for ever and ever.

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

## Regina Caeli

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurrexit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

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## Wednesday 6 May 2020

Wednesday of the 4th week of Eastertide

*Liturgical Colour: White.*

### Readings at Mass

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#### Entrance Antiphon

**Cf. Ps 17: 50; 21: 23**

I will praise you, Lord, among the nations;  
I will tell of your name to my kin, alleluia.

---

#### Collect

O God, life of the faithful,  
glory of the humble, blessedness of the just,  
listen kindly to the prayers  
of those who call on you,  
that they who thirst for what you generously promise  
may always have their fill of your plenty.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

#### First reading

**Acts 12:24-13:5**

#### **'I want Barnabas and Saul set apart'**

The word of God continued to spread and to gain followers. Barnabas and Saul completed their task and came back from Jerusalem, bringing John Mark with them.

In the church at Antioch the following were prophets and teachers: Barnabas, Simeon called Niger, and Lucius of Cyrene, Manaen, who had been brought up with Herod the tetrarch, and Saul. One day while they were offering worship to the Lord and keeping a fast, the Holy Spirit said, 'I want Barnabas and Saul set apart for the work to which I have called them.' So it was that after fasting and prayer they laid their hands on them and sent them off.

So these two, sent on their mission by the Holy Spirit, went down to Seleucia and from there sailed to Cyprus. They landed at Salamis and proclaimed the word of God in the synagogues of the Jews; John acted as their assistant.

---

### **Responsorial Psalm**

**Psalm 66(67):2-3,5-6,8**

*Let the peoples praise you, O God; let all the peoples praise you.*

**or**

*Alleluia!*

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help.

*Let the peoples praise you, O God; let all the peoples praise you.*

**or**

*Alleluia!*

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth.

*Let the peoples praise you, O God; let all the peoples praise you.*

**or**

*Alleluia!*

Let the peoples praise you, O God;



let all the peoples praise you.  
May God still give us his blessing  
till the ends of the earth revere him.

*Let the peoples praise you, O God; let all the peoples praise you.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Jn20:29**

Alleluia, alleluia!

‘You believe, Thomas, because you can see me.  
Happy are those who have not seen and yet believe.  
Alleluia!

**Or:**

**Jn8:12**

Alleluia, alleluia!

I am the light of the world, says the Lord;  
anyone who follows me will have the light of life.  
Alleluia!

---

**Gospel**

**John 12:44-50**

**I, the light, have come into the world**

Jesus declared publicly:

‘Whoever believes in me  
believes not in me  
but in the one who sent me,  
and whoever sees me,  
sees the one who sent me.  
I, the light, have come into the world,  
so that whoever believes in me  
need not stay in the dark any more.  
If anyone hears my words and does not keep them faithfully,  
it is not I who shall condemn him,

since I have come not to condemn the world,  
but to save the world.  
He who rejects me and refuses my words has his judge already:  
the word itself that I have spoken will be his judge on the last day.  
For what I have spoken does not come from myself;  
no, what I was to say,  
what I had to speak,  
was commanded by the Father who sent me,  
and I know that his commands mean eternal life.  
And therefore what the Father has told me  
is what I speak.’

---

### **Prayer over the Offerings**

O God, who by the wonderful exchange effected in this sacrifice  
have made us partakers of the one supreme Godhead,  
grant, we pray,  
that, as we have come to know your truth,  
we may make it ours by a worthy way of life.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Cf. Jn 15: 16, 19**

I have chosen you from the world, says the Lord,  
and have appointed you to go out and bear fruit,  
fruit that will last, alleluia.

---

### **Prayer after Communion**

Graciously be present to your people, we pray, O Lord,  
and lead those you have imbued with heavenly mysteries  
to pass from former ways to newness of life.  
Through Christ our Lord.

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## **Thursday 7 May 2020**

**Thursday of the 4th week of Eastertide**

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## Thursday 7 May 2020

Thursday of the 4th week of Eastertide

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 94 (95)**

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

*The Lord has truly risen, alleluia.*

Come, ring out our joy to the Lord;

hail the God who saves us.

Let us come before him, giving thanks,

with songs let us hail the Lord.

A mighty God is the Lord,

a great king above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his.

To him belongs the sea, for he made it

and the dry land shaped by his hands.

Come in; let us bow and bend low;

let us kneel before the God who made us:

for he is our God and we

the people who belong to his pasture,

the flock that is led by his hand.

O that today you would listen to his voice!

‘Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.

For forty years I was wearied of these people  
and I said: “Their hearts are astray,  
these people do not know my ways.”  
Then I took an oath in my anger:  
“Never shall they enter my rest.””

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*The Lord has truly risen, alleluia.*

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## Thursday 7 May 2020

Thursday of the 4th week of Eastertide

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 142 (143)**  
**A prayer in time of trouble**

“A man is made righteous not by obedience to the Law, but by faith in  
Jesus Christ” (Gal 2:16).

*For your name's sake, Lord, give me life. Alleluia.*

Lord, listen to my prayer:  
    turn your ear to my appeal.  
    You are faithful, you are just; give answer.  
Do not call your servant to judgement  
    for no one is just in your sight.

The enemy pursues my soul;  
    he has crushed my life to the ground;  
he has made me dwell in darkness  
    like the dead, long forgotten.  
Therefore my spirit fails;  
    my heart is numb within me.

I remember the days that are past:  
I ponder all your works.  
I muse on what your hand has wrought  
and to you I stretch out my hands.  
Like a parched land my soul thirsts for you.

Lord, make haste and answer;  
for my spirit fails within me.  
Do not hide your face  
lest I become like those in the grave.

In the morning let me know your love  
for I put my trust in you.  
Make me know the way I should walk:  
to you I lift up my soul.

Rescue me, Lord, from my enemies;  
I have fled to you for refuge.  
Teach me to do your will  
for you, O Lord, are my God.  
Let your good spirit guide me  
in ways that are level and smooth.

For your name's sake, Lord, save my life;  
in your justice save my soul from distress.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*For your name's sake, Lord, give me life. Alleluia.*

### **Psalm-prayer**

Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness.



Your death has opened a path for us. Do not enter into judgement with your servants; let your Holy Spirit guide us together into the land of justice.

---

**Canticle**

**(Isaiah 66)**

**Consolation and joy in the holy city**

**“The Jerusalem which is above is free and is our mother” (Gal 4:26).**

*I will see you again, and then your hearts will be filled with joy. Alleluia.*

Rejoice with Jerusalem, and be glad for her,  
all you who love her;  
rejoice with her in joy,  
all you who mourn over her;

That you may suck and be satisfied  
with her consoling breasts;  
that you may drink deeply with delight  
from the abundance of her glory.

For thus says the Lord:  
Behold, I will extend prosperity to her like a river,  
and the wealth of the nations like an overflowing stream;  
and you shall suck, you shall be carried upon her hip,  
and dandled upon her knees.

As one whom his mother comforts,  
so I will comfort you;  
you shall be comforted in Jerusalem.  
You shall see, and your heart shall rejoice;  
your bones shall flourish like the grass.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I will see you again, and then your hearts will be filled with joy. Alleluia.*

---

**Psalm 146 (147A)**  
**The Lord's goodness and power**

**“You, O God, we worship; you, O Lord, we adore.”**

*The Lord builds up Jerusalem; he heals the broken-hearted. Alleluia.*

Praise the Lord for he is good;  
sing to our God for he is loving:  
to him our praise is due.

The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.  
He fixes the number of the stars;  
he calls each one by its name.

Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly;  
he humbles the wicked to the dust.  
O sing to the Lord giving thanks;  
sing psalms to our God with the harp.

He covers the heavens with clouds;  
he prepares the rain for the earth,  
making mountains sprout with grass  
and with plants to serve man's needs.  
He provides the beasts with their food  
and young ravens that call upon him.

His delight is not in horses  
nor his pleasure in warriors' strength.

The Lord delights in those who revere him,  
in those who wait for his love.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord builds up Jerusalem; he heals the broken-hearted. Alleluia.*

### **Psalm-prayer**

God our Father, great builder of the heavenly Jerusalem, you know the number of the stars and call each of them by name. Heal hearts that are broken, gather together those who have been scattered, and enrich us all from the plenitude of your eternal wisdom.

**Or:**

God, all-powerful and ever-living, from the beginning you have founded the holy Jerusalem. Gather the dispersed of Israel into your Church and heal the wounds our sins have caused. You clothe the lily with splendour and feed the birds of the air with your bounty. Grant to all who hope in you health of mind and body until the heights of heavenly Jerusalem rise before us.

---

### **Short Reading**

**Romans 8:10-11**

Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

---

### **Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*

For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---

## **Canticle**

## **Benedictus**

### **The Messiah and the one who was sent before him**

*The disciple is not above his master; but the fully-trained disciple will be like his master. Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God

who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The disciple is not above his master; but the fully-trained disciple will be  
like his master. Alleluia.*

---

### **Prayers and intercessions**

Let us pray with confidence to God our Father. In Christ he has given all his  
children the pledge of resurrection.

– *May the Lord Jesus be our life.*

Father, by a pillar of fire you led your people through the desert;  
may the risen Christ be the light of our lives.

– *May the Lord Jesus be our life.*

Through the voice of Moses you spoke on the mountain;  
may the risen Christ be our word of life.

– *May the Lord Jesus be our life.*

With the gift of manna you fed your wandering people;  
may the risen Christ be our bread from heaven.

– *May the Lord Jesus be our life.*

You drew water from the rock to save your children;  
may the risen Christ fill us with his Spirit.

– *May the Lord Jesus be our life.*

---

Our Father, who art in heaven,

hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Lord God,  
you restore our human nature  
to a dignity higher than you gave it at creation.  
Look with favour on the mystery of your love;  
keep your gifts of grace intact  
in those whose life you have renewed in baptism,  
the sacrament of new birth.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

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## Thursday 7 May 2020

Thursday of the 4th week of Eastertide

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,  
And now new born from death's dark grave,  
O Christ, thou bidd'st us rise with thee  
From death to immortality.

Eternal Shepherd, thou art wont  
To cleanse Thy sheep within the font,  
That mystic bath, that grave of sin,  
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign  
To bear for us the cross of pain,  
And freely pay the precious price  
Of all thy blood in sacrifice.

Jesu, do thou to every heart  
Unceasing Paschal joy impart;  
From death of sin and guilty strife  
Set free the new born sons of life.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be  
And Holy Ghost eternally.

---

**Psalm 143 (144)**  
**For victory and peace**

*“I can do all things with the help of the One who gives me strength”  
(Phil 4:13).*

*The Lord is my stronghold and my saviour, alleluia.*

Blessed be the Lord, my rock,  
    who trains my arms for battle,  
    who prepares my hands for war.

He is my love, my fortress;



he is my stronghold, my saviour  
my shield, my place of refuge.  
He brings peoples under my rule.

Lord, what is man that you care for him,  
mortal man, that you keep him in mind;  
man, who is merely a breath  
whose life fades like a shadow?

Lower your heavens and come down;  
touch the mountains; wreath them in smoke.  
Flash your lightnings; rout the foe,  
shoot your arrows and put them to flight.

Reach down from heaven and save me;  
draw me out from the mighty waters,  
from the hands of alien foes  
whose mouths are filled with lies,  
whose hands are raised in perjury.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*The Lord is my stronghold and my saviour, alleluia.*

---

### **Psalm 143 (144)**

*Thanks be to God, who has given us the victory through our Lord, Jesus Christ. Alleluia.*

To you, O God, will I sing a new song;  
I will play on the ten-stringed harp  
to you who give kings their victory,  
who set David your servant free.

You set him free from the evil sword;  
you rescued him from alien foes  
whose mouths were filled with lies,  
whose hands were raised in perjury.

Let our sons then flourish like saplings  
grown tall and strong from their youth,  
our daughters graceful as columns,  
adorned as though for a palace.

Let our barns be filled to overflowing  
with crops of every kind;  
our sheep increasing by thousands,  
myriads of sheep in our fields,  
our cattle heavy with young,

no ruined wall, no exile,  
no sound of weeping in our streets.  
Happy the people with such blessings;  
happy the people whose God is the Lord.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Thanks be to God, who has given us the victory through our Lord, Jesus Christ. Alleluia.*

### **Psalm-prayer**

Lord, every day we remember the abundance of your gifts. Grant that we may share with our brothers all the fruits of the earth, and leave an ample provision for those yet to live in the world. At the end, having shared the gifts of this earth with others, may we also share with them an everlasting fellowship with you.

---

**The Judgement**

*Jesus Christ is the same yesterday, today and for ever, alleluia.*

We give thanks to you, Lord God Almighty,  
    who are and who were,  
that you have taken your great power  
    and begun to reign.

The nations raged,  
    but your wrath came,  
and the time for the dead to be judged,  
    for rewarding your servants, the prophets and saints,  
and those who fear your name,  
    both small and great.

Now the salvation and the power  
    and the kingdom of our God  
    and the authority of his Christ have come,  
for the accuser of our brethren has been thrown down,  
    who accuses them day and night before our God.

And they have conquered him  
    by the blood of the Lamb  
and by the word of their testimony,  
    for they loved not their lives even unto death.  
Rejoice, then, O heaven,  
    and you that dwell therein.

Glory be to the Father and to the Son  
    and to the Holy Spirit,  
as it was in the beginning,  
    is now, and ever shall be,  
    world without end.

Amen.

*Jesus Christ is the same yesterday, today and for ever, alleluia.*

---

## **Short Reading**

**1 Peter 3:18,21-22**

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life. And now you are saved, not by the washing off of physical dirt but by a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

---

## **Short Responsory**

The disciples rejoiced, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

They saw the Lord, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The disciples rejoiced, alleluia, alleluia.*

---

## **Canticle**

## **Magnificat**

### **My soul rejoices in the Lord**

*I am the shepherd of the flock; I have come so that they may have life, and have it in all its fullness. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,

on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*I am the shepherd of the flock; I have come so that they may have life, and  
have it in all its fullness. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, who is our living hope of rising from the dead.  
– *King of glory, hear us.*

Lord Jesus, by shedding your blood and rising from death you entered into  
your glory;  
let us go with you into the presence of your Father.  
– *King of glory, hear us.*

You sent your disciples into the world, their faith made strong by the  
resurrection;  
grant that bishops and priests may be faithful ministers of your gospel.  
– *King of glory, hear us.*

Through your resurrection you united the faithful in one hope and love;  
may we share in your ministry of peace and reconciliation.  
– *King of glory, hear us.*

Through your resurrection you healed the cripple who begged at the  
entrance to the temple;  
look with pity on the sick and display in them your glory.  
– *King of glory, hear us.*

You are the first to rise from the dead, the first of many brothers;  
share your glory with those who have hoped in you.  
– *King of glory, hear us.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Lord God,  
you restore our human nature  
to a dignity higher than you gave it at creation.  
Look with favour on the mystery of your love;  
keep your gifts of grace intact  
in those whose life you have renewed in baptism,  
the sacrament of new birth.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Thursday 7 May 2020

Thursday of the 4th week of Eastertide

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.



We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 15 (16)**  
**The Lord, my inheritance**

“God raised up Jesus, freeing him from the pains of death”  
(Acts 2:24).

*Alleluia. Alleluia. Alleluia.*

Preserve me, God, I take refuge in you.  
I say to the Lord: ‘You are my God.  
My happiness lies in you alone.’

He has put into my heart a marvellous love  
for the faithful ones who dwell in his land.  
Those who choose other gods increase their sorrows.  
Never will I offer their offerings of blood.  
Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize.  
The lot marked out for me is my delight:  
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,  
who even at night directs my heart.  
I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
For you will not leave my soul among the dead,  
nor let your beloved know decay.

You will show me the path of life,  
the fullness of joy in your presence,  
at your right hand happiness for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Alleluia. Alleluia.*

### **Psalm-prayer**

Lord Jesus, uphold those who hope in you and give us your counsel, so that we may know the joy of your resurrection and deserve to be among the saints at your right hand.

### **Or:**

Father, in the mysterious plan of your love, you offered your Son the bitter cup of death, and yet you would not let your Holy One know decay, but opened to him the way of life. Help us to look for happiness in you alone and to share one day the glory of your Son's resurrection.

---

### **Short Reading**

**1 Thessalonians 5:23**

May the God who gives us peace make you completely his, and keep your whole being, spirit, soul, and body, free from all fault, at the coming of our Lord Jesus Christ.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

### **Nunc Dimittis**

#### **Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

Lord our God,  
    restore us again by the repose of sleep  
    after the fatigue of our daily work,  
so that, continually renewed by your help,  
    we may serve you in body and soul.  
Through Christ our Lord,  
**Amen.**

---

The Lord grant us a quiet night and a perfect end.  
**Amen.**

---

## **Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

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## Thursday 7 May 2020

Thursday of the 4th week of Eastertide

*Liturgical Colour: White.*

### Readings at Mass

---

#### Entrance Antiphon

**Cf. Ps 67: 8-9, 20**

O God, when you went forth before your people,  
marching with them and living among them,  
the earth trembled, heavens poured down rain, alleluia.

---

#### Collect

O God, who restore human nature  
to yet greater dignity than at its beginnings,  
look upon the amazing mystery of your loving kindness,  
and in those you have chosen to make new  
through the wonder of rebirth  
may you preserve the gifts  
of your enduring grace and blessing.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

#### First reading

**Acts 13:13-25**

**God has raised up one of David's descendants, Jesus, as Saviour**

Paul and his friends went by sea from Paphos to Perga in Pamphylia where John left them to go back to Jerusalem. The others carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the sabbath and took their seats. After the lessons from the Law and the Prophets had been read, the presidents of the synagogue sent them a message: ‘Brothers, if you would like to address some words of encouragement to the congregation, please do so.’ Paul stood up, held up a hand for silence and began to speak:

‘Men of Israel, and fearers of God, listen! The God of our nation Israel chose our ancestors, and made our people great when they were living as foreigners in Egypt; then by divine power he led them out, and for about forty years took care of them in the wilderness. When he had destroyed seven nations in Canaan, he put them in possession of their land for about four hundred and fifty years. After this he gave them judges, down to the prophet Samuel. Then they demanded a king, and God gave them Saul son of Kish, a man of the tribe of Benjamin. After forty years, he deposed him and made David their king, of whom he approved in these words, “I have selected David son of Jesse, a man after my own heart, who will carry out my whole purpose.” To keep his promise, God has raised up for Israel one of David’s descendants, Jesus, as Saviour, whose coming was heralded by John when he proclaimed a baptism of repentance for the whole people of Israel. Before John ended his career he said, “I am not the one you imagine me to be; that one is coming after me and I am not fit to undo his sandal.”’

---

### **Responsorial Psalm**

**Psalm 88(89):2-3,21,22,25,27**

*I will sing for ever of your love, O Lord.*

**or**

*Alleluia!*

I will sing for ever of your love, O Lord;  
through all ages my mouth will proclaim your truth.  
Of this I am sure, that your love lasts for ever,  
that your truth is firmly established as the heavens.

*I will sing for ever of your love, O Lord.*

**or**

*Alleluia!*

I have found David my servant  
and with my holy oil anointed him.  
My hand shall always be with him  
and my arm shall make him strong.

*I will sing for ever of your love, O Lord.*

**or**

*Alleluia!*

My truth and my love shall be with him;  
by my name his might shall be exalted.  
He will say to me: 'You are my father,  
my God, the rock who saves me.'

*I will sing for ever of your love, O Lord.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**cf. Rv 1:5**

Alleluia, alleluia!  
You, O Christ, are the faithful witness,  
the First-born from the dead,  
you have loved us and have washed away our sins with your blood.  
Alleluia!

---

**Gospel**

**John 13:16-20**

**Whoever welcomes the one I send welcomes me**

After he had washed the feet of his disciples, Jesus said to them:

'I tell you most solemnly,  
no servant is greater than his master,  
no messenger is greater than the man who sent him.'

‘Now that you know this, happiness will be yours if you behave accordingly. I am not speaking about all of you: I know the ones I have chosen; but what scripture says must be fulfilled: *Someone who shares my table rebels against me.*

‘I tell you this now, before it happens,  
so that when it does happen  
you may believe that I am He.  
I tell you most solemnly,  
whoever welcomes the one I send welcomes me,  
and whoever welcomes me welcomes the one who sent me.’

---

### **Prayer over the Offerings**

May our prayers rise up to you, O Lord,  
together with the sacrificial offerings,  
so that, purified by your graciousness,  
we may be conformed to the mysteries of your mighty love.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Mt 28: 20**

Behold, I am with you always,  
even to the end of the age, alleluia.

---

### **Prayer after Communion**

Almighty ever-living God,  
who restore us to eternal life  
in the Resurrection of Christ,  
increase in us, we pray, the fruits of this paschal Sacrament  
and pour into our hearts the strength of this saving food.  
Through Christ our Lord.

---

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## **Friday 8 May 2020**

**Friday of the 4th week of Eastertide**

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## Friday 8 May 2020

Friday of the 4th week of Eastertide

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 66 (67)**

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*The Lord has truly risen, alleluia.*

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help.

Let the peoples praise you, O God;  
let all the peoples praise you.

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth.

Let the peoples praise you, O God;  
let all the peoples praise you.

The earth has yielded its fruit  
for God, our God, has blessed us.  
May God still give us his blessing

till the ends of the earth revere him.

Let the peoples praise you, O God;  
let all the peoples praise you.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord has truly risen, alleluia.*

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## Friday 8 May 2020

Friday of the 4th week of Eastertide

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 50 (51)**  
**God, have mercy on me**

*“You must be made new in mind and spirit, and put on the new nature of God's creating” (Eph 4:23,24).*

*Christ gave himself up for us as a fragrant offering and a sacrifice to God.  
Alleluia.*

Have mercy on me, God, in your kindness.  
In your compassion blot out my offence.  
O wash me more and more from my guilt  
and cleanse me from my sin.

My offences truly I know them;  
my sin is always before me.  
Against you, you alone, have I sinned;  
what is evil in your sight I have done.

That you may be justified when you give sentence  
and be without reproach when you judge,

O see, in guilt I was born,  
a sinner was I conceived.

Indeed you love truth in the heart;  
then in the secret of my heart teach me wisdom.  
O purify me, then I shall be clean;  
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,  
that the bones you have crushed may revive.  
From my sins turn away your face  
and blot out all my guilt.

A pure heart create for me, O God,  
put a steadfast spirit within me.  
Do not cast me away from your presence,  
nor deprive me of your holy spirit.

Give me again the joy of your help;  
with a spirit of fervour sustain me,  
that I may teach transgressors your ways  
and sinners may return to you.

O rescue me, God, my helper,  
and my tongue shall ring out your goodness.  
O Lord, open my lips  
and my mouth shall declare your praise.

For in sacrifice you take no delight,  
burnt offering from me you would refuse,  
my sacrifice, a contrite spirit.  
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:  
rebuild the walls of Jerusalem.  
Then you will be pleased with lawful sacrifice,  
holocausts offered on your altar.

Glory be to the Father and to the Son  
and to the Holy Spirit,

as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Christ gave himself up for us as a fragrant offering and a sacrifice to God.  
Alleluia.*

### **Psalm-prayer**

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

---

### **Canticle**

**Tobit 13**

### **Thanksgiving for the freeing of the people**

*“He showed me the holy city of Jerusalem and it had all the radiant glory of God” (Rev 21:10-11).*

*Jerusalem, city of God, you will be radiant with light. Alleluia.*

Let all men speak,  
and give God thanks in Jerusalem.

O Jerusalem, the holy city,  
he will afflict you for the deeds of your sons,  
but again he will show mercy to the sons of the righteous.

Give thanks worthily to the Lord,  
and praise the King of the ages,  
that his tent may be raised for you again with joy.

May he cheer those within you who are captives,  
and love those within you who are distressed,  
to all generations for ever.

Many nations will come from afar

to the name of the Lord God,  
bearing gifts in their hands,  
gifts for the King of heaven.  
Generations of generations  
will give you joyful praise.

Rejoice and be glad  
for the sons of the righteous,  
for they will be gathered together,  
and will praise the Lord of the righteous.

How blessed are those who love you!  
They will rejoice in your peace.  
Blessed are those who grieved  
over all your afflictions,  
for they will rejoice for you upon seeing all your glory,  
and they will be made glad for ever.

Let my soul praise God, the great King!

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Jerusalem, city of God, you will be radiant with light. Alleluia.*

---

**Psalm 147 (147B)**  
**God, the foundation of Jerusalem**

**“Come, and I will show you the bride that the Lamb has chosen” (Rev 21:9).**

*I saw the new Jerusalem coming down from heaven. Alleluia.*

O praise the Lord, Jerusalem!



Sion, praise your God!

He has strengthened the bars of your gates  
he has blessed the children within you.  
He established peace on your borders,  
he feeds you with finest wheat.

He sends out his word to the earth  
and swiftly runs his command.  
He showers down snow white as wool,  
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.  
The waters are frozen at his touch;  
he sends forth his word and it melts them:  
at the breath of his mouth the waters flow.

He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I saw the new Jerusalem coming down from heaven. Alleluia.*

### **Psalm-prayer**

Lord, you established peace within the borders of Jerusalem. Give the fullness of peace now to your faithful people. May peace rule us in this life and possess us in eternal life. You are about to fill us with the best of wheat; grant that what we see dimly now as in a mirror, we may come to perceive clearly in the brightness of your truth.

**Or:**

All-powerful God, it is through your Church, generously endowed with gifts of grace and fortified by the Holy Spirit, that you send out your word to all nations. Strengthen your Church with the best of all food and make her dauntless in faith. Multiply her children to celebrate with one accord the mysteries of your love at the altar on high.

---

### **Short Reading**

**Acts 5:30-32**

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

---

### **Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---

### **Canticle**

**Benedictus**

#### **The Messiah and the one who was sent before him**

*I am going now to prepare a place for you, and I shall return to take you with me; so that where I am you also may be. Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I am going now to prepare a place for you, and I shall return to take you  
with me; so that where I am you also may be. Alleluia.*

---

### **Prayers and intercessions**

Through his Spirit God raised Jesus from the dead and he will give life to  
our own mortal bodies. Let us pray to him, saying:  
– *Lord, give us life through your Holy Spirit.*

Father, you accepted the sacrifice of your Son, raising him from the dead:  
receive our morning offering and lead us to eternal life.

– *Lord, give us life through your Holy Spirit.*

Reveal your presence in our work this day:

may we do everything for your glory and for the sanctification of our  
world.

– *Lord, give us life through your Holy Spirit.*

Do not allow our work to come to nothing:

let it serve our fellow men and bring us to your kingdom.

– *Lord, give us life through your Holy Spirit.*

Open our eyes to see our brother's need:

warm our hearts that we may offer him our love.

– *Lord, give us life through your Holy Spirit.*

---

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

---

Lord God, source of our freedom and salvation,

listen to our humble prayer.

You redeemed us by the shedding of your Son's blood:

enable us to live by your grace,

and grant us at all times

the joy of your safe keeping.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Friday 8 May 2020

Friday of the 4th week of Eastertide

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,  
And now new born from death's dark grave,  
O Christ, thou bidd'st us rise with thee  
From death to immortality.

Eternal Shepherd, thou art wont  
To cleanse Thy sheep within the font,  
That mystic bath, that grave of sin,  
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign  
To bear for us the cross of pain,  
And freely pay the precious price  
Of all thy blood in sacrifice.

Jesu, do thou to every heart  
Unceasing Paschal joy impart;  
From death of sin and guilty strife  
Set free the new born sons of life.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be  
And Holy Ghost eternally.

---

**Psalm 144 (145)**  
**The greatness and goodness of God**

**“You, O Lord, are the One who was and who is, the Just One” (Rev 16:5)**

*God so loved the world that he gave his only Son. Alleluia.*

I will give you glory, O God my King,  
I will bless your name for ever.

I will bless you day after day  
and praise your name for ever.

The Lord is great, highly to be praised,  
his greatness cannot be measured.

Age to age shall proclaim your works,  
shall declare your mighty deeds,  
shall speak of your splendour and glory,  
tell the tale of your wonderful works.

They will speak of your terrible deeds,  
recount your greatness and might.  
They will recall your abundant goodness;  
age to age shall ring out your justice.

The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God,

to make known to men your mighty deeds  
and the glorious splendour of your reign.  
Yours is an everlasting kingdom;  
your rule lasts from age to age.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*God so loved the world that he gave his only Son. Alleluia.*



*To the eternal King, the undying, invisible and only God, be all honour and glory. Alleluia.*

The Lord is faithful in all his words  
and loving in all his deeds.  
The Lord supports all who fall  
and raises all who are bowed down.

The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live.

The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts.

He grants the desires of those who fear him,  
he hears their cry and he saves them.  
The Lord protects all who love him;  
but the wicked he will utterly destroy.

Let me speak the praise of the Lord,  
let all mankind bless his holy name  
for ever, for ages unending.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*To the eternal King, the undying, invisible and only God, be all honour and glory. Alleluia.*

**Psalm-prayer**

Lord, be near to all who call upon you in truth and increase the dedication of those who revere you. Hear their prayers and save them, that they may always love you and praise your holy name.

**Or:**

Lord Jesus Christ, you have revealed to the sons of men the wonders of your love and your Father's faithfulness from all time. Listen to our hymn of joy: we praise you for all the things you have done; give all men bread at the right season, give them food for this life, and the mystery of eternal life.

**Canticle**

**Apocalypse 15**

**A hymn of adoration**

*The Lord is my strength and protection: he is my salvation. Alleluia.*

Great and wonderful are your deeds,

O Lord God the Almighty!

Just and true are your ways,

O King of the ages!

Who shall not fear and glorify your name, O Lord?

For you alone are holy.

All nations shall come and worship you,

for your judgements have been revealed.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

*The Lord is my strength and protection: he is my salvation. Alleluia.*

**Short Reading**

**Hebrews 5:8-10**

Christ, although he was Son, learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation and was acclaimed by God with the title of high priest *of the order of Melchizedek*.

---

### **Short Responsory**

The disciples rejoiced, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
They saw the Lord, alleluia, alleluia.  
– *The disciples rejoiced, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The disciples rejoiced, alleluia, alleluia.*

---

### **Canticle**

### **Magnificat**

#### **My soul rejoices in the Lord**

*The good shepherd lays down his life for his sheep. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*The good shepherd lays down his life for his sheep. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, the fount of life and the source of virtue.  
– *Lord, restore your kingdom in the world.*

Jesus, our Saviour, in the body you were put to death, in the Spirit you were  
raised to life:  
grant that we may die to sin, and live in the power of your resurrection.  
– *Lord, restore your kingdom in the world.*

You sent your disciples to proclaim throughout the world the gospel of  
salvation:  
may all who preach your word be alive with the Holy Spirit.  
– *Lord, restore your kingdom in the world.*

You received all power in heaven and on earth to bear witness to the truth:  
guide in the spirit of truth the plans of governments and rulers.  
– *Lord, restore your kingdom in the world.*

Keep our eyes fixed on the new heaven and the new earth:  
make us care more deeply for our world and its future.  
– *Lord, restore your kingdom in the world.*

You descended into hell to bring the dead good news:  
let the faithful departed come to you, their joy, their hope, their glory.

– *Lord, restore your kingdom in the world.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Lord God, source of our freedom and salvation,  
listen to our humble prayer.

You redeemed us by the shedding of your Son's blood:  
enable us to live by your grace,

and grant us at all times  
the joy of your safe keeping.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Friday 8 May 2020

Friday of the 4th week of Eastertide

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 87 (88)**  
**The prayer of one gravely ill**

**“This is your hour; this is the reign of darkness” (Lk 22:53).**

*Alleluia. Alleluia. Alleluia.*

Lord my God, I call for help by day;  
I cry at night before you.  
Let my prayer come into your presence.  
O turn your ear to my cry.

For my soul is filled with evils;  
my life is on the brink of the grave.  
I am reckoned as one in the tomb:  
I have reached the end of my strength,

like one alone among the dead;  
like the slain lying in their graves;  
like those you remember no more,  
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,

in places that are dark, in the depths.  
Your anger weighs down upon me:  
I am drowned beneath your waves.

You have taken away my friends  
and made me hateful in their sight.  
Imprisoned, I cannot escape;  
my eyes are sunken with grief.

I call to you, Lord, all the day long;  
to you I stretch out my hands.  
Will you work your wonders for the dead?  
Will the shades stand and praise you?

Will your love be told in the grave  
or your faithfulness among the dead?  
Will your wonders be known in the dark  
or your justice in the land of oblivion?

As for me, Lord, I call to you for help:  
in the morning my prayer comes before you.  
Lord, why do you reject me?  
Why do you hide your face?

Wretched, close to death from my youth,  
I have borne your trials; I am numb.  
Your fury has swept down upon me;  
your terrors have utterly destroyed me.

They surround me all the day like a flood,  
they assail me all together.  
Friend and neighbour you have taken away:  
my one companion is darkness.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.



Amen.

*Alleluia. Alleluia. Alleluia.*

### **Psalm-prayer**

Lord Jesus, redeemer of all and author of our salvation, for us you went down to the realm of death and became free of death. Hear the prayers of your family and lift us from our slavery to evil, that we may be redeemed by you and see your Father's glory.

**Or:**

Lord Jesus Christ, you chose to suffer and be overwhelmed by death in order to open the gates of death in triumph. Stay with us to help us on our pilgrimage; free us from all evil by the power of your resurrection. In the company of your saints, and constantly remembering your love for us, may we sing of your wonders in our Father's house.

---

### **Short Reading**

**(Jeremiah 14:9)**

Lord, you are in our midst, we are called by your name. Do not desert us, O Lord our God!

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

**Nunc Dimittis**

**Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

Give us grace, almighty God,  
so to unite ourselves in faith with your only Son,  
who underwent death and lay buried in the tomb,  
that we may rise again in newness of life with him,  
who lives and reigns for ever and ever.

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!

for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurrexit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

---

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## Friday 8 May 2020

Friday of the 4th week of Eastertide

*Liturgical Colour: White.*

### Readings at Mass

---

#### Entrance Antiphon

**Rv 5: 9-10**

You have redeemed us, Lord, by your Blood,  
from every tribe and tongue and people and nation,  
and have made us into a kingdom, priests for our God, alleluia.

---

#### Collect

O God, author of our freedom and of our salvation,  
listen to the voice of our pleading  
and grant that those you have redeemed  
by the shedding of your Son's Blood  
may have life through you  
and, under your protection,  
rejoice for ever unharmed.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

#### First reading

**Acts 13:26-33**

**God has fulfilled his promise by raising Jesus from the dead**

Paul stood up in the synagogue at Antioch in Pisidia, held up a hand for silence and began to speak:

‘My brothers, sons of Abraham’s race, and all you who fear God, this message of salvation is meant for you. What the people of Jerusalem and their rulers did, though they did not realise it, was in fact to fulfil the prophecies read on every sabbath. Though they found nothing to justify his death, they condemned him and asked Pilate to have him executed. When they had carried out everything that scripture foretells about him they took him down from the tree and buried him in a tomb. But God raised him from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people.

‘We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm:  
*You are my son: today I have become your father.*’

---

### **Responsorial Psalm**

**Psalm 2:6-11**

*You are my Son. It is I who have begotten you this day.*

**or**

*Alleluia!*

‘It is I who have set up my king  
on Zion, my holy mountain.’  
I will announce the decree of the Lord:  
The Lord said to me: ‘You are my Son.  
It is I who have begotten you this day.

*You are my Son. It is I who have begotten you this day.*

**or**

*Alleluia!*

‘Ask and I shall bequeath you the nations,  
put the ends of the earth in your possession.  
With a rod of iron you will break them,  
shatter them like a potter’s jar.’

*You are my Son. It is I who have begotten you this day.*

**or**

*Alleluia!*

Now, O kings, understand,  
take warning, rulers of the earth;  
serve the Lord with awe  
and trembling, pay him your homage.

*You are my Son. It is I who have begotten you this day.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Col3:1**

Alleluia, alleluia!

Since you have been brought back to true life with Christ,  
you must look for the things that are in heaven, where Christ is,  
sitting at God's right hand.

Alleluia!

**Or:**

**Jn14:6**

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord;  
No one can come to the Father except through me.  
Alleluia!

---

**Gospel**

**John 14:1-6**

**I am the Way, the Truth and the Life**

Jesus said to his disciples:

‘Do not let your hearts be troubled.  
Trust in God still, and trust in me.  
There are many rooms in my Father's house;  
if there were not, I should have told you.  
I am going now to prepare a place for you,  
and after I have gone and prepared you a place,

I shall return to take you with me;  
so that where I am  
you may be too.  
You know the way to the place where I am going.'

Thomas said, 'Lord, we do not know where you are going, so how can we know the way?' Jesus said:

'I am the Way, the Truth and the Life.  
No one can come to the Father except through me.'

---

### **Prayer over the Offerings**

Accept in compassion, Lord, we pray,  
the offerings of your family,  
that under your protective care  
they may never lose what they have received,  
but attain the gifts that are eternal.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Rm 4: 25**

Christ our Lord was handed over for our transgressions  
and was raised again for our justification, alleluia.

---

### **Prayer after Communion**

Keep safe, O Lord, we pray,  
those whom you have saved by your kindness,  
that, redeemed by the Passion of your Son,  
they may rejoice in his Resurrection.  
Who lives and reigns for ever and ever.

---

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## **Saturday 9 May 2020**

**Saturday of the 4th week of Eastertide**

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## Saturday 9 May 2020

Saturday of the 4th week of Eastertide

### Invitatory Psalm

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 23 (24)**

*“The gates of heaven were opened to Christ because he was lifted up in the flesh” (St Irenaeus).*

*The Lord has truly risen, alleluia.*

The Lord's is the earth and its fullness,  
the world and all its peoples.

It is he who set it on the seas;  
on the waters he made it firm.

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

The man with clean hands and pure heart,  
who desires not worthless things,  
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord  
and reward from the God who saves him.

Such are the men who seek him,  
seek the face of the God of Jacob.

O gates, lift high your heads;  
grow higher, ancient doors.  
Let him enter, the king of glory!

Who is the king of glory?  
The Lord, the mighty, the valiant,  
the Lord, the valiant in war.

O gates, lift high your heads;  
grow higher, ancient doors.  
Let him enter, the king of glory!

Who is he, the king of glory?  
He, the Lord of armies,  
he is the king of glory.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Lord has truly risen, alleluia.*

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## Saturday 9 May 2020

Saturday of the 4th week of Eastertide

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 91 (92)**  
**Praise of God, the Creator**

**"The deeds of God's only Son are praised" (St Athanasius).**

*O Lord, how great are your works. Alleluia.*

It is good to give thanks to the Lord,  
to make music to your name, O Most High,  
to proclaim your love in the morning  
and your truth in the watches of the night,  
on the ten-stringed lyre and the lute,  
with the murmuring sound of the harp.

Your deeds, O Lord, have made me glad;  
for the work of your hands I shout with joy.  
O Lord, how great are your works!  
How deep are your designs!  
The foolish man cannot know this  
and the fool cannot understand.

Though the wicked spring up like grass  
and all who do evil thrive,  
they are doomed to be eternally destroyed.

But you, Lord, are eternally on high.  
See how your enemies perish;  
all doers of evil are scattered.

To me you give the wild ox's strength;  
you anoint me with the purest oil.  
My eyes looked in triumph on my foes;  
my ears heard gladly of their fall.  
The just will flourish like the palm-tree  
and grow like a Lebanon cedar.

Planted in the house of the Lord  
they will flourish in the courts of our God,  
still bearing fruit when they are old,  
still full of sap, still green,  
to proclaim that the Lord is just.  
In him, my rock, there is no wrong.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*O Lord, how great are your works. Alleluia.*

### **Psalm-prayer**

Take our shame away from us, Lord, and make us rejoice in your saving works. May all who have been chosen by your Son always abound in works of faith, hope and love in your service.

**Or:**

Lord Jesus Christ, you taught your disciples that the Father is glorified by good works. Uproot your enemies even if they should grow as thick as

weeds, and make us flourish in your courts and always remain in you as you are in the Father. May we bring forth a rich harvest in the radiance of your light.

---

## Canticle

## Ezekiel 36

### The Lord will renew his people

“They shall be his people, and he will be their God; his name is God-with-them” (Rev 21:3).

*I will pour purifying water over you. Alleluia.*

I will take you from the nations,  
and gather you from all the countries,  
and bring you into your own land.

I will sprinkle clean water upon you,  
and you shall be clean from all your uncleannesses,  
and from all your idols I will cleanse you.

A new heart I will give you,  
and a new spirit I will put within you;  
and I will take out of your flesh the heart of stone  
and give you a heart of flesh.

And I will put my spirit within you,  
and cause you to walk in my statutes  
and be careful to observe my ordinances.

You shall dwell in the land  
which I gave to your fathers;  
and you shall be my people,  
and I will be your God.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,

is now, and ever shall be,  
world without end.  
Amen.

*I will pour purifying water over you. Alleluia.*

---

**Psalm 8**  
**The greatness of God, the dignity of man**

“He has put all things under his feet, and appointed him to be the head of the whole Church” (Eph 1:22).

*All things are yours, and you are Christ's and Christ is God's. Alleluia.*

How great is your name, O Lord our God,  
through all the earth!

Your majesty is praised above the heavens;  
on the lips of children and of babes  
you have found praise to foil your enemy,  
to silence the foe and the rebel.

When I see the heavens, the work of your hands,  
the moon and the stars which you arranged,  
what is man that you should keep him in mind,  
mortal man that you care for him?

Yet you have made him little less than a god;  
with glory and honour you crowned him,  
gave him power over the works of your hand,  
put all things under his feet.

All of them, sheep and cattle,  
yes, even the savage beasts,  
birds of the air, and fish  
that make their way through the waters.

How great is your name, O Lord our God

through all the earth!

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*All things are yours, and you are Christ's and Christ is God's. Alleluia.*

### **Psalm-prayer**

Almighty Lord, how wonderful is your name. You have made every creature subject to you; make us worthy to give you service.

### **Or:**

Lord, creator of all that is, you made your Son one of us, a little less than the angels. When you crowned him with honour and glory, you raised the dignity of man beyond the skies. Always care for us, your royal children in your Son, the new Adam, so that one day we may be radiant with his splendour.

---

### **Short Reading**

### **Romans 14:7-9**

The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord. This explains why Christ both died and came to life: it was so that he might be Lord both of the dead and of the living.

---

### **Short Responsory**

The Lord has risen from the dead, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
For our sake he died on the cross, alleluia, alleluia.  
– *The Lord has risen from the dead, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *The Lord has risen from the dead, alleluia, alleluia.*

---



**Canticle**

**Benedictus**

**The Messiah and the one who was sent before him**

*When the chief shepherd appears, you will be given the crown of unfading glory. Alleluia.*

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*When the chief shepherd appears, you will be given the crown of unfading  
glory. Alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, who has revealed to us the knowledge of everlasting  
life.

– *Lord, may your resurrection enrich us with your grace.*

Eternal Shepherd, strengthen us for the coming day with the bread of your  
word;

nourish us with the bread of the eucharist.

– *Lord, may your resurrection enrich us with your grace.*

May your voice find a response in our hearts;

do not let your word be silenced by rejection or indifference.

– *Lord, may your resurrection enrich us with your grace.*

You are at work in those who spread the gospel, confirming the truth of  
their message;

help us to manifest your resurrection by our way of living.

– *Lord, may your resurrection enrich us with your grace.*

You yourself are the joy that can never be taken away;

may we leave behind the sadness of sin and experience eternal life.

– *Lord, may your resurrection enrich us with your grace.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

All-powerful, ever-living God,  
keep the mystery of Easter alive in us always.  
You gave us a new birth in holy baptism:  
give us grace to bear much fruit,  
and bring us to the joys of eternal life.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Saturday 9 May 2020

Saturday of the 4th week of Eastertide

(First Vespers of tomorrow, 5th Sunday of Easter)

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

The Lamb's high banquet we await,  
In snow-white robes of royal state;  
And now, the Red Sea's channel past,  
To Christ our Prince we sing at last.

Upon the altar of the Cross  
His body hath redeemed our loss;  
And tasting of his scarlet blood,  
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,  
The Lamb of God that knows no stain,  
The true oblation offered here,

Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,  
O great, O very Sacrifice,  
Thy captive people are set free,  
And endless life restored in thee.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 140 (141)**  
**Prayer in time of danger**

*“The smoke of incense rose before God with the prayers of the saints  
from the hand of the angel” (Rev 8:4).*

*Let the raising of my hands in prayer please you like the evening oblation.  
Alleluia.*

I have called to you, Lord; hasten to help me!  
Hear my voice when I cry to you.  
Let my prayer arise before you like incense,  
the raising of my hands like an evening oblation.

Set, O Lord, a guard over my mouth;  
keep watch, O Lord, at the door of my lips!  
Do not turn my heart to things that are wrong,  
to evil deeds with men who are sinners.

Never allow me to share in their feasting.  
If a good man strikes or reproves me it is kindness;  
but let the oil of the wicked not anoint my head.  
Let my prayer be ever against their malice.

Their princes were thrown down by the side of the rock;  
then they understood that my words were kind.

As a millstone is shattered to pieces on the ground,  
so their bones were strewn at the mouth of the grave.

To you, Lord God, my eyes are turned:  
in you I take refuge; spare my soul!  
From the trap they have laid for me keep me safe:  
keep me from the snares of those who do evil.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Let the raising of my hands in prayer please you like the evening oblation.  
Alleluia.*

### **Psalm-prayer**

Lord, from the rising of the sun to its setting your name is worthy of all praise. Let our prayer come like incense before you. May the lifting up of our hands be as an evening sacrifice acceptable to you, Lord our God.

**Or:**

Lord, you never reject the prayer of those who cry to you. Listen to the pleading of your Church and defend your people. Make them strong in faith against the evil one who would devour them. After they have overcome the brief ordeals of this life, may they enter into your glory with Christ Jesus.

---

### **Psalm 141 (142) You are my refuge**

*“All these things were fulfilled by the Lord at the time of his passion”  
(St Hilary).*

*You have brought me out from prison to give praise to your name. Alleluia.*

With all my voice I cry to the Lord,  
with all my voice I entreat the Lord.  
I pour out my trouble before him;  
I tell him all my distress  
while my spirit faints within me.  
But you, O Lord, know my path.

On the way where I shall walk  
they have hidden a snare to entrap me.  
Look on my right and see:  
there is no one who takes my part.  
I have no means of escape,  
not one who cares for my soul.

I cry to you, O Lord.  
I have said: 'You are my refuge  
all I have in the land of the living.'  
Listen, then, to my cry  
for I am in the depths of distress.

Rescue me from those who pursue me  
for they are stronger than I.  
Bring my soul out of this prison  
and then I shall praise your name.  
Around me the just will assemble  
because of your goodness to me.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*You have brought me out from prison to give praise to your name. Alleluia.*

**Psalm-prayer**

Lord, we humbly ask for your goodness. May you help us to hope in you, and give us a share with your chosen ones in the land of the living.

**Or:**

Lord Jesus, hanging alone on the cross, you accepted to be tortured by the executioners and cut to the heart by the defection of your disciples. You called on your Father with a mighty cry as you gave up your spirit. Deliver us from the prison of affliction and be yourself our inheritance in the land of the living.

---

**Canticle**

**Philippians 2**

**Christ, God's servant**

*The Son of God learned to obey through suffering, and he became the source of eternal salvation for all those who obey him. Alleluia.*

Though he was in the form of God,  
Jesus did not count equality with God a thing to be grasped.

He emptied himself,  
taking the form of a servant,  
being born in the likeness of men.

And being found in human form,  
he humbled himself and became obedient unto death,  
even death on a cross.

Therefore God has highly exalted him  
and bestowed on him the name which is above every name,

That at the name of Jesus every knee should bow,  
in heaven and on earth and under the earth,

And every tongue confess that Jesus Christ is Lord,  
to the glory of God the Father.

Glory be to the Father and to the Son



and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*The Son of God learned to obey through suffering, and he became the  
source of eternal salvation for all those who obey him. Alleluia.*

---

### **Short Reading**

**1 Peter 2:9-10**

You are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light. Once you were not a people at all and now you are the People of God; once you were outside the mercy and now you have been given mercy.

---

### **Short Responsory**

The disciples rejoiced, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

They saw the Lord, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The disciples rejoiced, alleluia, alleluia.*

---

### **Canticle**

**Magnificat**

#### **My soul rejoices in the Lord**

*If I go and prepare you a place, I shall return to take you with me; so that  
where I am you may be too. Alleluia. (Year A)*

*Or: I am the Way, the Truth, and the Life. No one can come to the Father  
except through me, alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.

He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*If I go and prepare you a place, I shall return to take you with me; so that  
where I am you may be too. Alleluia. (Year A)*

*Or: I am the Way, the Truth, and the Life. No one can come to the Father  
except through me, alleluia.*

---

### **Prayers and intercessions**

Let us pray to Christ, our life and our resurrection.  
– *Son of the living God, protect your people.*

We pray for your Catholic Church:

may she reveal among the nations your kingdom of justice and holiness.  
– *Son of the living God, protect your people.*

We pray for the sick, the sorrowful, captives and exiles:  
show them your power and compassion.  
– *Son of the living God, protect your people.*

We pray for those who have lost you in the maze of life:  
let them know once more the joy of coming home.  
– *Son of the living God, protect your people.*

Crucified and risen Saviour, you will come again in judgement:  
be merciful to us sinners.  
– *Son of the living God, protect your people.*

We pray for all the living,  
and for those who have left this world in the hope of the resurrection.  
– *Son of the living God, protect your people.*

---

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Since it is from you, God our Father,  
that redemption comes to us, your adopted children,  
look with favour on the family you love,  
give true freedom to us and to all who believe in Christ,  
and bring us all alike to our eternal heritage.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Saturday 9 May 2020

Saturday of the 4th week of Eastertide

### Compline (Night Prayer)

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#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 4**  
**Thanksgiving**

*Alleluia. Alleluia. Alleluia.*

When I call, answer me, O God of justice;  
from anguish you released me, have mercy and hear me!

O men, how long will your hearts be closed,  
will you love what is futile and seek what is false?

It is the Lord who grants favours to those whom he loves;  
the Lord hears me whenever I call him.

Fear him; do not sin: ponder on your bed and be still  
Make justice your sacrifice, and trust in the Lord.

‘What can bring us happiness?’ many say.  
Lift up the light of your face on us, O Lord.

You have put into my heart a greater joy  
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once

for you alone, Lord, make me dwell in safety.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

---

**Psalm 133 (134)**  
**Evening prayer in the Temple**

“Praise our God, all you his servants, and all who revere him, both  
great and small” (Rev 19:5).

O come, bless the Lord,  
all you who serve the Lord,  
who stand in the house of the Lord,  
in the courts of the house of our God.

Lift up your hands to the holy place  
and bless the Lord through the night.

May the Lord bless you from Sion,  
he who made both heaven and earth.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Alleluia. Alleluia. Alleluia.*

**Psalm-prayer**

All your servants praise and thank you, Lord. Be our light as night descends. We lift up to you the good works of our hands; grant us your generous blessing.

**Or:**

Where two or three gather in your name, Lord, you promised to be with them and share their fellowship. Look down upon your family gathered here in your name, and graciously pour out your blessing upon us.

---

### **Short Reading**

**Deuteronomy 6:4-7**

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

**Canticle**

**Nunc Dimittis**

**Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,



you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

Come to visit us, Lord, this night,  
so that by your strength we may rise at daybreak  
to rejoice in the resurrection of Christ, your Son,  
who lives and reigns for ever and ever.

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,

quia quem meruísti portáre, allelúia,  
resurrexit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

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## Saturday 9 May 2020

**Saturday of the 4th week of Eastertide**

*Liturgical Colour: White.*

### Readings at Mass

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**Entrance Antiphon**

**Cf. 1 Pt 2: 9**

O chosen people, proclaim the mighty works of him  
who called you out of darkness into his wonderful light, alleluia.

---

**Collect**

O God, who in the celebration of Easter  
graciously give to the world  
the healing of heavenly remedies,  
show benevolence to your Church,  
that our present observance  
may benefit us for eternal life.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

**First reading**

**Acts 13:44-52**

**Since you have rejected the word of God, we must turn to the pagans**

The next sabbath almost the whole town assembled to hear the word of God. When they saw the crowds, the Jews, prompted by jealousy, used blasphemies and contradicted everything Paul said. Then Paul and Barnabas spoke out boldly. ‘We had to proclaim the word of God to you first, but

since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

*I have made you a light for the nations,  
so that my salvation may reach the ends of the earth.'*

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

But the Jews worked upon some of the devout women of the upper classes and the leading men of the city and persuaded them to turn against Paul and Barnabas and expel them from their territory. So they shook the dust from their feet in defiance and went off to Iconium; but the disciples were filled with joy and the Holy Spirit.

---

## **Responsorial Psalm**

**Psalm 97(98):1-4**

*All the ends of the earth have seen the salvation of our God.*

**or**

*Alleluia!*

Sing a new song to the Lord  
for he has worked wonders.  
His right hand and his holy arm  
have brought salvation.

*All the ends of the earth have seen the salvation of our God.*

**or**

*Alleluia!*

The Lord has made known his salvation;  
has shown his justice to the nations.  
He has remembered his truth and love  
for the house of Israel.

*All the ends of the earth have seen the salvation of our God.*

**or**

*Alleluia!*

All the ends of the earth have seen  
the salvation of our God.  
Shout to the Lord, all the earth,  
ring out your joy.

*All the ends of the earth have seen the salvation of our God.*

**or**

*Alleluia!*

---

**Gospel Acclamation**

**Rm6:9**

Alleluia, alleluia!  
Christ, having been raised from the dead, will never die again.  
Death has no power over him any more.  
Alleluia!

**Or:**

**Jn8:31-32**

Alleluia, alleluia!  
If you make my word your home  
you will indeed be my disciples,  
and you will learn the truth, says the Lord.  
Alleluia!

---

**Gospel**

**John 14:7-14**

**To have seen me is to have seen the father**

Jesus said to his disciples:

‘If you know me, you know my Father too.  
From this moment you know him and have seen him.’

Philip said, ‘Lord, let us see the Father and then we shall be satisfied.’

‘Have I been with you all this time, Philip,’ said Jesus to him, ‘and you still do not know me?’

‘To have seen me is to have seen the Father,  
so how can you say, “Let us see the Father”?’  
Do you not believe  
that I am in the Father and the Father is in me?  
The words I say to you I do not speak as from myself:  
it is the Father, living in me, who is doing this work.  
You must believe me when I say  
that I am in the Father and the Father is in me;  
believe it on the evidence of this work, if for no other reason.  
I tell you most solemnly,  
whoever believes in me  
will perform the same works as I do myself,  
he will perform even greater works,  
because I am going to the Father.  
Whatever you ask for in my name I will do,  
so that the Father may be glorified in the Son.  
If you ask for anything in my name,  
I will do it.’

---

### **Prayer over the Offerings**

Graciously sanctify these gifts, O Lord, we pray,  
and, accepting the oblation of this spiritual sacrifice,  
make of us an eternal offering to you.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Jn 17: 24**

Father, I wish that, where I am,  
those you gave me may also be with me,  
that they may see the glory that you gave me, alleluia.

---

### **Prayer after Communion**

We have partaken of the gifts of this sacred mystery,  
humbly imploring, O Lord,  
that what your Son commanded us to do

in memory of him  
may bring us growth in charity.  
Through Christ our Lord.

---

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## **Sunday 10 May 2020**

### **5th Sunday of Easter**

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**Sunday 10 May 2020**

**5th Sunday of Easter**

## **Invitatory Psalm**

---

Lord, open our lips.

*And we shall praise your name.*

**Invitatory Psalm**

**Psalm 99 (100)**

*“The Lord calls all those he has redeemed to sing a hymn of victory”  
(St Athanasius).*

*The Lord has truly risen, alleluia.*

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,  
world without end.  
Amen.

*The Lord has truly risen, alleluia.*

---

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## Sunday 10 May 2020

5th Sunday of Easter

### Morning Prayer (Lauds)

*If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.*

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 62 (63)**  
**Thirsting for God**

**"Let the man who has put away the deeds of the night watch for God."**

*Let anyone who is thirsty come and drink the water of life, a free gift for those who desire it. Alleluia.*

O God, you are my God, for you I long;  
for you my soul is thirsting.  
My body pines for you  
like a dry, weary land without water.  
So I gaze on you in the sanctuary  
to see your strength and your glory.

For your love is better than life,  
my lips will speak your praise.  
So I will bless you all my life,  
in your name I will lift up my hands.  
My soul shall be filled as with a banquet,  
my mouth shall praise you with joy.

On my bed I remember you.  
On you I muse through the night  
for you have been my help;  
in the shadow of your wings I rejoice.  
My soul clings to you;  
your right hand holds me fast.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*Let anyone who is thirsty come and drink the water of life, a free gift for  
those who desire it. Alleluia.*

### **Psalm-prayer**

Father, creator of unfailing light, give that same light to those who call to  
you. May our lips praise you; our lives proclaim your goodness; our work  
give you honour, and our voices celebrate you for ever.

### **Or:**

This morning, Lord, we lift up our hands to praise you. We thirst for you;  
we long for you. Help us to love you more than life itself and fill us with  
good gifts from your banquet table.

---

### **Canticle**

**Daniel 3:57-88,56**

**All creatures, bless the Lord**

**“Praise our God, all you his servants” (Rev 19:5).**

*Worship the maker of heaven and earth and the sea and every spring of  
water. Alleluia.*

O all you works of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.  
And you, clouds of the sky, O bless the Lord.  
And you, all armies of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.  
And you, the stars of the heavens, O bless the Lord.  
And you, showers and rain, O bless the Lord.  
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.  
And you, fire and heat, O bless the Lord.  
And you, cold and heat, O bless the Lord.  
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.  
And you, frosts and cold, O bless the Lord.  
And you, frost and snow, O bless the Lord.  
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.  
And you, darkness and light, O bless the Lord.  
And you, lightning and clouds, O bless the Lord.  
To him be highest glory and praise for ever.

O let the earth bless the Lord.  
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.  
And you, all plants of the earth, O bless the Lord.  
And you, fountains and springs, O bless the Lord.  
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.

And you, creatures of the sea, O bless the Lord.  
And you, every bird in the sky, O bless the Lord.  
And you, wild beasts and tame, O bless the Lord.  
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.  
To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.  
And you, priests of the Lord, O bless the Lord.  
And you, servants of the Lord, O bless the Lord.  
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.  
And you, holy and humble of heart, O bless the Lord.  
Ananias, Azarias, Mizael, O bless the Lord.  
To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:  
To you be highest glory and praise for ever.  
May you be blessed, O Lord, in the heavens:  
To you be highest glory and praise for ever.

*Worship the maker of heaven and earth and the sea and every spring of  
water. Alleluia.*

---

### **Psalm 149** **The saints rejoice**

**“The members of the Church, God’s new people, will rejoice in their  
king, who is Christ” (Hesychius).**

*Let the saints rejoice in glory. Alleluia.*

Sing a new song to the Lord,  
his praise in the assembly of the faithful.  
Let Israel rejoice in its Maker,  
let Sion’s sons exult in their king.

Let them praise his name with dancing  
and make music with timbrel and harp.

For the Lord takes delight in his people.

He crowns the poor with salvation.

Let the faithful rejoice in their glory,  
shout for joy and take their rest.

Let the praise of God be on their lips  
and a two-edged sword in their hand,

to deal out vengeance to the nations  
and punishment on all the peoples;

to bind their kings in chains  
and their nobles in fetters of iron;

to carry out the sentence pre-ordained:  
this honour is for all his faithful.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

*Let the saints rejoice in glory. Alleluia.*

### **Psalm-prayer**

Let Israel rejoice in you, Lord, and acknowledge you as creator and redeemer. We put our trust in your faithfulness and proclaim the wonderful truths of salvation. May your loving kindness embrace us now and for ever.

### **Or:**

Lord Jesus, you came to your own people and gave to all who welcomed you power to become children of God. In your merciful love watch over the Church and through her ministry bring salvation to the meek and lowly. May we avoid the snares of the impious, and come to rejoice in glory with your saints.

---



## Short Reading

Acts 10:40-43

God raised Jesus to life on the third day and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.

---

## Short Responsory

Have mercy on us, Christ, Son of the living God, alleluia, alleluia.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*  
You have risen from the dead.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*

---

## Canticle

Benedictus

### The Messiah and the one who was sent before him

*I am the Way, the Truth and the Life. No one can come to the Father except through me. Alleluia. (Year A)*

*Or: Whoever remains in me, and I in him, bears fruit in plenty, says the Lord. Alleluia.*

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*I am the Way, the Truth and the Life. No one can come to the Father except  
through me. Alleluia. (Year A)*

*Or: Whoever remains in me, and I in him, bears fruit in plenty, says the  
Lord. Alleluia.*

---

## **Prayers and intercessions**

Let us pray to Christ, the author of life. God raised him from the dead, and  
he himself will raise us to life by his own power.

– *Christ, our life, save us.*

Christ, you are the light that drives out darkness and draws men to holiness;  
let us make this day a living hymn of praise.

– *Christ, our life, save us.*

Lord, you followed the way of suffering, even to the cross;  
grant that we may die with you and come to life with you.

– *Christ, our life, save us.*

Our master and our brother, you have made us a kingdom of priests to serve  
God our Father;  
let us offer you with joy the sacrifice of praise.

– *Christ, our life, save us.*

King of glory, we look forward to the day of your coming,  
then we shall see your face and share in your splendour.

– *Christ, our life, save us.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

---

Since it is from you, God our Father,  
that redemption comes to us, your adopted children,  
look with favour on the family you love,  
give true freedom to us and to all who believe in Christ,  
and bring us all alike to our eternal heritage.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**

---

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## Sunday 10 May 2020

5th Sunday of Easter

### Vespers (Evening Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Hymn

The Lamb's high banquet we await,  
In snow-white robes of royal state;  
And now, the Red Sea's channel past,  
To Christ our Prince we sing at last.

Upon the altar of the Cross  
His body hath redeemed our loss;  
And tasting of his scarlet blood,  
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,  
The Lamb of God that knows no stain,  
The true oblation offered here,  
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,  
O great, O very Sacrifice,  
Thy captive people are set free,  
And endless life restored in thee.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

---

**Psalm 109 (110)**  
**The Messiah, king and priest**

“He must be king so that he may put all his enemies under his feet” (1 Cor 15:25).

*The Lord has risen and sits at the right hand of God. Alleluia.*

The Lord's revelation to my Master:  
‘Sit on my right:  
your foes I will put beneath your feet.’

The Lord will wield from Sion  
your sceptre of power:  
rule in the midst of all your foes.

A prince from the day of your birth  
on the holy mountains;  
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.  
‘You are a priest for ever,  
a priest like Melchizedek of old.’

The Master standing at your right hand  
will shatter kings in the day of his wrath.

He shall drink from the stream by the wayside

and therefore he shall lift up his head.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

*The Lord has risen and sits at the right hand of God. Alleluia.*

### **Psalm-prayer**

Father, we ask you to give us victory and peace. In Jesus Christ, our Lord and King, we are already seated at your right hand. We look forward to praise you in the fellowship of all your saints in our heavenly homeland.

### **Or:**

Almighty God, bring the kingdom of Christ, your anointed one, to its fullness. May the perfect offering of your Son, eternal priest of the new Jerusalem, be offered in every place to your name and make all nations a holy people for you.

---

### **Psalm 113A (114)** **Israel set free from Egypt**

**“You, who have renounced this world, have also been led forth from Egypt” (St Augustine).**

*He has freed us from the power of darkness and has given us a place in the kingdom of his Son. Alleluia.*

When Israel came forth from Egypt,  
Jacob’s sons from an alien people,  
Judah became the Lord’s temple,  
Israel became his kingdom.

The sea fled at the sight:

the Jordan turned back on its course,  
the mountains leapt like rams  
and the hills like yearling sheep.

Why was it, sea, that you fled,  
that you turned back, Jordan, on your course?  
Mountains, that you leapt like rams;  
hills, like yearling sheep?

Tremble, O earth, before the Lord,  
in the presence of the God of Jacob,  
who turns the rock into a pool  
and flint into a spring of water.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*He has freed us from the power of darkness and has given us a place in the kingdom of his Son. Alleluia.*

### **Psalm-prayer**

Almighty God, ever-living mystery of unity and Trinity, you gave life to the new Israel by birth from water and the Spirit, and made it a chosen race, a royal priesthood, a people set apart as your eternal possession. May all those you have called to walk in the splendour of the new light render you fitting service and adoration.

---

### **Canticle**

**(Apocalypse 19)**

### **The wedding of the Lamb**

*Alleluia. The Lord our God is king: let us rejoice and give glory to him.  
Alleluia.*



Alleluia.

Salvation and glory and power belong to our God,  
his judgements are true and just.

Alleluia.

Alleluia.

Praise our God, all you his servants,  
you who fear him, small and great.

Alleluia.

Alleluia.

The Lord our God, the Almighty, reigns,  
let us rejoice and exult and give him the glory.

Alleluia.

Alleluia.

The marriage of the Lamb has come,  
and his bride has made herself ready.

Alleluia.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. The Lord our God is king: let us rejoice and give glory to him.*  
*Alleluia.*

---

## **Short Reading**

### **Hebrews 10:12-14**

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

---

## Short Responsory

The Lord has truly risen, alleluia, alleluia.

– *The Lord has truly risen, alleluia, alleluia.*

He has appeared to Simon.

– *The Lord has truly risen, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The Lord has truly risen, alleluia, alleluia.*

---

## Canticle

## Magnificat

### My soul rejoices in the Lord

*‘Lord, let us see the Father and then we shall be satisfied.’ Jesus replied:*

*‘Have I been with you all this time, Philip, and you still do not know me? To have seen me is to have seen the Father.’ Alleluia. (Year A)*

*Or: I give you a new commandment: love one another as I have loved you, says the Lord. Alleluia.*

My soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.  
He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,

remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*'Lord, let us see the Father and then we shall be satisfied.'* Jesus replied:  
*'Have I been with you all this time, Philip, and you still do not know me? To have seen me is to have seen the Father.'* Alleluia. *(Year A)*  
*Or: I give you a new commandment: love one another as I have loved you, says the Lord. Alleluia.*

---

### **Prayers and intercessions**

Let us pray with joy to Christ the Lord. He rose from the dead and is living  
now to intercede for us.

– *Victorious king, hear us.*

Christ, you are the light of the world and the salvation of nations;  
set us on fire with your Spirit as we proclaim the wonder of your  
resurrection.

– *Victorious king, hear us.*

Let Israel recognize in you the Messiah it has longed for;  
fill all men with the knowledge of your glory.

– *Victorious king, hear us.*

Keep us united in the communion of saints;  
may we find rest with them, when life's work is done.

– *Victorious king, hear us.*

You have overcome death, the last enemy of man;  
destroy everything in us that is at enmity with God.

– *Victorious king, hear us.*

Christ, our Saviour, you became obedient to death, but God raised you to the heights;

receive our brothers into the kingdom of your glory.

– *Victorious king, hear us.*

---

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

---

Since it is from you, God our Father,

that redemption comes to us, your adopted children,

look with favour on the family you love,

give true freedom to us and to all who believe in Christ,

and bring us all alike to our eternal heritage.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

**Amen.**

---

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

**Amen.**

---

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## Sunday 10 May 2020

5th Sunday of Easter

### Compline (Night Prayer)

---

#### INTRODUCTION

O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

---

#### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

---

#### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

---

**Psalm 90 (91)**  
**The protection of the Most High**

“Behold, I have given you power to tread under foot both serpents and scorpions” (Lk 10:19).

*Alleluia. Alleluia. Alleluia.*

He who dwells in the shelter of the Most High  
and abides in the shade of the Almighty  
says to the Lord: ‘My refuge,  
my stronghold, my God in whom I trust!’

It is he who will free you from the snare  
of the fowler who seeks to destroy you;  
he will conceal you with his pinions  
and under his wings you will find refuge.

You will not fear the terror of the night  
nor the arrow that flies by day,  
nor the plague that prowls in the darkness  
nor the scourge that lays waste at noon.

A thousand may fall at your side,  
ten thousand fall at your right,  
you, it will never approach;  
his faithfulness is buckler and shield.

Your eyes have only to look  
to see how the wicked are repaid,  
you who have said: 'Lord, my refuge!'  
and have made the Most High your dwelling.

Upon you no evil shall fall,  
no plague approach where you dwell.  
For you has he commanded his angels,  
to keep you in all your ways.

They shall bear you upon their hands  
lest you strike your foot against a stone.  
On the lion and the viper you will tread  
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;  
protect him for he knows my name.  
When he calls I shall answer: 'I am with you,'  
I will save him in distress and give him glory.

With length of life I will content him;  
I shall let him see my saving power.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Alleluia. Alleluia. Alleluia.*

**Psalm-prayer**

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

---

### **Short Reading**

### **Apocalypse 22:4-5**

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

---

### **Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*  
Glory be to the Father and to the Son and to the Holy Spirit.  
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

---

### **Canticle**

### **Nunc Dimittis**

### **Christ is the light of the nations and the glory of Israel**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel, your people.



Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may  
keep watch with Christ and rest with him in peace. Alleluia.*

---

**Let us pray.**

God our Father,  
as we have celebrated today the mystery of the Lord's resurrection,  
grant our humble prayer:  
free us from all harm  
that we may sleep in peace  
and rise in joy to sing your praise.

Through Christ our Lord,

**Amen.**

---

The Lord grant us a quiet night and a perfect end.

**Amen.**

---

**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.

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## Sunday 10 May 2020

### 5th Sunday of Easter

*Liturgical Colour: White.*

## Readings at Mass

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### Entrance Antiphon

**Cf. Ps 97: 1-2**

O sing a new song to the Lord,  
for he has worked wonders;  
in the sight of the nations  
he has shown his deliverance, alleluia.

---

### Collect

Almighty ever-living God,  
constantly accomplish the Paschal Mystery within us,  
that those you were pleased to make new in Holy Baptism  
may, under your protective care, bear much fruit  
and come to the joys of life eternal.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

---

### First reading

**Acts 6:1-7**

### **They elected seven men full of the Holy Spirit**

About this time, when the number of disciples was increasing, the Hellenists made a complaint against the Hebrews: in the daily distribution their own widows were being overlooked. So the Twelve called a full

meeting of the disciples and addressed them, ‘It would not be right for us to neglect the word of God so as to give out food; you, brothers, must select from among yourselves seven men of good reputation, filled with the Spirit and with wisdom; we will hand over this duty to them, and continue to devote ourselves to prayer and to the service of the word.’ The whole assembly approved of this proposal and elected Stephen, a man full of faith and of the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus of Antioch, a convert to Judaism. They presented these to the apostles, who prayed and laid their hands on them.

The word of the Lord continued to spread: the number of disciples in Jerusalem was greatly increased, and a large group of priests made their submission to the faith.

---

### **Responsorial Psalm**

**Psalm 32(33):1-2,4-5,18-19**

*May your love be upon us, O Lord, as we place all our hope in you.*

**or**

*Alleluia!*

Ring out your joy to the Lord, O you just;  
for praise is fitting for loyal hearts.  
Give thanks to the Lord upon the harp,  
with a ten-stringed lute sing him songs.

*May your love be upon us, O Lord, as we place all our hope in you.*

**or**

*Alleluia!*

For the word of the Lord is faithful  
and all his works to be trusted.  
The Lord loves justice and right  
and fills the earth with his love.

*May your love be upon us, O Lord, as we place all our hope in you.*

**or**

*Alleluia!*

The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine.

*May your love be upon us, O Lord, as we place all our hope in you.*

**or**

*Alleluia!*

---

**Second reading**

**1 Peter 2:4-9**

**Christ is the living stone, chosen by God and precious to him**

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house. As scripture says: *See how I lay in Zion a precious cornerstone that I have chosen and the man who rests his trust on it will not be disappointed.* That means that for you who are believers, it is precious; but for unbelievers, the stone rejected by the builders has proved to be the keystone, a stone to stumble over, a rock to bring men down. They stumble over it because they do not believe in the word; it was the fate in store for them.

But you are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light.

---

**Gospel Acclamation**

**Jn14:6**

Alleluia, alleluia!

Jesus said: 'I am the Way, the Truth and the Life.

No one can come to the Father except through me.'

Alleluia!

---

**Gospel**

**John 14:1-12**

## **I am the Way, the Truth and the Life**

Jesus said to his disciples:

‘Do not let your hearts be troubled.  
Trust in God still, and trust in me.  
There are many rooms in my Father’s house;  
if there were not, I should have told you.  
I am going now to prepare a place for you,  
and after I have gone and prepared you a place,  
I shall return to take you with me;  
so that where I am  
you may be too.  
You know the way to the place where I am going.’

Thomas said, ‘Lord, we do not know where you are going, so how can we know the way?’ Jesus said:

‘I am the Way, the Truth and the Life.  
No one can come to the Father except through me.  
If you know me, you know my Father too.  
From this moment you know him and have seen him.’

Philip said, ‘Lord, let us see the Father and then we shall be satisfied.’  
‘Have I been with you all this time, Philip,’ said Jesus to him ‘and you still do not know me?’

‘To have seen me is to have seen the Father,  
so how can you say, “Let us see the Father”?  
Do you not believe  
that I am in the Father and the Father is in me?  
The words I say to you I do not speak as from myself:  
it is the Father, living in me, who is doing this work.  
You must believe me when I say  
that I am in the Father and the Father is in me;  
believe it on the evidence of this work, if for no other reason.  
I tell you most solemnly,  
whoever believes in me

will perform the same works as I do myself,  
he will perform even greater works,  
because I am going to the Father.’

---

### **Prayer over the Offerings**

O God, who by the wonderful exchange effected in this sacrifice  
have made us partakers of the one supreme Godhead,  
grant, we pray,  
that, as we have come to know your truth,  
we may make it ours by a worthy way of life.  
Through Christ our Lord.

---

### **Communion Antiphon**

**Cf. Jn 15: 1, 5**

I am the true vine and you are the branches, says the Lord.  
Whoever remains in me, and I in him, bears fruit in plenty, alleluia.

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### **Prayer after Communion**

Graciously be present to your people, we pray, O Lord,  
and lead those you have imbued with heavenly mysteries  
to pass from former ways to newness of life.  
Through Christ our Lord.

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