



NAAS, SALLINS &
TWO MILE HOUSE
PARISHES



Pastoral Pack for the Sixth Week of Easter
Sunday 17th - Saturday 23rd May 2020

A Word from Fr. Liam

This week I want to say hello to all the boys and girls who are in second class in all our schools in Naas, Sallins and Two-Mile-House. I know that a few weeks ago, when you would have heard confirmation that your First Holy Communion will be postponed, that naturally you were disappointed. You were probably looking forward to your special day; maybe some of you have already got your clothes - you might even have tried them on and you may have been looking forward, with your friends, to celebrating that special day when Jesus would come into your life in the celebration of your First Holy Communion, surrounded by your family, your friends, perhaps your grandparents and, when our ceremony would have been over in the church, having a celebration afterwards at home.



So we are disappointed but you need to remember we've just pressed the pause button and we will have a special day, sometime in the future and you will be very much the centre of our focus the centre of our attention and it will be a wonderful day yet to come. So in the meantime boys and girls, I want you to continue to celebrate and to say your prayers at home - maybe in the morning and at night time just before you go to bed. Get out your religion book and with your parents or your grandparents and just keep preparing in your own way for your First Holy Communion. Look at some of the things that are on the parish website - some beautiful resources there, with the Gospels specially done in animation. So look those up with your Mum or with your Dad and that would be a great part of your preparation. Also, do join us then on a special Sunday the 17th of May and where we will talk to you then. So keep safe and keep well and well done thank you. bye-bye now



Fr. Liam also has some words for our younger parishioners who are currently preparing for First Holy Communion on our parish YouTube channel. You can visit it at https://www.youtube.com/watch?v=Ct_jYucjFdo.

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2020

Pope Benedict Remembers Pope St. John Paul II

Here is the full text of Pope emeritus Benedict XVI's letter marking the centenary of the birth of St. John Paul II. The English translation of this letter, dated May 4, was released May 15 by the Polish bishops' conference.

100 years ago, on May 18th, Pope John Paul II was born in the small Polish town of Wadowice.

After having been divided for over 100 years by three neighboring major powers of Prussia, Russia, and Austria, Poland regained Her independence at the end of the First World War. It was a historic event that gave birth to great hope; but it also demanded much hardship as the new State, in the process of Her reorganization, continued to feel the pressure of the two Powers of Germany and Russia. In this situation of oppression, but above all in this situation marked by hope, young Karol Wojtyła grew up. He lost his mother and his brother quite early and, in the end, his father as well, from whom he gained deep and warm piety. The young Karol was particularly drawn by literature and theater. After passing his final secondary school exam, he chose to study these subjects.

“In order to avoid the deportation, in the fall of 1940 he went to work in a quarry of the Solvay chemical plant.” (cf. Gift and Mystery). “In the fall of 1942, he made the final decision to enter the Seminary of Kraków, which Kraków’s Archbishop Sapieha had secretly established in his residence. As a factory worker, Karol already started studying theology in old textbooks; and so, on 1 November 1946, he could be ordained a priest.” (cf. Ibid.) Of course, Karol not only studied theology in books but also through his experience of the difficult situation that he and his Country found itself in. This is somewhat a characteristic of his whole life and work. He studied books but the questions that they posed became the reality that he profoundly experienced and lived. As a young Bishop – as an Auxiliary Bishop since 1958 and then Archbishop of Kraków from 1964 - the Second Vatican Council became the school of his entire life and work. The important questions that appeared, especially in connection with the so-called Schema 13 which would subsequently become the

Constitution *Gaudium et Spes*, were questions that were also his own. The answers developed by the Council would pave the way for his mission as Bishop and, later, as Pope.

When Cardinal Wojtyła was elected Successor of St. Peter on 16 October 1978, the Church was in a dramatic situation. The deliberations of the Council had been presented to the public as a dispute over the Faith itself, which seemed to deprive the Council of its infallible and unwavering sureness. A Bavarian parish priest, for example, commented on the situation by saying, "In the end, we fell into the wrong faith." This feeling that nothing was no longer certain, that everything was questioned, was kindled even more by the method of implementation of liturgical reform. In the end, it almost seemed that the liturgy could be created of itself. Paul VI brought the Council to an end with energy and determination, but after its conclusion, he faced ever more pressing problems that ultimately questioned the existence of the Church Herself. At that time, sociologists compared the Church's situation to the situation of the Soviet Union under the rule of Gorbachev, during which the powerful structure of the Soviet State collapsed under the process of its reform.

Therefore, in essence, an almost impossible task was awaiting the new Pope. Yet, from the first moment on, John Paul II aroused new enthusiasm for Christ and his Church. His words from the sermon at the inauguration of his pontificate: "Do not be afraid! Open, open wide the doors for Christ!" This call and tone would characterize his entire pontificate and made him a liberating restorer of the Church. This was conditioned by the fact that the new Pope came from a country where the Council's reception had been positive: one of a joyful renewal of everything rather than an attitude of doubt and uncertainty in all.

The Pope traveled the world, having made 104 pastoral voyages, proclaiming the Gospel wherever he went as a message of joy, explaining in this way the obligation to defend what is Good and to be for Christ.

In his 14 Encyclicals, he comprehensively presented the faith of the Church and its teaching in a human way. By doing this, he inevitably sparked contradiction in Church of the West, clouded by doubt and uncertainty.

It seems important today to define the true centre, from the perspective of which we can read the message contained in the various texts. We could have noticed it at the hour of his death. Pope John Paul II died in the first moments of the newly established Feast of Divine Mercy. Let me first add a brief personal remark that seems an important aspect of the Pope's nature and work. From the very beginning, John Paul II was deeply touched by the message of Faustina Kowalska, a nun from Kraków, who emphasized Divine Mercy as an essential center of the Christian faith. She had hoped for the establishment of such a feast day. After consultation, the Pope chose the Second Sunday of Easter. However, before the final decision was made, he asked the Congregation for the Doctrine of the Faith to express its view on the appropriateness of this date. We responded negatively because such an ancient, traditional and meaningful date like the Sunday "in Albis" concluding the Octave of Easter should not be

burdened with modern ideas. It was certainly not easy for the Holy Father to accept our reply. Yet, he did so with great humility and accepted our negative response a second time. Finally, he formulated a proposal that left the Second Sunday of Easter in its historical form but included Divine Mercy in its original message. There have often been similar cases in which I was impressed by the humility of this great Pope, who abandoned ideas he cherished because he could not find the approval of the official organs that must be asked according established norms.

When John Paul II took his last breaths on this world, the prayer of the First Vespers of the Feast of Divine Mercy had just ended. This illuminated the hour of his death: the light of God's mercy stands as a comforting message over his death. In his last book *Memory and Identity*, which was published on the eve of his death, the Pope once again summarized the message of Divine Mercy. He pointed out that Sister Faustina died before the horrors of the Second World War but already gave the Lord's answer to all this unbearable strife. It was as if Christ wanted to say through Faustina: "Evil will not get the final victory. The mystery of Easter affirms that good will ultimately be victorious, that life will triumph over death, and that love will overcome hatred".

Throughout his life, the Pope sought to subjectively appropriate the objective center of Christian faith, the doctrine of salvation, and to help others to make it theirs. Through the resurrected Christ, God's mercy is intended for every individual. Although this center of Christian existence is given to us only in faith, it is also philosophically significant, because if God's mercy were not a fact, then we would have to find our way in a world where the ultimate power of good against evil is not recognizable. It is finally, beyond this objective historical significance, indispensable for everyone to know that in the end God's mercy is stronger than our weakness. Moreover, at this point, the inner unity of the message of John Paul II and the basic intentions of Pope Francis can also be found: John Paul II is not the moral rigorist as some have partially portrayed him. With the centrality of divine mercy, he gives us the opportunity to accept moral requirement for man, even if we can never fully meet it. Besides, our moral endeavors are made in the light of divine mercy, which proves to be a force that heals for our weakness.

While Pope John Paul II was dying, St. Peter's Square was filled with people, especially many young people, who wanted to meet their Pope one last time. I cannot forget the moment when Archbishop Sandri announced the message of the Pope's departure. Above all, the moment when the great bell of St. Peter's took up this message remains unforgettable. On the day of his funeral, there were many posters with the words "Santo subito!" It was a cry that rose from the encounter with John Paul II from all sides. Not from the square but also in different intellectual circles the idea of giving John Paul II the title "the Great" was discussed.

The word "saint" indicates God's sphere and the word "great" the human dimension. According to the Church's standards, sanctity can be recognized by two criteria: heroic virtues

and a miracle. These two standards are closely related. Since the word “heroic virtue” does not mean a kind of Olympic achievement but rather that something becomes visible in and through a person that is not his own but God’s work which becomes recognizable in and through him. This is not a kind of moral competition, but the result of renouncing one’s own greatness. The point is that a person lets God work on him, and so God’s work and power become visible through him.

The same applies to the criterion of the miracle: here too, what counts is not that something sensational happening but the visible revelation of God’s healing goodness, which transcends all merely human possibilities. A saint is the man who is open to God and permeated by God. A holy man is the one who leads away from himself and lets us see and recognize God. Checking this juridically, as far as possible, is the purpose of the two processes for beatification and canonization. In the case of John Paul II, both were carried out strictly according to the applicable rules. So, now he stands before us as the Father, who makes God’s mercy and kindness visible to us.

It is more difficult to correctly define the term “great.” In the course of the almost 2,000-year long history of the papacy, the title “the Great” has been maintained only for two popes: Leo I (440 - 461) and Gregory I (590 - 604). In the case of both, the word “great” has a political connotation, but precisely because something of the mystery of God himself becomes visible through their political success. Through dialog, Leo the Great was able to convince Attila, the Prince of Huns, to spare Rome – the city of the Apostolic Princes Peter and Paul. Without weapons, without military or political power, through the power of his conviction for his faith, he was able to convince the feared tyrant to spare Rome. In the struggle between the spirit and power, the spirit proved stronger.

Gregory I’s success was not as spectacular, but he was repeatedly able to protect Rome against the Lombard – here too, by opposing the spirit against power and winning the victory of the spirit.

If we compare both stories with that of John Paul II, the similarity is unmistakable. John Paul II also had no military or political power. During the discussion about the future shape of Europe and Germany in February 1945, it was said that the Pope’s reaction should also be taken into account. Stalin then asked: “How many divisions does the Pope have?” Well, he had no available division. However, the power of faith turned out to be a force that finally unhinged the Soviet power system in 1989 and made a new beginning possible. Undisputedly, the Pope’s faith was an essential element in the collapse of the powers. And so, the greatness that appeared in Leo I and Gregory I is certainly also visible here.

Let us leave open the question of whether the epithet “the great” will prevail or not. It is true that God’s power and goodness have become visible to all of us in John Paul II. In a time when the Church is again suffering from the oppression of evil, he is for us a sign of hope and confidence.

Papal Catechesis on Prayer

Given at the General Audience with Pope Francis – 13th May 2020



Dear Brothers and Sisters, good morning!

Today we take the second step in the course of catechesis on prayer, initiated last week.

Prayer belongs to all: to men of all religions, and probably also to those that don't profess any. Prayer is born in the secret of ourselves, in that interior place that spiritual authors often call "heart" (Cf. *Catechism of the Catholic Church*, 2562-2563). Therefore, to

pray is not something peripheral in us; it's not something secondary and marginal in us, but it is the most intimate mystery in us. It is this mystery that prays. The emotions pray, but it can't be said that prayer is only emotion. The intelligence prays, but to pray isn't only an intellectual act. The body prays, but one can speak with God even in the gravest disability. Therefore, it's the whole man that prays, if his "heart" prays.

Prayer is a surge, it's an invocation that goes beyond us, something that is born in the intimacy of our person and reaches out because it feels the nostalgia of an encounter. That nostalgia that is more than a need, more than a necessity: it is a way. Prayer is the voice of an "I" that is groping, which proceeds tentatively, in search of a "You." The encounter between "me" and "You" can't be done with calculators: it's a human encounter and it often proceeds tentatively to find the "You" that my "I" is seeking.

Instead, a Christian's prayer is born of a revelation: the "You" did not remain enveloped in mystery, but entered into relationship with us. Christianity is the religion that celebrates continually God's "manifestation," namely His epiphany. The first feasts of the Liturgical Year are the celebration of this God who doesn't remain hidden, but who offers His friendship to men. God reveals His glory in the poverty of Bethlehem, in the contemplation of the Magi, in the Baptism at the Jordan, in the miracle of the wedding of Cana. John's Gospel ends the great hymn of the Prologue with a synthetic affirmation: "No one has ever seen God; the only Son, who is in the bosom of the Father, He has made Him known" (1:18). It was Jesus who revealed God to us.

A Christian's prayer enters in relationship with the God of the most tender face, who doesn't want to strike fear in men. This is the first characteristic of Christian prayer. If men were always accustomed to approaching God somewhat intimidated, somewhat scared by this

fascinating and tremendous mystery, if they were used to venerate Him with a servile attitude, similar to that of a subject who doesn't want to lack respect for his lord, Christians, instead, turn to Him, daring to call Him confidently with the name of "Father." In fact, Jesus uses the other word: "Papa."

Christianity has banished from the bond with God every "feudal" relationship. In our faith's patrimony expressions such as "subjection," "slavery" or "vassalage" are not present, but rather words such as "covenant," "friendship," "promise," "communion," "closeness." In his long farewell discourse to His disciples, Jesus said this: "No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. You did not choose Me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide; so that whatever you ask the Father in my name, He may give it to you" (*John 15:15-16*). But this is a blank check: "All that you ask the Father in my name, I'll give you everything'!

God is the friend, the ally, the spouse. One can establish in prayer a relationship of confidence with Him, so true is this that in the "Our Father" Jesus has taught us to address a series of questions to Him. We can ask God for everything, everything: to explain everything, to recount everything. It doesn't matter if we feel at fault in the relationship with God: we aren't good friends, we aren't grateful children; we aren't faithful spouses. He continues to love us. It's what Jesus demonstrates definitively in the Last Supper when He says: "This cup which is poured out for you is the new covenant of my blood" (*Luke 22:20*). In that gesture, Jesus anticipates in the Cenacle the mystery of the Cross. God is a faithful ally: if men stop loving, He, however, continues to love, even if love leads Him to Calvary. God is always close to the door of our heart and He waits for us to open to Him. And sometimes He knocks at our heart, but He is not invasive: He waits. God's patience with us is the patience of a Papa, of one who loves us so much. I would say, it's the patience of both a father and a mother — always close to our heart. When He knocks, He does so with tenderness and much love.

Let us all try to pray like this, entering in the mystery of the Covenant. To put ourselves in prayer in the merciful arms of God, to feel ourselves enveloped in that mystery of happiness that the Trinitarian life is, to feel ourselves as guests that do not merit so much honor. And to respect God, in the wonder of prayer: is it possible that You only know love? He doesn't know hatred. He is hated but He doesn't know hatred. He only knows love. This is the God to whom we pray. This is the incandescent nucleus of all Christian prayer, the God of love, our Father, who waits for us and accompanies us.



PENTECOST

A Nine Day Novena 22nd – 30th May

The novena for Pentecost starts on the Friday following the feast of the Ascension and concludes on the Saturday prior to the celebration of the Solemnity of Pentecost. The Novena of the Holy Spirit is the chief of all novenas **because it was the first that was ever celebrated, and that by the Apostles and Mary in the upper room**, and was distinguished by so many remarkable wonders and gifts, principally by the gift of the same Holy Spirit, a gift merited for us by the Passion of Jesus Christ Himself.

In this novena, therefore, we must consider, above all, the great value of divine love, in order that we may desire to obtain it, and endeavour by devout exercises, and especially by prayer, to be made partakers of it, since God has promised it to him who asks for it with humility: “your Father from heaven [will] give the good Spirit to them that ask Him!” (Luke 11:13).

St Alphonsus Liguori

Pentecost Novena Prayers

Each day begins with the Veni Creator Spiritus Sequence and ends with the Supplication and the Prayer for Gifts. The scripture readings change from day to day and are therefore given in a table between the opening and closing prayers as shown below:

Veni Creator Spiritus

Come, Holy Ghost, Creator, come from thy bright heav’nly throne;
come, take possession of our souls, and make them all thine own.

Thou who art called the Paraclete, best gift of God above,
the living spring, the living fire, sweet unction and true love.

Thou who art sevenfold in thy grace, finger of God's right hand;
his promise, teaching little ones to speak and understand.

O guide our minds with thy blest light, with love our hearts inflame;
and with thy strength, which ne'er decays, confirm our mortal frame.

Far from us drive our deadly foe; true peace unto us bring;
and through all perils lead us safe beneath thy sacred wing.

Through thee may we the Father know, through thee th'eternal Son,
and thee the Spirit of them both, thrice-blessed three in One.

All glory to the Father be, With his coequal Son;
The same to thee, great Paraclete, while endless ages run.

READINGS

Day 1	"After this I shall pour out my spirit on all humanity. Your sons and daughters shall prophesy, your old people shall dream dreams, and your young people see visions. I shall show portents in the sky and on earth, blood and fire and columns of smoke.' All who call on the name of Yahweh will be saved..." (Joel 3: 1,3,5)
Day 2	All who are guided by the Spirit of God are sons of God; for what you received was not the spirit of slavery to bring you back into fear; you received the Spirit of adoption, enabling us to cry out, 'Abba, Father!' (Rm 8:14-15)
Day 3	On the last day, the great day of the festival, Jesus stood and cried out: 'Let anyone who is thirsty come to me! Let anyone who believes in me come and drink! As scripture says, "From his heart shall flow streams of living water." He was speaking of the Spirit which those who believed in him were to receive; for there was no Spirit as yet because Jesus had not yet been glorified. (Jn 7: 37-39)
Day 4	Jesus replied: In all truth I tell you, no one can enter the kingdom of God without being born through water and the Spirit; what is born of human nature is human; what is born of the Spirit is spirit. (Jn :5-6)

Day 5	I shall ask the Father, and he will give you another Paraclete to be with you for ever, the Spirit of truth whom the world can never accept since it neither sees nor knows him; but you know him, because he is with you, he is in you. The Paraclete, the Holy Spirit, whom the Father will send in my name, will teach you everything and remind you of all I have said to you. (Jn 14: 16-17; 26)
Day 6	I still have many things to say to you but they would be too much for you to bear now. However, when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking of his own accord, but will say only what he has been told; and he will reveal to you the things to come. (Jn 16: 12-13)
Day 7	Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ. Now you too, in him, have heard the message of the truth and the gospel of your salvation, and having put your trust in it you have been stamped with the seal of the Holy Spirit of the Promise, who is the pledge of our inheritance, for the freedom of the people whom God has taken for his own, for the praise of his glory. (Eph 1:3; 13-14)
Day 8	Instead, I tell you, be guided by the Spirit, and you will no longer yield to self-indulgence. But when you are led by the Spirit, you are not under the Law. On the other hand the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, trustfulness gentleness and self-control. (Gal 5: 16;18;22)
Day 9	Instead, I tell you, be guided by the Spirit, and you will no longer yield to self-indulgence. But when you are led by the Spirit, you are not under the Law. On the other hand the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, trustfulness gentleness and self-control. (Gal 5: 16;18;22)

SUPPLICATION

O Holy Spirit, eternal Love of the Father and the Son, our God and sanctifier, we adore and thank you for your presence in this world, our Church and in us. We ask forgiveness of all the times that we have saddened You and our neighbours. We ask pardon for all the times that we have resisted your action in us and the other. Descend upon us once more as in the days of Pentecost.

- ✠ Descend, fountain of grace, on our Bishops, Priests and Deacons;
- ✠ Descend, source of holiness, upon the religious who are consecrated to you;
- ✠ Descend, seal of new life, on all the faithful;
- ✠ Descend, balm of mercy, on poor sinners;
- ✠ Descend, light of truth, on all mankind;
- ✠ Descend through the intercession of the Virgin Mary, from the heart of the Trinity and come to us.

Come, **Spirit of Wisdom**, free us from the things of the earth and give us the desire and the taste of the things of heaven.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

2) Come, **Spirit of Understanding**, illuminate our minds with the light of eternal truth and fill it with holy thoughts.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

3) Come, **Spirit of Counsel**, make us docile to your inspirations and guide us on the road of salvation.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

4) Come, **Spirit of Fortitude**, give us the energy and constancy in doing what is right and good and the strength to fight against evil.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

5) Come, **Spirit of Knowledge**, reveal the secrets of God to us and open our minds to the contemplation of heaven.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

6) Come, **Spirit of Piety**, teach us to pray. Invade and purify our senses and affections ordering all towards You.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

7) Come, **Spirit of the Just Fear of the Lord**, inspire us to have an horror of sin and the desire to seek only to please God alone.

Glory be to the Father, and to the Son and to the Holy Spirit as it was in the beginning, is now and ever shall be world without end, Amen!

O Lord, send your Spirit
– through the intercession of the Virgin Mary

PRAYER

God Our Father, by means of your Son, you sent the Holy Spirit to your Church, to guide it, confirm it and sustain it. Send your holy gifts upon us also so that we can collaborate with You and joyfully travel the road of Salvation. Through Christ Our Lord. Amen.

Did you Set up a May Altar at Home?

Two weeks ago we gave you some pointers on how and why we should maintain the tradition of building a May altar in your home. This week we are asking you to take a photograph of your efforts that are always so pleasing to the Blessed Virgin and send them to us at naasparish@gmail.com. We will, with your permission, publish all photos received on our parish website and in next week's parish pastoral pack. We have received some beautiful pictures already and we know that Our Lady smiles down on each and every one of these acts of devotion and love towards her. We would love to see your home may Altar, so why not take a photo of it and send it into us at naasparish@gmail.com.

Your May Altars



Children's Pages

SAINTS FUN FACTS



Saint of the Week:

Saint Rita of Cascia

May 22nd

A child friendly video on the life of Saint Rita of Cascia for our younger parishioners. You can view it at this address:

<https://www.youtube.com/watch?v=ChtXbYVdGL4>

LESSONS FROM THE LIFE OF ST. RITA

St. Rita certainly had a difficult life, yet her heart breaking circumstances drove her to prayer and helped her to become a holy woman. She began her work of intercession for sinners while she lived, starting with those closest to her heart. Through her love and prayers she won the grace of conversion for her husband and both of her sons.

Although her life was filled with sorrows and disappointments, Rita persevered through her trials and was consoled by closely uniting herself with the sufferings of Christ. And he did not abandon her; rather he granted her profound and intimate graces. Now a saint in heaven, she helps those who are in great need, just as she once was in her earthly life.

St. Rita of Cascia is the patron saint of impossible causes, sterility, abuse victims, loneliness, marriage difficulties, parenthood, widows, the sick,



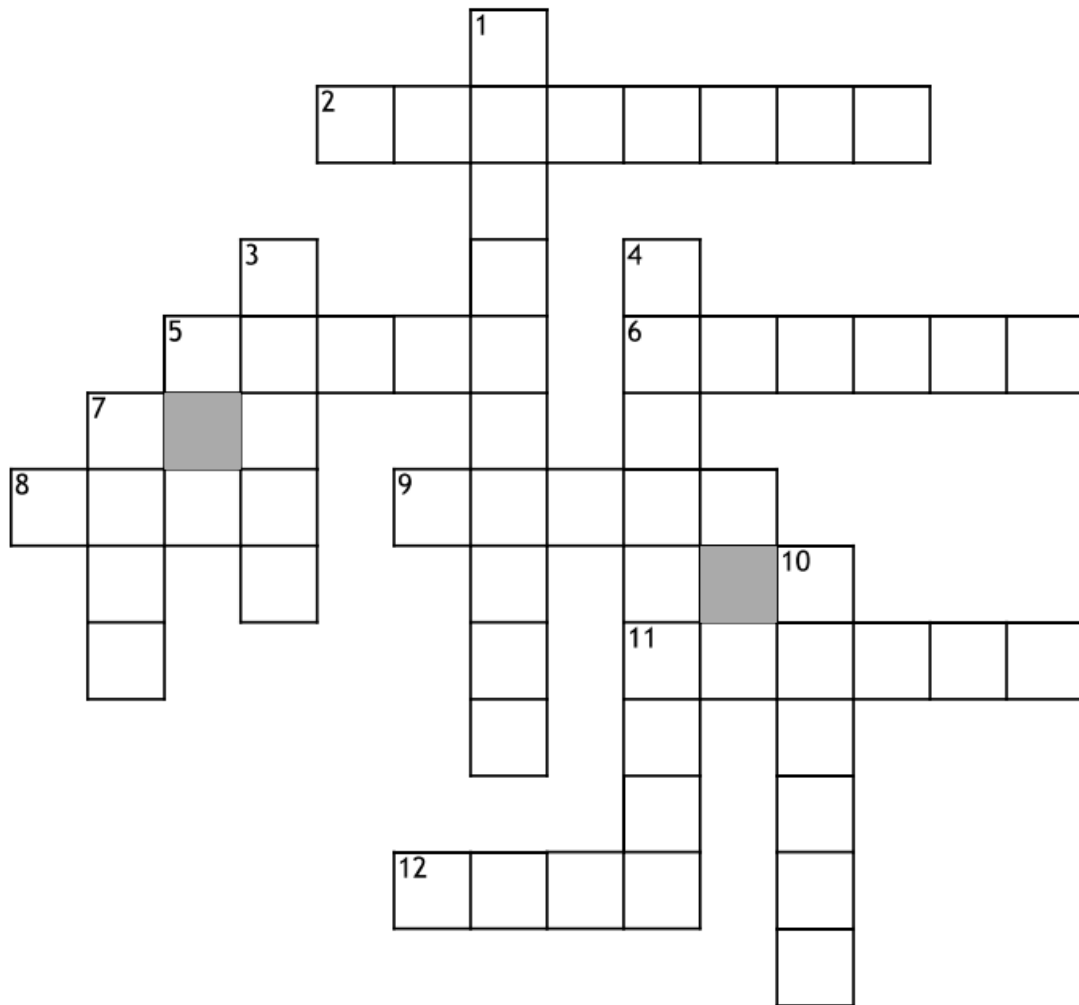
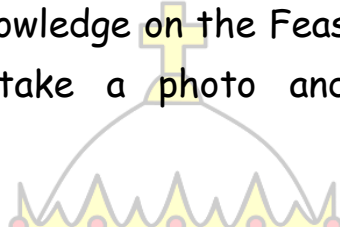
and bodily ills and wounds. She is also one of the Church's incorruptible saints; her body is venerated at the basilica named for her in Cascia, Italy.

Quiz of the Week – Catholic General Knowledge

1. Where does the College of Cardinals meet when selecting a new Pope?
2. Which country has the largest population of Roman Catholics?
3. What does the concept of papal infallibility refer to?
4. What is a venial sin?
5. Which of the following is NOT another name for the Hail Mary prayer?
 - Ave Maria
 - Angelic Salutation
 - Prayer of Saint Gabriel
6. How many days are there between Ash Wednesday and Holy Saturday?
7. Which religious observance did Jesus Christ participate in during the Last Supper?
8. The Pontifical Swiss Guard is the military force of Vatican City. What is one of the requirements to be a member of the Pontifical Swiss Guard?
 - You must be an ordained priest
 - You must be able to trace your lineage back to Constantine the Great
 - You must be a Swiss Catholic male
9. To receive the First Holy Communion, Catholics must first reach the age of reason. How old must you be to reach the age of reason?
10. How many pieces of silver did Judas Iscariot betray Jesus Christ for?
11. What is the name of the device used to sprinkle holy water?
12. What does transubstantiation refer to?
13. Pope Francis is the first pope to come from which continent?

Crossword Puzzle of the Week

This week we testing your knowledge on the Feast of Pentecost! If you manage to successfully finish it, take a photo and send it into us here at naasparish@gmail.com.



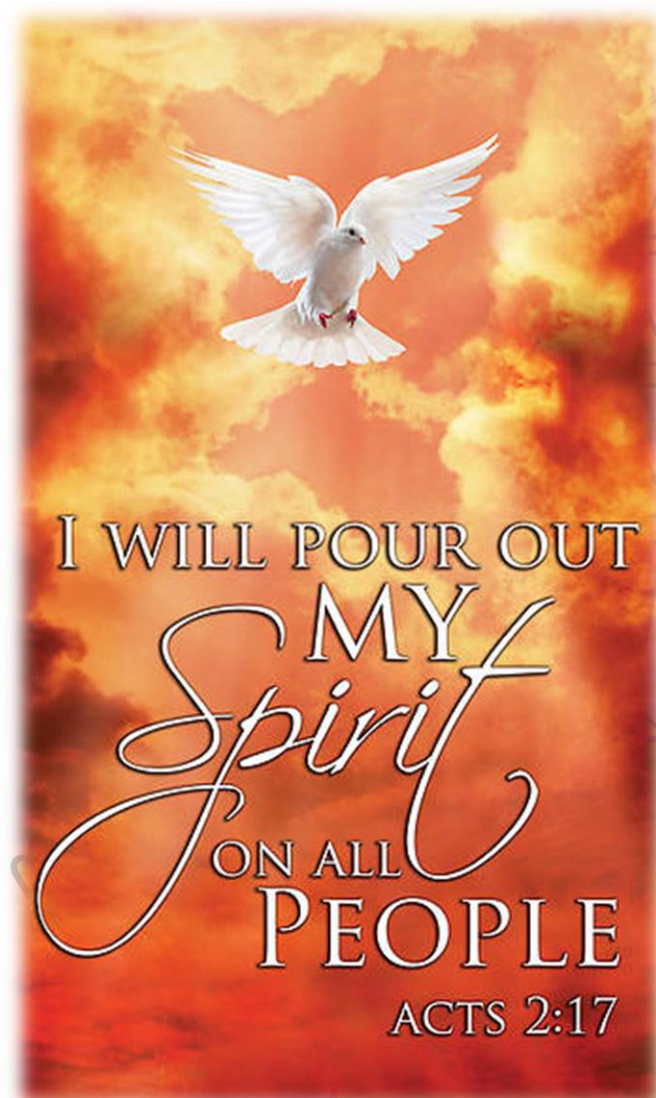
Across

2. The eleven followers of Jesus
5. Visited the apostles when they were scared
6. How many apostles were there during Pentecost?
8. How did the Holy Spirit present himself?
9. How many days after Jesus' Resurrection did the Holy Spirit arrive?
11. The _____ was an effect of Pentecost.
12. The Holy Spirit has never _____ the Church.

Down

1. Jesus promised to send the _____.
3. Addressed a crowd and made them realize their sin
4. The event in which the apostles were fill with the Holy Spirit.
7. What did the apostles feel before the tongues of fire appeared on their heads?
10. The Holy Spirit _____ the Church.

Prayer of the Week



We pray to God who is Father, Son and Holy Spirit:

We pray for all those who work for peace in our world: that they may have the courage and strength to carry on, even in the most difficult times.

Lord, in your mercy...

We pray for all people and especially those who have lived through war and conflict: that, filled by the power of the Holy Spirit, they may find it in their hearts to move forwards in peace and forgiveness.

Lord, in your mercy...

We pray for our parish, family and friends: that we may be inspired by the Holy Spirit to spread Christ's message of peace in all that we do.

Lord, in your mercy...

God of mercy, fill us with your Spirit and guide us as we try to share your peace in our world. We ask this through Christ our Lord, Amen.

Naas Parish Media

Our parish now has several platforms on which you can keep up with all parish and many town events along with the daily parish liturgies.



Morning Prayer, Daily Mass, Evening Prayer and Night Prayer along with all other parish liturgies can be viewed live on our parish webcam stream:

<https://www.naasparish.ie/our-parish/naas-webcam/>



Parish News and items of Catholic interest are frequently added to our parish Twitter stream:

<https://twitter.com/naasparish> or simply [@naasparish](https://twitter.com/naasparish)



Our parish Facebook site offers a wider view of the activities of many of parish based and other Naas based groups:

<https://www.facebook.com/naasparish/>



If you wish to revisit any of the Easter or regular Sunday Parish Masses that were live streamed, you can view them on our YouTube channel:

<https://www.youtube.com/channel/UCJ-MEFmcFzOsvSPm137Rjpw>

The following section of this pastoral pack contains Morning Prayer, Mass Readings, Evening Prayer, Night Prayer and a Lectio Divina exercise for each day of the coming week.

It is hoped that it will bring you into a deeper participation of our daily prayer life here at Naas Parish during the time that we are separated out of care for one another.

Our daily prayers are offered for all our parishioners and their loved ones. We think of those who are sick and those who are caring for them. We pray for those worried anxious or afraid at this time that the peace of the Risen Lord will be theirs in abundance.

In our hearts and minds also are all those who are working on the front lines of care and defence to keep us safe and protected. We pray the Lord's care and protection over them all.



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Sunday 17 May 2020

6th Sunday of Easter

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Sunday 17 May 2020

6th Sunday of Easter

Liturgical Colour: White.

Readings at Mass

If the Ascension of the Lord is going to be celebrated next Sunday, the alternative Second Reading and Gospel shown here (which would otherwise have been read on that Sunday) may be used today.

Entrance Antiphon

Cf. Is 48: 20

Proclaim a joyful sound and let it be heard;
proclaim to the ends of the earth:
The Lord has freed his people, alleluia.

Collect

Grant, almighty God,
that we may celebrate with heartfelt devotion these days of joy,
which we keep in honour of the risen Lord,
and that what we relive in remembrance
we may always hold to in what we do.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 8:5-8,14-17

They laid hands on them, and they received the Holy Spirit

Philip went to a Samaritan town and proclaimed the Christ to them. The people united in welcoming the message Philip preached, either because they had heard of the miracles he worked or because they saw them for themselves. There were, for example, unclean spirits that came shrieking out of many who were possessed, and several paralytics and cripples were cured. As a result there was great rejoicing in that town.

When the apostles in Jerusalem heard that Samaria had accepted the word of God, they sent Peter and John to them, and they went down there, and prayed for the Samaritans to receive the Holy Spirit, for as yet he had not come down on any of them: they had only been baptised in the name of the Lord Jesus. Then they laid hands on them, and they received the Holy Spirit.

Responsorial Psalm

Psalm 65(66):1-7,16,20

Cry out with joy to God, all the earth.

or

Alleluia!

Cry out with joy to God all the earth,

O sing to the glory of his name.

O render him glorious praise.

Say to God: 'How tremendous your deeds!

Cry out with joy to God, all the earth.

or

Alleluia!

'Before you all the earth shall bow;

shall sing to you, sing to your name!'

Come and see the works of God,

tremendous his deeds among men.

Cry out with joy to God, all the earth.

or

Alleluia!

He turned the sea into dry land,
they passed through the river dry-shod.
Let our joy then be in him;
he rules for ever by his might.

Cry out with joy to God, all the earth.

or

Alleluia!

Come and hear, all who fear God.
I will tell what he did for my soul:
Blessed be God who did not reject my prayer
nor withhold his love from me.

Cry out with joy to God, all the earth.

or

Alleluia!

[1 Peter 3:15-18](#) In the body he was put to death, in the spirit he was raised to life

[1 Peter 4:13-16](#) It is a blessing for you when they insult you for bearing the name of Christ

Second reading

1 Peter 3:15-18

In the body he was put to death, in the spirit he was raised to life

Reverence the Lord Christ in your hearts, and always have your answer ready for people who ask you the reason for the hope that you all have. But give it with courtesy and respect and with a clear conscience, so that those who slander you when you are living a good life in Christ may be proved wrong in the accusations that they bring. And if it is the will of God that you should suffer, it is better to suffer for doing right than for doing wrong.

Why, Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life.

[Continue](#)

Second reading

1 Peter 4:13-16

It is a blessing for you when they insult you for bearing the name of Christ

If you can have some share in the sufferings of Christ, be glad, because you will enjoy a much greater gladness when his glory is revealed. It is a blessing for you when they insult you for bearing the name of Christ, because it means that you have the Spirit of glory, the Spirit of God resting on you. None of you should ever deserve to suffer for being a murderer, a thief, a criminal or an informer; but if anyone of you should suffer for being a Christian, then he is not to be ashamed of it; he should thank God that he has been called one.

[Continue](#)

Gospel Acclamation

Jn14:23

Alleluia, alleluia!

Jesus said: 'If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.'

Alleluia!

Gospel

John 14:15-21

I shall ask the Father and he will give you another Advocate

Jesus said to his disciples:

‘If you love me you will keep my commandments.
I shall ask the Father,
and he will give you another Advocate
to be with you for ever,
that Spirit of truth
whom the world can never receive
since it neither sees nor knows him;
but you know him,
because he is with you, he is in you.
I will not leave you orphans;
I will come back to you.
In a short time the world will no longer see me;
but you will see me,
because I live and you will live.
On that day you will understand that I am in my Father
and you in me and I in you.
Anybody who receives my commandments and keeps them
will be one who loves me;
and anybody who loves me will be loved by my Father,
and I shall love him and show myself to him.’

Prayer over the Offerings

May our prayers rise up to you, O Lord,
together with the sacrificial offerings,
so that, purified by your graciousness,
we may be conformed to the mysteries of your mighty love.
Through Christ our Lord.

Communion Antiphon

Jn 14: 15-16

If you love me, keep my commandments, says the Lord,
and I will ask the Father and he will send you another Paraclete,
to abide with you for ever, alleluia.

Prayer after Communion

Almighty ever-living God,
who restore us to eternal life in the Resurrection of Christ,
increase in us, we pray, the fruits of this paschal Sacrament
and pour into our hearts the strength of this saving food.
Through Christ our Lord.

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Sunday 17 May 2020

6th Sunday of Easter

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 23 (24)

“The gates of heaven were opened to Christ because he was lifted up
in the flesh” (St Irenaeus).

The Lord has truly risen, alleluia.

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory!

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord has truly risen, alleluia.

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Sunday 17 May 2020

6th Sunday of Easter

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 117 (118)
A cry of rejoicing and triumph

“This is the stone which was rejected by you builders, but which has
become the cornerstone” (Acts 4:11).

This is the day which was made by the Lord. Alleluia.

Give thanks to the Lord for he is good,
for his love endures for ever.

Let the sons of Israel say:
'His love endures for ever.'

Let the sons of Aaron say:
'His love endures for ever.'

Let those who fear the Lord say:
'His love endures for ever.'

I called to the Lord in my distress;
he answered and freed me.
The Lord is at my side; I do not fear.

What can man do against me?
The Lord is at my side as my helper;
I shall look down on my foes.

It is better to take refuge in the Lord
than to trust in men;
it is better to take refuge in the Lord
than to trust in princes.

The nations all encompassed me;
in the Lord's name I crushed them.

They compassed me, compassed me about;
in the Lord's name I crushed them.

They compassed me about like bees;
they blazed like a fire among thorns.
In the Lord's name I crushed them.

I was hard-pressed and was falling,
but the Lord came to help me.
The Lord is my strength and my song;
he is my saviour.
There are shouts of joy and victory
in the tents of the just.

The Lord's right hand has triumphed;
his right hand raised me.
The Lord's right hand has triumphed;
I shall not die, I shall live
and recount his deeds.
I was punished, I was punished by the Lord,
but not doomed to die.

Open to me the gates of holiness:
I will enter and give thanks.
This is the Lord's own gate
where the just may enter.
I will thank you for you have answered

and you are my saviour.

The stone which the builders rejected
has become the corner stone.

This is the work of the Lord,
a marvel in our eyes.

This day was made by the Lord;
we rejoice and are glad.

O Lord, grant us salvation;
O Lord, grant success.

Blessed in the name of the Lord
is he who comes.

We bless you from the house of the Lord;
the Lord God is our light.

Go forward in procession with branches
even to the altar.

You are my God, I thank you.
My God, I praise you.

Give thanks to the Lord for he is good;
for his love endures for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

This is the day which was made by the Lord. Alleluia.

Psalm-prayer

Lord God, you have given us the great day of rejoicing: Jesus Christ, the stone rejected by the builders, has become the cornerstone of the Church, our spiritual home. Shed upon your Church the rays of your glory, that she may be seen as the gate of salvation open to all nations. Let cries of joy and

exultation ring out from her tents, to celebrate the wonder of Christ's resurrection.

Canticle

Daniel 3:52-57

Let every creature praise the Lord

“The Creator is blessed for ever” (Rom 1:25).

O Lord, our God, you are blessed in the firmament of heaven and worthy of praise. Alleluia.

You are blest, Lord God of our fathers.
To you glory and praise for evermore.

Blest your glorious holy name.
To you glory and praise for evermore.

You are blest in the temple of your glory.
To you glory and praise for evermore.

You are blest who gaze into the depths.
To you glory and praise for evermore.

You are blest in the firmament of heaven.
To you glory and praise for evermore.

You who walk on the wings of the wind.
To you glory and praise for evermore.

May they bless you, the saints and the angels.
To you glory and praise for evermore.

From the heavens, the earth and the sea.
To you glory and praise for evermore.

You are blest, Lord God of our fathers.
To you glory and praise for evermore.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*O Lord, our God, you are blessed in the firmament of heaven and worthy of
praise. Alleluia.*

Psalm 150 **Praise the Lord**

“Sing praise in your spirit, sing praise with your soul, that is: give
glory to God in both your soul and your body” (Hesychius).

Praise God who sits on the throne, saying ‘Amen. Alleluia.’

Praise God in his holy place,
praise him in his mighty heavens.
Praise him for his powerful deeds,
praise his surpassing greatness.

O praise him with sound of trumpet,
praise him with lute and harp.
Praise him with timbrel and dance,
praise him with strings and pipes.

O praise him with resounding cymbals,
praise him with clashing of cymbals.
Let everything that lives and that breathes
give praise to the Lord.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Praise God who sits on the throne, saying 'Amen. Alleluia.'

Psalm-prayer

Lord God, maker of heaven and earth and of all created things, you make your just one holy and you justify sinners who confess your name. Hear us as we humbly pray to you: give us eternal joy with your saints.

Or:

Lord God, through your saving plan all things are ours, and we are Christ's and Christ is yours. Accept the praises of your Church. By these praises, through Christ, with him and in him, all your honour and glory is celebrated, all-powerful Father, in the Holy Spirit, now and for ever.

Short Reading

Acts 10:40-43

God raised Jesus to life on the third day and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.

Short Responsory

Have mercy on us, Christ, Son of the living God, alleluia, alleluia.
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*
You have risen from the dead.
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Have mercy on us, Christ, Son of the living God, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*I will not leave you orphans; I am going but I will come back to you and
your hearts will be glad. Alleluia. (Year A)*

*Or: As the Father has loved me, so I have loved you. Remain in my love,
alleluia.*

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,

is now, and ever shall be,
world without end.

Amen.

*I will not leave you orphans; I am going but I will come back to you and
your hearts will be glad. Alleluia. (Year A)*

*Or: As the Father has loved me, so I have loved you. Remain in my love,
alleluia.*

Prayers and intercessions

Let us pray to the Father, the all-powerful God, who raised up Jesus, our
prince and our Saviour.

– *Glorify us, Lord, with the glory of Christ.*

Father, you brought your beloved Son from the darkness of death to the
light of glory;

let us enter into the regions of your own wonderful light.

– *Glorify us, Lord, with the glory of Christ.*

You saved us through faith in Jesus Christ;

help us to live today in the grace of our baptism.

– *Glorify us, Lord, with the glory of Christ.*

You have told us to seek the things that are in heaven;

enable us to resist the attraction of sin.

– *Glorify us, Lord, with the glory of Christ.*

Reveal the riches of our hidden life in Christ

that men may see the signs of the new heaven and the new earth.

– *Glorify us, Lord, with the glory of Christ.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Almighty God,
give us the grace of an attentive love
to celebrate these days of joy
devoted to the honour of the Risen Lord.
Teach us to hold fast in our actions
to the mystery we recall in worship.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Sunday 17 May 2020

6th Sunday of Easter

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

The Lamb's high banquet we await,
In snow-white robes of royal state;
And now, the Red Sea's channel past,
To Christ our Prince we sing at last.

Upon the altar of the Cross
His body hath redeemed our loss;
And tasting of his scarlet blood,
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,
The Lamb of God that knows no stain,
The true oblation offered here,
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,
O great, O very Sacrifice,
Thy captive people are set free,
And endless life restored in thee.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 109 (110)
The Messiah, king and priest

“He must be king so that he may put all his enemies under his feet” (1 Cor 15:25).

He raised Christ from the dead and placed him at his own right hand, in heaven. Alleluia.

The Lord's revelation to my Master:
‘Sit on my right:
your foes I will put beneath your feet.’

The Lord will wield from Sion
your sceptre of power:
rule in the midst of all your foes.

A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.
‘You are a priest for ever,
a priest like Melchizedek of old.’

The Master standing at your right hand
will shatter kings in the day of his wrath.

He shall drink from the stream by the wayside
and therefore he shall lift up his head.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*He raised Christ from the dead and placed him at his own right hand, in
heaven. Alleluia.*

Psalm-prayer

Father, we ask you to give us victory and peace. In Jesus Christ, our Lord
and King, we are already seated at your right hand. We look forward to
praise you in the fellowship of all your saints in our heavenly homeland.

Or:

Almighty God, bring the kingdom of Christ, your anointed one, to its
fullness. May the perfect offering of your Son, eternal priest of the new
Jerusalem, be offered in every place to your name and make all nations a
holy people for you.

Psalm 113B (115) Praise of the true God

**“Turn away from idols and worship the living and true God”
(1 Th 1:9).**

You have been converted from idolatry to the living God. Alleluia.

Not to us, Lord, not to us,
but to your name give the glory
for the sake of your love and your truth,
lest the heathen say: ‘Where is their God?’

But our God is in the heavens;
he does whatever he wills.
Their idols are silver and gold,
the work of human hands.

They have mouths but they cannot speak;
they have eyes but they cannot see;
they have ears but they cannot hear;
they have nostrils but they cannot smell.

With their hands they cannot feel;
with their feet they cannot walk.
(No sound comes from their throats.)
Their makers will come to be like them
and so will all who trust in them.

Sons of Israel, trust in the Lord;
he is their help and their shield.
Sons of Aaron, trust in the Lord;
he is their help and their shield.

You who fear him, trust in the Lord;
he is their help and their shield.
He remembers us, and he will bless us;
he will bless the sons of Israel.
(He will bless the sons of Aaron.)

The Lord will bless those who fear him,
the little no less than the great:
to you may the Lord grant increase,
to you and all your children.

May you be blessed by the Lord,
the maker of heaven and earth.
The heavens belong to the Lord
but the earth he has given to men.

The dead shall not praise the Lord,
nor those who go down into the silence.

But we who live bless the Lord
now and for ever. Amen.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

You have been converted from idolatry to the living God. Alleluia.

Psalm-prayer

Father, creator and ruler of heaven and earth, you made man in your likeness to subdue the earth and master it, and to recognize the work of your hands in created beauty. Grant that your children, thus surrounded on all sides by signs of your presence, may live continually in Christ, praising you through him and with him.

Canticle

(Apocalypse 19)

The wedding of the Lamb

Alleluia. Victory and glory and power to our God! Alleluia.

Alleluia.
Salvation and glory and power belong to our God,
his judgements are true and just.
Alleluia.

Alleluia.
Praise our God, all you his servants,
you who fear him, small and great.
Alleluia.

Alleluia.
The Lord our God, the Almighty, reigns,
let us rejoice and exult and give him the glory.

Alleluia.

Alleluia.

The marriage of the Lamb has come,
and his bride has made herself ready.

Alleluia.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Victory and glory and power to our God! Alleluia.

Short Reading

Hebrews 10:12-14

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

Short Responsory

The Lord has truly risen, alleluia, alleluia.

– *The Lord has truly risen, alleluia, alleluia.*

He has appeared to Simon.

– *The Lord has truly risen, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The Lord has truly risen, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

Anybody who loves me will be loved by my Father, and I shall love him and show myself to him. Alleluia. (Year A)

Or: If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him, alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Anybody who loves me will be loved by my Father, and I shall love him and show myself to him. Alleluia. (Year A)

Or: If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him, alleluia.

Prayers and intercessions

Let us pray to God the Father, who raised Jesus to life and exalted him at
his own right hand.

– *Lord, protect your people through the glory of Christ.*

Father, through the victory of the cross you have lifted up Jesus from the
earth;

may he draw all men to himself.

– *Lord, protect your people through the glory of Christ.*

Through the exaltation of Christ send your Spirit into the Church;
make her the sign of unity for the whole human family.

– *Lord, protect your people through the glory of Christ.*

You have become the Father of men through water and the Spirit;
keep them faithful to their baptism until they enter eternal life.

– *Lord, protect your people through the glory of Christ.*

Through the exaltation of your Son raise up the sorrowful, set prisoners
free, heal the sick;

may the whole world rejoice in your wonderful gifts.

– *Lord, protect your people through the glory of Christ.*

You nourished the faithful departed with Christ's body and blood;
let them share in his glory on the day of resurrection.

– *Lord, protect your people through the glory of Christ.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Almighty God,
give us the grace of an attentive love
to celebrate these days of joy
devoted to the honour of the Risen Lord.

Teach us to hold fast in our actions
to the mystery we recall in worship.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Sunday 17 May 2020

6th Sunday of Easter

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 90 (91)
The protection of the Most High

“Behold, I have given you power to tread under foot both serpents and
scorpions” (Lk 10:19).

Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: ‘My refuge,
my stronghold, my God in whom I trust!’

It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.

Your eyes have only to look
to see how the wicked are repaid,
you who have said: 'Lord, my refuge!'
and have made the Most High your dwelling.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory.

With length of life I will content him;
I shall let him see my saving power.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

Short Reading

Apocalypse 22:4-5

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

God our Father,
as we have celebrated today the mystery of the Lord's resurrection,
grant our humble prayer:
free us from all harm
that we may sleep in peace
and rise in joy to sing your praise.

Through Christ our Lord,

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Monday 18 May 2020

Monday of the 6th week of Eastertide

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Monday 18 May 2020

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Monday 18 May 2020

Monday of the 6th week of Eastertide

see also [St John I](#)

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Rm 6: 9

Christ, having risen from the dead, dies now no more;
death will no longer have dominion over him, alleluia.

Collect

Grant, O merciful God,
that we may experience at all times
the fruit produced by the paschal observances.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 16:11-15

The Lord opened Lydia's heart to accept what Paul was saying

Sailing from Troas we made a straight run for Samothrace; the next day for Neapolis, and from there for Philippi, a Roman colony and the principal city of that particular district of Macedonia. After a few days in this city we went along the river outside the gates as it was the sabbath and this was a customary place for prayer. We sat down and preached to the women who had come to the meeting. One of these women was called Lydia, a devout

woman from the town of Thyatira who was in the purple-dye trade. She listened to us, and the Lord opened her heart to accept what Paul was saying. After she and her household had been baptised she sent us an invitation: ‘If you really think me a true believer in the Lord,’ she said ‘come and stay with us’; and she would take no refusal.

Responsorial Psalm

Psalm 149:1-6,9

The Lord takes delight in his people.

or

Alleluia!

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Zion’s sons exult in their king.

The Lord takes delight in his people.

or

Alleluia!

Let them praise his name with dancing
and make music with timbrel and harp.
For the Lord takes delight in his people.
He crowns the poor with salvation.

The Lord takes delight in his people.

or

Alleluia!

Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips:
this honour is for all his faithful.

The Lord takes delight in his people.

or

Alleluia!

Gospel Acclamation

cf.Lk24:46,26

Alleluia, alleluia!
It was ordained that the Christ should suffer
and rise from the dead,
and so enter into his glory.
Alleluia!

Or:

Jn15:26,27

Alleluia, alleluia!
The Spirit of truth will be my witness;
and you too will be my witnesses.
Alleluia!

Gospel

John 15:26-16:4

The Spirit of truth will be my witness

Jesus said to his disciples:

‘When the Advocate comes,
whom I shall send to you from the Father,
the Spirit of truth who issues from the Father,
he will be my witness.
And you too will be witnesses,
because you have been with me from the outset.

‘I have told you all this that your faith may not be shaken.
They will expel you from the synagogues,
and indeed the hour is coming
when anyone who kills you
will think he is doing a holy duty for God.
They will do these things
because they have never known
either the Father or myself.
But I have told you all this,
so that when the time for it comes

you may remember that I told you.'

Prayer over the Offerings

Receive, O Lord, we pray,
these offerings of your exultant Church,
and, as you have given her cause for such great gladness,
grant also that the gifts we bring
may bear fruit in perpetual happiness.
Through Christ our Lord.

Communion Antiphon

Jn 20: 19

Jesus stood in the midst of his disciples
and said to them: Peace be with you, alleluia.

Prayer after Communion

Look with kindness upon your people, O Lord,
and grant, we pray,
that those you were pleased to renew by eternal mysteries
may attain in their flesh
the incorruptible glory of the resurrection.
Through Christ our Lord.

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Monday 18 May 2020

Saint John I, Pope, Martyr

see also [Mon 6 Easter](#)

Liturgical Colour: Red.

Readings at Mass

Entrance Antiphon

This holy man fought to the death for the law of his God
and did not fear the words of the godless,
for he was built on solid rock.

Or:

Cf. Wis 10: 12

The Lord granted him a stern struggle,
that he might know that wisdom is mightier than all else.

Collect

O God, who reward faithful souls
and who have consecrated this day
by the martyrdom of Pope Saint John the First,
graciously hear the prayers of your people
and grant that we, who venerate his merits,
may imitate his constancy in the faith.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

[Readings for the feria](#)

[Readings for the memorial](#)

These are the readings for the feria

First reading

Acts 16:11-15

The Lord opened Lydia's heart to accept what Paul was saying

Sailing from Troas we made a straight run for Samothrace; the next day for Neapolis, and from there for Philippi, a Roman colony and the principal city of that particular district of Macedonia. After a few days in this city we went along the river outside the gates as it was the sabbath and this was a customary place for prayer. We sat down and preached to the women who had come to the meeting. One of these women was called Lydia, a devout woman from the town of Thyatira who was in the purple-dye trade. She listened to us, and the Lord opened her heart to accept what Paul was saying. After she and her household had been baptised she sent us an invitation: 'If you really think me a true believer in the Lord,' she said 'come and stay with us'; and she would take no refusal.

Responsorial Psalm

Psalms 149:1-6,9

The Lord takes delight in his people.

or

Alleluia!

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Zion's sons exult in their king.

The Lord takes delight in his people.

or

Alleluia!

Let them praise his name with dancing
and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.

The Lord takes delight in his people.

or

Alleluia!

Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips:
this honour is for all his faithful.

The Lord takes delight in his people.

or

Alleluia!

Gospel Acclamation

cf.Lk24:46,26

Alleluia, alleluia!
It was ordained that the Christ should suffer
and rise from the dead,
and so enter into his glory.
Alleluia!

Or:

Jn15:26,27

Alleluia, alleluia!
The Spirit of truth will be my witness;
and you too will be my witnesses.
Alleluia!

Gospel

John 15:26-16:4

The Spirit of truth will be my witness

Jesus said to his disciples:

‘When the Advocate comes,

whom I shall send to you from the Father,
the Spirit of truth who issues from the Father,
he will be my witness.
And you too will be witnesses,
because you have been with me from the outset.

‘I have told you all this that your faith may not be shaken.
They will expel you from the synagogues,
and indeed the hour is coming
when anyone who kills you
will think he is doing a holy duty for God.
They will do these things
because they have never known
either the Father or myself.
But I have told you all this,
so that when the time for it comes
you may remember that I told you.’

[Continue](#)

These are the readings for the memorial

First reading

Apocalypse 3:14,20-22

If one of you hears me calling, I will come in to share his meal

I, John, heard the Lord saying to me: “Write to the angel of the church in Laodicea and say, “Here is the message of the Amen, the faithful, the true witness, the ultimate source of God’s creation: Look, I am standing at the door, knocking. If one of you hears me calling and opens the door, I will come in to share his meal, side by side with him. Those who prove victorious I will allow to share my throne, just as I was victorious myself and took my place with my Father on his

throne. If anyone has ears to hear, let him listen to what the Spirit is saying to the churches.””

Responsorial Psalm

Psalm 22(23):1-3a,4-6

The Lord is my shepherd: there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

The Lord is my shepherd: there is nothing I shall want.

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

The Lord is my shepherd: there is nothing I shall want.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

The Lord is my shepherd: there is nothing I shall want.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

The Lord is my shepherd: there is nothing I shall want.

Gospel Acclamation

Jn15:1

Alleluia, alleluia!
I call you friends, says the Lord,
because I have made known to you
everything I have learnt from my Father.
Alleluia!

Gospel

Luke 22:24-30

I confer a kingdom on you, just as the Father conferred one on me

A dispute arose between the disciples about which should be reckoned the greatest, but Jesus said to them:

‘Among pagans it is the kings who lord it over them, and those who have authority over them are given the title Benefactor. This must not happen with you. No; the greatest among you must behave as if he were the youngest, the leader as if he were the one who serves. For who is the greater: the one at table or the one who serves? The one at table, surely? Yet here am I among you as one who serves!’

‘You are the men who have stood by me faithfully in my trials; and now I confer a kingdom on you, just as my Father conferred one on me: you will eat and drink at my table in my kingdom, and you will sit on thrones to judge the twelve tribes of Israel.’

[Continue](#)

Prayer over the Offerings

Receive, we pray, O Lord,
the sacrifice of conciliation and praise
which we offer to your majesty
in commemoration of the blessed Martyr **N.**,
that it may lead us to obtain pardon
and confirm us in perpetual thanksgiving.

Through Christ our Lord.

Communion Antiphon

Jn 12: 24

Unless a grain of wheat falls into the ground and dies,
it remains just a grain of wheat;
but if it dies, it produces much fruit, alleluia.

Or:

Ps 115: 15

How precious in the eyes of the Lord
is the death of his holy ones, alleluia.

Prayer after Communion

We have received your heavenly gifts,
rejoicing at this feast day, O Lord;
grant, we pray, that we, who in this divine banquet
proclaim the Death of your Son,
may merit to be partakers with the holy Martyrs
in his Resurrection and his glory.
Who lives and reigns for ever and ever.

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Monday 18 May 2020

Monday of the 6th week of Eastertide

see also [St John I](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 99 (100)

**“The Lord calls all those he has redeemed to sing a hymn of victory”
(St Athanasius).**

The Lord has truly risen, alleluia.

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord has truly risen, alleluia.

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Monday 18 May 2020

Saint John I, Pope, Martyr

see also [Mon 6 Easter](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 99 (100)

**“The Lord calls all those he has redeemed to sing a hymn of victory”
(St Athanasius).**

The Lord is the king of martyrs: come, let us adore him, alleluia.

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord is the king of martyrs: come, let us adore him, alleluia.

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Monday 18 May 2020

Monday of the 6th week of Eastertide

see also [St John I](#)

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 41 (42)
Longing for the Lord and his temple

“Let all who are thirsty come; all who want it may have the water of life” (Rev 22:17).

My soul is yearning for you, my God, like a deer that seeks running streams. Alleluia.

Like the deer that yearns
for running streams,
so my soul is yearning
for you, my God.

My soul is thirsting for God,
the God of my life;
when can I enter and see
the face of God?

My tears have become my bread,

by night, by day,
as I hear it said all the day long:
‘Where is your God?’

These things will I remember
as I pour out my soul:
how I would lead the rejoicing crowd
into the house of God,
amid cries of gladness and thanksgiving,
the throng wild with joy.

Why are you cast down, my soul,
why groan within me?
Hope in God; I will praise him still,
my saviour and my God.

My soul is cast down within me
as I think of you,
from the country of Jordan and Mount Hermon,
from the Hill of Mizar.

Deep is calling on deep,
in the roar of waters;
your torrents and all your waves
swept over me.

By day the Lord will send
his loving kindness;
by night I will sing to him,
praise the God of my life.

I will say to God, my rock:
‘Why have you forgotten me?
Why do I go mourning
oppressed by the foe?’

With cries that pierce me to the heart,
my enemies revile me,
saying to me all the day long:

‘Where is your God?’

Why are you cast down, my soul,
why groan within me?
Hope in God; I will praise him still,
my saviour and my God.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*My soul is yearning for you, my God, like a deer that seeks running
streams. Alleluia.*

Psalm-prayer

Father in heaven, when your strength takes possession of us we no longer say: Why are you cast down, my soul? So now that the surging waves of your indignation have passed over us, let us feel the healing calm of your forgiveness. Inspire us to yearn for you always, like the deer for running streams, until you satisfy every longing in heaven.

Or:

Lord God, never-failing fountain of life eternal, by the saving waters of baptism you called us from the depths of sin, to the depths of mercy. Do not forget the trials of our exile, but from the wellspring of the Word, satisfy our thirst for you so we may come rejoicing to your holy mountain.

Canticle

Ecclesiasticus 36

A prayer for Jerusalem, the holy city

“This is eternal life: to know you, the one true God, and Jesus Christ whom you have sent” (Jn 17:3).

Fill Sion with songs of your praise, Lord, and let the stories of your great deeds be told. Alleluia.

Save us, God of all things,
strike all the nations with terror;
raise your hand against foreign nations,
that they may see the greatness of your might.

Our sufferings proved your holiness to them;
let their downfall prove your glory to us.
Let them know, as we ourselves know,
that there is no other God but you.

Give us signs again, work further wonders,
clothe your hand, your right arm in glory.

Assemble all the tribes of Jacob,
as when they first received their inheritance.
Pity the poor people called by your name,
pity Israel, chosen as your first-born.

Have compassion on the holy city,
Jerusalem, the place of your rest.
Let Sion ring with your praises,
let your temple be filled with your glory.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Fill Sion with songs of your praise, Lord, and let the stories of your great deeds be told. Alleluia.

Psalm 18 (19)
Praise of God the creator

“The Rising Sun has come to visit us to guide our feet in the way of peace” (Lk 1:78,79).

The glory of God will illumine the city; the Lamb will be its light, alleluia.

The heavens proclaim the glory of God,
and the firmament shows forth the work of his hands.
Day unto day takes up the story
and night unto night makes known the message.

No speech, no word, no voice is heard
yet their span extends through all the earth,
their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from his tent,
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course.
There is nothing concealed from its burning heat.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The glory of God will illumine the city; the Lamb will be its light, alleluia.

Psalm-prayer

To enlighten the world, Father, you sent to us your Word as the sun of truth and justice shining upon mankind. Illumine our eyes that we may discern your glory in the many works of your hand.

Short Reading

Romans 10:8-10

The word is very near to you, it is on your lips and in your heart: the word, that is, of the faith we proclaim. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved.

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

God gave us new birth as his sons and daughters, by raising Jesus Christ from the dead, so that we have a sure hope and the promise of an inheritance that will never perish, alleluia.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*God gave us new birth as his sons and daughters, by raising Jesus Christ
from the dead, so that we have a sure hope and the promise of an
inheritance that will never perish, alleluia.*

Prayers and intercessions

Let us pray to the Father, whose glory was displayed in the death and
resurrection of his Son.

– *Lord, enlighten our minds and hearts.*

God, Father of light, you have illumined the world with the glory of Christ;
may the light of faith shine in our lives today.

– *Lord, enlighten our minds and hearts.*

Through the resurrection of your Son you have opened man's way to
everlasting life;

may all our work today be filled with the hope of your kingdom.

– *Lord, enlighten our minds and hearts.*

Through your risen Son you sent the Holy Spirit into the world;
set our hearts on fire with his divine love.

– *Lord, enlighten our minds and hearts.*

By hanging on the cross, your Son won our lasting freedom;
may he stay with us today as our Saviour and Redeemer.

– *Lord, enlighten our minds and hearts.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

God of mercy,

let the mystery we celebrate at Eastertide
bear fruit for us in every season.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Monday 18 May 2020

Saint John I, Pope, Martyr

see also [Mon 6 Easter](#)

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,
And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthrall,
Lift high the universal song,
And crown him Lord of all.

Psalm 41 (42)
Longing for the Lord and his temple

“Let all who are thirsty come; all who want it may have the water of life” (Rev 22:17).

My soul is yearning for you, my God, like a deer that seeks running streams. Alleluia.

Like the deer that yearns
for running streams,
so my soul is yearning
for you, my God.

My soul is thirsting for God,
the God of my life;
when can I enter and see
the face of God?

My tears have become my bread,
by night, by day,
as I hear it said all the day long:
‘Where is your God?’

These things will I remember
as I pour out my soul:
how I would lead the rejoicing crowd
into the house of God,
amid cries of gladness and thanksgiving,
the throng wild with joy.

Why are you cast down, my soul,
why groan within me?
Hope in God; I will praise him still,
my saviour and my God.

My soul is cast down within me
as I think of you,
from the country of Jordan and Mount Hermon,
from the Hill of Mizar.

Deep is calling on deep,
in the roar of waters;
your torrents and all your waves
swept over me.

By day the Lord will send
his loving kindness;
by night I will sing to him,
praise the God of my life.

I will say to God, my rock:
‘Why have you forgotten me?
Why do I go mourning
oppressed by the foe?’

With cries that pierce me to the heart,
my enemies revile me,
saying to me all the day long:
‘Where is your God?’

Why are you cast down, my soul,
why groan within me?
Hope in God; I will praise him still,
my saviour and my God.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,

world without end.
Amen.

My soul is yearning for you, my God, like a deer that seeks running streams. Alleluia.

Psalm-prayer

Father in heaven, when your strength takes possession of us we no longer say: Why are you cast down, my soul? So now that the surging waves of your indignation have passed over us, let us feel the healing calm of your forgiveness. Inspire us to yearn for you always, like the deer for running streams, until you satisfy every longing in heaven.

Or:

Lord God, never-failing fountain of life eternal, by the saving waters of baptism you called us from the depths of sin, to the depths of mercy. Do not forget the trials of our exile, but from the wellspring of the Word, satisfy our thirst for you so we may come rejoicing to your holy mountain.

Canticle

Ecclesiasticus 36

A prayer for Jerusalem, the holy city

“This is eternal life: to know you, the one true God, and Jesus Christ whom you have sent” (Jn 17:3).

Fill Sion with songs of your praise, Lord, and let the stories of your great deeds be told. Alleluia.

Save us, God of all things,
strike all the nations with terror;
raise your hand against foreign nations,
that they may see the greatness of your might.

Our sufferings proved your holiness to them;
let their downfall prove your glory to us.

Let them know, as we ourselves know,
that there is no other God but you.

Give us signs again, work further wonders,
clothe your hand, your right arm in glory.

Assemble all the tribes of Jacob,
as when they first received their inheritance.
Pity the poor people called by your name,
pity Israel, chosen as your first-born.

Have compassion on the holy city,
Jerusalem, the place of your rest.
Let Zion ring with your praises,
let your temple be filled with your glory.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Fill Zion with songs of your praise, Lord, and let the stories of your great
deeds be told. Alleluia.*

Psalm 18 (19) **Praise of God the creator**

**“The Rising Sun has come to visit us to guide our feet in the way of
peace” (Lk 1:78,79).**

The glory of God will illumine the city; the Lamb will be its light, alleluia.

The heavens proclaim the glory of God,
and the firmament shows forth the work of his hands.
Day unto day takes up the story
and night unto night makes known the message.

No speech, no word, no voice is heard
yet their span extends through all the earth,
their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from his tent,
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course.
There is nothing concealed from its burning heat.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The glory of God will illumine the city; the Lamb will be its light, alleluia.

Psalm-prayer

To enlighten the world, Father, you sent to us your Word as the sun of truth
and justice shining upon mankind. Illumine our eyes that we may discern
your glory in the many works of your hand.

Short Reading

1 John 5:3-5

This is what loving God is – keeping his commandments;
and his commandments are not difficult,
because anyone who has been begotten by God
has already overcome the world.
This is the victory over the world – our faith.
Who can overcome the world?
Only the one who believes that Jesus is the Son of God.

Short Responsory

The Lord is my strength. I will sing praise to him. Alleluia, alleluia.
– *The Lord is my strength. I will sing praise to him. Alleluia, alleluia.*
He is my salvation.
– *The Lord is my strength. I will sing praise to him. Alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord is my strength. I will sing praise to him. Alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*Rejoice, all you saints, and be glad, for your reward is great in heaven,
alleluia.*

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation

through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Rejoice, all you saints, and be glad, for your reward is great in heaven,
alleluia.*

Prayers and intercessions

Through the martyrs who were slain for God's word, let us give glory to our
Saviour, the faithful and true witness.

– *You redeemed us by your precious blood.*

Through the martyrs, who bore witness to your love,
set us free to live for you.

– *You redeemed us by your precious blood.*

Through the martyrs, who proclaimed your saving death,
give us a deep and constant faith.

– *You redeemed us by your precious blood.*

Through the martyrs, who took up your cross,
grant us courage for every trial.

– *You redeemed us by your precious blood.*

Through the martyrs, washed in the blood of the Lamb,
give us grace to conquer our weakness.

– *You redeemed us by your precious blood.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Lord God, who give faithful souls their reward,
you have consecrated this day to the martyrdom of Pope Saint John the
First.

Listen to your people's prayer:
grant that, as we honour his sanctity,
we may follow his constancy in faith.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Monday 18 May 2020

Monday of the 6th week of Eastertide

see also [St John I](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,
And now new born from death's dark grave,
O Christ, thou bidd'st us rise with thee
From death to immortality.

Eternal Shepherd, thou art wont
To cleanse Thy sheep within the font,
That mystic bath, that grave of sin,
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign
To bear for us the cross of pain,
And freely pay the precious price
Of all thy blood in sacrifice.

Jesu, do thou to every heart
Unceasing Paschal joy impart;
From death of sin and guilty strife
Set free the new born sons of life.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be
And Holy Ghost eternally.

Psalm 44 (45)
The wedding of the King

“Behold, the bridegroom is coming; go out to meet him” (Mt 25:6).

Blessed is he who comes in the name of the Lord. Alleluia.

My heart overflows with noble words.
To the king I must speak the song I have made,
my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men
and graciousness is poured upon your lips:

because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh;
in splendour and state, ride on in triumph
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand.
Your arrows are sharp, peoples fall beneath you.
The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever.
A sceptre of justice is the sceptre of your kingdom.
Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you
with the oil of gladness above other kings:
your robes are fragrant with aloes and myrrh.

From the ivory palace you are greeted with music.
The daughters of kings are among your loved ones.
On your right stands the queen in gold of Ophir.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Blessed is he who comes in the name of the Lord. Alleluia.

Psalm 44 (45)
The King's bride

Blessed are those who are called to the wedding feast of the Lamb. Alleluia.

Listen, O daughter, give ear to my words:
forget your own people and your father's house.
So will the king desire your beauty:

He is your lord, pay homage to him.

And the people of Tyre shall come with gifts,
the richest of the people shall seek your favour.
The daughter of the king is clothed with splendour,
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions.
They are escorted amid gladness and joy;
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
you will make them princes over all the earth.
May this song make your name for ever remembered.
May the peoples praise you from age to age.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Blessed are those who are called to the wedding feast of the Lamb. Alleluia.

Psalm-prayer

When you took on flesh, Lord Jesus, you made a marriage of mankind with God. Help us to be faithful to your word and endure our exile bravely, until we are called to the heavenly marriage feast, to which the Virgin Mary, exemplar of your Church, has preceded us.

Canticle

Ephesians 1

God the Saviour

From his fullness we have all received, grace upon grace. Alleluia.

Blessed be the God and Father

of our Lord Jesus Christ,
who has blessed us in Christ
with every spiritual blessing in the heavenly places.

He chose us in him
before the foundation of the world,
that we should be holy
and blameless before him.

He destined us in love
to be his sons through Jesus Christ,
according to the purpose of his will,
to the praise of his glorious grace
which he freely bestowed on us in the Beloved.

In him we have redemption through his blood,
the forgiveness of our trespasses,
according to the riches of his grace
which he lavished upon us.

He has made known to us
in all wisdom and insight
the mystery of his will,
according to his purpose
which he set forth in Christ.

His purpose he set forth in Christ
as a plan for the fullness of time,
to unite all things in him,
things in heaven and things on earth.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

From his fullness we have all received, grace upon grace. Alleluia.

Short Reading

Hebrews 8:1-3

Our High Priest has his place at the right of the throne of divine Majesty in the heavens, and he is the minister of the sanctuary and of the true Tent of Meeting which the Lord, and not any man, set up. It is the duty of every high priest to offer gifts and sacrifices.

Short Responsory

The disciples rejoiced, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
They saw the Lord, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The disciples rejoiced, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

The Spirit of truth who comes from the Father will be my witness. And you also will be my witnesses. Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*The Spirit of truth who comes from the Father will be my witness. And you
also will be my witnesses. Alleluia.*

Prayers and intercessions

Rejoicing, let us pray to Christ the Lord, who sheds glory on the universe
through his resurrection.

– *Christ, our life, hear us.*

Lord Jesus, you joined your disciples on the way to Emmaus;
accompany your Church on her journey through life.

– *Christ, our life, hear us.*

May we, your faithful, not be slow to believe;
give us the courage to proclaim your victory over death.

– *Christ, our life, hear us.*

Look upon those who have not recognized your presence in their lives;
let their hearts rejoice in the knowledge of their Saviour.

– *Christ, our life, hear us.*

You are the judge of the living and the dead;
grant to the faithful departed forgiveness of their sins.

– *Christ, our life, hear us.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God of mercy,
let the mystery we celebrate at Eastertide
bear fruit for us in every season.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Monday 18 May 2020

Saint John I, Pope, Martyr

see also [Mon 6 Easter](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,

And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthal,
Lift high the universal song,
And crown him Lord of all.

Psalm 44 (45)
The wedding of the King

“Behold, the bridegroom is coming; go out to meet him” (Mt 25:6).

Blessed is he who comes in the name of the Lord. Alleluia.

My heart overflows with noble words.
To the king I must speak the song I have made,
my tongue as nimble as the pen of a scribe.

You are the fairest of the children of men
and graciousness is poured upon your lips:
because God has blessed you for evermore.

O mighty one, gird your sword upon your thigh;
in splendour and state, ride on in triumph
for the cause of truth and goodness and right.

Take aim with your bow in your dread right hand.
Your arrows are sharp, peoples fall beneath you.
The foes of the king fall down and lose heart.

Your throne, O God, shall endure for ever.
A sceptre of justice is the sceptre of your kingdom.
Your love is for justice; your hatred for evil.

Therefore God, your God, has anointed you
with the oil of gladness above other kings:
your robes are fragrant with aloes and myrrh.

From the ivory palace you are greeted with music.
The daughters of kings are among your loved ones.

On your right stands the queen in gold of Ophir.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Blessed is he who comes in the name of the Lord. Alleluia.

Psalm 44 (45)
The King's bride

Blessed are those who are called to the wedding feast of the Lamb. Alleluia.

Listen, O daughter, give ear to my words:
forget your own people and your father's house.
So will the king desire your beauty:
He is your lord, pay homage to him.

And the people of Tyre shall come with gifts,
the richest of the people shall seek your favour.
The daughter of the king is clothed with splendour,
her robes embroidered with pearls set in gold.

She is led to the king with her maiden companions.
They are escorted amid gladness and joy;
they pass within the palace of the king.

Sons shall be yours in place of your fathers:
you will make them princes over all the earth.
May this song make your name for ever remembered.
May the peoples praise you from age to age.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,

is now, and ever shall be,
world without end.

Amen.

Blessed are those who are called to the wedding feast of the Lamb. Alleluia.

Psalm-prayer

When you took on flesh, Lord Jesus, you made a marriage of mankind with God. Help us to be faithful to your word and endure our exile bravely, until we are called to the heavenly marriage feast, to which the Virgin Mary, exemplar of your Church, has preceded us.

Canticle

Ephesians 1

God the Saviour

From his fullness we have all received, grace upon grace. Alleluia.

Blessed be the God and Father
of our Lord Jesus Christ,
who has blessed us in Christ
with every spiritual blessing in the heavenly places.

He chose us in him
before the foundation of the world,
that we should be holy
and blameless before him.

He destined us in love
to be his sons through Jesus Christ,
according to the purpose of his will,
to the praise of his glorious grace
which he freely bestowed on us in the Beloved.

In him we have redemption through his blood,
the forgiveness of our trespasses,
according to the riches of his grace
which he lavished upon us.

He has made known to us
in all wisdom and insight
the mystery of his will,
according to his purpose
which he set forth in Christ.

His purpose he set forth in Christ
as a plan for the fullness of time,
to unite all things in him,
things in heaven and things on earth.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

From his fullness we have all received, grace upon grace. Alleluia.

Short Reading

Apocalypse 7:14-17

These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.

Short Responsory

You have tested us, God, and you have brought us out into freedom again.

Alleluia, alleluia.

– *You have tested us, God, and you have brought us out into freedom again.*

Alleluia, alleluia.

You have refined us like silver.

– *You have tested us, God, and you have brought us out into freedom again.*

Alleluia, alleluia.

Glory be to the Father and to the Son and to the Holy Spirit.

– *You have tested us, God, and you have brought us out into freedom again.*

Alleluia, alleluia.

Canticle

Magnificat

My soul rejoices in the Lord

*Unless the wheat grain falls on the earth and dies, it remains itself alone;
but if it dies it yields much fruit, alleluia.*

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Unless the wheat grain falls on the earth and dies, it remains itself alone;
but if it dies it yields much fruit, alleluia.*

Prayers and intercessions

Let us give thanks to the king of martyrs, for this is the hour when he
offered himself in the last supper and laid down his life on the cross.

– *We praise you, Christ the Lord.*

We praise you, Christ our Saviour, example and strength of the martyrs,
because you have loved us to the end;

– *We praise you, Christ the Lord.*

Because you have promised repentant sinners the reward of eternal life,

– *We praise you, Christ the Lord.*

Because you have called the Church to offer the blood of the new and
eternal covenant, the blood shed for the remission of sins,

– *We praise you, Christ the Lord.*

Because you have brought us to this day with the gift of faith intact,

– *We praise you, Christ the Lord.*

Because of the many brothers who today have come to share in your saving
death,

– *We praise you, Christ the Lord.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Lord God, who give faithful souls their reward,
you have consecrated this day to the martyrdom of Pope Saint John the
First.

Listen to your people's prayer:

grant that, as we honour his sanctity,
we may follow his constancy in faith.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Monday 18 May 2020

Monday of the 6th week of Eastertide
or Saint John I, Pope, Martyr

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 85 (86)
A poor man's prayer in time of trouble

“Blessed be God, who comforts us in all our sorrows” (2 Cor 1:3-4).

Alleluia. Alleluia. Alleluia.

Turn your ear, O Lord, and give answer
for I am poor and needy.
Preserve my life, for I am faithful;
save the servant who trusts in you.

You are my God, have mercy on me, Lord,
for I cry to you all the day long.
Give joy to your servant, O Lord,
for to you I lift up my soul.

O Lord, you are good and forgiving,
full of love to all who call.
Give heed, O Lord, to my prayer
and attend to the sound of my voice.

In the day of distress I will call

and surely you will reply.
Among the gods there is none like you, O Lord;
nor work to compare with yours.

All the nations shall come to adore you
and glorify your name, O Lord:
for you are great and do marvellous deeds,
you who alone are God.

Show me, Lord, your way
so that I may walk in your truth.
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart
and glorify your name for ever;
for your love to me has been great:
you have saved me from the depths of the grave.

The proud have risen against me;
ruthless men seek my life;
to you they pay no heed.

But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me.

O give your strength to your servant
and save your handmaid's son.
Show me a sign of your favour
that my foes may see to their shame
that you console me and give me your help.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

God of mercy and goodness, when Christ called out to you in torment, you heard him and gave him victory over death because of his love for you. We already know the affection you have for us; fill us with a greater love of your name and we will proclaim you more boldly before men and happily lead them to celebrate your glory.

Short Reading

1 Thessalonians 5:9-10

God chose us to possess salvation through our Lord Jesus Christ, who died for us in order that we might live together with him, whether we are alive or dead when he comes.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation

which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

Lord, give our bodies restful sleep;
and let the work we have done today
be sown for an eternal harvest.

Through Christ our Lord,

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurrexit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Rv 19: 7, 6

Let us rejoice and be glad and give glory to God,
for the Lord our God the Almighty reigns, alleluia.

Collect

Grant, almighty and merciful God,
that we may in truth receive a share
in the Resurrection of Christ your Son.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 16:22-34

Become a believer and you will be saved, and your household too

The crowd joined in and showed their hostility to Paul and Silas, so the magistrates had them stripped and ordered them to be flogged. They were given many lashes and then thrown into prison, and the gaoler was told to keep a close watch on them. So, following his instructions, he threw them into the inner prison and fastened their feet in the stocks.

Late that night Paul and Silas were praying and singing God's praises, while the other prisoners listened. Suddenly there was an earthquake that shook the prison to its foundations. All the doors flew open and the chains

fell from all the prisoners. When the gaoler woke and saw the doors wide open he drew his sword and was about to commit suicide, presuming that the prisoners had escaped. But Paul shouted at the top of his voice, 'Don't do yourself any harm; we are all here.' The gaoler called for lights, then rushed in, threw himself trembling at the feet of Paul and Silas, and escorted them out, saying, 'Sirs, what must I do to be saved?' They told him, 'Become a believer in the Lord Jesus, and you will be saved, and your household too.' Then they preached the word of the Lord to him and to all his family. Late as it was, he took them to wash their wounds, and was baptised then and there with all his household. Afterwards he took them home and gave them a meal, and the whole family celebrated their conversion to belief in God.

Responsorial Psalm

Psalm 137(138):1-3,7-8

You stretch out your hand and save me, O Lord.

or

Alleluia!

I thank you, Lord, with all my heart:

you have heard the words of my mouth.

In the presence of the angels I will bless you.

I will adore before your holy temple.

You stretch out your hand and save me, O Lord.

or

Alleluia!

I thank you for your faithfulness and love,

which excel all we ever knew of you.

On the day I called, you answered;

you increased the strength of my soul.

You stretch out your hand and save me, O Lord.

or

Alleluia!

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

You stretch out your hand and save me, O Lord.

or

Alleluia!

Gospel Acclamation

Alleluia, alleluia!
Christ has risen and shone upon us
whom he redeemed with his blood.
Alleluia!

Or:

cf.Jn16:7,13

Alleluia, alleluia!
I will send you the Spirit of truth, says the Lord;
he will lead you to the complete truth.
Alleluia!

Gospel

John 16:5-11

Unless I go, the Advocate will not come to you

Jesus said to his disciples:

‘Now I am going to the one who sent me.
Not one of you has asked, “Where are you going?”
Yet you are sad at heart because I have told you this.
Still, I must tell you the truth:
it is for your own good that I am going
because unless I go,
the Advocate will not come to you;
but if I do go,
I will send him to you.

And when he comes,
he will show the world how wrong it was,
about sin,
and about who was in the right,
and about judgement:
about sin: proved by their refusal to believe in me;
about who was in the right: proved by my going to the Father and your
seeing me no more;
about judgement: proved by the prince of this world being already
condemned.'

Prayer over the Offerings

Grant, we pray, O Lord,
that we may always find delight in these paschal mysteries,
so that the renewal constantly at work within us
may be the cause of our unending joy.
Through Christ our Lord.

Communion Antiphon

Cf. Lk 24: 46, 26

The Christ had to suffer and rise from the dead,
and so enter into his glory, alleluia.

Prayer after Communion

Hear, O Lord, our prayers,
that this most holy exchange,
by which you have redeemed us,
may bring your help in this present life
and ensure for us eternal gladness.
Through Christ our Lord.

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 94 (95)

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

The Lord has truly risen, alleluia.

Come, ring out our joy to the Lord;

hail the God who saves us.

Let us come before him, giving thanks,

with songs let us hail the Lord.

A mighty God is the Lord,

a great king above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his.

To him belongs the sea, for he made it

and the dry land shaped by his hands.

Come in; let us bow and bend low;

let us kneel before the God who made us:

for he is our God and we

the people who belong to his pasture,

the flock that is led by his hand.

O that today you would listen to his voice!

‘Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people
and I said: “Their hearts are astray,
these people do not know my ways.”
Then I took an oath in my anger:
“Never shall they enter my rest.””

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord has truly risen, alleluia.

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 42 (43)
Longing for the temple

"I, the light, have come into the world" (Jn 12:46).

You have come to Mount Sion, and the city of the living God. Alleluia.

Defend me, O God, and plead my cause
against a godless nation.
From deceitful and cunning men
rescue me, O God.

Since you, O God, are my stronghold,
why have you rejected me?
Why do I go mourning
oppressed by the foe?

O send forth your light and your truth;
let these be my guide.
Let them bring me to your holy mountain,
to the place where you dwell.

And I will come to the altar of God,
the God of my joy.
My redeemer, I will thank you on the harp,
O God, my God.

Why are you cast down my soul,
why groan within me?
Hope in God; I will praise him still,
my saviour and my God.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

You have come to Mount Sion, and the city of the living God. Alleluia.

Psalm-prayer

Almighty Father, source of everlasting light, send forth your truth into our hearts and pour over us the brightness of your light.

Or:

Father, your Son was condemned by reason of our sins, but on Easter morning you glorified him with the glory he always had with you. Do not leave us, his members, in the enemy's hands, but bring us, through our joyful participation at your altar, to your eternal tabernacle on high to adore in spirit and truth.

Canticle

Isaiah 38

The psalm of Hezekiah on recovering from sickness

“I was dead and behold, I am alive and I hold the keys of death” (Rev 1:17-18).

Lord, you have kept my soul from destruction. Alleluia.

I said, In the noontide of my days I must depart;
I am consigned to the gates of Sheol
for the rest of my years.

I said, I shall not see the Lord
in the land of the living;
I shall look upon man no more
among the inhabitants of the world.

My dwelling is plucked up and removed from me
like a shepherd's tent;
like a weaver I have rolled up my life;
he cuts me off from the loom.

From day to night you bring me to an end;
I cry for help until morning;
like a lion he breaks all my bones;
from day to night you bring me to an end.

Like a swallow or a crane I clamour,
I moan like a dove.
My eyes are weary with looking upward.
O Lord, I am oppressed; be my security.

Lo, it was for my welfare
that I had great bitterness;
but you have held back my life
from the pit of destruction,
for you have cast all my sins
behind your back.

For Sheol cannot thank you,
death cannot praise you;
those who go down to the pit
cannot hope for your faithfulness.

The living, the living, he thanks you,
as I do this day;

the father makes known to the children your faithfulness.

The Lord will save me,
and we will sing to stringed instruments
all the days of our life,
at the house of the Lord.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Lord, you have kept my soul from destruction. Alleluia.

Psalm 64 (65)
A solemn thanksgiving

“Sion is to be understood as the heavenly city” (Origen)

You care for the earth, you give it water. Alleluia.

To you our praise is due
in Sion, O God.
To you we pay our vows,
you who hear our prayer.

To you all flesh will come
with its burden of sin.
Too heavy for us, our offences,
but you wipe them away.

Blessed is he whom you choose and call
to dwell in your courts.
We are filled with the blessings of your house,
of your holy temple.

You keep your pledge with wonders,
O God our saviour,
the hope of all the earth
and of far distant isles.

You uphold the mountains with your strength,
you are girded with power.
You still the roaring of the seas,
(the roaring of their waves)
and the tumult of the peoples.

The ends of the earth stand in awe
at the sight of your wonders.
The lands of sunrise and sunset
you fill with your joy.

You care for the earth, give it water,
you fill it with riches.
Your river in heaven brims over
to provide its grain.

And thus you provide for the earth;
you drench its furrows;
you level it, soften it with showers;
you bless its growth.

You crown the year with your goodness.
Abundance flows in your steps,
in the pastures of the wilderness it flows.

The hills are girded with joy,
the meadows covered with flocks,
the valleys are decked with wheat.
They shout for joy, yes they sing.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,

world without end.
Amen.

You care for the earth, you give it water. Alleluia.

Psalm-prayer

Lord God, hope of all the earth, hear the humble prayer of your children as we sing your praises. Pour out your Spirit on us so that our lives may bear fruit abundantly.

Or:

Father, you created everything in and for your Son, not because you needed creation, but you wished to make your goodness the source of goodness for others. Abide with your Church and fill her to overflowing through your sacraments that she may give us more abundantly the fruits of your favour which bring fullness of life.

Short Reading

Acts 13:30-33

God raised Jesus from the dead, and for many days he appeared to those who had accompanied him from Galilee to Jerusalem: and it is these same companions of his who are now his witnesses before our people. We have come here to tell you the Good News. It was to our ancestors that God made the promise but it is to us, their children, that he has fulfilled it, by raising Jesus from the dead. As scripture says in the second psalm: *You are my son: today I have become your father.*

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*In a short time the world will no longer see me; but you will see me,
because I live and you will live. Alleluia.*

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*In a short time the world will no longer see me; but you will see me,
because I live and you will live. Alleluia.*

Prayers and intercessions

Let us pray to God the Father, whose Son became the Lamb without
blemish to take away the sins of the world.

– *God of life, save us.*

Father, be mindful of your Son, who died on the cross and was raised again
to life;

hear him interceding for us now.

– *God of life, save us.*

Let us cast out the leaven of corruption and malice;
let us celebrate Christ's passover in purity and truth.

– *God of life, save us.*

May we overcome today all envy and dissension;
help us to take care of our brothers in their every need.

– *God of life, save us.*

Place deep in our hearts the spirit of the gospel;
may it inspire us to keep your commandments today and always.

– *God of life, save us.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Lord God,
grant your people constant joy
in the renewed vigour of their souls.
They rejoice because you have restored them
to the glory of your adopted children:
let them look forward gladly
in the certain hope of resurrection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,
And now new born from death's dark grave,
O Christ, thou bidd'st us rise with thee
From death to immortality.

Eternal Shepherd, thou art wont
To cleanse Thy sheep within the font,
That mystic bath, that grave of sin,
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign
To bear for us the cross of pain,
And freely pay the precious price
Of all thy blood in sacrifice.

Jesu, do thou to every heart
Unceasing Paschal joy impart;
From death of sin and guilty strife
Set free the new born sons of life.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be
And Holy Ghost eternally.

Psalm 48 (49)
The uselessness of riches

**“The rich man will find it very hard to enter the kingdom of heaven”
(Mt 19:23).**

Look for the things of heaven, not for the things which are upon this earth.
Alleluia.

Hear this, all you peoples,
 give heed, all who dwell in the world,
men both low and high,
 rich and poor alike!

My lips will speak words of wisdom.
My heart is full of insight.
I will turn my mind to a parable,
with the harp I will solve my problem.

Why should I fear in evil days
the malice of the foes who surround me,
men who trust in their wealth,
and boast of the vastness of their riches?

For no man can buy his own ransom,
or pay a price to God for his life.
The ransom of his soul is beyond him.
He cannot buy life without end,
nor avoid coming to the grave.

He knows that wise men and fools must both perish
and leave their wealth to others.
Their graves are their homes for ever,
their dwelling place from age to age,
though their names spread wide through the land.

In his riches, man lacks wisdom;
he is like the beasts that are destroyed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Look for the things of heaven, not for the things which are upon this earth.
Alleluia.

Psalm 48 (49)

The Lord has saved my soul from the power of death, alleluia.

This is the lot of those who trust in themselves,
who have others at their beck and call.

Like sheep they are driven to the grave,
where death shall be their shepherd
and the just shall become their rulers.

With the morning their outward show vanishes
and the grave becomes their home.

But God will ransom me from death
and take my soul to himself.

Then do not fear when a man grows rich,
when the glory of his house increases.
He takes nothing with him when he dies,
his glory does not follow him below.

Though he flattered himself while he lived:
‘Men will praise me for all my success,’
yet he will go to join his fathers,
who will never see the light any more.

In his riches, man lacks wisdom;
he is like the beasts that are destroyed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord has saved my soul from the power of death, alleluia.

Psalm-prayer

Make our mouths speak your wisdom, Lord Jesus, and help us to remember
that you became man and redeemed us from death that we might merit the
beauty of your light.

Or:

You condemned the rich, Lord Jesus, because they have already received their reward, and you proclaimed the poor blessed because the kingdom of heaven is theirs. Teach us to seek for imperishable goods and to have confidence in your blood, poured out as the price of our redemption.

Canticle

Apocalypse 4,5

The song of the redeemed

*Yours, Lord, is the greatness and the power, the glory and the victory.
Alleluia.*

Worthy are you, our Lord and God,
to receive glory and honour and power,
for you created all things,
and by your will they existed and were created.

Worthy are you, O Lord,
to take the scroll and to open its seals,
for you were slain,
and by your blood you ransomed men for God
from every tribe and tongue and people and nation.

You have made us a kingdom and priests to our God,
and we shall reign on earth.

Worthy is the Lamb who was slain
to receive power and wealth
and wisdom and might
and honour and glory and blessing.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Yours, Lord, is the greatness and the power, the glory and the victory.
Alleluia.*

Short Reading

1 Peter 2:4-5

The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house.

Short Responsory

The disciples rejoiced, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
They saw the Lord, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The disciples rejoiced, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

*I tell you the truth: it is for your good that I am going because unless I go,
the Advocate will not come to you. Alleluia.*

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength

and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*I tell you the truth: it is for your good that I am going because unless I go,
the Advocate will not come to you. Alleluia.*

Prayers and intercessions

Let us pray to Christ, who by his resurrection strengthens his people in
hope.

– *Ever-living Christ, hear us.*

Lord Jesus, from your opened side there poured out blood and water;
cleanse the Church, your bride, from every stain of sin.

– *Ever-living Christ, hear us.*

Good shepherd, risen from the dead, you gave to the apostle Peter the care
of your flock;

may Pope **N.**, be ever strengthened in charity and zeal.

– *Ever-living Christ, hear us.*

Beside the lake of Galilee, you directed your disciples to a great catch of
fish;

direct the work of your disciples today, and give them your abundant blessing.

– *Ever-living Christ, hear us.*

On the shore of the lake you prepared food for your disciples;
help us to find your joy in caring for others.

– *Ever-living Christ, hear us.*

Jesus, the last Adam, life-giving Spirit, conform the dead to your likeness;
make their joy complete.

– *Ever-living Christ, hear us.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Lord God,

grant your people constant joy

in the renewed vigour of their souls.

They rejoice because you have restored them

to the glory of your adopted children:

let them look forward gladly

in the certain hope of resurrection.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Tuesday 19 May 2020

Tuesday of the 6th week of Eastertide

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 142 (143)
A prayer in time of trouble

“A man is made righteous not by obedience to the Law, but by faith in Jesus Christ” (Gal 2:16).

Alleluia. Alleluia. Alleluia.

Lord, listen to my prayer:
 turn your ear to my appeal.
 You are faithful, you are just; give answer.
Do not call your servant to judgement
 for no one is just in your sight.

The enemy pursues my soul;
 he has crushed my life to the ground;
he has made me dwell in darkness
 like the dead, long forgotten.
Therefore my spirit fails;
 my heart is numb within me.

I remember the days that are past:
 I ponder all your works.

I muse on what your hand has wrought
and to you I stretch out my hands.
Like a parched land my soul thirsts for you.

Lord, make haste and answer;
for my spirit fails within me.
Do not hide your face
lest I become like those in the grave.

In the morning let me know your love
for I put my trust in you.
Make me know the way I should walk:
to you I lift up my soul.

Rescue me, Lord, from my enemies;
I have fled to you for refuge.
Teach me to do your will
for you, O Lord, are my God.
Let your good spirit guide me
in ways that are level and smooth.

For your name's sake, Lord, save my life;
in your justice save my soul from distress.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness. Your death has opened a path for us. Do not enter into judgement with your servants; let your Holy Spirit guide us together into the land of justice.

Short Reading

1 Peter 5:8-9

Be calm but vigilant, because your enemy the devil is prowling round like a roaring lion, looking for someone to eat. Stand up to him, strong in faith.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

In your mercy, Lord,
 dispel the darkness of this night.
Let your household so sleep in peace
 that at the dawn of a new day
 they may, with joy, waken in your name.
Through Christ our Lord,
Amen.

The Lord grant us a quiet night and a perfect end.
Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide
see also [St Bernardine of Siena](#)

[Readings at Mass](#)

[Invitatory Psalm](#)

[Morning Prayer \(Lauds\)](#)

[Vespers \(Evening Prayer\)](#)

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Wednesday 20 May 2020

Saint Bernardine of Siena, Priest

see also [Wed 6 Easter](#)

[Readings at Mass](#)

[Invitatory Psalm](#)

[Morning Prayer \(Lauds\)](#)

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide

see also [St Bernardine of Siena](#)

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Cf. Ps 17: 50; 21: 23

I will praise you, Lord, among the nations;
I will tell of your name to my kin, alleluia.

Collect

Grant, we pray, O Lord,
that, as we celebrate in mystery
the solemnities of your Son's Resurrection,
so, too, we may be worthy
to rejoice at his coming with all the Saints.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 17:15,22-18:1

I proclaim the God you already worship without knowing it

Paul's escort took him as far as Athens, and went back with instructions for Silas and Timothy to rejoin Paul as soon as they could.

So Paul stood before the whole Council of the Areopagus and made this speech:

‘Men of Athens, I have seen for myself how extremely scrupulous you are in all religious matters, because I noticed, as I strolled round admiring your sacred monuments, that you had an altar inscribed: To An Unknown God. Well, the God whom I proclaim is in fact the one whom you already worship without knowing it.

‘Since the God who made the world and everything in it is himself Lord of heaven and earth, he does not make his home in shrines made by human hands. Nor is he dependent on anything that human hands can do for him, since he can never be in need of anything; on the contrary, it is he who gives everything – including life and breath – to everyone. From one single stock he not only created the whole human race so that they could occupy the entire earth, but he decreed how long each nation should flourish and what the boundaries of its territory should be. And he did this so that all nations might seek the deity and, by feeling their way towards him, succeed in finding him. Yet in fact he is not far from any of us, since it is in him that we live, and move, and exist, as indeed some of your own writers have said:

“We are all his children.”

‘Since we are the children of God, we have no excuse for thinking that the deity looks like anything in gold, silver or stone that has been carved and designed by a man.

‘God overlooked that sort of thing when men were ignorant, but now he is telling everyone everywhere that they must repent, because he has fixed a day when the whole world will be judged, and judged in righteousness, and he has appointed a man to be the judge. And God has publicly proved this by raising this man from the dead.’

At this mention of rising from the dead, some of them burst out laughing; others said, ‘We would like to hear you talk about this again.’ After that Paul left them, but there were some who attached themselves to him and became believers, among them Dionysius the Areopagite and a woman called Damaris, and others besides.

After this, Paul left Athens and went to Corinth.

Responsorial Psalm

Psalm 148:1-2,11-14

Your glory fills all heaven and earth.

or

Alleluia!

Praise the Lord from the heavens,
praise him in the heights.

Praise him, all his angels,
praise him, all his host.

Your glory fills all heaven and earth.

or

Alleluia!

All earth's kings and peoples,
earth's princes and rulers,
young men and maidens,
old men together with children.

Your glory fills all heaven and earth.

or

Alleluia!

Let them praise the name of the Lord
for he alone is exalted.

The splendour of his name
reaches beyond heaven and earth.

Your glory fills all heaven and earth.

or

Alleluia!

He exalts the strength of his people.
He is the praise of all his saints,
of the sons of Israel,
of the people to whom he comes close.

Your glory fills all heaven and earth.

or

Alleluia!

Gospel Acclamation

Col3:1

Alleluia, alleluia!

Since you have been brought back to true life with Christ,
you must look for the things that are in heaven, where Christ is,
sitting at God's right hand.

Alleluia!

Or:

Jn14:16

Alleluia, alleluia!

I shall ask the Father,
and he will give you another Advocate
to be with you for ever.

Alleluia!

Gospel

John 16:12-15

The Spirit of truth will lead you to the complete truth

Jesus said to his disciples:

'I still have many things to say to you
but they would be too much for you now.
But when the Spirit of truth comes
he will lead you to the complete truth,
since he will not be speaking as from himself
but will say only what he has learnt;
and he will tell you of the things to come.
He will glorify me,
since all he tells you
will be taken from what is mine.
Everything the Father has is mine;
that is why I said:
All he tells you

will be taken from what is mine.'

Prayer over the Offerings

O God, who by the wonderful exchange effected in this sacrifice
have made us partakers of the one supreme Godhead,
grant, we pray,
that, as we have come to know your truth,
we may make it ours by a worthy way of life.
Through Christ our Lord.

Communion Antiphon

Cf. Jn 15: 16, 19

I have chosen you from the world, says the Lord,
and have appointed you to go out and bear fruit,
fruit that will last, alleluia.

Prayer after Communion

Graciously be present to your people, we pray, O Lord,
and lead those you have imbued with heavenly mysteries
to pass from former ways to newness of life.
Through Christ our Lord.

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Wednesday 20 May 2020

Saint Bernardine of Siena, Priest

see also [Wed 6 Easter](#)

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

O chosen people, proclaim the mighty works of him
who called you out of darkness into his wonderful light, alleluia.

Or:

Ps 17: 50; 21: 23

I will praise you, Lord, among the nations;
I will tell of your name to my kin, alleluia.

Collect

O God, who gave the Priest Saint Bernardine of Siena
a great love for the holy Name of Jesus,
grant, through his merits and prayers,
that we may ever be set aflame
with the spirit of your love.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

[Readings for the feria](#)

[Readings for the memorial](#)

These are the readings for the feria

First reading

Acts 17:15,22-18:1

I proclaim the God you already worship without knowing it

Paul's escort took him as far as Athens, and went back with instructions for Silas and Timothy to rejoin Paul as soon as they could.

So Paul stood before the whole Council of the Areopagus and made this speech:

‘Men of Athens, I have seen for myself how extremely scrupulous you are in all religious matters, because I noticed, as I strolled round admiring your sacred monuments, that you had an altar inscribed: To An Unknown God. Well, the God whom I proclaim is in fact the one whom you already worship without knowing it.

‘Since the God who made the world and everything in it is himself Lord of heaven and earth, he does not make his home in shrines made by human hands. Nor is he dependent on anything that human hands can do for him, since he can never be in need of anything; on the contrary, it is he who gives everything – including life and breath – to everyone. From one single stock he not only created the whole human race so that they could occupy the entire earth, but he decreed how long each nation should flourish and what the boundaries of its territory should be. And he did this so that all nations might seek the deity and, by feeling their way towards him, succeed in finding him. Yet in fact he is not far from any of us, since it is in him that we live, and move, and exist, as indeed some of your own writers have said:

“We are all his children.”

‘Since we are the children of God, we have no excuse for thinking that the deity looks like anything in gold, silver or stone that has been carved and designed by a man.

‘God overlooked that sort of thing when men were ignorant, but now he is telling everyone everywhere that they must repent, because

he has fixed a day when the whole world will be judged, and judged in righteousness, and he has appointed a man to be the judge. And God has publicly proved this by raising this man from the dead.'

At this mention of rising from the dead, some of them burst out laughing; others said, 'We would like to hear you talk about this again.' After that Paul left them, but there were some who attached themselves to him and became believers, among them Dionysius the Areopagite and a woman called Damaris, and others besides.

After this, Paul left Athens and went to Corinth.

Responsorial Psalm

Psalm 148:1-2,11-14

Your glory fills all heaven and earth.

or

Alleluia!

Praise the Lord from the heavens,
praise him in the heights.
Praise him, all his angels,
praise him, all his host.

Your glory fills all heaven and earth.

or

Alleluia!

All earth's kings and peoples,
earth's princes and rulers,
young men and maidens,
old men together with children.

Your glory fills all heaven and earth.

or

Alleluia!

Let them praise the name of the Lord
for he alone is exalted.
The splendour of his name

reaches beyond heaven and earth.

Your glory fills all heaven and earth.

or

Alleluia!

He exalts the strength of his people.

He is the praise of all his saints,
of the sons of Israel,
of the people to whom he comes close.

Your glory fills all heaven and earth.

or

Alleluia!

Gospel Acclamation

Col3:1

Alleluia, alleluia!

Since you have been brought back to true life with Christ,
you must look for the things that are in heaven, where Christ is,
sitting at God's right hand.

Alleluia!

Or:

Jn14:16

Alleluia, alleluia!

I shall ask the Father,
and he will give you another Advocate
to be with you for ever.

Alleluia!

Gospel

John 16:12-15

The Spirit of truth will lead you to the complete truth

Jesus said to his disciples:

‘I still have many things to say to you

but they would be too much for you now.
But when the Spirit of truth comes
he will lead you to the complete truth,
since he will not be speaking as from himself
but will say only what he has learnt;
and he will tell you of the things to come.
He will glorify me,
since all he tells you
will be taken from what is mine.
Everything the Father has is mine;
that is why I said:
*All he tells you
will be taken from what is mine.'*

[Continue](#)

These are the readings for the memorial

First reading

Acts 4:8-12

The name of Jesus Christ is the only name in which we can be saved

Filled with the Holy Spirit, Peter said: 'Rulers of the people, and elders! If you are questioning us today about an act of kindness to a cripple, and asking us how he was healed, then I am glad to tell you all, and would indeed be glad to tell the whole people of Israel, that it was by the name of Jesus Christ the Nazarene, the one you crucified, whom God raised from the dead, by this name and by no other that this man is able to stand up perfectly healthy, here in your presence, today. This is the stone rejected by you the builders, but which has proved to be the keystone. For of all the names in the world given to men, this is the only one by which we can be saved.'

Responsorial Psalm

Psalm 39(40):2,4,7-11

Here I am, Lord! I come to do your will.

I waited, I waited for the Lord
and he stooped down to me;
he heard my cry.

Here I am, Lord! I come to do your will.

He put a new song into my mouth,
praise of our God.
Many shall see and fear
and shall trust in the Lord.

Here I am, Lord! I come to do your will.

You do not ask for sacrifice and offerings,
but an open ear.
You do not ask for holocaust and victim.
Instead, here am I.

Here I am, Lord! I come to do your will.

In the scroll of the book it stands written
that I should do your will.
My God, I delight in your law
in the depth of my heart.

Here I am, Lord! I come to do your will.

Your justice I have proclaimed
in the great assembly.
My lips I have not sealed;
you know it, O Lord.

Here I am, Lord! I come to do your will.

Gospel Acclamation

Jn8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;
anyone who follows me will have the light of life.
Alleluia!

Gospel

Luke 9:57-62

'I will follow you wherever you go'

As Jesus and his disciples travelled along they met a man on the road who said to him, 'I will follow you wherever you go.' Jesus answered, 'Foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay his head.'

Another to whom he said, 'Follow me', replied, 'Let me go and bury my father first.' But he answered, 'Leave the dead to bury their dead; your duty is to go and spread the news of the kingdom of God.'

Another said, 'I will follow you, sir, but first let me go and say goodbye to my people at home.' Jesus said to him, 'Once the hand is laid on the plough, no one who looks back is fit for the kingdom of God.'

[Continue](#)

Prayer over the Offerings

Look upon the sacrificial gifts we offer, almighty God,
on the feast day of blessed **N.**,
and grant that we, who celebrate the mysteries of the Lord's Passion,
may imitate what we now do.
Through Christ our Lord.

Communion Antiphon

Ez 34: 15

I will pasture my sheep;
I myself will give them rest, says the Lord, alleluia.

Or:

Mt 10: 27

What I say to you in the darkness
speak in the light, says the Lord;
what you hear whispered
proclaim on the housetops, alleluia.

Prayer after Communion

By the power of this mystery, O Lord,
confirm your servants in the true faith,
that they may everywhere profess in word and deed
the faith for which blessed **N.** never ceased to labour
and for which he spent his whole life.
Through Christ our Lord.

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide

see also [St Bernardine of Siena](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 94 (95)

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

The Lord has truly risen, alleluia.

Come, ring out our joy to the Lord;
hail the God who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his.
To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us:
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice!
 ‘Harden not your hearts as at Meribah,
 as on that day at Massah in the desert
when your fathers put me to the test;
 when they tried me, though they saw my work.

For forty years I was wearied of these people
 and I said: “Their hearts are astray,
 these people do not know my ways.”
Then I took an oath in my anger:
 “Never shall they enter my rest.””

Glory be to the Father and to the Son
 and to the Holy Spirit,
as it was in the beginning,
 is now, and ever shall be,
 world without end.

Amen.

The Lord has truly risen, alleluia.

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Wednesday 20 May 2020

Saint Bernardine of Siena, Priest

see also [Wed 6 Easter](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 94 (95)

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

Christ is the chief shepherd, the leader of his flock: come, let us adore him, alleluia.

Come, ring out our joy to the Lord;

hail the God who saves us.

Let us come before him, giving thanks,
with songs let us hail the Lord.

A mighty God is the Lord,
a great king above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his.

To him belongs the sea, for he made it
and the dry land shaped by his hands.

Come in; let us bow and bend low;
let us kneel before the God who made us:

for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

O that today you would listen to his voice!
 ‘Harden not your hearts as at Meribah,
 as on that day at Massah in the desert
when your fathers put me to the test;
 when they tried me, though they saw my work.

For forty years I was wearied of these people
 and I said: “Their hearts are astray,
 these people do not know my ways.”
Then I took an oath in my anger:
 “Never shall they enter my rest.””

Glory be to the Father and to the Son
 and to the Holy Spirit,
as it was in the beginning,
 is now, and ever shall be,
 world without end.

Amen.

*Christ is the chief shepherd, the leader of his flock: come, let us adore him,
 alleluia.*

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide

see also [St Bernardine of Siena](#)

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 76 (77)
Remembering the works of the Lord

“We are in difficulties on every side, but never consumed” (2 Cor 4:8).

The waters saw you, O God: you led your people through the sea. Alleluia.

I cry aloud to God,
cry aloud to God that he may hear me.

In the day of my distress I sought the Lord.
My hands were raised at night without ceasing;
my soul refused to be consoled.
I remembered my God and I groaned.
I pondered and my spirit fainted.

You withheld sleep from my eyes.
I was troubled, I could not speak.
I thought of the days of long ago
and remembered the years long past.

At night I mused within my heart.
I pondered and my spirit questioned.

‘Will the Lord reject us for ever?
Will he show us his favour no more?
Has his love vanished for ever?
Has his promise come to an end?
Does God forget his mercy
or in anger withhold his compassion?’

I said: ‘This is what causes my grief;
that the way of the Most High has changed.’
I remember the deeds of the Lord,
I remember your wonders of old,
I muse on all your works
and ponder your mighty deeds.

Your ways, O God, are holy.
What god is great as our God?
You are the God who works wonders.
You showed your power among the peoples.
Your strong arm redeemed your people,
the sons of Jacob and Joseph.

The waters saw you, O God,
the waters saw you and trembled;
the depths were moved with terror.
The clouds poured down rain,
the skies sent forth their voice;
your arrows flashed to and fro.

Your thunder rolled round the sky,
your flashes lighted up the world.
The earth was moved and trembled
when your way led through the sea,
your path through the mighty waters
and no one saw your footprints.

You guided your people like a flock

by the hand of Moses and Aaron.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The waters saw you, O God: you led your people through the sea. Alleluia.

Psalm-prayer

Father, you established your ancient covenant by signs and wonders, but more wondrously you confirmed the new one through the sacrifice of your Son. Guide your Church through the pathways of life, that we may be led to the land of promise and celebrate your name with lasting praise.

Canticle

1 Samuel 2

The song of Hannah, mother of Samuel

“He put down the mighty from their seats and exalted the lowly; he filled the hungry with good things” (Lk 1:52-53).

The Lord gives death and he gives life. Alleluia.

My heart exults in the Lord,
I find my strength in my God;
my mouth laughs at my enemies
as I rejoice in your saving help.
There is none like the Lord,
there is none besides you.
There is no Rock like our God.

Bring your haughty words to an end,
let no boasts fall from your lips,
for the Lord is a God who knows all.

It is he who weighs men's deeds.

The bows of the mighty are broken,
but the weak are clothed with strength.
Those with plenty must labour for bread,
but the hungry need work no more.
The childless wife has children now
but the fruitful wife bears no more.

It is the Lord who gives life and death,
he brings men to the grave and back;
it is the Lord who gives poverty and riches.
He brings men low and raises them on high.

He lifts up the lowly from the dust,
from the ash heap he raises the poor
to set him in the company of princes,
to give him a glorious throne.

For the pillars of the earth are the Lord's,
on them he has set the world.
He guards the steps of his faithful,
but the wicked perish in darkness,
for no man's power gives him victory.
The enemies of the Lord shall be broken.

The Most High will thunder in the heavens,
the Lord will judge the ends of the earth.
He will give power to his king
and exalt the might of his anointed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord gives death and he gives life. Alleluia.

Psalm 96 (97)
The glory of God in his judgements

“This psalm tells of the salvation of the world and of the faith all peoples would have in Christ” (St Athanasius).

Light shines forth for the just, and joy for the upright of heart. Alleluia.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right.

A fire prepares his path;
it burns up his foes on every side.
His lightnings light up the world,
the earth trembles at the sight.

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory.

Let those who serve idols be ashamed,
those who boast of their worthless gods.
All you spirits, worship him.

Sion hears and is glad;
the people of Judah rejoice
because of your judgements, O Lord.

For you indeed are the Lord
most high above all the earth,
exalted far above all spirits.

The Lord loves those who hate evil;
he guards the souls of his saints;
he sets them free from the wicked.

Light shines forth for the just
and joy for the upright of heart.
Rejoice, you just, in the Lord;
give glory to his holy name.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Light shines forth for the just, and joy for the upright of heart. Alleluia.

Psalm-prayer

Father, you clothe the sky with light and the depths of the ocean with darkness. Among the sons of men you work wonders, and rain terror upon the enemy. Look upon your servants. Do not try us by fire but bring us rejoicing to the shelter of your home.

Short Reading

Romans 6:8-11

We believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

The Messiah and the one who was sent before him

I still have many things to say to you but they would be too much for you now. When the Spirit of truth comes he will lead you to the complete truth. Alleluia.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

*I still have many things to say to you but they would be too much for you
now. When the Spirit of truth comes he will lead you to the complete
truth. Alleluia.*

Prayers and intercessions

Let us pray to God, who manifested to the apostles the glory of the risen
Christ.
– *Glorify us, Lord, with the glory of Christ.*

Father, we praise you today with grateful hearts, because you have called us
into your own marvellous light;
help us always to see your loving-kindness.
– *Glorify us, Lord, with the glory of Christ.*

Through your Holy Spirit strengthen and purify men;
give them new heart in their struggle to improve the quality of life.
– *Glorify us, Lord, with the glory of Christ.*

May we pour out our lives in the service of men:
bless our efforts, that the whole of humanity may become a sacrifice
acceptable to you.
– *Glorify us, Lord, with the glory of Christ.*

At the start of the day fill our hearts with your love;
let the praise of your glory be the joy of our lives.
– *Glorify us, Lord, with the glory of Christ.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.

Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God and Father,
we honour the yearly feast of your Son's resurrection
by celebrating it in the sacramental mystery.
Give us likewise the grace
to rejoice with all the saints
when he comes in glory.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Wednesday 20 May 2020

Saint Bernardine of Siena, Priest

see also [Wed 6 Easter](#)

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Who are these like stars appearing,
these, before God's throne who stand?

Each a golden crown is wearing;

who are all this glorious band?

Alleluia! Hark, they sing,

praising loud their heavenly King.

Who are these of dazzling brightness,
clothed in God's own righteousness?

These, whose robes of purest whiteness,

shall their lustre still possess,

still untouched by time's rude hand?

Whence came all this glorious band?

These are they who have contended
for their Saviour's honour long,
wrestling on till life was ended,
following not the sinful throng;
these who well the fight sustained,
triumph through the Lamb have gained.

These are they whose hearts were riven,
sore with woe and anguish tried,
who in prayer full oft have striven
with the God they glorified;
now, their painful conflict o'er,
God has bid them weep no more.

These, the Almighty contemplating,
did as priests before him stand,
soul and body always waiting
day and night at his command:
now in God's most holy place
blest they stand before his face.

Psalm 76 (77)
Remembering the works of the Lord

“We are in difficulties on every side, but never consumed” (2 Cor 4:8).

The waters saw you, O God: you led your people through the sea. Alleluia.

I cry aloud to God,
cry aloud to God that he may hear me.

In the day of my distress I sought the Lord.
My hands were raised at night without ceasing;
my soul refused to be consoled.
I remembered my God and I groaned.
I pondered and my spirit fainted.

You withheld sleep from my eyes.
I was troubled, I could not speak.
I thought of the days of long ago
and remembered the years long past.
At night I mused within my heart.
I pondered and my spirit questioned.

‘Will the Lord reject us for ever?
Will he show us his favour no more?
Has his love vanished for ever?
Has his promise come to an end?
Does God forget his mercy
or in anger withhold his compassion?’

I said: ‘This is what causes my grief;
that the way of the Most High has changed.’
I remember the deeds of the Lord,
I remember your wonders of old,
I muse on all your works
and ponder your mighty deeds.

Your ways, O God, are holy.
What god is great as our God?
You are the God who works wonders.
You showed your power among the peoples.
Your strong arm redeemed your people,
the sons of Jacob and Joseph.

The waters saw you, O God,
the waters saw you and trembled;
the depths were moved with terror.
The clouds poured down rain,
the skies sent forth their voice;
your arrows flashed to and fro.

Your thunder rolled round the sky,
your flashes lighted up the world.
The earth was moved and trembled
when your way led through the sea,

your path through the mighty waters
and no one saw your footprints.

You guided your people like a flock
by the hand of Moses and Aaron.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The waters saw you, O God: you led your people through the sea. Alleluia.

Psalm-prayer

Father, you established your ancient covenant by signs and wonders, but more wondrously you confirmed the new one through the sacrifice of your Son. Guide your Church through the pathways of life, that we may be led to the land of promise and celebrate your name with lasting praise.

Canticle

1 Samuel 2

The song of Hannah, mother of Samuel

“He put down the mighty from their seats and exalted the lowly; he filled the hungry with good things” (Lk 1:52-53).

The Lord gives death and he gives life. Alleluia.

My heart exults in the Lord,
I find my strength in my God;
my mouth laughs at my enemies
as I rejoice in your saving help.
There is none like the Lord,
there is none besides you.
There is no Rock like our God.

Bring your haughty words to an end,
let no boasts fall from your lips,
for the Lord is a God who knows all.
It is he who weighs men's deeds.

The bows of the mighty are broken,
but the weak are clothed with strength.
Those with plenty must labour for bread,
but the hungry need work no more.
The childless wife has children now
but the fruitful wife bears no more.

It is the Lord who gives life and death,
he brings men to the grave and back;
it is the Lord who gives poverty and riches.
He brings men low and raises them on high.

He lifts up the lowly from the dust,
from the ash heap he raises the poor
to set him in the company of princes,
to give him a glorious throne.

For the pillars of the earth are the Lord's,
on them he has set the world.
He guards the steps of his faithful,
but the wicked perish in darkness,
for no man's power gives him victory.
The enemies of the Lord shall be broken.

The Most High will thunder in the heavens,
the Lord will judge the ends of the earth.
He will give power to his king
and exalt the might of his anointed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord gives death and he gives life. Alleluia.

Psalm 96 (97)
The glory of God in his judgements

“This psalm tells of the salvation of the world and of the faith all peoples would have in Christ” (St Athanasius).

Light shines forth for the just, and joy for the upright of heart. Alleluia.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right.

A fire prepares his path;
it burns up his foes on every side.
His lightnings light up the world,
the earth trembles at the sight.

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory.

Let those who serve idols be ashamed,
those who boast of their worthless gods.
All you spirits, worship him.

Sion hears and is glad;
the people of Judah rejoice
because of your judgements, O Lord.

For you indeed are the Lord
most high above all the earth,
exalted far above all spirits.

The Lord loves those who hate evil;
he guards the souls of his saints;
he sets them free from the wicked.

Light shines forth for the just
and joy for the upright of heart.
Rejoice, you just, in the Lord;
give glory to his holy name.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Light shines forth for the just, and joy for the upright of heart. Alleluia.

Psalm-prayer

Father, you clothe the sky with light and the depths of the ocean with darkness. Among the sons of men you work wonders, and rain terror upon the enemy. Look upon your servants. Do not try us by fire but bring us rejoicing to the shelter of your home.

Short Reading

Hebrews 13:7-9

Remember your leaders, who preached the word of God to you, and as you reflect on the outcome of their lives, imitate their faith. Jesus Christ is the same today as he was yesterday and as he will be for ever. Do not let yourselves be led astray by all sorts of strange doctrines.

Short Responsory

I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.
– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*
They will never cease to tell of the name of the Lord, by day and by night.
– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.

– *I placed watchmen on your towers, Jerusalem. Alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

It is not you who speak: the Spirit of your Father speaks in you. Alleluia.

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

It is not you who speak: the Spirit of your Father speaks in you. Alleluia.

Prayers and intercessions

Christ, the good shepherd, laid down his life for his sheep. Let us praise him
with grateful hearts, as we pray:
– *Lord, nourish the lives of your people.*

Christ our Lord, in the holy pastors you reveal your love for us;
may we never be deprived of the care you show through them.
– *Lord, nourish the lives of your people.*

Through your sacred ministers you are present in our midst as the shepherd
of our souls;
never cease to guide us through their teaching and encouragement.
– *Lord, nourish the lives of your people.*

In the saints who lead your people, you manifest your power of healing
souls and bodies;
remain always with us to renew our lives in holiness.
– *Lord, nourish the lives of your people.*

By the example of the saints you instruct your faithful in the ways of
wisdom and love;
through our pastors, help us grow to the full stature of perfection.
– *Lord, nourish the lives of your people.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God our Father, you gave Saint Bernardine of Siena
a most tender love of the holy Name of Jesus.
Grant, by his merits and prayers,
that your Spirit of love may always inflame us.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide

see also [St Bernardine of Siena](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,
And now new born from death's dark grave,
O Christ, thou bidd'st us rise with thee
From death to immortality.

Eternal Shepherd, thou art wont
To cleanse Thy sheep within the font,
That mystic bath, that grave of sin,
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign
To bear for us the cross of pain,
And freely pay the precious price
Of all thy blood in sacrifice.

Jesu, do thou to every heart
Unceasing Paschal joy impart;
From death of sin and guilty strife
Set free the new born sons of life.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be
And Holy Ghost eternally.

Psalm 61 (62)
Peace in God

**“May the God of hope fill you with all peace as you believe in him”
(Rom 15:13).**

Do not let your hearts be troubled: only have faith in me. Alleluia.

In God alone is my soul at rest;
my help comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm.

How long will you all attack one man
to break him down,
as though he were a tottering wall,
or a tumbling fence?

Their plan is only to destroy:
they take pleasure in lies.
With their mouth they utter blessing
but in their heart they curse.

In God alone be at rest, my soul;
for my hope comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm.

In God is my safety and glory,
the rock of my strength.
Take refuge in God, all you people.
Trust him at all times.
Pour out your hearts before him
for God is our refuge.

Common folk are only a breath,
great men an illusion.
Placed in the scales, they rise;
they weigh less than a breath.

Do not put your trust in oppression
nor vain hopes on plunder.
Do not set your heart on riches
even when they increase.

For God has said only one thing:
only two do I know:
that to God alone belongs power
and to you, Lord, love;
and that you repay each man
according to his deeds.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Do not let your hearts be troubled: only have faith in me. Alleluia.

Psalm-prayer

Lord God, you reward each one according to his works. Hear us as we pour out our hearts to you, seeking your grace and secure protection. We look to you for our stable hope in a constantly changing world.

Psalm 66 (67) All peoples, praise the Lord

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*Let the peoples praise you, O God; let them rejoice in your saving help.
Alleluia.*

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Let the peoples praise you, O God;
let all the peoples praise you.

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth.

Let the peoples praise you, O God;

let all the peoples praise you.

The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us his blessing
till the ends of the earth revere him.

Let the peoples praise you, O God;
let all the peoples praise you.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Let the peoples praise you, O God; let them rejoice in your saving help.
Alleluia.*

Psalm-prayer

Be gracious and bless us, Lord, and let your face shed its light on us, so that we can make you known with reverence and bring forth a harvest of justice.

Or:

All peoples praise you, Father, because through your kindly power the earth has brought forth its fruit, the tree of the cross. We ask that this cross unite all peoples in its embrace and feed them with its fruit, everlasting life.

Canticle

(Colossians 1)

Christ, firstborn of all creatures and firstborn from the dead

His majesty covers the heavens, the earth is filled with his praise. Alleluia.

Let us give thanks to the Father,
who has qualified us to share

in the inheritance of the saints in light.

He has delivered us from the dominion of darkness
and transferred us to the kingdom of his beloved Son,
in whom we have redemption,
the forgiveness of sins.

He is the image of the invisible God,
the firstborn of all creation,
for in him all things were created, in heaven and on earth,
visible and invisible.

All things were created
through him and for him.
He is before all things,
and in him all things hold together.

He is the head of the body, the Church;
he is the beginning,
the firstborn from the dead,
that in everything he might be pre-eminent.

For in him all the fullness of God was pleased to dwell,
and through him to reconcile to himself all things,
whether on earth or in heaven,
making peace by the blood of his cross.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

His majesty covers the heavens, the earth is filled with his praise. Alleluia.

Short Reading

Hebrews 7:24-27

Jesus, because he remains *for ever*, can never lose his priesthood. It follows, then, that his power to save is utterly certain, since he is living for ever to intercede for all who come to God through him. To suit us, the ideal high priest would have to be holy, innocent and uncontaminated, beyond the influence of sinners, and raised up above the heavens; one who would not need to offer sacrifices every day, as the other high priests do for their own sins and then for those of the people, because Jesus Christ our Lord has done this once and for all by offering himself.

Short Responsory

The disciples rejoiced, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

They saw the Lord, alleluia, alleluia.

– *The disciples rejoiced, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *The disciples rejoiced, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

The Spirit will glorify me, since all he tells you will be taken from what is mine. Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.

He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Spirit will glorify me, since all he tells you will be taken from what is mine. Alleluia.

Prayers and intercessions

In Christ, who was raised from the dead, the Father has opened for us the
way to eternal life. Let us pray to him:

– *Save your people through the victory of Christ.*

God of our fathers, in the resurrection you glorified your Son;
grant us true repentance that we may walk in newness of life.

– *Save your people through the victory of Christ.*

You have brought us to Christ, the shepherd and guardian of our souls;
keep us faithful to him, under the guidance of our pastors.

– *Save your people through the victory of Christ.*

From the Jewish people you chose Christ's first disciples;
show the children of Israel that your promises are fulfilled.

– *Save your people through the victory of Christ.*

Remember the orphans, the widows and the homeless of our world;

your Son has reconciled men with God, do not abandon them now.
– *Save your people through the victory of Christ.*

You called Stephen to yourself as he bore witness to Jesus;
welcome the faithful departed who have loved and desired you.
– *Save your people through the victory of Christ.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God and Father,
we honour the yearly feast of your Son's resurrection
by celebrating it in the sacramental mystery.
Give us likewise the grace
to rejoice with all the saints
when he comes in glory.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Wednesday 20 May 2020

Saint Bernardine of Siena, Priest

see also [Wed 6 Easter](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Who are these like stars appearing,
these, before God's throne who stand?

Each a golden crown is wearing;

who are all this glorious band?

Alleluia! Hark, they sing,

praising loud their heavenly King.

Who are these of dazzling brightness,
clothed in God's own righteousness?

These, whose robes of purest whiteness,

shall their lustre still possess,

still untouched by time's rude hand?

Whence came all this glorious band?

These are they who have contended
for their Saviour's honour long,
wrestling on till life was ended,
following not the sinful throng;
these who well the fight sustained,
triumph through the Lamb have gained.

These are they whose hearts were riven,
sore with woe and anguish tried,
who in prayer full oft have striven
with the God they glorified;
now, their painful conflict o'er,
God has bid them weep no more.

These, the Almighty contemplating,
did as priests before him stand,
soul and body always waiting
day and night at his command:
now in God's most holy place
blest they stand before his face.

Psalm 61 (62)
Peace in God

**“May the God of hope fill you with all peace as you believe in him”
(Rom 15:13).**

Do not let your hearts be troubled: only have faith in me. Alleluia.

In God alone is my soul at rest;
my help comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm.

How long will you all attack one man
to break him down,
as though he were a tottering wall,

or a tumbling fence?

Their plan is only to destroy:
they take pleasure in lies.
With their mouth they utter blessing
but in their heart they curse.

In God alone be at rest, my soul;
for my hope comes from him.
He alone is my rock, my stronghold,
my fortress: I stand firm.

In God is my safety and glory,
the rock of my strength.
Take refuge in God, all you people.
Trust him at all times.
Pour out your hearts before him
for God is our refuge.

Common folk are only a breath,
great men an illusion.
Placed in the scales, they rise;
they weigh less than a breath.

Do not put your trust in oppression
nor vain hopes on plunder.
Do not set your heart on riches
even when they increase.

For God has said only one thing:
only two do I know:
that to God alone belongs power
and to you, Lord, love;
and that you repay each man
according to his deeds.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,

is now, and ever shall be,
world without end.

Amen.

Do not let your hearts be troubled: only have faith in me. Alleluia.

Psalm-prayer

Lord God, you reward each one according to his works. Hear us as we pour out our hearts to you, seeking your grace and secure protection. We look to you for our stable hope in a constantly changing world.

Psalm 66 (67) All peoples, praise the Lord

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*Let the peoples praise you, O God; let them rejoice in your saving help.
Alleluia.*

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Let the peoples praise you, O God;
let all the peoples praise you.

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth.

Let the peoples praise you, O God;
let all the peoples praise you.

The earth has yielded its fruit
for God, our God, has blessed us.

May God still give us his blessing
till the ends of the earth revere him.

Let the peoples praise you, O God;
let all the peoples praise you.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Let the peoples praise you, O God; let them rejoice in your saving help.
Alleluia.*

Psalm-prayer

Be gracious and bless us, Lord, and let your face shed its light on us, so that we can make you known with reverence and bring forth a harvest of justice.

Or:

All peoples praise you, Father, because through your kindly power the earth has brought forth its fruit, the tree of the cross. We ask that this cross unite all peoples in its embrace and feed them with its fruit, everlasting life.

Canticle

(Colossians 1)

Christ, firstborn of all creatures and firstborn from the dead

His majesty covers the heavens, the earth is filled with his praise. Alleluia.

Let us give thanks to the Father,
who has qualified us to share
in the inheritance of the saints in light.

He has delivered us from the dominion of darkness
and transferred us to the kingdom of his beloved Son,

in whom we have redemption,
the forgiveness of sins.

He is the image of the invisible God,
the firstborn of all creation,
for in him all things were created, in heaven and on earth,
visible and invisible.

All things were created
through him and for him.
He is before all things,
and in him all things hold together.

He is the head of the body, the Church;
he is the beginning,
the firstborn from the dead,
that in everything he might be pre-eminent.

For in him all the fullness of God was pleased to dwell,
and through him to reconcile to himself all things,
whether on earth or in heaven,
making peace by the blood of his cross.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

His majesty covers the heavens, the earth is filled with his praise. Alleluia.

Short Reading

1 Peter 5:1-4

Now I have something to tell your elders: I am an elder myself, and a witness to the sufferings of Christ, and with you I have a share in the glory that is to be revealed. Be the shepherds of the flock of God that is entrusted to you: watch over it, not simply as a duty but gladly, because God wants it; not for sordid money, but because you are eager to do it. Never be a dictator

over any group that is put in your charge, but be an example that the whole flock can follow. When the chief shepherd appears, you will be given the crown of unfading glory.

Short Responsory

This is a man who loves his brothers and intercedes for the people. Alleluia, alleluia.

– *This is a man who loves his brothers and intercedes for the people.
Alleluia, alleluia.*

He laid down his life for his brothers.

– *This is a man who loves his brothers and intercedes for the people.
Alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *This is a man who loves his brothers and intercedes for the people.
Alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

*This is the faithful and wise steward whom the Master placed over his household to give them their measure of food at the proper time.
Alleluia.*

Or: I thank you, Christ, for honouring me by leading me to this glory. You are the good shepherd; I pray that the sheep which you have placed in my charge will share with me in your glory for ever. Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

This is the faithful and wise steward whom the Master placed over his household to give them their measure of food at the proper time. Alleluia.

Or: I thank you, Christ, for honouring me by leading me to this glory. You are the good shepherd; I pray that the sheep which you have placed in my charge will share with me in your glory for ever. Alleluia.

Prayers and intercessions

Let us pray to Christ, the high priest, who was appointed to represent men
in their relations with God.

– *Lord, save your people.*

Lord Jesus, in times past you have lighted the way for your people through
wise and holy leaders;

may Christians always enjoy this sign of your loving kindness.

– *Lord, save your people.*

You forgave the sins of your people when holy pastors prayed;

continually cleanse your Church through their powerful intercession.
– *Lord, save your people.*

In the presence of their brothers, you anointed your holy ones and poured
on them your Spirit;
fill with your Holy Spirit all the leaders of your people.
– *Lord, save your people.*

Nothing could ever separate the holy pastors from your love;
do not lose even one of those whom you redeemed by your passion.
– *Lord, save your people.*

Through the pastors of your Church you give your sheep eternal life, and no
one can steal them from you;
save the faithful departed, for whom you laid down your life.
– *Lord, save your people.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God our Father, you gave Saint Bernardine of Siena
a most tender love of the holy Name of Jesus.
Grant, by his merits and prayers,
that your Spirit of love may always inflame us.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Wednesday 20 May 2020

Wednesday of the 6th week of Eastertide
or Saint Bernardine of Siena, Priest

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 30 (31)
Trustful prayer in time of adversity

“Father, into your hands I commend my spirit” (Lk 23:46).

Alleluia. Alleluia. Alleluia.

In you, O Lord, I take refuge.
Let me never be put to shame.
In your justice, set me free,
hear me and speedily rescue me.

Be a rock of refuge for me,
a mighty stronghold to save me,
for you are my rock, my stronghold.
For your name's sake, lead me and guide me.

Release me from the snares they have hidden
for you are my refuge, Lord.
Into your hands I commend my spirit.
It is you who will redeem me, Lord.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Psalm 129 (130)
Out of the depths

“He will save his people from their sins” (Mt 1:21).

Out of the depths I cry to you, O Lord,
Lord, hear my voice!
O let your ears be attentive
to the voice of my pleading.

If you, O Lord, should mark our guilt,
Lord, who would survive?
But with you is found forgiveness:
for this we revere you.

My soul is waiting for the Lord.
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.
Let the watchman count on daybreak
and Israel on the Lord.

Because with the Lord there is mercy
and fullness of redemption,
Israel indeed he will redeem
from all its iniquity.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,

world without end.
Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Listen with compassion to our prayers, Lord. The forgiveness of sins is yours. Do not look on the wrong we have done, but grant us your merciful kindness.

Or:

God of might and compassion, you sent your Word into the world, a watchman to announce to men the dawn of salvation. Do not leave us in the depths of our sins but listen to your Church pleading with you. Respond to her trust, and pour out in her the fullness of your redeeming grace.

Short Reading

Ephesians 4:26-27

Do not let resentment lead you into sin; the sunset must not find you still angry. Do not give the devil his opportunity.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

Let us pray.

Lord Jesus Christ,
meek and humble of heart,
you offer to those who follow you
a yoke that is good to bear,
a burden that is light.

Accept, we beg you, our prayer and work of this day,
and grant us the rest we need
that we may be ever more willing to serve you,
who live and reign for ever and ever.

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurrexit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Thursday 21 May 2020

Thursday before Ascension Sunday

see also [St Christopher Magallanes & Companions](#)

[Readings at Mass](#)

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Thursday 21 May 2020

Saint Christopher Magallanes and his Companions, Martyrs
see also [Thu before Ascension Sunday](#)

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Thursday 21 May 2020

Thursday before Ascension Sunday

see also [St Christopher Magallanes & Companions](#)

Liturgical Colour: White.

Readings at Mass

In some dioceses the Ascension of the Lord is celebrated today. If this applies to you, please reconfigure Universalis to use the appropriate local calendar.

Entrance Antiphon

Cf. Ps 67: 8-9, 20

O God, when you went forth before your people,
marching with them and living among them,
the earth trembled, heavens poured down rain, alleluia.

Collect

O God, who made your people
partakers in your redemption,
grant, we pray,
that we may perpetually render thanks
for the Resurrection of the Lord.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 18:1-8

Paul lodged with them and worked, and held debates in the synagogues

Paul left Athens and went to Corinth, where he met a Jew called Aquila whose family came from Pontus. He and his wife Priscilla had recently left Italy because an edict of Claudius had expelled all the Jews from Rome. Paul went to visit them, and when he found they were tentmakers, of the same trade as himself, he lodged with them, and they worked together. Every sabbath he used to hold debates in the synagogues, trying to convert Jews as well as Greeks.

After Silas and Timothy had arrived from Macedonia, Paul devoted all his time to preaching, declaring to the Jews that Jesus was the Christ. When they turned against him and started to insult him, he took his cloak and shook it out in front of them, saying, 'Your blood be on your own heads; from now on I can go to the pagans with a clear conscience.' Then he left the synagogue and moved to the house next door that belonged to a worshipper of God called Justus. Crispus, president of the synagogue, and his whole household, all became believers in the Lord. A great many Corinthians who had heard him became believers and were baptised.

Responsorial Psalm

Psalm 97(98):1-4

The Lord has shown his salvation to the nations.

or

Alleluia!

Sing a new song to the Lord
for he has worked wonders.
His right hand and his holy arm
have brought salvation.

The Lord has shown his salvation to the nations.

or

Alleluia!

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

The Lord has shown his salvation to the nations.

or

Alleluia!

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord, all the earth,
ring out your joy.

The Lord has shown his salvation to the nations.

or

Alleluia!

Gospel Acclamation

Rm6:9

Alleluia, alleluia!
Christ, having been raised from the dead, will never die again.
Death has no power over him any more.
Alleluia!

Or:

cf.Jn14:18

Alleluia, alleluia!
I will not leave you orphans, says the Lord;
I go, but I will come back to you,
and your hearts will be full of joy.
Alleluia!

Gospel

John 16:16-20

You will be sorrowful, but your sorrow will turn to joy

Jesus said to his disciples:

‘In a short time you will no longer see me,
and then a short time later you will see me again.’

Then some of his disciples said to one another, ‘What does he mean, “In a short time you will no longer see me, and then a short time later you will see me again” and, “I am going to the Father”?’ What is this “short time”? We do not know what he means.’ Jesus knew that they wanted to question him, so he said, ‘You are asking one another what I meant by saying: In a short time you will no longer see me, and then a short time later you will see me again.’

‘I tell you most solemnly,
you will be weeping and wailing
while the world will rejoice;
you will be sorrowful,
but your sorrow will turn to joy.’

Prayer over the Offerings

May our prayers rise up to you, O Lord,
together with the sacrificial offerings,
so that, purified by your graciousness,
we may be conformed to the mysteries of your mighty love.
Through Christ our Lord.

Communion Antiphon

Mt 28: 20

Behold, I am with you always,
even to the end of the age, alleluia.

Prayer after Communion

Almighty ever-living God,
who restore us to eternal life
in the Resurrection of Christ,
increase in us, we pray, the fruits of this paschal Sacrament
and pour into our hearts the strength of this saving food.
Through Christ our Lord.

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Thursday 21 May 2020

Saint Christopher Magallanes and his Companions, Martyrs
see also [Thu before Ascension Sunday](#)

Liturgical Colour: Red.

Readings at Mass

Entrance Antiphon

Cf. Mt 25: 34

Come, you blessed of my Father;
receive the kingdom prepared for you
from the foundation of the world, alleluia.

Or:

Cf. Rv 7:13-14

These who are clothed in white robes
are they who survived the time of great distress
and have washed their robes in the blood of the Lamb, alleluia.

Collect

Almighty and eternal God,
who made the Priest Saint Christopher Magallanes and his companions
faithful to Christ the King even to the point of martyrdom,
grant us, through their intercession,
that, persevering in confession of the true faith,
we may always hold fast to the commandments of your love.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

[Readings for the feria](#)

Readings for the memorial

These are the readings for the feria

First reading

Acts 18:1-8

Paul lodged with them and worked, and held debates in the synagogues

Paul left Athens and went to Corinth, where he met a Jew called Aquila whose family came from Pontus. He and his wife Priscilla had recently left Italy because an edict of Claudius had expelled all the Jews from Rome. Paul went to visit them, and when he found they were tentmakers, of the same trade as himself, he lodged with them, and they worked together. Every sabbath he used to hold debates in the synagogues, trying to convert Jews as well as Greeks.

After Silas and Timothy had arrived from Macedonia, Paul devoted all his time to preaching, declaring to the Jews that Jesus was the Christ. When they turned against him and started to insult him, he took his cloak and shook it out in front of them, saying, 'Your blood be on your own heads; from now on I can go to the pagans with a clear conscience.' Then he left the synagogue and moved to the house next door that belonged to a worshipper of God called Justus. Crispus, president of the synagogue, and his whole household, all became believers in the Lord. A great many Corinthians who had heard him became believers and were baptised.

Responsorial Psalm

Psalm 97(98):1-4

The Lord has shown his salvation to the nations.

or

Alleluia!

Sing a new song to the Lord
for he has worked wonders.

His right hand and his holy arm
have brought salvation.

The Lord has shown his salvation to the nations.

or

Alleluia!

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel.

The Lord has shown his salvation to the nations.

or

Alleluia!

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord, all the earth,
ring out your joy.

The Lord has shown his salvation to the nations.

or

Alleluia!

Gospel Acclamation

Rm6:9

Alleluia, alleluia!
Christ, having been raised from the dead, will never die again.
Death has no power over him any more.
Alleluia!

Or:

cf.Jn14:18

Alleluia, alleluia!
I will not leave you orphans, says the Lord;
I go, but I will come back to you,
and your hearts will be full of joy.
Alleluia!

Gospel

John 16:16-20

You will be sorrowful, but your sorrow will turn to joy

Jesus said to his disciples:

‘In a short time you will no longer see me,
and then a short time later you will see me again.’

Then some of his disciples said to one another, ‘What does he mean, “In a short time you will no longer see me, and then a short time later you will see me again” and, “I am going to the Father”? What is this “short time”? We do not know what he means.’ Jesus knew that they wanted to question him, so he said, ‘You are asking one another what I meant by saying: In a short time you will no longer see me, and then a short time later you will see me again.’

‘I tell you most solemnly,
you will be weeping and wailing
while the world will rejoice;
you will be sorrowful,
but your sorrow will turn to joy.’

[Continue](#)

These are the readings for the memorial

First reading

Apocalypse 7:9-17

These martyrs have washed their robes white again in the blood of the Lamb

I, John, saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the

throne and in front of the Lamb, dressed in white robes and holding palms in their hands. They shouted aloud, 'Victory to our God, who sits on the throne, and to the Lamb!' And all the angels who were standing in a circle round the throne, surrounding the elders and the four animals, prostrated themselves before the throne, and touched the ground with their foreheads, worshipping God with these words, 'Amen. Praise and glory and wisdom and thanksgiving and honour and power and strength to our God for ever and ever. Amen.'

One of the elders then spoke, and asked me, 'Do you know who these people are, dressed in white robes, and where they have come from?' I answered him, 'You can tell me, my lord.' Then he said, 'These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.'

Responsorial Psalm

Psalm 33(34):2-9

From all my terrors the Lord set me free.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.

From all my terrors the Lord set me free.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

From all my terrors the Lord set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called, the Lord heard him
and rescued him from all his distress.

From all my terrors the Lord set me free.

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.

From all my terrors the Lord set me free.

Gospel Acclamation

Mt5:10

Alleluia, alleluia!
Happy those who are persecuted
in the cause of right,
for theirs is the kingdom of heaven.
Alleluia!

Or:

Jn17:19

Alleluia, alleluia!
For their sake I consecrate myself,
so that they too may be consecrated in the truth.
Alleluia!

Or:

2Co1:3-4

Alleluia, alleluia!
Blessed be God, a gentle Father
and the God of all consolation,
who comforts us in all our sorrows.
Alleluia!

Or:

Jm1:12

Alleluia, alleluia!
Happy the man who stands firm,
for he has proved himself,
and will win the crown of life.
Alleluia!

Or:

1P4:14

Alleluia, alleluia!
It is a blessing for you
when they insult you for bearing the name of Christ,
for the Spirit of God rests on you.
Alleluia!

Or:

cf. Te Deum

Alleluia, alleluia!
We praise you, O God,
we acknowledge you to be the Lord;
the noble army of martyrs praise you, O Lord.
Alleluia!

Gospel

John 12:24-26

**If a grain of wheat falls on the ground and dies, it yields a rich
harvest**

Jesus said to his disciples:

‘I tell you, most solemnly,
unless a wheat grain falls on the ground and dies,
it remains only a single grain;
but if it dies,
it yields a rich harvest.
Anyone who loves his life loses it;
anyone who hates his life in this world
will keep it for the eternal life.
If a man serves me, he must follow me,

wherever I am, my servant will be there too.
If anyone serves me, my Father will honour him.'

[Continue](#)

Prayer over the Offerings

In honour of the precious death of your just ones, O Lord,
we come to offer that sacrifice
from which all martyrdom draws its origin.
Through Christ our Lord.

Communion Antiphon

Cf. Rv 2: 7

To the victor I will give the right to eat from the tree of life,
which is in the paradise of my God, alleluia.

Or:

Cf. Ps 32: 1

Ring out your joy to the Lord, O you just,
for praise is fitting for the upright, alleluia.

Prayer after Communion

As we celebrate by this divine banquet
the heavenly victory of the blessed Martyrs **N.** and **N.**,
we beseech you, Lord, to bestow victory
on those who eat here below of the Bread of life
and to allow them to eat as victors from the tree of life in paradise.
Through Christ our Lord.

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Thursday 21 May 2020

Thursday before Ascension Sunday

see also [St Christopher Magallanes & Companions](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 23 (24)

“The gates of heaven were opened to Christ because he was lifted up in the flesh” (St Irenaeus).

The Lord has truly risen, alleluia.

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?

Who shall stand in his holy place?

The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord
and reward from the God who saves him.

Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.

Let him enter, the king of glory!

Who is the king of glory?

The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;

grow higher, ancient doors.

Let him enter, the king of glory!

Who is he, the king of glory?

He, the Lord of armies,
he is the king of glory.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,
world without end.

Amen.

The Lord has truly risen, alleluia.

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Thursday 21 May 2020

Saint Christopher Magallanes and his Companions, Martyrs
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Invitatory Psalm

Lord, open our lips.
And we shall praise your name.

Invitatory Psalm

Psalm 23 (24)

“The gates of heaven were opened to Christ because he was lifted up in the flesh” (St Irenaeus).

The Lord is the king of martyrs: come, let us adore him, alleluia.

The Lord's is the earth and its fullness,
the world and all its peoples.

It is he who set it on the seas;
on the waters he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The man with clean hands and pure heart,
who desires not worthless things,
who has not sworn so as to deceive his neighbour.

He shall receive blessings from the Lord
and reward from the God who saves him.
Such are the men who seek him,
seek the face of the God of Jacob.

O gates, lift high your heads;
grow higher, ancient doors.

Let him enter, the king of glory!

Who is the king of glory?

The Lord, the mighty, the valiant,
the Lord, the valiant in war.

O gates, lift high your heads;

grow higher, ancient doors.

Let him enter, the king of glory!

Who is he, the king of glory?

He, the Lord of armies,
he is the king of glory.

Glory be to the Father and to the Son

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Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 79 (80)
Lord, tend your vine

“Come, Lord Jesus!” (Rev 22:20).

I am the vine, you are the branches. Alleluia.

O shepherd of Israel, hear us,
you who lead Joseph's flock,
shine forth from your cherubim throne
upon Ephraim, Benjamin, Manasseh.
O Lord, rouse up your might,
O Lord, come to our help.

God of hosts, bring us back;
let your face shine on us and we shall be saved.

Lord God of hosts, how long
will you frown on your people's plea?
You have fed them with tears for their bread,

an abundance of tears for their drink.
You have made us the taunt of our neighbours,
our enemies laugh us to scorn.

God of hosts, bring us back;
let your face shine on us and we shall be saved.

You brought a vine out of Egypt;
to plant it you drove out the nations.
Before it you cleared the ground;
it took root and spread through the land.

The mountains were covered with its shadow,
the cedars of God with its boughs.
It stretched out its branches to the sea,
to the Great River it stretched out its shoots.

Then why have you broken down its walls?
It is plucked by all who pass by.
It is ravaged by the boar of the forest,
devoured by the beasts of the field.

God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted.
Men have burnt it with fire and destroyed it.
May they perish at the frown of your face.

May your hand be on the man you have chosen,
the man you have given your strength.
And we shall never forsake you again;
give us life that we may call upon your name.

God of hosts, bring us back;
let your face shine on us and we shall be saved.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,

is now, and ever shall be,
world without end.

Amen.

I am the vine, you are the branches. Alleluia.

Psalm-prayer

Lord God, eternal shepherd, you so tend the vineyard you planted that now it extends its branches even to the farthest coast. Look down on your Church and come to us. Help us remain in your Son as branches on the vine, that, planted firmly in your love, we may testify before the whole world to your great power working everywhere.

Canticle

Isaiah 12

The rejoicing of a redeemed people

“If any man is thirsty, let him come to me and drink” (Jn 7:37)

With joy you will draw water from the wells of the Saviour, alleluia.

I thank you, Lord: you were angry with me,
but your anger has passed and you give me comfort.

Truly, God is my salvation,
I trust, I shall not fear.
For the Lord is my strength, my song,
he is my saviour.

With joy you will draw water
from the wells of salvation.
Give thanks to the Lord, give praise to his name!
Make his mighty deeds known to the peoples.

Declare the greatness of his name,
sing a psalm to the Lord!
For he has done glorious deeds:
make them known to all the earth!

People of Zion, sing and shout for joy,
for great in your midst is the Holy One of Israel.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

With joy you will draw water from the wells of the Saviour, alleluia.

Psalm 80 (81)
Solemn renewal of the covenant

**“Take care that no one among you has a wicked, disbelieving heart”
(Heb 3:12).**

The Lord has fed us with finest wheat, alleluia.

Ring out your joy to God our strength,
shout in triumph to the God of Jacob.

Raise a song and sound the timbrel,
the sweet-sounding harp and the lute;
blow the trumpet at the new moon,
when the moon is full, on our feast.

For this is Israel’s law,
a command of the God of Jacob.
He imposed it as a rule on Joseph,
when he went out against the land of Egypt.

A voice I did not know said to me:
‘I freed your shoulder from the burden;
your hands were freed from the load.
You called in distress and I saved you.

‘I answered, concealed in the storm cloud;
at the waters of Meribah I tested you.
Listen, my people, to my warning.
O Israel, if only you would heed!

‘Let there be no foreign god among you,
no worship of an alien god.
I am the Lord your God,
who brought you from the land of Egypt.
Open wide your mouth and I will fill it.

‘But my people did not heed my voice
and Israel would not obey,
so I left them in their stubbornness of heart
to follow their own designs.

‘O that my people would heed me,
that Israel would walk in my ways!
At once I would subdue their foes,
turn my hand against their enemies.

‘The Lord’s enemies would cringe at their feet
and their subjection would last for ever.
But Israel I would feed with finest wheat
and fill them with honey from the rock.’

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord has fed us with finest wheat, alleluia.

Psalm-prayer

Lord God, open our mouths to proclaim your glory. Help us to leave sin behind and to rejoice in professing your name.

Or:

Father, you rescued your people from slavery and acquired, through the passion of your Son, a new people united in his body and signed with his holiness. Make us faithful to your covenant and obedient to your commandments, so that we may have in your finest bread food for this life and a foretaste of eternity and be able to walk in your ways until we reach our home.

Short Reading

Romans 8:10-11

Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*In a short time you will no longer see me, says the Lord; and then a short time later you will see me again, since I am going to the Father.
Alleluia.*

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*In a short time you will no longer see me, says the Lord; and then a short
time later you will see me again, since I am going to the Father.
Alleluia.*

Prayers and intercessions

Let us pray with confidence to God our Father. In Christ he has given all his children the pledge of resurrection.

– *May the Lord Jesus be our life.*

Father, by a pillar of fire you led your people through the desert;
may the risen Christ be the light of our lives.

– *May the Lord Jesus be our life.*

Through the voice of Moses you spoke on the mountain;
may the risen Christ be our word of life.

– *May the Lord Jesus be our life.*

With the gift of manna you fed your wandering people;
may the risen Christ be our bread from heaven.

– *May the Lord Jesus be our life.*

You drew water from the rock to save your children;
may the risen Christ fill us with his Spirit.

– *May the Lord Jesus be our life.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

God the Father,

you have given a saviour to your people:

fill our hearts with constant thanks and praise

that Christ the Lord is risen from the dead.

Who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Amen. Alleluia.

Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,
And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthrall,
Lift high the universal song,
And crown him Lord of all.

Psalm 79 (80)
Lord, tend your vine

“Come, Lord Jesus!” (Rev 22:20).

I am the vine, you are the branches. Alleluia.

O shepherd of Israel, hear us,
you who lead Joseph's flock,
shine forth from your cherubim throne
upon Ephraim, Benjamin, Manasseh.
O Lord, rouse up your might,
O Lord, come to our help.

God of hosts, bring us back;
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Lord God of hosts, how long
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You have fed them with tears for their bread,
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Before it you cleared the ground;

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The mountains were covered with its shadow,
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It stretched out its branches to the sea,
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It is ravaged by the boar of the forest,
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Men have burnt it with fire and destroyed it.
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May your hand be on the man you have chosen,
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Psalm-prayer

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Church and come to us. Help us remain in your Son as branches on the vine, that, planted firmly in your love, we may testify before the whole world to your great power working everywhere.

Canticle

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Truly, God is my salvation,
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For the Lord is my strength, my song,
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Give thanks to the Lord, give praise to his name!
Make his mighty deeds known to the peoples.

Declare the greatness of his name,
sing a psalm to the Lord!
For he has done glorious deeds:
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People of Zion, sing and shout for joy,
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Raise a song and sound the timbrel,
the sweet-sounding harp and the lute;
blow the trumpet at the new moon,
when the moon is full, on our feast.

For this is Israel’s law,
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He imposed it as a rule on Joseph,
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Listen, my people, to my warning.
O Israel, if only you would heed!

‘Let there be no foreign god among you,
no worship of an alien god.
I am the Lord your God,

who brought you from the land of Egypt.
Open wide your mouth and I will fill it.

‘But my people did not heed my voice
and Israel would not obey,
so I left them in their stubbornness of heart
to follow their own designs.

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Lord God, open our mouths to proclaim your glory. Help us to leave sin behind and to rejoice in professing your name.

Or:

Father, you rescued your people from slavery and acquired, through the passion of your Son, a new people united in his body and signed with his holiness. Make us faithful to your covenant and obedient to your commandments, so that we may have in your finest bread food for this life and a foretaste of eternity and be able to walk in your ways until we reach our home.

Short Reading

1 John 5:3-5

This is what loving God is – keeping his commandments;
and his commandments are not difficult,
because anyone who has been begotten by God
has already overcome the world.

This is the victory over the world – our faith.

Who can overcome the world?

Only the one who believes that Jesus is the Son of God.

Short Responsory

Everlasting joy shall be in their faces. Alleluia, alleluia.

– *Everlasting joy shall be in their faces. Alleluia, alleluia.*

Joy and gladness will go with them.

– *Everlasting joy shall be in their faces. Alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *Everlasting joy shall be in their faces. Alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*Rejoice, all you saints, and be glad, for your reward is great in heaven,
alleluia.*

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour

in the house of David his servant,

as he promised by the lips of holy men,

those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.

So his love for our fathers is fulfilled

and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Rejoice, all you saints, and be glad, for your reward is great in heaven,
alleluia.*

Prayers and intercessions

Through the martyrs who were slain for God's word, let us give glory to our
Saviour, the faithful and true witness.
– *You redeemed us by your precious blood.*

Through the martyrs, who bore witness to your love,
set us free to live for you.

– *You redeemed us by your precious blood.*

Through the martyrs, who proclaimed your saving death,
give us a deep and constant faith.

– *You redeemed us by your precious blood.*

Through the martyrs, who took up your cross,
grant us courage for every trial.

– *You redeemed us by your precious blood.*

Through the martyrs, washed in the blood of the Lamb,
give us grace to conquer our weakness.

– *You redeemed us by your precious blood.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Father, you gave your martyrs Christopher Magallanes and his companions
the courage to die in witness to Christ and the gospel.

By the power of your Holy Spirit,

give us the humility to believe

and the courage to profess the faith for which they gave their lives.

We ask this through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Thursday 21 May 2020

Thursday before Ascension Sunday

see also [St Christopher Magallanes & Companions](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,
And now new born from death's dark grave,
O Christ, thou bidd'st us rise with thee
From death to immortality.

Eternal Shepherd, thou art wont
To cleanse Thy sheep within the font,
That mystic bath, that grave of sin,
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign
To bear for us the cross of pain,
And freely pay the precious price
Of all thy blood in sacrifice.

Jesu, do thou to every heart
Unceasing Paschal joy impart;
From death of sin and guilty strife
Set free the new born sons of life.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be
And Holy Ghost eternally.

Psalm 71 (72)
The Messiah's royal power

*“They opened their treasures and offered him gifts of gold,
frankincense and myrrh” (Mt 2:11).*

God has appointed him to judge all men, both living and dead. Alleluia.

O God, give your judgement to the king,
to a king's son your justice,
that he may judge your people in justice
and your poor in right judgement.

May the mountains bring forth peace for the people
and the hills, justice.

May he defend the poor of the people
and save the children of the needy
and crush the oppressor.

He shall endure like the sun and the moon
from age to age.

He shall descend like rain on the meadow,
like raindrops on the earth.

In his days justice shall flourish
and peace till the moon fails.

He shall rule from sea to sea,
from the Great River to earth's bounds.

Before him his enemies shall fall,
his foes lick the dust.

The kings of Tarshish and the sea coasts
shall pay him tribute.

The kings of Sheba and Seba
shall bring him gifts.

Before him all kings shall fall prostrate,
all nations shall serve him.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

God has appointed him to judge all men, both living and dead. Alleluia.

Psalm 71 (72)

Every tribe shall be blessed in him. Alleluia.

For he shall save the poor when they cry
and the needy who are helpless.
He will have pity on the weak
and save the lives of the poor.

From oppression he will rescue their lives,
to him their blood is dear.
Long may he live,
may the gold of Sheba be given him.
They shall pray for him without ceasing
and bless him all the day.

May corn be abundant in the land
to the peaks of the mountains.
May its fruit rustle like Lebanon;
may men flourish in the cities
like grass on the earth.

May his name be blessed for ever
and endure like the sun.
Every tribe shall be blessed in him,
all nations bless his name.

Blessed be the Lord, God of Israel,
who alone works wonders,
ever blessed his glorious name.
Let his glory fill the earth.
Amen! Amen!

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Every tribe shall be blessed in him. Alleluia.

Psalm-prayer

We call upon your name, Father, and pronounce it blessed above the earth.
Give your people the fullness of peace and justice in your kingdom.

Or:

Almighty God, you gave the kingdom of justice and peace to David and his descendant, our Lord Jesus Christ. Extend this kingdom to every family of nations so that through your Son all men may obtain true peace, the poor receive justice, the destitute relief, and the people of earth find a blessing in his name.

Canticle

Apocalypse 11

The Judgement

Jesus Christ is the same yesterday, today and for ever, alleluia.

We give thanks to you, Lord God Almighty,
who are and who were,
that you have taken your great power
and begun to reign.

The nations raged,
but your wrath came,
and the time for the dead to be judged,
for rewarding your servants, the prophets and saints,
and those who fear your name,
both small and great.

Now the salvation and the power
and the kingdom of our God
and the authority of his Christ have come,
for the accuser of our brethren has been thrown down,
who accuses them day and night before our God.

And they have conquered him
by the blood of the Lamb
and by the word of their testimony,

for they loved not their lives even unto death.
Rejoice, then, O heaven,
and you that dwell therein.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Jesus Christ is the same yesterday, today and for ever, alleluia.

Short Reading

1 Peter 3:18,21-22

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life. And now you are saved, not by the washing off of physical dirt but by a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

Short Responsory

The disciples rejoiced, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
They saw the Lord, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The disciples rejoiced, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

Your sorrow will be turned into joy, and that joy no one will take from you.
Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Your sorrow will be turned into joy, and that joy no one will take from you.
Alleluia.

Prayers and intercessions

Let us pray to Christ, who is our living hope of rising from the dead.

– *King of glory, hear us.*

Lord Jesus, by shedding your blood and rising from death you entered into
your glory;

let us go with you into the presence of your Father.

– *King of glory, hear us.*

You sent your disciples into the world, their faith made strong by the
resurrection;

grant that bishops and priests may be faithful ministers of your gospel.

– *King of glory, hear us.*

Through your resurrection you united the faithful in one hope and love;
may we share in your ministry of peace and reconciliation.

– *King of glory, hear us.*

Through your resurrection you healed the cripple who begged at the
entrance to the temple;

look with pity on the sick and display in them your glory.

– *King of glory, hear us.*

You are the first to rise from the dead, the first of many brothers;
share your glory with those who have hoped in you.

– *King of glory, hear us.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

God the Father,

you have given a saviour to your people:

fill our hearts with constant thanks and praise

that Christ the Lord is risen from the dead.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Thursday 21 May 2020

Saint Christopher Magallanes and his Companions, Martyrs
see also [Thu before Ascension Sunday](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,

And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthrall,
Lift high the universal song,
And crown him Lord of all.

Psalm 71 (72)
The Messiah's royal power

*“They opened their treasures and offered him gifts of gold,
frankincense and myrrh” (Mt 2:11).*

God has appointed him to judge all men, both living and dead. Alleluia.

O God, give your judgement to the king,
to a king's son your justice,
that he may judge your people in justice
and your poor in right judgement.

May the mountains bring forth peace for the people
and the hills, justice.
May he defend the poor of the people
and save the children of the needy
and crush the oppressor.

He shall endure like the sun and the moon
from age to age.
He shall descend like rain on the meadow,
like raindrops on the earth.

In his days justice shall flourish
and peace till the moon fails.
He shall rule from sea to sea,
from the Great River to earth's bounds.

Before him his enemies shall fall,
his foes lick the dust.
The kings of Tarshish and the sea coasts
shall pay him tribute.

The kings of Sheba and Seba
shall bring him gifts.
Before him all kings shall fall prostrate,
all nations shall serve him.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

God has appointed him to judge all men, both living and dead. Alleluia.

Psalm 71 (72)

Every tribe shall be blessed in him. Alleluia.

For he shall save the poor when they cry
and the needy who are helpless.
He will have pity on the weak
and save the lives of the poor.

From oppression he will rescue their lives,
to him their blood is dear.
Long may he live,
may the gold of Sheba be given him.
They shall pray for him without ceasing
and bless him all the day.

May corn be abundant in the land
to the peaks of the mountains.
May its fruit rustle like Lebanon;
may men flourish in the cities
like grass on the earth.

May his name be blessed for ever
and endure like the sun.

Every tribe shall be blessed in him,
all nations bless his name.

Blessed be the Lord, God of Israel,
who alone works wonders,
ever blessed his glorious name.
Let his glory fill the earth.
Amen! Amen!

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Every tribe shall be blessed in him. Alleluia.

Psalm-prayer

We call upon your name, Father, and pronounce it blessed above the earth.
Give your people the fullness of peace and justice in your kingdom.

Or:

Almighty God, you gave the kingdom of justice and peace to David and his descendant, our Lord Jesus Christ. Extend this kingdom to every family of nations so that through your Son all men may obtain true peace, the poor receive justice, the destitute relief, and the people of earth find a blessing in his name.

Canticle

Apocalypse 11

The Judgement

Jesus Christ is the same yesterday, today and for ever, alleluia.

We give thanks to you, Lord God Almighty,
who are and who were,

that you have taken your great power
and begun to reign.

The nations raged,
but your wrath came,
and the time for the dead to be judged,
for rewarding your servants, the prophets and saints,
and those who fear your name,
both small and great.

Now the salvation and the power
and the kingdom of our God
and the authority of his Christ have come,
for the accuser of our brethren has been thrown down,
who accuses them day and night before our God.

And they have conquered him
by the blood of the Lamb
and by the word of their testimony,
for they loved not their lives even unto death.
Rejoice, then, O heaven,
and you that dwell therein.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Jesus Christ is the same yesterday, today and for ever, alleluia.

Short Reading

Apocalypse 7:14-17

These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his

sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.

Short Responsory

The virtuous will shine before God. Alleluia, alleluia.
– *The virtuous will shine before God. Alleluia, alleluia.*
The pure of heart will rejoice.
– *The virtuous will shine before God. Alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The virtuous will shine before God. Alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

*Rejoice, you saints, before the Lamb: the kingdom was prepared for you
from the beginning of the world, alleluia.*

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,

sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Rejoice, you saints, before the Lamb: the kingdom was prepared for you
from the beginning of the world, alleluia.*

Prayers and intercessions

Let us give thanks to the king of martyrs, for this is the hour when he
offered himself in the last supper and laid down his life on the cross.

– *We praise you, Christ the Lord.*

We praise you, Christ our Saviour, example and strength of the martyrs,
because you have loved us to the end;

– *We praise you, Christ the Lord.*

Because you have promised repentant sinners the reward of eternal life,

– *We praise you, Christ the Lord.*

Because you have called the Church to offer the blood of the new and
eternal covenant, the blood shed for the remission of sins,

– *We praise you, Christ the Lord.*

Because you have brought us to this day with the gift of faith intact,

– *We praise you, Christ the Lord.*

Because of the many brothers who today have come to share in your saving
death,

– *We praise you, Christ the Lord.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Father, you gave your martyrs Christopher Magallanes and his companions
the courage to die in witness to Christ and the gospel.
By the power of your Holy Spirit,
give us the humility to believe
and the courage to profess the faith for which they gave their lives.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Thursday 21 May 2020

**Thursday before Ascension Sunday
or Saint Christopher Magallanes and his Companions, Martyrs**

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 15 (16)
The Lord, my inheritance

“God raised up Jesus, freeing him from the pains of death”
(Acts 2:24).

Alleluia. Alleluia. Alleluia.

Preserve me, God, I take refuge in you.
I say to the Lord: ‘You are my God.
My happiness lies in you alone.’

He has put into my heart a marvellous love
for the faithful ones who dwell in his land.
Those who choose other gods increase their sorrows.
Never will I offer their offerings of blood.
Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.
The lot marked out for me is my delight:
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus, uphold those who hope in you and give us your counsel, so that we may know the joy of your resurrection and deserve to be among the saints at your right hand.

Or:

Father, in the mysterious plan of your love, you offered your Son the bitter cup of death, and yet you would not let your Holy One know decay, but opened to him the way of life. Help us to look for happiness in you alone and to share one day the glory of your Son's resurrection.

Short Reading

1 Thessalonians 5:23

May the God who gives us peace make you completely his, and keep your whole being, spirit, soul, and body, free from all fault, at the coming of our Lord Jesus Christ.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

Let us pray.

Lord our God,
 restore us again by the repose of sleep
 after the fatigue of our daily work,
so that, continually renewed by your help,
 we may serve you in body and soul.
Through Christ our Lord,
Amen.

The Lord grant us a quiet night and a perfect end.
Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Friday 22 May 2020

Friday before Ascension Sunday

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Friday 22 May 2020

Saint Rita of Cascia

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Friday 22 May 2020

Friday before Ascension Sunday

see also [St Rita of Cascia](#)

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Rv 5: 9-10

You have redeemed us, Lord, by your Blood
from every tribe and tongue and people and nation,
and have made us into a kingdom, priests for our God, alleluia.

Collect

Hear our prayers, O Lord,
so that what was promised
by the sanctifying power of your Word
may everywhere be accomplished
through the working of the Gospel
and that all your adopted children may attain
what the testimony of truth has foretold.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 18:9-18

'I have many people on my side in this city'

At Corinth one night the Lord spoke to Paul in a vision, ‘Do not be afraid to speak out, nor allow yourself to be silenced: I am with you. I have so many people on my side in this city that no one will even attempt to hurt you.’ So Paul stayed there preaching the word of God among them for eighteen months.

But, while Gallio was proconsul of Achaia, the Jews made a concerted attack on Paul and brought him before the tribunal. ‘We accuse this man’ they said ‘of persuading people to worship God in a way that breaks the Law.’ Before Paul could open his mouth, Gallio said to the Jews, ‘Listen, you Jews. If this were a misdemeanour or a crime, I would not hesitate to attend to you; but if it is only quibbles about words and names, and about your own Law, then you must deal with it yourselves – I have no intention of making legal decisions about things like that.’ Then he sent them out of the court, and at once they all turned on Sosthenes, the synagogue president, and beat him in front of the court house. Gallio refused to take any notice at all.

After staying on for some time, Paul took leave of the brothers and sailed for Syria, accompanied by Priscilla and Aquila. At Cenchreae he had his hair cut off, because of a vow he had made.

Responsorial Psalm

Psalm 46(47):2-7

God is king of all the earth.

or

Alleluia!

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

God is king of all the earth.

or

Alleluia!

He subdues peoples under us
and nations under our feet.

Our inheritance, our glory, is from him,
given to Jacob out of love.

God is king of all the earth.

or

Alleluia!

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise.

God is king of all the earth.

or

Alleluia!

Gospel Acclamation

Alleluia, alleluia!
Christ has risen, he who created all things,
and has granted his mercy to men.
Alleluia!

Gospel

John 16:20-23

Your hearts will be full of joy that no-one will take from you

Jesus said to his disciples:

‘I tell you most solemnly,
you will be weeping and wailing
while the world will rejoice;
you will be sorrowful,
but your sorrow will turn to joy.
A woman in childbirth suffers,
because her time has come;
but when she has given birth to the child she forgets the suffering
in her joy that a man has been born into the world.

So it is with you: you are sad now,
but I shall see you again, and your hearts will be full of joy,
and that joy no one shall take from you.
When that day comes,
you will not ask me any questions.'

Prayer over the Offerings

Accept in compassion, Lord, we pray,
the offerings of your family,
that under your protective care
they may never lose what they have received,
but attain the gifts that are eternal.
Through Christ our Lord.

Communion Antiphon

Rm 4: 25

Christ our Lord was handed over for our transgressions
and was raised again for our justification, alleluia.

Prayer after Communion

Keep safe, O Lord, we pray,
those whom you have saved by your kindness,
that, redeemed by the Passion of your Son,
they may rejoice in his Resurrection.
Who lives and reigns for ever and ever.

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Friday 22 May 2020

Saint Rita of Cascia

see also [Fri before Ascension Sunday](#).

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Cf. Ps 51:10

I am like a growing olive tree in the house of God.
I trust in the mercy of God, for ever and ever, alleluia.

Or:

I despised the kingdom of the world and all worldly finery
for love of my Lord, Jesus Christ,
whom I have seen, whom I have loved,
in whom I have believed, in whom has been my delight, alleluia.

Collect

Bestow on us, we pray, O Lord,
the wisdom and strength of the Cross,
with which you were pleased to endow Saint Rita,
so that, suffering in every tribulation with Christ,
we may participate ever more deeply in his Paschal Mystery.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

[Readings for the feria](#)

[Readings for the memorial](#)

These are the readings for the feria

First reading

Acts 18:9-18

'I have many people on my side in this city'

At Corinth one night the Lord spoke to Paul in a vision, 'Do not be afraid to speak out, nor allow yourself to be silenced: I am with you. I have so many people on my side in this city that no one will even attempt to hurt you.' So Paul stayed there preaching the word of God among them for eighteen months.

But, while Gallio was proconsul of Achaia, the Jews made a concerted attack on Paul and brought him before the tribunal. 'We accuse this man' they said 'of persuading people to worship God in a way that breaks the Law.' Before Paul could open his mouth, Gallio said to the Jews, 'Listen, you Jews. If this were a misdemeanour or a crime, I would not hesitate to attend to you; but if it is only quibbles about words and names, and about your own Law, then you must deal with it yourselves – I have no intention of making legal decisions about things like that.' Then he sent them out of the court, and at once they all turned on Sosthenes, the synagogue president, and beat him in front of the court house. Gallio refused to take any notice at all.

After staying on for some time, Paul took leave of the brothers and sailed for Syria, accompanied by Priscilla and Aquila. At Cenchreae he had his hair cut off, because of a vow he had made.

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and has granted his mercy to men.
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Jesus said to his disciples:

‘I tell you most solemnly,
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but your sorrow will turn to joy.
A woman in childbirth suffers,
because her time has come;
but when she has given birth to the child she forgets the suffering
in her joy that a man has been born into the world.
So it is with you: you are sad now,
but I shall see you again, and your hearts will be full of joy,
and that joy no one shall take from you.
When that day comes,
you will not ask me any questions.'

[Continue](#)

These are the readings for the memorial

First reading

Philippians 4:4-9

If there is anything you need, pray for it.

I want you to be happy, always happy in the Lord; I repeat, what I want is your happiness. Let your tolerance be evident to everyone: the Lord is very near.

There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus. Finally, brothers, fill your minds with everything that is true, everything that is noble, everything that is good and pure, everything that we love and honour, and everything that can be thought virtuous or worthy of praise. Keep doing all the things that you learnt from me and have been taught by me and have heard or seen that I do. Then the God of peace will be with you.

Responsorial Psalm**Psalm 1:1-4,6**

Happy the man who has placed his trust in the Lord.

Happy indeed is the man
who follows not the counsel of the wicked;
nor lingers in the way of sinners
nor sits in the company of scorners,
but whose delight is the law of the Lord
and who ponders his law day and night.

Happy the man who has placed his trust in the Lord.

He is like a tree that is planted
beside the flowing waters,
that yields its fruit in due season
and whose leaves shall never fade;
and all that he does shall prosper.

Happy the man who has placed his trust in the Lord.

Not so are the wicked, not so!
For they like winnowed chaff
shall be driven away by the wind:
for the Lord guards the way of the just
but the way of the wicked leads to doom.

Happy the man who has placed his trust in the Lord.

Gospel Acclamation**Mt5:3**

Alleluia, alleluia!
How happy are the poor in spirit:
theirs is the kingdom of heaven.
Alleluia!

Or:**Mt5:6**

Alleluia, alleluia!
Happy those who hunger and thirst for what is right:

they shall be satisfied.
Alleluia!

Or:

Mt5:8

Alleluia, alleluia!
Happy the pure in heart:
they shall see God.
Alleluia!

Or:

Mt11:25

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!

Or:

Mt23:11,12

Alleluia, alleluia!
The greatest among you must be your servant, says the Lord:
the man who humbles himself will be exalted.
Alleluia!

Or:

Mt11:28

Alleluia, alleluia!
Come to me, all you who labour and are overburdened
and I will give you rest, says the Lord.
Alleluia!

Or:

Lk21:36

Alleluia, alleluia!
Stay awake, praying at all times
for the strength to stand with confidence
before the Son of Man.
Alleluia!

Or:

Jn8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;
anyone who follows me will have the light of life.
Alleluia!

Or:

Jn8:31-32

Alleluia, alleluia!

If you make my word your home
you will indeed be my disciples,
and you will learn the truth, says the Lord.
Alleluia!

Or:

Jn13:34

Alleluia, alleluia!

I give you a new commandment:
love one another just as I have loved you,
says the Lord.
Alleluia!

Or:

Jn14:23

Alleluia, alleluia!

If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!

Or:

Jn15:4,5

Alleluia, alleluia!

Make your home in me, as I make mine in you,
says the Lord;
whoever remains in me bears fruit in plenty.
Alleluia!

Or:

Jn15:9,5

Alleluia, alleluia!
Remain in my love, says the Lord;
whoever remains in me, with me in him,
bears fruit in plenty.
Alleluia!

Gospel

Luke 6:27-38

Love your enemies

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked.

'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.'

[Continue](#)

Prayer over the Offerings

We bring the offerings of our devotion
to be consecrated by you, O Lord,
in commemoration of blessed **N.**,
for by the consolation you give us in this life
you show that we should not lose hope
of what is promised for eternity.
Through Christ our Lord.

Communion Antiphon

Ps 44:2

My heart overflows with noble words.
To the king I address the song I have made, alleluia.

Or:

Lk10:42

One thing is necessary:
she has chosen the better part,
which shall not be taken away from her, alleluia.

Prayer after Communion

Renewed, O Lord, at the wellsprings of salvation,
we humbly entreat you
that through the intercession of blessed **N.**,
holding more closely day by day to Christ,
we may merit to be co-heirs in his Kingdom of grace.
Who lives and reigns for ever and ever.

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Friday 22 May 2020

Friday before Ascension Sunday

see also [St Rita of Cascia](#)

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 99 (100)

**“The Lord calls all those he has redeemed to sing a hymn of victory”
(St Athanasius).**

The Lord has truly risen, alleluia.

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his courts with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord,

eternal his merciful love.

He is faithful from age to age.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord has truly risen, alleluia.

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Friday 22 May 2020

Saint Rita of Cascia

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Invitatory Psalm

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Invitatory Psalm

Psalm 99 (100)

*“The Lord calls all those he has redeemed to sing a hymn of victory”
(St Athanasius).*

How wonderful is God among his saints: come, let us adore him, alleluia.

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him,

we are his people, the sheep of his flock.

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Friday 22 May 2020

Friday before Ascension Sunday

see also [St Rita of Cascia](#)

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 50 (51)
God, have mercy on me

“You must be made new in mind and spirit, and put on the new nature of God's creating” (Eph 4:23,24).

Have courage, my son: your sins are forgiven you. Alleluia.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give sentence
and be without reproach when you judge,

O see, in guilt I was born,
a sinner was I conceived.

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
From my sins turn away your face
and blot out all my guilt.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you.

O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Have courage, my son: your sins are forgiven you. Alleluia.

Psalm-prayer

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

Canticle

Habakkuk 3

The Lord will appear in judgement

“Lift up your heads, for your redemption is near at hand” (Lk 21:28).

*Lord, you came forth with strength to save your people; you came with your
Anointed One, alleluia.*

Lord, I have heard of your fame,
I stand in awe at your deeds.
Do them again in our days,
in our days make them known!
In spite of your anger, have compassion.

God comes forth from Teman,
the Holy One comes from Mount Paran.
His splendour covers the sky
and his glory fills the earth.
His brilliance is like the light,
rays flash from his hands;
there his power is hidden.

You march out to save your people,

to save the one you have anointed.
You made a path for your horses in the sea,
in the raging of the mighty waters.

This I heard and I tremble with terror,
my lips quiver at the sound.
Weakness invades my bones,
my steps fail beneath me
yet I calmly wait for the doom
that will fall upon the people who assail us.

For even though the fig does not blossom,
nor fruit grow on the vine,
even though the olive crop fail,
and fields produce no harvest,
even though flocks vanish from the folds
and stalls stand empty of cattle,

Yet I will rejoice in the Lord
and exult in God my saviour.
The Lord my God is my strength.
He makes me leap like the deer,
he guides me to the high places.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Lord, you came forth with strength to save your people; you came with your
Anointed One, alleluia.*

Psalm 147 (147B)
God, the foundation of Jerusalem

“Come, and I will show you the bride that the Lamb has chosen” (Rev 21:9).

Sion, praise your God, for he has established peace in your land, alleluia.

O praise the Lord, Jerusalem!
Sion, praise your God!

He has strengthened the bars of your gates
he has blessed the children within you.
He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.
He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Sion, praise your God, for he has established peace in your land, alleluia.

Psalm-prayer

Lord, you established peace within the borders of Jerusalem. Give the fullness of peace now to your faithful people. May peace rule us in this life and possess us in eternal life. You are about to fill us with the best of wheat; grant that what we see dimly now as in a mirror, we may come to perceive clearly in the brightness of your truth.

Or:

All-powerful God, it is through your Church, generously endowed with gifts of grace and fortified by the Holy Spirit, that you send out your word to all nations. Strengthen your Church with the best of all food and make her dauntless in faith. Multiply her children to celebrate with one accord the mysteries of your love at the altar on high.

Short Reading

Acts 5:30-32

It was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

In Jesus we see one who is crowned now with glory and honour because he suffered death, alleluia.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

In Jesus we see one who is crowned now with glory and honour because he suffered death, alleluia.

Prayers and intercessions

Through his Spirit God raised Jesus from the dead and he will give life to our own mortal bodies. Let us pray to him, saying:

– *Lord, give us life through your Holy Spirit.*

Father, you accepted the sacrifice of your Son, raising him from the dead: receive our morning offering and lead us to eternal life.

– *Lord, give us life through your Holy Spirit.*

Reveal your presence in our work this day:

may we do everything for your glory and for the sanctification of our world.

– *Lord, give us life through your Holy Spirit.*

Do not allow our work to come to nothing:

let it serve our fellow men and bring us to your kingdom.

– *Lord, give us life through your Holy Spirit.*

Open our eyes to see our brother's need:

warm our hearts that we may offer him our love.

– *Lord, give us life through your Holy Spirit.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Lord, hear our prayer:

send out on all mankind

the Spirit who makes us your sons,
as foretold by Christ, the witness of your truth:
and so bring to completion through the gospel,
the sanctification promised by your Word.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Friday 22 May 2020

Saint Rita of Cascia

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Morning Prayer (Lauds)

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INTRODUCTION

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O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

All hail the power of Jesus' name;

Let Angels prostrate fall;

Bring forth the royal diadem

To crown him Lord of all.

Crown him, ye Martyrs of your God,

Who from his altar call;

Praise him whose way of pain ye trod,

And crown him Lord of all.

Hail him, ye heirs of David's line,

Whom David Lord did call;

The God Incarnate, Man Divine,
And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthrall,
Lift high the universal song,
And crown him Lord of all.

Psalm 50 (51)
God, have mercy on me

“You must be made new in mind and spirit, and put on the new nature of God’s creating” (Eph 4:23,24).

Have courage, my son: your sins are forgiven you. Alleluia.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give sentence
and be without reproach when you judge,
O see, in guilt I was born,
a sinner was I conceived.

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.

From my sins turn away your face
and blot out all my guilt.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you.

O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Have courage, my son: your sins are forgiven you. Alleluia.

Psalm-prayer

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

Canticle

Habakkuk 3

The Lord will appear in judgement

“Lift up your heads, for your redemption is near at hand” (Lk 21:28).

Lord, you came forth with strength to save your people; you came with your Anointed One, alleluia.

Lord, I have heard of your fame,
I stand in awe at your deeds.
Do them again in our days,
in our days make them known!
In spite of your anger, have compassion.

God comes forth from Teman,
the Holy One comes from Mount Paran.
His splendour covers the sky
and his glory fills the earth.
His brilliance is like the light,
rays flash from his hands;
there his power is hidden.

You march out to save your people,
to save the one you have anointed.
You made a path for your horses in the sea,
in the raging of the mighty waters.

This I heard and I tremble with terror,
my lips quiver at the sound.
Weakness invades my bones,
my steps fail beneath me
yet I calmly wait for the doom

that will fall upon the people who assail us.

For even though the fig does not blossom,
nor fruit grow on the vine,
even though the olive crop fail,
and fields produce no harvest,
even though flocks vanish from the folds
and stalls stand empty of cattle,

Yet I will rejoice in the Lord
and exult in God my saviour.
The Lord my God is my strength.
He makes me leap like the deer,
he guides me to the high places.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Lord, you came forth with strength to save your people; you came with your
Anointed One, alleluia.*

Psalm 147 (147B)
God, the foundation of Jerusalem

*“Come, and I will show you the bride that the Lamb has chosen” (Rev
21:9).*

Sion, praise your God, for he has established peace in your land, alleluia.

O praise the Lord, Jerusalem!
Sion, praise your God!

He has strengthened the bars of your gates
he has blessed the children within you.

He established peace on your borders,
he feeds you with finest wheat.

He sends out his word to the earth
and swiftly runs his command.
He showers down snow white as wool,
he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.
The waters are frozen at his touch;
he sends forth his word and it melts them:
at the breath of his mouth the waters flow.

He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Sion, praise your God, for he has established peace in your land, alleluia.

Psalm-prayer

Lord, you established peace within the borders of Jerusalem. Give the fullness of peace now to your faithful people. May peace rule us in this life and possess us in eternal life. You are about to fill us with the best of wheat; grant that what we see dimly now as in a mirror, we may come to perceive clearly in the brightness of your truth.

Or:

All-powerful God, it is through your Church, generously endowed with gifts of grace and fortified by the Holy Spirit, that you send out your word to all nations. Strengthen your Church with the best of all food and make

her dauntless in faith. Multiply her children to celebrate with one accord the mysteries of your love at the altar on high.

Short Reading

Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Short Responsory

The just shall rejoice in the sight of God. Alleluia, alleluia.
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*
They shall be filled with gladness.
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The just shall rejoice in the sight of God. Alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

Whoever does the will of my Father, says the Lord, is my brother, and sister, and mother. Alleluia.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Whoever does the will of my Father, says the Lord, is my brother, and sister,
and mother. Alleluia.*

Prayers and intercessions

With all the holy women let us praise our Saviour and call on him in prayer.
– *Come, Lord Jesus.*

Lord Jesus, you said of the woman who was a sinner, ‘Her many sins are forgiven, because she has loved much’;
grant us your forgiveness for our many sins.

– *Come, Lord Jesus.*

Lord Jesus, women ministered to your needs on your saving journeys;
open our eyes to see you in those who need our help.

– *Come, Lord Jesus.*

Lord and master, Mary listened to your teaching and Martha did the serving;
may our faith grow ever deeper and our love go out to others.

– *Come, Lord Jesus.*

Lord Jesus, you called those who do God’s will your brother and sister and mother;
teach us to live as members of your family.

– *Come, Lord Jesus.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God our Father,
you called Saint Rita of Cascia
to seek your kingdom in this world
by striving to live in perfect charity.

With her prayers to give us courage,
help us to move forward with joyful hearts
in the way of love.

We ask this through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Friday 22 May 2020

Friday before Ascension Sunday

see also [St Rita of Cascia](#)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

O Christ, the heavens' eternal King,

Creator, unto thee we sing,

With God the Father ever One,

Co-equal, co-eternal Son.

Thy hand, when first the world began,

Made in thine own pure image man,

And linked to fleshly form of earth

A living soul of heavenly birth.

And when the envious crafty foe

Had marred thy noblest work below,

Thou didst our ruined state repair

By deigning flesh thyself to wear.

Once of a virgin born to save,
And now new born from death's dark grave,
O Christ, thou bidd'st us rise with thee
From death to immortality.

Eternal Shepherd, thou art wont
To cleanse Thy sheep within the font,
That mystic bath, that grave of sin,
Where ransomed souls new life begin.

Divine Redeemer, thou didst deign
To bear for us the cross of pain,
And freely pay the precious price
Of all thy blood in sacrifice.

Jesu, do thou to every heart
Unceasing Paschal joy impart;
From death of sin and guilty strife
Set free the new born sons of life.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be
And Holy Ghost eternally.

Psalm 114 (116A)
Thanksgiving

“We must experience many hardships before we can enter the kingdom of God” (Acts 14:22).

The Lord saved my soul from the power of death, alleluia.

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.

I called on the Lord's name.
O Lord, my God, deliver me!

How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears,
and my feet from stumbling.

I will walk in the presence of the Lord
in the land of the living.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord saved my soul from the power of death, alleluia.

Psalm-prayer

God of power and mercy, through your Son's passion and resurrection you have freed us from the bonds of death and the anguish of separation from you. Be ever with us on our pilgrimage; then we shall sing rather than weep. Keep our feet from stumbling, so that we may be able to follow you until we come to eternal rest.

Psalm 120 (121)
The guardian of the people

“They will never hunger or thirst again; neither the sun nor the scorching wind will ever plague them” (Rev 7:16).

The Lord protected his people as the apple of his eye. Alleluia.

I lift up my eyes to the mountains:
from where shall come my help?
My help shall come from the Lord
who made heaven and earth.

May he never allow you to stumble!
Let him sleep not, your guard.
No, he sleeps not nor slumbers,
Israel's guard.

The Lord is your guard and your shade;
at your right side he stands.
By day the sun shall not smite you
nor the moon in the night.

The Lord will guard you from evil,
he will guard your soul.
The Lord will guard your going and coming
both now and for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord protected his people as the apple of his eye. Alleluia.

Psalm-prayer

Lord Jesus Christ, you have prepared a quiet place for us in your Father's eternal home. Watch over our welfare on this perilous journey, shade us from the burning heat of day, and keep our lives free of evil until the end.

Canticle

Apocalypse 15

A hymn of adoration

The Lord is my strength and protection: he is my salvation. Alleluia.

Great and wonderful are your deeds,
O Lord God the Almighty!
Just and true are your ways,
O King of the ages!

Who shall not fear and glorify your name, O Lord?
For you alone are holy.
All nations shall come and worship you,
for your judgements have been revealed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord is my strength and protection: he is my salvation. Alleluia.

Short Reading

Hebrews 5:8-10

Christ, although he was Son, learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation and was acclaimed by God with the title of high priest *of the order of Melchizedek*.

Short Responsory

The disciples rejoiced, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
They saw the Lord, alleluia, alleluia.
– *The disciples rejoiced, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The disciples rejoiced, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

Your heavenly Father will give his Holy Spirit to those who ask him.
Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Your heavenly Father will give his Holy Spirit to those who ask him.
Alleluia.*

Prayers and intercessions

Let us pray to Christ, the fount of life and the source of virtue.

– *Lord, restore your kingdom in the world.*

Jesus, our Saviour, in the body you were put to death, in the Spirit you were
raised to life:

grant that we may die to sin, and live in the power of your resurrection.

– *Lord, restore your kingdom in the world.*

You sent your disciples to proclaim throughout the world the gospel of
salvation:

may all who preach your word be alive with the Holy Spirit.

– *Lord, restore your kingdom in the world.*

You received all power in heaven and on earth to bear witness to the truth:

guide in the spirit of truth the plans of governments and rulers.

– *Lord, restore your kingdom in the world.*

Keep our eyes fixed on the new heaven and the new earth:

make us care more deeply for our world and its future.

– *Lord, restore your kingdom in the world.*

You descended into hell to bring the dead good news:

let the faithful departed come to you, their joy, their hope, their glory.

– *Lord, restore your kingdom in the world.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Lord, hear our prayer:
send out on all mankind
the Spirit who makes us your sons,
as foretold by Christ, the witness of your truth:
and so bring to completion through the gospel,
the sanctification promised by your Word.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Friday 22 May 2020

Saint Rita of Cascia

see also [Fri before Ascension Sunday](#).

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

For all the saints who from their labours rest,

Who thee by faith before the world confessed,

Thy name, O Jesu, be for ever blest.

Alleluia, Alleluia!

Thou wast their rock, their fortress and their might;

Thou, Lord, their captain in the well-fought fight;

Thou in the darkness drear their one true Light.

Alleluia, Alleluia!

O may thy soldiers, faithful, true and bold,

Fight as the saints who nobly fought of old,

And win, with them, the victor's crown of gold.

Alleluia, Alleluia!

O blest communion! fellowship divine!
We feebly struggle, they in glory shine;
Yet all are one in thee, for all are thine.
Alleluia, Alleluia!

Psalm 114 (116A)
Thanksgiving

“We must experience many hardships before we can enter the kingdom of God” (Acts 14:22).

The Lord saved my soul from the power of death, alleluia.

I love the Lord for he has heard
the cry of my appeal;
for he turned his ear to me
in the day when I called him.

They surrounded me, the snares of death,
with the anguish of the tomb;
they caught me, sorrow and distress.
I called on the Lord's name.
O Lord, my God, deliver me!

How gracious is the Lord, and just;
our God has compassion.
The Lord protects the simple hearts;
I was helpless so he saved me.

Turn back, my soul, to your rest
for the Lord has been good;
he has kept my soul from death,
my eyes from tears,
and my feet from stumbling.

I will walk in the presence of the Lord
in the land of the living.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord saved my soul from the power of death, alleluia.

Psalm-prayer

God of power and mercy, through your Son's passion and resurrection you have freed us from the bonds of death and the anguish of separation from you. Be ever with us on our pilgrimage; then we shall sing rather than weep. Keep our feet from stumbling, so that we may be able to follow you until we come to eternal rest.

Psalm 120 (121) The guardian of the people

“They will never hunger or thirst again; neither the sun nor the scorching wind will ever plague them” (Rev 7:16).

The Lord protected his people as the apple of his eye. Alleluia.

I lift up my eyes to the mountains:
from where shall come my help?
My help shall come from the Lord
who made heaven and earth.

May he never allow you to stumble!
Let him sleep not, your guard.
No, he sleeps not nor slumbers,
Israel's guard.

The Lord is your guard and your shade;
at your right side he stands.
By day the sun shall not smite you

nor the moon in the night.

The Lord will guard you from evil,
he will guard your soul.
The Lord will guard your going and coming
both now and for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord protected his people as the apple of his eye. Alleluia.

Psalm-prayer

Lord Jesus Christ, you have prepared a quiet place for us in your Father's eternal home. Watch over our welfare on this perilous journey, shade us from the burning heat of day, and keep our lives free of evil until the end.

Canticle

Apocalypse 15

A hymn of adoration

The Lord is my strength and protection: he is my salvation. Alleluia.

Great and wonderful are your deeds,
O Lord God the Almighty!
Just and true are your ways,
O King of the ages!

Who shall not fear and glorify your name, O Lord?
For you alone are holy.
All nations shall come and worship you,
for your judgements have been revealed.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord is my strength and protection: he is my salvation. Alleluia.

Short Reading

Romans 8:28-30

We know that by turning everything to their good, God co-operates with all those who love him, with all those he has called according to his purpose. They are the ones he chose specially long ago and intended to become true images of his Son, so that his Son might be the eldest of many brothers. He called those he intended for this; those he called he justified, and with those he justified he shared his glory.

Short Responsory

God has chosen her. He chose her before she was born. Alleluia, alleluia.
– *God has chosen her. He chose her before she was born. Alleluia, alleluia.*
He brought her to live in his holy dwelling-place.
– *God has chosen her. He chose her before she was born. Alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *God has chosen her. He chose her before she was born. Alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

You have left all things and have followed me; you will be repaid a hundred times over, and gain eternal life. Alleluia.

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

You have left all things and have followed me; you will be repaid a hundred times over, and gain eternal life. Alleluia.

Prayers and intercessions

Through the holy women let us pray to the Lord for all the needs of his
Church.

– *Lord, remember your Church.*

Through the women martyrs who overcame death with undying courage,
strengthen your Church in time of trial.

– *Lord, remember your Church.*

Through the married women who graced the lives of the human family,

renew the Church in her apostolic mission.
– *Lord, remember your Church.*

Through all the widows who sanctified loneliness with prayer and
hospitality,
make your Church a telling sign of your love for all the world.
– *Lord, remember your Church.*

Through all the mothers who introduced their children to the kingdom of
God and true human life in society,
may your Church bring all men to eternal life and salvation.
– *Lord, remember your Church.*

Through all the holy women who live in the light of your glory,
grant to the faithful departed the everlasting vision of happiness.
– *Lord, remember your Church.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God our Father,
you called Saint Rita of Cascia
to seek your kingdom in this world
by striving to live in perfect charity.
With her prayers to give us courage,
help us to move forward with joyful hearts
in the way of love.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Friday 22 May 2020

Friday before Ascension Sunday
or Saint Rita of Cascia

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 87 (88)
The prayer of one gravely ill

“This is your hour; this is the reign of darkness” (Lk 22:53).

Alleluia. Alleluia. Alleluia.

Lord my God, I call for help by day;
I cry at night before you.
Let my prayer come into your presence.
O turn your ear to my cry.

For my soul is filled with evils;
my life is on the brink of the grave.
I am reckoned as one in the tomb:
I have reached the end of my strength,

like one alone among the dead;
like the slain lying in their graves;
like those you remember no more,
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,

in places that are dark, in the depths.
Your anger weighs down upon me:
I am drowned beneath your waves.

You have taken away my friends
and made me hateful in their sight.
Imprisoned, I cannot escape;
my eyes are sunken with grief.

I call to you, Lord, all the day long;
to you I stretch out my hands.
Will you work your wonders for the dead?
Will the shades stand and praise you?

Will your love be told in the grave
or your faithfulness among the dead?
Will your wonders be known in the dark
or your justice in the land of oblivion?

As for me, Lord, I call to you for help:
in the morning my prayer comes before you.
Lord, why do you reject me?
Why do you hide your face?

Wretched, close to death from my youth,
I have borne your trials; I am numb.
Your fury has swept down upon me;
your terrors have utterly destroyed me.

They surround me all the day like a flood,
they assail me all together.
Friend and neighbour you have taken away:
my one companion is darkness.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus, redeemer of all and author of our salvation, for us you went down to the realm of death and became free of death. Hear the prayers of your family and lift us from our slavery to evil, that we may be redeemed by you and see your Father's glory.

Or:

Lord Jesus Christ, you chose to suffer and be overwhelmed by death in order to open the gates of death in triumph. Stay with us to help us on our pilgrimage; free us from all evil by the power of your resurrection. In the company of your saints, and constantly remembering your love for us, may we sing of your wonders in our Father's house.

Short Reading

(Jeremiah 14:9)

Lord, you are in our midst, we are called by your name. Do not desert us, O Lord our God!

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

Give us grace, almighty God,
so to unite ourselves in faith with your only Son,
who underwent death and lay buried in the tomb,
that we may rise again in newness of life with him,
who lives and reigns for ever and ever.

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!

for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurrexit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Saturday before Ascension Sunday

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Saturday 23 May 2020

Saturday before Ascension Sunday

Liturgical Colour: White.

Readings at Mass

Entrance Antiphon

Cf. 1 Pt 2: 9

O chosen people, proclaim the mighty works of him
who called you out of darkness into his wonderful light, alleluia.

Collect

Constantly shape our minds, we pray, O Lord,
by the practice of good works,
that, trying always for what is better,
we may strive to hold ever fast to the Paschal Mystery.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 18:23-28

Apollos demonstrated from the scriptures that Jesus was the Christ

Paul came down to Antioch, where he spent a short time before continuing his journey through the Galatian country and then through Phrygia, encouraging all the followers.

An Alexandrian Jew named Apollos now arrived in Ephesus. He was an eloquent man, with a sound knowledge of the scriptures, and yet, though he had been given instruction in the Way of the Lord and preached with great

spiritual earnestness and was accurate in all the details he taught about Jesus, he had only experienced the baptism of John. When Priscilla and Aquila heard him speak boldly in the synagogue, they took an interest in him and gave him further instruction about the Way.

When Apollos thought of crossing over to Achaia, the brothers encouraged him and wrote asking the disciples to welcome him. When he arrived there he was able by God's grace to help the believers considerably by the energetic way he refuted the Jews in public and demonstrated from the scriptures that Jesus was the Christ.

Responsorial Psalm

Psalm 46(47):2-3,8-10

God is king of all the earth.

or

Alleluia!

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

God is king of all the earth.

or

Alleluia!

God is king of all the earth,
sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne.

God is king of all the earth.

or

Alleluia!

The princes of the people are assembled
with the people of Abraham's God.
The rulers of the earth belong to God,

to God who reigns over all.

God is king of all the earth.

or

Alleluia!

Gospel Acclamation

Alleluia, alleluia!

The Lord, who hung for us upon the tree,
has risen from the tomb.

Alleluia!

Gospel

John 16:23-28

The Father loves you for loving me and believing that I came from God

Jesus said to his disciples:

‘I tell you most solemnly,
anything you ask for from the Father he will grant in my name.
Until now you have not asked for anything in my name.
Ask and you will receive, and so your joy will be complete.
I have been telling you all this in metaphors,
the hour is coming when I shall no longer speak to you in metaphors;
but tell you about the Father in plain words.
When that day comes you will ask in my name;
and I do not say that I shall pray to the Father for you,
because the Father himself loves you for loving me
and believing that I came from God.
I came from the Father and have come into the world
and now I leave the world to go to the Father.’

Prayer over the Offerings

Graciously sanctify these gifts, O Lord, we pray,
and, accepting the oblation of this spiritual sacrifice,

make of us an eternal offering to you.
Through Christ our Lord.

Communion Antiphon

Jn 17: 24

Father, I wish that, where I am,
those you gave me may also be with me,
that they may see the glory that you gave me, alleluia.

Prayer after Communion

We have partaken of the gifts of this sacred mystery,
humbly imploring, O Lord,
that what your Son commanded us to do in memory of him
may bring us growth in charity.
Through Christ our Lord.

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Saturday 23 May 2020

Saturday before Ascension Sunday

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 94 (95)

“Every day, as long as this ‘today’ lasts, keep encouraging one another” (Heb 3:13).

The Lord has truly risen, alleluia.

Come, ring out our joy to the Lord;

hail the God who saves us.

Let us come before him, giving thanks,

with songs let us hail the Lord.

A mighty God is the Lord,

a great king above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his.

To him belongs the sea, for he made it

and the dry land shaped by his hands.

Come in; let us bow and bend low;

let us kneel before the God who made us:

for he is our God and we

the people who belong to his pasture,

the flock that is led by his hand.

O that today you would listen to his voice!

‘Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.

For forty years I was wearied of these people
and I said: “Their hearts are astray,
these people do not know my ways.”
Then I took an oath in my anger:
“Never shall they enter my rest.””

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

The Lord has truly risen, alleluia.

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Saturday 23 May 2020

Saturday before Ascension Sunday

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Light's glittering morn bedecks the sky,

Heav'n thunders forth its victor cry:

The glad earth shouts her triumph high,

And groaning hell makes wild reply.

While he, the King of sovereign might,

Treads down death's strength in death's despite,

And trampling hell by victor's right,

Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,

In watch and ward where soldiers wait,

Now shining in triumphant state,

He rises victor from death's gate.

Hell's pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
'The Lord is risen from the dead.'

Author of all, be thou our guide
In this our joy of Eastertide;
Whene'er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 91 (92)
Praise of God, the Creator

"The deeds of God's only Son are praised" (St Athanasius).

You have made me glad, O Lord; for the works of your hands I shout with joy, alleluia.

It is good to give thanks to the Lord,
to make music to your name, O Most High,
to proclaim your love in the morning
and your truth in the watches of the night,
on the ten-stringed lyre and the lute,
with the murmuring sound of the harp.

Your deeds, O Lord, have made me glad;
for the work of your hands I shout with joy.
O Lord, how great are your works!
How deep are your designs!
The foolish man cannot know this
and the fool cannot understand.

Though the wicked spring up like grass
and all who do evil thrive,
they are doomed to be eternally destroyed.

But you, Lord, are eternally on high.
See how your enemies perish;
all doers of evil are scattered.

To me you give the wild ox's strength;
you anoint me with the purest oil.
My eyes looked in triumph on my foes;
my ears heard gladly of their fall.
The just will flourish like the palm-tree
and grow like a Lebanon cedar.

Planted in the house of the Lord
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just.
In him, my rock, there is no wrong.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*You have made me glad, O Lord; for the works of your hands I shout with
joy, alleluia.*

Psalm-prayer

Take our shame away from us, Lord, and make us rejoice in your saving
works. May all who have been chosen by your Son always abound in works
of faith, hope and love in your service.

Or:

Lord Jesus Christ, you taught your disciples that the Father is glorified by good works. Uproot your enemies even if they should grow as thick as weeds, and make us flourish in your courts and always remain in you as you are in the Father. May we bring forth a rich harvest in the radiance of your light.

Canticle

Deuteronomy 32

The things God has done for his people

“How often have I longed to gather your children as a hen gathers her young under her wings!” (Mt 23:37).

It is I who give death and life; it is I who strike and also heal. Alleluia.

Listen, O heavens, and I will speak,
let the earth hear the words on my lips.
May my teaching fall like the rain,
my speech descend like the dew,
like rain drops on the young green,
like showers falling on the grass.

For I shall praise the name of the Lord.
O give glory to this God of ours!
The Rock — his deeds are perfect,
and all his ways are just,
a faithful God, without deceit,
a God who is right and just.

Those whom he begot unblemished
have become crooked, false, perverse.
Is it thus you repay the Lord,
O senseless and foolish people?
Is he not your father who created you,
he who made you, on whom you depend?

Remember the days of old,
consider the years that are past;

ask your father and he will show you,
ask your elders and they will tell you.

When the Most High gave the nations their heritage
and disposed men according to his plan,
in fixing the boundaries of the nations
he thought first of Israel's sons.
For Israel was the Lord's possession,
Jacob the one he had chosen.

God found him in a wilderness,
in fearful, desolate wastes;
he surrounded him, he lifted him up,
he kept him as the apple of his eye.

Like an eagle that watches its nest,
that hovers over its young,
so he spread his wings; he took him,
placed him on his outstretched wings.
The Lord alone was his guide
and no other god was with him.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

It is I who give death and life; it is I who strike and also heal. Alleluia.

Psalm 8

The greatness of God, the dignity of man

“He has put all things under his feet, and appointed him to be the head of the whole Church” (Eph 1:22).

With glory and honour you crowned your Anointed One, alleluia.

How great is your name, O Lord our God,
through all the earth!

Your majesty is praised above the heavens;
on the lips of children and of babes
you have found praise to foil your enemy,
to silence the foe and the rebel.

When I see the heavens, the work of your hands,
the moon and the stars which you arranged,
what is man that you should keep him in mind,
mortal man that you care for him?

Yet you have made him little less than a god;
with glory and honour you crowned him,
gave him power over the works of your hand,
put all things under his feet.

All of them, sheep and cattle,
yes, even the savage beasts,
birds of the air, and fish
that make their way through the waters.

How great is your name, O Lord our God
through all the earth!

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

With glory and honour you crowned your Anointed One, alleluia.

Psalm-prayer

Almighty Lord, how wonderful is your name. You have made every creature subject to you; make us worthy to give you service.

Or:

Lord, creator of all that is, you made your Son one of us, a little less than the angels. When you crowned him with honour and glory, you raised the dignity of man beyond the skies. Always care for us, your royal children in your Son, the new Adam, so that one day we may be radiant with his splendour.

Short Reading

Romans 14:7-9

The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord. This explains why Christ both died and came to life: it was so that he might be Lord both of the dead and of the living.

Short Responsory

The Lord has risen from the dead, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
For our sake he died on the cross, alleluia, alleluia.
– *The Lord has risen from the dead, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *The Lord has risen from the dead, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

I tell you solemnly: whatever you ask the Father in my name, he will grant it to you. Alleluia.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,

those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*I tell you solemnly: whatever you ask the Father in my name, he will grant
it to you. Alleluia.*

Prayers and intercessions

Let us pray to Christ, who has revealed to us the knowledge of everlasting life.

– *Lord, may your resurrection enrich us with your grace.*

Eternal Shepherd, strengthen us for the coming day with the bread of your word;

nourish us with the bread of the eucharist.

– *Lord, may your resurrection enrich us with your grace.*

May your voice find a response in our hearts;

do not let your word be silenced by rejection or indifference.

– *Lord, may your resurrection enrich us with your grace.*

You are at work in those who spread the gospel, confirming the truth of their message;

help us to manifest your resurrection by our way of living.

– *Lord, may your resurrection enrich us with your grace.*

You yourself are the joy that can never be taken away;

may we leave behind the sadness of sin and experience eternal life.

– *Lord, may your resurrection enrich us with your grace.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Mould our minds, we pray you, Lord,

by the works of your law.

Always striving after what is best,

may we make our lives a constant sharing

in Christ's death and resurrection.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Saturday 23 May 2020

Saturday before Ascension Sunday

(First Vespers of tomorrow, The Ascension of the Lord)

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Sing we triumphant hymns of praise,

New hymns to heaven exulting raise:

Christ, by a road before untrod,

Ascendeth to the throne of God.

The holy Apostolic band

Upon the Mount of Olives stand,

And with the Virgin Mother see

Jesu's resplendent majesty.

O grant us thitherward to tend,

And with unwearied hearts ascend

Toward thy kingdom's throne, where thou

(As is our faith) art seated now.

All glory, Lord, to thee we pay,
Ascending o'er the stars to-day;
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 112 (113)
Praise of the Lord's name

“He put down princes from their thrones and exalted the lowly” (Lk 1:52).

I came from the Father and have come into the world, and now I leave the world to go to the Father. Alleluia.

Praise, O servants of the Lord,
praise the name of the Lord!
May the name of the Lord be blessed
both now and for evermore!
From the rising of the sun to its setting
praised be the name of the Lord!

High above all nations is the Lord,
above the heavens his glory.
Who is like the Lord, our God,
who has risen on high to his throne
yet stoops from the heights to look down,
to look down upon heaven and earth?

From the dust he lifts up the lowly,
from his misery he raises the poor
to set him in the company of princes,
yes, with the princes of his people.
To the childless wife he gives a home
and gladdens her heart with children.

Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

I came from the Father and have come into the world, and now I leave the world to go to the Father. Alleluia.

Psalm-prayer

Almighty Father, we praise and bless your name and ask you to join us together through your enduring love in the bosom of Mother Church.

Or:

Lord Jesus, Word of God, surrendering the brightness of your glory you became man so that we might be raised from the dust to share your very being. May there be innumerable children of the Church to offer homage to your name from the rising of the sun to its setting.

Psalm 116 (117) Praise of the merciful Lord

“I ask the nations to give praise to God for his mercy” (Rom 15:8,9).

After he had spoken to his disciples, the Lord Jesus ascended into heaven, where he is seated at the right hand of the Father. Alleluia.

O praise the Lord, all you nations,
acclaim him all you peoples!

Strong is his love for us;
he is faithful for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,

world without end.
Amen.

*After he had spoken to his disciples, the Lord Jesus ascended into heaven,
where he is seated at the right hand of the Father. Alleluia.*

Psalm-prayer

God our Father, may all nations and peoples praise you. May Jesus, who is called faithful and true and who lives with you eternally, possess our hearts for ever.

Or:

Lord God, everything you have promised has been done to show your faithfulness; and you have revealed your kindness to all peoples. Gather all nations into your Church that in all the various tongues of this world one hymn of praise may be offered you.

Canticle

Apocalypse 11

The Judgement

*No-one has gone up to heaven except the one who came down from heaven,
the Son of Man who is in heaven. Alleluia.*

We give thanks to you, Lord God Almighty,
who are and who were,
that you have taken your great power
and begun to reign.

The nations raged,
but your wrath came,
and the time for the dead to be judged,
for rewarding your servants, the prophets and saints,
and those who fear your name,
both small and great.

Now the salvation and the power

and the kingdom of our God
and the authority of his Christ have come,
for the accuser of our brethren has been thrown down,
who accuses them day and night before our God.

And they have conquered him
by the blood of the Lamb
and by the word of their testimony,
for they loved not their lives even unto death.
Rejoice, then, O heaven,
and you that dwell therein.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

*No-one has gone up to heaven except the one who came down from heaven,
the Son of Man who is in heaven. Alleluia.*

Short Reading

Ephesians 2:4-6

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

Short Responsory

God ascends with shouts of joy, alleluia, alleluia.
– *God ascends with shouts of joy, alleluia, alleluia.*
The Lord goes up with trumpet blast.
– *God ascends with shouts of joy, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *God ascends with shouts of joy, alleluia, alleluia.*

My soul rejoices in the Lord

*Father, I have made your name known to the men you gave me; now I pray
for them, not for the world, since I am coming to you. Alleluia.*

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Father, I have made your name known to the men you gave me; now I pray
for them, not for the world, since I am coming to you. Alleluia.*

Prayers and intercessions

Rejoicing, let us pray to Christ who is seated at the right hand of the Father.
– *You, Christ, are the king of glory.*

King of glory, in you our mortal flesh has been lifted to the heights:
deliver us from the corruption of sin and restore us to immortal life.
– *You, Christ, are the king of glory.*

Following the path of love, you came down to us from heaven:
let us follow that same path in our ascent to you.
– *You, Christ, are the king of glory.*

You promised to draw all men to yourself:
do not let any of us be separated from your body.
– *You, Christ, are the king of glory.*

You have ascended into heaven:
let us be there with you in our minds and hearts.
– *You, Christ, are the king of glory.*

We await your coming in majesty on the great day of judgement:
may we then gaze upon your glory, with all the faithful departed.
– *You, Christ, are the king of glory.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Almighty God,
fill us with a holy joy;

teach us how to thank you with reverence and love
on account of the ascension of Christ your Son.

You have raised us up with him:

where he, the head, has preceded us in glory,
there we, the body, are called in hope.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Saturday 23 May 2020

Saturday before Ascension Sunday

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 4
Thanksgiving

Alleluia. Alleluia. Alleluia.

When I call, answer me, O God of justice;
from anguish you released me, have mercy and hear me!

O men, how long will your hearts be closed,
will you love what is futile and seek what is false?

It is the Lord who grants favours to those whom he loves;
the Lord hears me whenever I call him.

Fear him; do not sin: ponder on your bed and be still
Make justice your sacrifice, and trust in the Lord.

‘What can bring us happiness?’ many say.
Lift up the light of your face on us, O Lord.

You have put into my heart a greater joy
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once

for you alone, Lord, make me dwell in safety.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Psalm 133 (134)
Evening prayer in the Temple

“Praise our God, all you his servants, and all who revere him, both
great and small” (Rev 19:5).

O come, bless the Lord,
all you who serve the Lord,
who stand in the house of the Lord,
in the courts of the house of our God.

Lift up your hands to the holy place
and bless the Lord through the night.

May the Lord bless you from Sion,
he who made both heaven and earth.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

All your servants praise and thank you, Lord. Be our light as night descends. We lift up to you the good works of our hands; grant us your generous blessing.

Or:

Where two or three gather in your name, Lord, you promised to be with them and share their fellowship. Look down upon your family gathered here in your name, and graciously pour out your blessing upon us.

Short Reading

Deuteronomy 6:4-7

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,

you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

Come to visit us, Lord, this night,
so that by your strength we may rise at daybreak
to rejoice in the resurrection of Christ, your Son,
who lives and reigns for ever and ever.

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,

quia quem meruísti portáre, allelúia,
resurrexit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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Sunday 24 May 2020

The Ascension of the Lord – *Solemnity*

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Sunday 24 May 2020

The Ascension of the Lord – *Solemnity*

Liturgical Colour: White.

Readings at Mass

These readings are for the Vigil Mass on the evening before the feast:

Entrance Antiphon

Ps 67: 33, 35

You kingdoms of the earth, sing to God;
praise the Lord, who ascends above the highest heavens;
his majesty and might are in the skies, alleluia.

Collect

O God, whose Son today ascended to the heavens
as the Apostles looked on,
grant, we pray, that, in accordance with his promise,
we may be worthy for him to live with us always on earth,
and we with him in heaven.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 1:1-11

Jesus was lifted up while they looked on

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many

demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

Responsorial Psalm

Psalm 46(47):2-3,6-9

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,

sing praise to our king, sing praise.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

God is king of all the earth,
sing praise with all your skill.

God is king over the nations;
God reigns on his holy throne.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

Second reading

Ephesians 1:17-23

God made him sit at his right hand in heaven

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named not only in this age but also in the age to come. He has put all things under his feet and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

Gospel Acclamation

Mt28:19,20

Alleluia, alleluia!

Go, make disciples of all the nations.

I am with you always; yes, to the end of time.
Alleluia!

Gospel

Matthew 28:16-20

Go and make disciples of all nations

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

Prayer over the Offerings

O God, whose Only Begotten Son, our High Priest,
is seated ever-living at your right hand to intercede for us,
grant that we may approach with confidence the throne of grace
and there obtain your mercy.
Through Christ our Lord.

Communion Antiphon

Cf. Heb 10: 12

Christ, offering a single sacrifice for sins,
is seated for ever at God's right hand, alleluia.

Prayer after Communion

May the gifts we have received from your altar, Lord,
kindle in our hearts a longing for the heavenly homeland
and cause us to press forward, following in the Saviour's footsteps,
to the place where for our sake he entered before us.
Who lives and reigns for ever and ever.

These readings are for the day of the feast itself:

Entrance Antiphon

Acts 1: 11

Men of Galilee, why gaze in wonder at the heavens?
This Jesus whom you saw ascending into heaven
will return as you saw him go, alleluia.

Collect

Gladden us with holy joys, almighty God,
and make us rejoice with devout thanksgiving,
for the Ascension of Christ your Son
is our exaltation,
and, where the Head has gone before in glory,
the Body is called to follow in hope.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Or:

Grant, we pray, almighty God,
that we, who believe that your Only Begotten Son, our Redeemer,
ascended this day to the heavens,
may in spirit dwell already in heavenly realms.
Who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

First reading

Acts 1:1-11

Jesus was lifted up while they looked on

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many

demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

Responsorial Psalm

Psalm 46(47):2-3,6-9

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,

sing praise to our king, sing praise.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

God is king of all the earth,
sing praise with all your skill.

God is king over the nations;
God reigns on his holy throne.

God goes up with shouts of joy; the Lord goes up with trumpet blast.

or

Alleluia!

Second reading

Ephesians 1:17-23

God made him sit at his right hand in heaven

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named not only in this age but also in the age to come. He has put all things under his feet and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

Gospel Acclamation

Mt28:19,20

Alleluia, alleluia!

Go, make disciples of all the nations.

I am with you always; yes, to the end of time.
Alleluia!

Gospel

Matthew 28:16-20

Go and make disciples of all nations

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

Prayer over the Offerings

We offer sacrifice now in supplication, O Lord,
to honour the wondrous Ascension of your Son:
grant, we pray,
that through this most holy exchange
we, too, may rise up to the heavenly realms.
Through Christ our Lord.

Communion Antiphon

Mt 28: 20

Behold, I am with you always,
even to the end of the age, alleluia.

Prayer after Communion

Almighty ever-living God,
who allow those on earth to celebrate divine mysteries,
grant, we pray,
that Christian hope may draw us onward

to where our nature is united with you.
Through Christ our Lord.

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Sunday 24 May 2020

The Ascension of the Lord – Solemnity

Invitatory Psalm

Lord, open our lips.

And we shall praise your name.

Invitatory Psalm

Psalm 66 (67)

“Let it be known to you that this salvation from God has been sent to all peoples” (Acts 28:28).

*Alleluia! Christ ascends into heaven as Lord. Come, let us adore him.
Alleluia!*

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth
and all nations learn your saving help.

Let the peoples praise you, O God;
let all the peoples praise you.

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth.

Let the peoples praise you, O God;
let all the peoples praise you.

The earth has yielded its fruit
for God, our God, has blessed us.

May God still give us his blessing
till the ends of the earth revere him.

Let the peoples praise you, O God;
let all the peoples praise you.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia! Christ ascends into heaven as Lord. Come, let us adore him.
Alleluia!

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Sunday 24 May 2020

The Ascension of the Lord – Solemnity

Morning Prayer (Lauds)

If this is the first Hour that you are reciting today, you should precede it with the Invitatory Psalm and omit the Introduction.

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Eternal Monarch, King most high,
whose blood hath brought redemption nigh,
by whom the death of Death was wrought,
and conquering Grace's battle fought.

Ascending to the throne of might,
and seated at the Father's right,
all power in heaven is Jesus' own,
that here his manhood had not known.

That so, in nature's triple frame,
each heavenly and each earthly name,
and things in hell's abyss abhorred,

may bend the knee and own him Lord.

Yea, angels tremble when they see
how changed is our humanity;
that flesh hath purged what flesh had stained,
and God, the flesh of God, hath reigned.

Be thou our joy and strong defence,
who art our future recompense:
so shall the light that springs from thee
be ours through all eternity.

O risen Christ, ascended Lord,
all praise to thee let earth accord,
who art, while endless ages run,
with Father and with Spirit one.

Psalm 62 (63)
Thirsting for God

“Let the man who has put away the deeds of the night watch for God.”

*Men of Galilee, why do you stand there looking into the sky? This Jesus,
who has been taken away from you up to heaven, will come in the
same way as you have seen him go. Alleluia.*

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.
So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,

my mouth shall praise you with joy.

On my bed I remember you.

On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Men of Galilee, why do you stand there looking into the sky? This Jesus,
who has been taken away from you up to heaven, will come in the
same way as you have seen him go. Alleluia.*

Psalm-prayer

Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honour, and our voices celebrate you for ever.

Or:

This morning, Lord, we lift up our hands to praise you. We thirst for you; we long for you. Help us to love you more than life itself and fill us with good gifts from your banquet table.

Canticle

Daniel 3:57-88,56

All creatures, bless the Lord

“Praise our God, all you his servants” (Rev 19:5).

Exalt the king of kings; sing praise to God, alleluia.

O all you works of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord.
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.
To him be highest glory and praise for ever.

O let the earth bless the Lord.
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord.
And you, wild beasts and tame, O bless the Lord.
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.
To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.
And you, holy and humble of heart, O bless the Lord.
Ananias, Azarias, Mizael, O bless the Lord.
To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens:
To you be highest glory and praise for ever.

Exalt the king of kings; sing praise to God, alleluia.

Psalm 149 **The saints rejoice**

“The members of the Church, God’s new people, will rejoice in their king, who is Christ” (Hesychius).

As they watched, he was lifted up, and a cloud removed him from their sight into heaven. Alleluia.

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,

let Sion's sons exult in their king.
Let them praise his name with dancing
and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand,

to deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained:
this honour is for all his faithful.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*As they watched, he was lifted up, and a cloud removed him from their sight
into heaven. Alleluia.*

Psalm-prayer

Let Israel rejoice in you, Lord, and acknowledge you as creator and redeemer. We put our trust in your faithfulness and proclaim the wonderful truths of salvation. May your loving kindness embrace us now and for ever.

Or:

Lord Jesus, you came to your own people and gave to all who welcomed you power to become children of God. In your merciful love watch over the Church and through her ministry bring salvation to the meek and lowly.

May we avoid the snares of the impious, and come to rejoice in glory with your saints.

Short Reading

Hebrews 10:12-14

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

Short Responsory

Christ ascended on high, alleluia, alleluia.

– *Christ ascended on high, alleluia, alleluia.*

He led captivity captive.

– *Christ ascended on high, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *Christ ascended on high, alleluia, alleluia.*

Canticle

Benedictus

The Messiah and the one who was sent before him

*I am ascending to my Father and your Father, my God and your God.
Alleluia.*

Blessed be the Lord, the God of Israel!

He has visited his people and redeemed them.

He has raised up for us a mighty saviour

in the house of David his servant,

as he promised by the lips of holy men,

those who were his prophets from of old.

A saviour who would free us from our foes,

from the hands of all who hate us.

So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*I am ascending to my Father and your Father, my God and your God.
Alleluia.*

Prayers and intercessions

Let us pray to the Lord who is now lifted up from the earth, drawing all
things to himself.
– *You, Christ, are the king of glory.*

Lord Jesus, you offered one sacrifice for sin and then ascended in victory to
the Father;

achieve the eternal perfection of those whom you are sanctifying.

– *You, Christ, are the king of glory.*

Eternal priest, minister of the new covenant, you are alive and interceding
for us;

save your people who turn to you in prayer.

– *You, Christ, are the king of glory.*

After your passion, you appeared to your disciples, and they knew you to be
alive:

strengthen our belief that you are with us today.

– *You, Christ, are the king of glory.*

On this day you promised the Holy Spirit to the apostles, for the spreading
of your gospel to the ends of the earth;

strengthen us by the power of the Spirit in bearing witness before the
world.

– *You, Christ, are the king of glory.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Almighty God,

fill us with a holy joy;

teach us how to thank you with reverence and love

on account of the ascension of Christ your Son.

You have raised us up with him:

where he, the head, has preceded us in glory,

there we, the body, are called in hope.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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Sunday 24 May 2020

The Ascension of the Lord – *Solemnity*

Vespers (Evening Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Sing we triumphant hymns of praise,

New hymns to heaven exulting raise:

Christ, by a road before untrod,

Ascendeth to the throne of God.

The holy Apostolic band

Upon the Mount of Olives stand,

And with the Virgin Mother see

Jesu's resplendent majesty.

O grant us thitherward to tend,

And with unwearied hearts ascend

Toward thy kingdom's throne, where thou

(As is our faith) art seated now.

All glory, Lord, to thee we pay,
Ascending o'er the stars to-day;
All glory, as is ever meet,
To Father and to Paraclete.

Psalm 109 (110)
The Messiah, king and priest

“He must be king so that he may put all his enemies under his feet” (1 Cor 15:25).

He ascended into heaven and is seated at the right hand of the Father.
Alleluia.

The Lord's revelation to my Master:
‘Sit on my right:
your foes I will put beneath your feet.’

The Lord will wield from Sion
your sceptre of power:
rule in the midst of all your foes.

A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.
‘You are a priest for ever,
a priest like Melchizedek of old.’

The Master standing at your right hand
will shatter kings in the day of his wrath.

He shall drink from the stream by the wayside
and therefore he shall lift up his head.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*He ascended into heaven and is seated at the right hand of the Father.
Alleluia.*

Psalm-prayer

Father, we ask you to give us victory and peace. In Jesus Christ, our Lord and King, we are already seated at your right hand. We look forward to praise you in the fellowship of all your saints in our heavenly homeland.

Or:

Almighty God, bring the kingdom of Christ, your anointed one, to its fullness. May the perfect offering of your Son, eternal priest of the new Jerusalem, be offered in every place to your name and make all nations a holy people for you.

Psalm 46 (47) The Lord is King

“He is seated at the right hand of the Father, and his kingdom will have no end.”

*God goes up with shouts of joy; the Lord ascends with trumpet blast.
Alleluia.*

All peoples, clap your hands,
cry to God with shouts of joy!
For the Lord, the Most High, we must fear,
great king over all the earth.

He subdues peoples under us
and nations under our feet.
Our inheritance, our glory, is from him,

given to Jacob out of love.

God goes up with shouts of joy;
the Lord goes up with trumpet blast.
Sing praise for God, sing praise,
sing praise to our king, sing praise.

God is king of all the earth,
sing praise with all your skill.
God is king over the nations;
God reigns on his holy throne.

The princes of the peoples are assembled
with the people of Abraham's God.
The rulers of the earth belong to God,
to God who reigns over all.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

*God goes up with shouts of joy; the Lord ascends with trumpet blast.
Alleluia.*

Psalms-prayer

God, King of all peoples and all ages, it is your victory we celebrate as we sing with all the skill at our command. Help us always to overcome evil by good, that we may rejoice in your triumph for ever.

Or:

Lord Jesus, to you belongs the dominion of heaven, earth, and all things under the earth, for you have ascended on high and are seated on the throne prepared for you by the Father. May all peoples be gathered into your Church to form a holy nation, a kingly priesthood, your own chosen heritage, to praise and adore your divine majesty, now and for ever.

The Judgement

*Now the Son of Man has been glorified, and in him God has been glorified,
alleluia.*

We give thanks to you, Lord God Almighty,
who are and who were,
that you have taken your great power
and begun to reign.

The nations raged,
but your wrath came,
and the time for the dead to be judged,
for rewarding your servants, the prophets and saints,
and those who fear your name,
both small and great.

Now the salvation and the power
and the kingdom of our God
and the authority of his Christ have come,
for the accuser of our brethren has been thrown down,
who accuses them day and night before our God.

And they have conquered him
by the blood of the Lamb
and by the word of their testimony,
for they loved not their lives even unto death.
Rejoice, then, O heaven,
and you that dwell therein.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Now the Son of Man has been glorified, and in him God has been glorified,
alleluia.*

Short Reading

1 Peter 3:18,21-22

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life. And now you are saved, not by the washing off of physical dirt but by a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

Short Responsory

I am ascending to my Father and your Father, alleluia, alleluia.
– *I am ascending to my Father and your Father, alleluia, alleluia.*
I go to my God and your God.
– *I am ascending to my Father and your Father, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *I am ascending to my Father and your Father, alleluia, alleluia.*

Canticle

Magnificat

My soul rejoices in the Lord

*King of Glory, Lord Almighty, today you have ascended victoriously above
the heavens. Do not leave us as orphans without a guide, but send
us the one whom you promised, the gift of the Father, the Spirit of
Truth. Alleluia.*

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;

henceforth all ages will call me blessed.

The Almighty works marvels for me.

Holy his name!

His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength
and scatters the proud-hearted.

He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*King of Glory, Lord Almighty, today you have ascended victoriously above
the heavens. Do not leave us as orphans without a guide, but send
us the one whom you promised, the gift of the Father, the Spirit of
Truth. Alleluia.*

Prayers and intercessions

Rejoicing, let us pray to Christ who is seated at the right hand of the Father.
– *You, Christ, are the king of glory.*

King of glory, in you our mortal flesh has been lifted to the heights:
deliver us from the corruption of sin and restore us to immortal life.

– *You, Christ, are the king of glory.*

Following the path of love, you came down to us from heaven:

let us follow that same path in our ascent to you.

– *You, Christ, are the king of glory.*

You promised to draw all men to yourself:

do not let any of us be separated from your body.

– *You, Christ, are the king of glory.*

You have ascended into heaven:

let us be there with you in our minds and hearts.

– *You, Christ, are the king of glory.*

We await your coming in majesty on the great day of judgement:

may we then gaze upon your glory, with all the faithful departed.

– *You, Christ, are the king of glory.*

Our Father, who art in heaven,

hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Almighty God,

fill us with a holy joy;

teach us how to thank you with reverence and love

on account of the ascension of Christ your Son.

You have raised us up with him:

where he, the head, has preceded us in glory,

there we, the body, are called in hope.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.
Amen.

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Sunday 24 May 2020

The Ascension of the Lord – Solemnity

Compline (Night Prayer)

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm 90 (91)
The protection of the Most High

“Behold, I have given you power to tread under foot both serpents and scorpions” (Lk 10:19).

Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: ‘My refuge,
my stronghold, my God in whom I trust!’

It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.

Your eyes have only to look
to see how the wicked are repaid,
you who have said: 'Lord, my refuge!'
and have made the Most High your dwelling.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory.

With length of life I will content him;
I shall let him see my saving power.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

Short Reading

Apocalypse 22:4-5

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

Short Responsory

Into your hands, Lord, I commend my spirit, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
You have redeemed us, Lord God of truth, alleluia, alleluia.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*
Glory be to the Father and to the Son and to the Holy Spirit.
– *Into your hands, Lord, I commend my spirit, alleluia, alleluia.*

Canticle

Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.

At last, all-powerful Master,
you give leave to your servant
to go in peace, according to your promise.

For my eyes have seen your salvation
which you have prepared for all nations,
the light to enlighten the Gentiles
and give glory to Israel, your people.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may
keep watch with Christ and rest with him in peace. Alleluia.*

Let us pray.

God our Father,
as we have celebrated today the mystery of the Lord's resurrection,
grant our humble prayer:
free us from all harm
that we may sleep in peace
and rise in joy to sing your praise.

Through Christ our Lord,

Amen.

The Lord grant us a quiet night and a perfect end.

Amen.

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,
quia quem meruísti portáre, allelúia,
resurréxit sicut dixit, allelúia;
ora pro nobis Deum, allelúia.

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