

THE SEVEN  
SACRAMENTS



BAPTISM



RECONCILIATION



FIRST HOLY  
COMMUNION



CONFIRMATION



HOLY MATRIMONY



ANointing THE  
SICK



HOLY ORDERS

# MY PRAYER CARD

## *Our Father*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

*Amen.*

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*Hail Mary* full of Grace,  
the Lord is with thee.  
Blessed are thou among women and  
blessed is the fruit of thy womb Jesus.  
Holy Mary Mother of God,  
pray for us sinners  
now and at the hour of our death.  
*Amen.*

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*Glory Be* to the Father  
and to the Son  
and to the Holy Spirit.  
As it was in the beginning  
is now, and ever shall be  
world without end.  
*Amen.*



The Sign of the  
Cross



In the name of  
the Father



and of the Son



and of the Holy



Spirit.



AMEN.

### ***Grace before Meals***

Bless us, O Lord, as  
we sit together.  
Bless the food we eat  
today.  
Bless the hands that  
made the food. Bless  
us, O Lord.

***Amen.***



### ***Guardian Angel Prayer***

Angel of God,  
my guardian dear,

To whom God's love  
commits me here,  
Ever this day be at my side,  
to light and guard,  
to rule and guide.

***Amen.***

### ***Act of Sorrow***

O my God, I thank  
you for loving me.  
I am sorry for all  
my sins,  
For not loving  
others and not  
loving you.  
Help me to live like  
Jesus and not sin  
again.

***Amen.***



### ***Night Prayer - Examination of Conscience***

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
Therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.