

MY PRAYER CARD

THE SEVEN SACRAMENTS



BAPTISM



RECONCILIATION



FIRST HOLY COMMUNION



CONFIRMATION



HOLY MATRIMONY



ANointing THE SICK



HOLY ORDERS

Our Father

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

Amen.

Hail Mary full of Grace,
the Lord is with thee.
Blessed are thou among women and
blessed is the fruit of thy womb Jesus.
Holy Mary Mother of God,
pray for us sinners
now and at the hour of our death.

Amen.

Glory Be to the Father

and to the Son
and to the Holy Spirit.
As it was in the beginning
is now, and ever shall be
world without end.

Amen.

The Sign of the Cross



In the name of
the Father



and of the Son



and of the Holy



Spirit.



AMEN.

Grace before Meals

Bless us, O Lord, as we sit together.
Bless the food we eat today.
Bless the hands that made the food. Bless us, O Lord.

Amen.



Guardian Angel Prayer

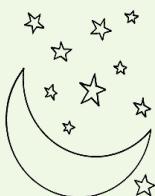
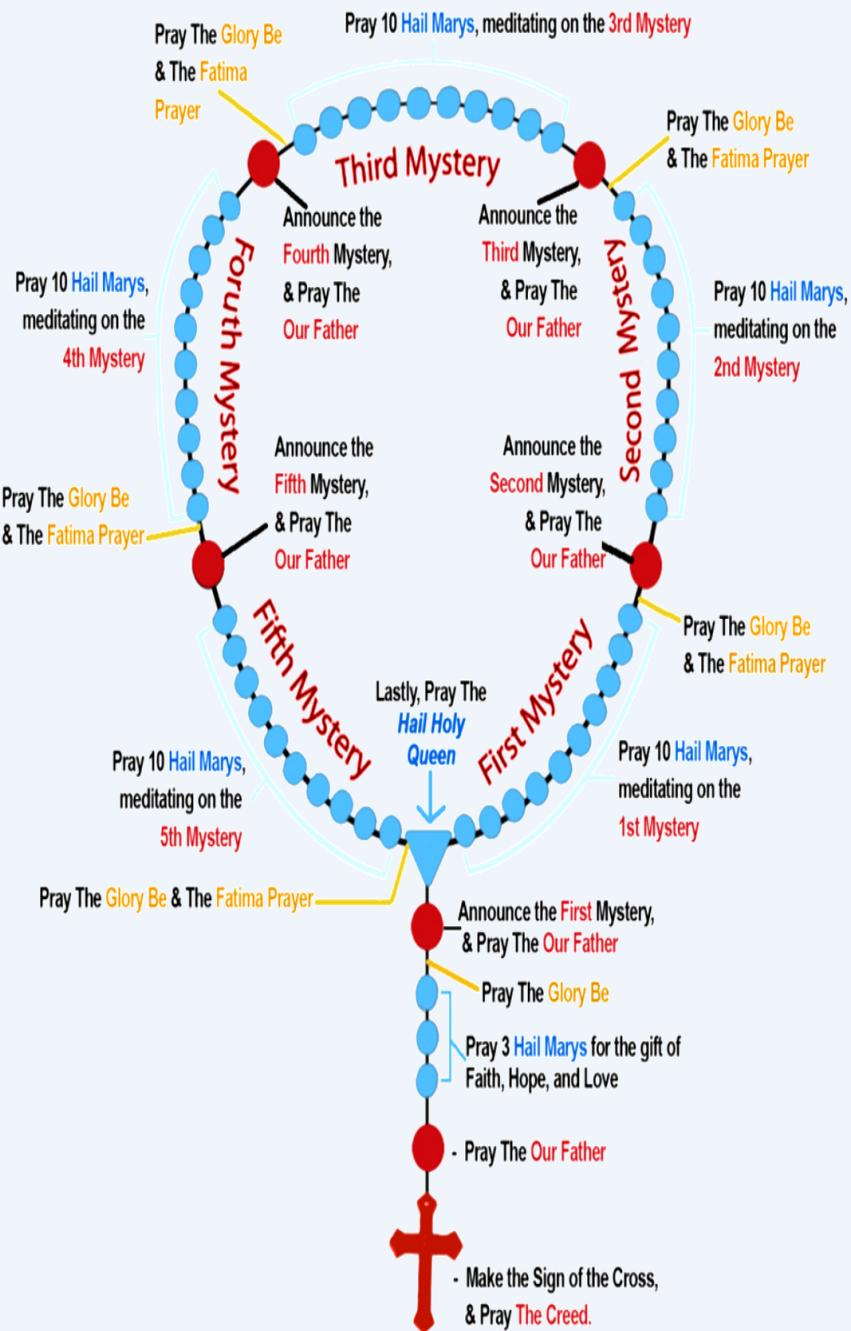
Angel of God,
my guardian dear,
To whom God's love
commits me here,
Ever this day be at my side,
to light and guard,
to rule and guide.

Amen.

Act of Sorrow

O my God, I thank you for loving me. I am sorry for all my sins, For not loving others and not loving you. Help me to live like Jesus and not sin again.

Amen.



Night Prayer - Examination of Conscience

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.